

Somatostatin system: molecular mechanisms regulating anterior pituitary hormones

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Abstract

The somatostatin (SRIF) system, which includes the SRIF ligand and receptors, regulates anterior pituitary gland function, mainly inhibiting hormone secretion and to some extent pituitary tumor cell growth. SRIF-14 via its cognate G-protein-coupled receptors (subtypes 1–5) activates multiple cellular signaling pathways including adenylate cyclase/cAMP, MAPK, ion channel-dependent pathways, and others. In addition, recent data have suggested SRIF-independent constitutive SRIF receptor activity responsible for GH and ACTH inhibition *in vitro*. This review summarizes current knowledge on ligand-dependent and independent SRIF receptor molecular and functional effects on hormone-secreting cells in the anterior pituitary gland.

Key Words

- ▶ somatostatin
- ▶ receptors
- ▶ pituitary
- ▶ hormone secretion

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Introduction

The anterior pituitary gland is subjected to the stimulatory and inhibitory effects of multiple regulators. Somatostatin (SRIF) and its cognate receptors (sst1–sst5) exhibit a dominant inhibitory role in pituitary gland regulation. Hypothalamic SRIF was isolated from the hypothalamus (Burgus *et al.* 1973) and subsequently demonstrated to be secreted throughout the brain and from multiple peripheral organs, affecting multiple tissues (Patel 1999).

The pituitary gland is positioned outside the blood–brain barrier, and is composed of two entities that merge during embryonic development, the anterior and intermediate lobes that ascend from the oral ectoderm and the posterior lobe that descends from the hypothalamus (Drouin 2011). The anterior pituitary harbors hormone-secreting epithelial-origin cell types, including those expressing prolactin (PRL) and growth hormone (GH) that compose most of the gland, centrally located adrenocorticotropin (ACTH)-secreting and thyrotropin

(TSH)-secreting cells, and laterally scattered gonadotropin (follicle-stimulating hormone (FSH) and luteinizing hormone (LH)) cells. The intermediate lobe contains cells secreting α -melanotropin; however, this lobe degenerates in humans. The posterior lobe harbors axons descending from neurons located in the hypothalamic nuclei and release vasopressin (antidiuretic hormone) and oxytocin (Bichet 2011). As various SRIF receptor expression levels and subtype profiles were observed on all pituitary cell types (Ben-Shlomo & Melmed 2010), a range of SRIF system effects are exhibited in the different cell types.

Cortistatin (CST), a ligand with SSTR binding affinity similar to that of SRIF, is expressed in the cerebral cortex and hippocampus, but not in the hypothalamus (Spier & de Lecea 2000); hence, it is not a major endocrine regulator of pituitary signaling and function.

SRIF receptors (SSTRs) exhibit *in vitro* constitutive activity, independently of SRIF or CST presence, and

regulate GH and ACTH production (Ben-Shlomo *et al.* 2009, 2013). The SRIF ligand and the five SRIF receptor subtypes (sst1–sst5) regulate pituitary function at two levels, via ligand exposure and potentially via selective receptors, independently of the ligand.

Somatostatin

Somatostatinergic neuronal cell bodies lie within the anterior periventricular nucleus and comprise 80% of hypothalamic SRIF immunoreactivity. The remaining hypothalamic SRIF-producing neuronal bodies lie within the paraventricular, arcuate, and ventromedial nuclei. Retrograde-tracing functional topography of hypothalamic SRIF neurons in the male rat demonstrated that SRIF neurons regulating the pituitary are confined within the

periventricular and paraventricular nuclei, but not in the arcuate nucleus (Kawano & Daikoku 1988). These neurons send axonal projections to the median eminence at the base of the hypothalamus (Fig. 1). Ultrastructural morphometric analysis of SRIF-like immunoreactive neurons indicated that more than half of all terminals in the median eminence exhibit SRIF-containing vesicles with estimated 0.7 mM concentration per vesicle (Foster & Johansson 1985). Hypothalamic SRIF neuron axons descend from the median eminence toward the pituitary stalk and terminate at the pituitary portal blood vessel system, releasing SRIF into the blood reaching the anterior pituitary cells (Patel 1999) or travel through the neural pituitary stalk into the posterior pituitary (Patel & Srikant 1986; Fig. 2).

SRIF is cleaved from a common SRIF prohormone into several cyclic tetradecapeptide products by prohormone

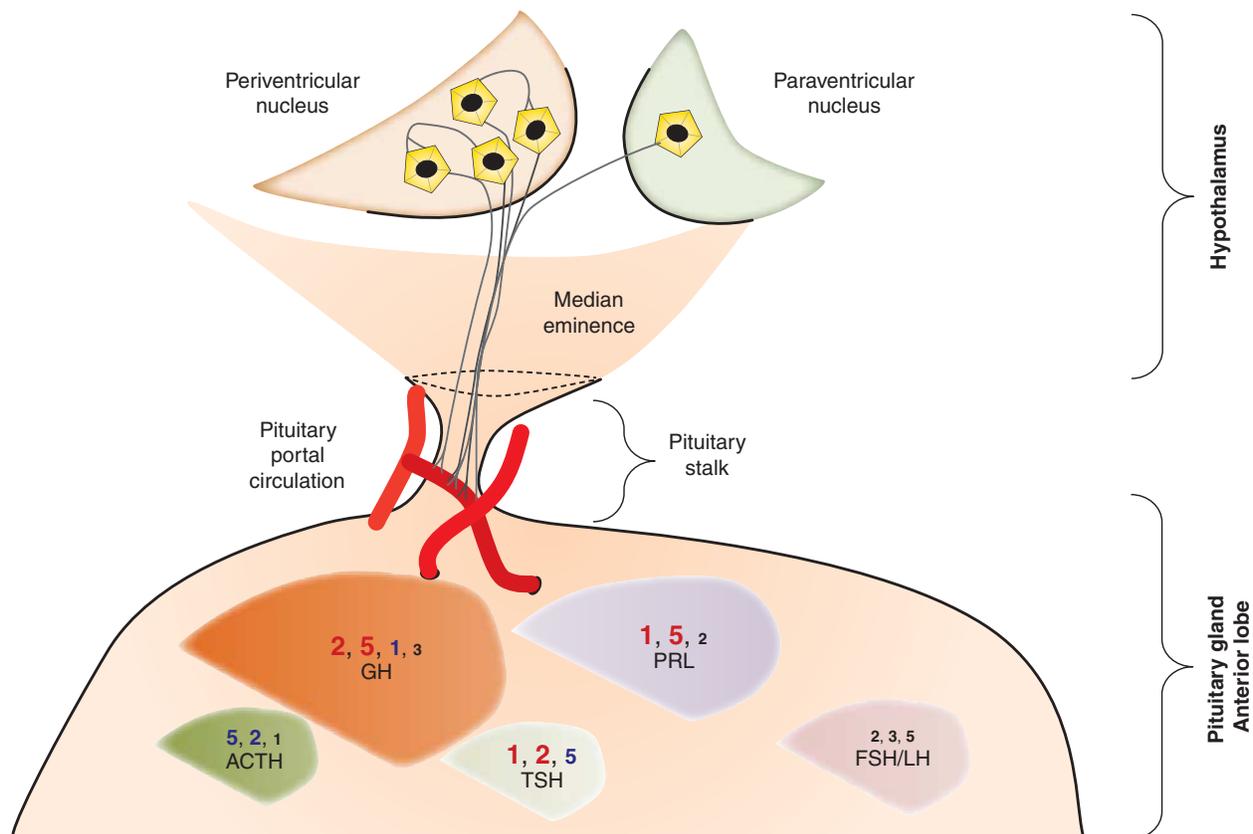
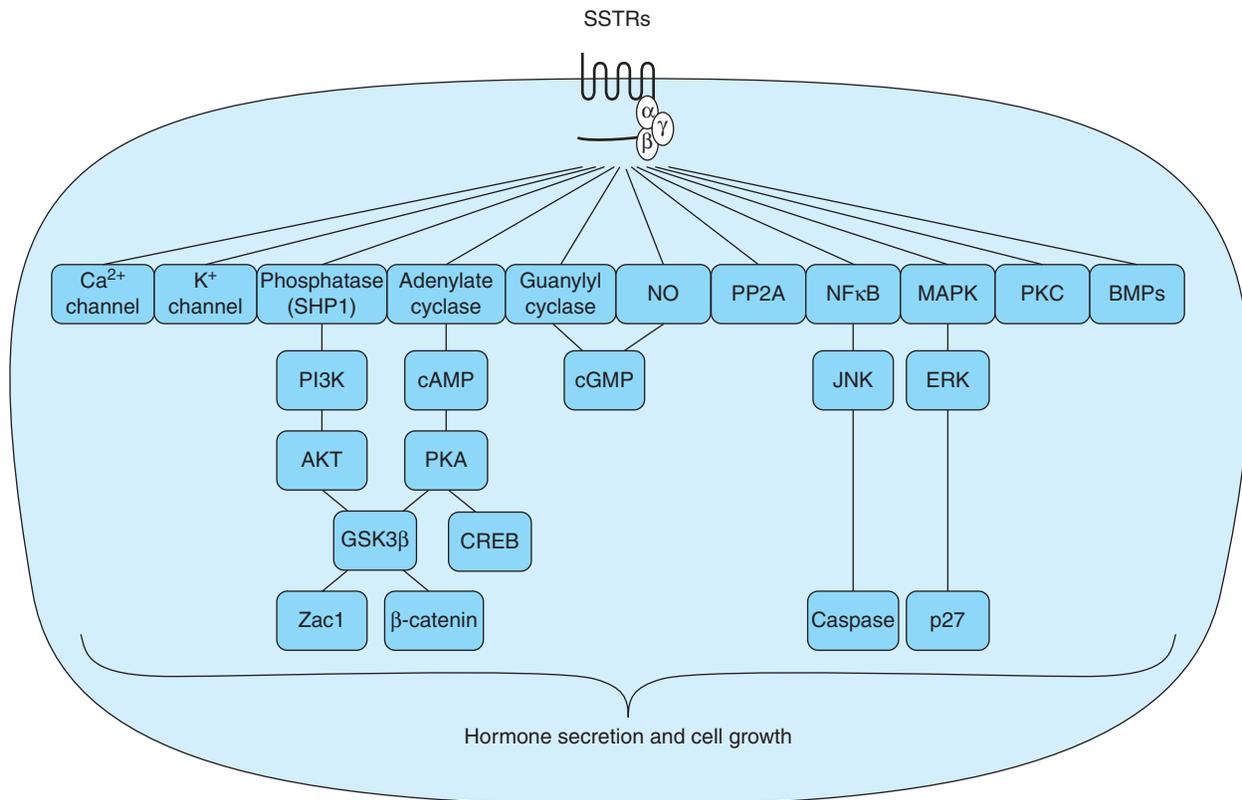


Figure 1

Somatostatin system: hypothalamus–anterior pituitary lobe axis. Somatostatinergic neuron bodies located at the hypothalamic periventricular (80%) and paraventricular (20%) nuclei travel through the median eminence and pituitary stalk and secrete SRIF into the pituitary portal circulation, reaching the cells of the anterior pituitary gland. Receptor subtype distribution is represented by subtype numbers (1–5) inside the specific cell type and is based on receptor profile in cell-respective human tumors, i.e. GH-, ACTH-, PRL, TSH-secreting adenomas and non-functioning

pituitary tumors that also include gonadotroph FSH/LH secreting tumors. Large size red letter indicates that ~90% of selective tumor type are positive for that receptor subtype, medium size blue letter indicate that ~70% of selective tumor types are positive for that receptor subtype, small size black letters that ~50% of selective tumor type are positive for that receptor subtype. Lower percentages are not presented. Receptor profile data is based on Ben-Shlomo & Melmed (2010).

**Figure 2**

Selected SRIF-dependent pituitary signaling pathways. SRIF and SRIF analogs activate multiple molecular signaling pathways depicted here, which control pituitary hormone secretion as well as cell growth. These

include Ca^{2+} and K^+ channels, phosphatases such as SHP1 and PP2A, cyclic nucleotide synthases such as guanylyl and adenylate cyclase, nitric oxide, NF κ B, MAPK/ERK, PKC, as well as BMPs.

convertases (Galanopoulou *et al.* 1995); however, SRIF-14, which contains 14 amino acids, is the predominant form of SRIF in the brain, including the hypothalamus (Acunzo *et al.* 2008), and therefore the predominant pituitary regulator.

Multiple factors regulate hypothalamic SRIF-14 production and secretion. Table 1 lists factors demonstrated to have a direct effect on hypothalamic SRIF production and/or secretion. Of note, most studies utilized either *ex vivo* hypothalamic slices or hypothalamic primary cell cultures, attempting to isolate the effects of the studied molecule on SRIF.

SRIF half-life is short (~ 2 min) as it is rapidly internalized and inactivated by peptidases inside the cell after internalization (Roosterman *et al.* 2008) and in the circulation (Werle & Bernkop-Schnurch 2006). To overcome this limitation for clinical use, analogs such as octreotide (Bauer *et al.* 1982), lanreotide (Sassolas *et al.* 1989), and pasireotide (Bruns *et al.* 2002) were synthesized as stable SRIF agonists.

SRIF regulates pituitary function through the G-protein-coupled receptors (GPCRs): SRIF receptor subtype 1 (sst1), sst2, sst3, and sst5. The expression of sst4 in the normal adult pituitary gland remains unclear. Although sst2 is alternatively spliced to sst2a and sst2b, only the sst2a isoform is expressed in the human pituitary tumors (Panetta & Patel 1995). The five human SSTR genes are located on five different chromosomes and encode receptor protein of size ranging from 356 to 391 amino acid residues with 39–57% sequence identity among the receptors (homology derives mostly from the transmembranal domain; Patel 1999). Multiple factors that regulate SSTR expression levels (Ben-Shlomo & Melmed 2010) are provided in Table 2.

SRIF-14 exhibits high binding affinity (few hundreds pM in membrane extracts from cell transfectants *in vitro*) to all receptor subtypes (Patel 1999). Upon ligand binding, the receptors bind the $G_{\alpha i/o}$ subunit of the $G_{\alpha\beta\gamma}$ tetramer, releasing $G_{\beta\gamma}$, initiating multiple cascades of signaling pathways. Most studies on SRIF-14 regulation of pituitary

Table 1 Molecules regulating hypothalamic SRIF production

Effect	Molecule	Method utilized ^a	References
Stimulation	Acetylcholine	Rat fetal hypothalamic primary cultures (d18)	Peterfreund & Vale (1983)
	Dopamine	Male rat hypothalamic segments	Negro-Vilar <i>et al.</i> (1978), Maeda & Frohman (1980) and Lengyel <i>et al.</i> (1985)
	Neurotensin	Rat hypothalamic segments	Sheppard <i>et al.</i> (1979), Maeda & Frohman (1980) and Shimatsu <i>et al.</i> (1982)
	Melatonin	Rat hypothalamic segments	Richardson <i>et al.</i> (1981)
	Glucagon	Perfused hypothalamic halves of male rats	Shimatsu <i>et al.</i> (1982)
	Growth hormone	Rat hypothalamic segments	Sheppard <i>et al.</i> (1978)
	IGF1	Rat hypothalamic segments	Berelowitz <i>et al.</i> (1981)
	Sex steroids ^b	<i>In vivo</i> and <i>in vitro</i> approaches. SRIF mRNA, protein, or hypothalamic neuron number	Werner <i>et al.</i> (1988), Zorrilla <i>et al.</i> (1990), Senaris <i>et al.</i> (1992), Simonian <i>et al.</i> (1998), Pillon <i>et al.</i> (2004) and Zhang <i>et al.</i> (2009)
	Thyroid hormones	Rat hypothalamic segments	Berelowitz <i>et al.</i> (1980)
	Insulin	Rat hypothalamic segments	Berelowitz <i>et al.</i> (1982)
	GHRH	Cultured fetal rat hypothalamic cells	Iwasaki <i>et al.</i> (1987) and Richardson <i>et al.</i> (1988)
	CRH	Cultured fetal rat hypothalamic cells	Iwasaki <i>et al.</i> (1987)
	TRH	Cultured fetal rat hypothalamic cells	Iwasaki <i>et al.</i> (1987)
	NPY	Rat hypothalamic segments	Korbonits <i>et al.</i> (1999)
	Inhibition	Bombesin	SRIF in the hypophysial portal blood
Norepinephrine		Dispersed adult male rat hypothalamic cells	Negro-Vilar <i>et al.</i> (1978) and Richardson & Twente (1990)
Substance P		Rat hypothalamic segments	Sheppard <i>et al.</i> (1979)
Cytokines: IL1 and IL2		Dispersed fetal rat diencephalic cells; mediobasal hypothalamus section	Scarborough <i>et al.</i> (1989), Honegger <i>et al.</i> (1991) and Karanth <i>et al.</i> (1993)
γ -aminobutyric acid (GABA)		Rat fetal hypothalamic primary cultures (d18)	Peterfreund & Vale (1983)
Serotonin		Rat fetal hypothalamic primary cultures (d18)	Richardson <i>et al.</i> (1981) and Peterfreund & Vale (1983)
Acetylcholine		Male rat hypothalamic segments	Richardson <i>et al.</i> (1980)
Vasoactive intestinal polypeptide (VIP)		Perfused hypothalamic halves of male rats	Shimatsu <i>et al.</i> (1982)
Leptin		Fetal rat neurons in monolayer culture	Quintela <i>et al.</i> (1997a)
Somatostatin		Rat hypothalamic periventricular nucleus fragments	Aguila (1998)
Dual	Opioids	Rat hypothalamic fragments	Lengyel <i>et al.</i> (1985)
	Glucose	Rat hypothalamic segments	Berelowitz <i>et al.</i> (1982)
	Cytokines: TGF β	Primary monolayer cultures of hypothalamic cells	Quintela <i>et al.</i> (1997b)
	Glucocorticoids	<i>In vivo</i> injection induced while <i>in vitro</i> hypothalamic segment perfusion decreased SRIF secretion	Estupina <i>et al.</i> (1997)

^aAll experiments were carried out in male rats.

^bSome report decreased somatostatin level following sex steroid treatment (Fernandez *et al.* 1992, Hassan *et al.* 2001). This discrepancy may be due to the experimental approach including whether treatment was conducted *in vivo* or *in vitro*, treatment duration and dose, sex of the animal model and species.

function have focused on sst2 and sst5; however, the adult pituitary gland expresses sst1 and sst3 that are yet to be explored in this context. Although SRIF signaling pathways in non-pituitary cells have been extensively investigated, with more than 20 such intracellular pathways described (Cervia & Bagnoli 2007), pituitary SRIF-mediated molecular signaling pathways has been mostly limited to ion channel regulation, adenylate cyclase/cAMP/PKA regulated pathways, and protein phosphatase activation (Ben-Shlomo & Melmed 2010).

SRIF-dependent pituitary molecular signaling pathways

SRIF-14 signaling in the anterior pituitary gland primarily mediates the regulation of hormone secretion, yet also plays a role in regulation of cell growth (Fig. 1).

Ion channel regulation

The dominant function of SRIF-dependent pituitary signaling is the inhibition of stimulated hormone secretion.

Table 2 Factors regulating pituitary cell SRIF receptor expression^a. Table adapted and updated from *Trends in Endocrinology & Metabolism*, 21, A Ben-Shlomo & S Melmed, Pituitary somatostatin receptor signaling, 123–133, copyright (2010), with permission from Elsevier

Treatment	sstr-1	sstr-2	sstr-3	sstr-4	sstr-5	References
SRIF 14 (>24 h)	+	+	+	+	+	Berelowitz <i>et al.</i> (1995) and Luque <i>et al.</i> (2004)
High dose SRIF (4 h)	+	+	0	0	+	Cordoba-Chacon <i>et al.</i> (2012)
Low dose SRIF (4 h)	+	0	0	0	–	Cordoba-Chacon <i>et al.</i> (2012)
Forskolin	+	+	NA	NA	0/–	Patel <i>et al.</i> (1993), Luque <i>et al.</i> (2004) and Cordoba-Chacon <i>et al.</i> (2012)
PKC activator (TPA)	+	0	0	0	0	Cordoba-Chacon <i>et al.</i> (2012)
GHRH	0/+	0/+	NA	NA	0/–	Luque <i>et al.</i> (2004), Park <i>et al.</i> (2004) and Cordoba-Chacon <i>et al.</i> (2012)
Ghrelin	0/+	0/–	NA	NA	0/–	Luque <i>et al.</i> (2004), Yan <i>et al.</i> (2004) and Cordoba-Chacon <i>et al.</i> (2012)
17β-estradiol	–/+	+	+	NA	+/–	Xu <i>et al.</i> (1995), Djordjijevic <i>et al.</i> (1998), Kimura <i>et al.</i> (1998), Canosa <i>et al.</i> (2003) and Cardenas <i>et al.</i> (2003)
Testosterone	0/+	0/+	+	NA	0	Xu <i>et al.</i> (1995)
Thyroxine	+	NA	NA	NA	+	James <i>et al.</i> (1997)
Glucocorticoids (2 h)	+	+	0	NA	NA	Xu <i>et al.</i> (1995)
Glucocorticoids (24–48 h)	–	–	– then +	NA	0	Xu <i>et al.</i> (1995), Petersenn <i>et al.</i> (1999) and van der Hoek <i>et al.</i> (2005)
Progesterone	+	0	–	NA	NA	Xu <i>et al.</i> (1995)
Food deprivation	–	–	–	0	0	Berelowitz <i>et al.</i> (1995)
Diabetes mellitus	–	–	–	0	–	Berelowitz <i>et al.</i> (1995)
TGFβ	NA	+	NA	NA	NA	Puente <i>et al.</i> (2001)

+, Upregulation of receptor expression; –, downregulation of receptor expression; 0, no change in receptor expression; NA, not assessed.

^aThis table incorporates results from different species (pig, rat, and fish, baboon), genders, and assay techniques (*in vitro* and *in vivo*, primary cultures and cell-lines, mRNA transcripts, and promoter activation measurements); therefore an integrated interpretation is difficult.

Hypothalamic hormones (Bjoro *et al.* 1987, Spada *et al.* 1990, Bonnefont *et al.* 2000, Liu *et al.* 2006, Tsaneva-Atanasova *et al.* 2007) signal to release anterior pituitary hormone secretion by increasing intracellular Ca²⁺ levels, resulting in the exocytosis of hormone-containing vesicles. Most information related to SRIF-mediated ion channel regulation was accrued through the investigation of mechanisms for SRIF-dependent inhibition of GH secretion. Although the definitive role of individual ion channels in regulation of hormone secretion are not fully understood, advances have been made through the use of electro-physical methods in addition to molecular biological approaches. Na⁺, Ca²⁺, and K⁺ channels have been isolated in somatotroph cell membranes and described to contribute to hormone secretion.

GH secretion is activated upon GH-releasing hormone (GHRH) binding and activation of somatotroph cell surface receptors. GHRH signaling causes membrane depolarization and an action potential burst in response to the opening of tetrodotoxin-insensitive Na⁺ channels. In turn, increased Ca²⁺ transient frequency and intracellular Ca²⁺ concentration lead to amplified exocytosis of GH-containing granules (Tsaneva-Atanasova *et al.* 2007). In contrast, SRIF antagonizes the effect of GHRH through membrane hyperpolarization by opening K⁺

channels leading to depletion of intracellular Ca²⁺ concentration, effectively inhibiting GH exocytosis (Kraicer & Spence 1981, Draznin *et al.* 1988, White *et al.* 1991, Tsaneva-Atanasova *et al.* 2007). SRIF signaling through sst2 and sst4 activates K⁺ influx through both inwardly rectifying channel conductance and delayed rectifying K⁺ channels in GH₃ cells (Yang *et al.* 2005, 2007, Yang & Chen 2007). SRIF targets the large-conductance, calcium- and voltage-activated K⁺ channels (BK channel) in GH₄C₁ cells (White *et al.* 1993). Ultimately, these effects result in membrane hyperpolarization and closure of L- and N-type voltage sensitive calcium channels (Petrucci *et al.* 2000, Cervia *et al.* 2002a, Tsaneva-Atanasova *et al.* 2007, Yang *et al.* 2007). SRIF-reduced T-type current occurs primarily in rat somatotroph cultures (Chen *et al.* 1990, Yang *et al.* 2007). In somatotroph cells, SRIF regulation of K⁺ currents are mediated by Gα_{i3} (Chen 1997), while Ca²⁺ currents are mediated by Gα_{o2} (Chen 1997, Degtiar *et al.* 1997), β1, β3 (Kleuss *et al.* 1992), and γ3 (Kleuss *et al.* 1993). In human GH-secreting tumor cultures, sst5-specific signaling is dependent on Gα_{o1} (Peverelli *et al.* 2013).

SRIF-mediated inhibition of corticotropin-releasing hormone (CRH)-stimulated Ca²⁺ levels in human corticotropin-secreting pituitary adenomas is

effectively blocked by pretreatment with pertussis toxin (PTX), indicating that the effect is $G_{\alpha_{i/o}}$ dependent (Spada *et al.* 1990). SRIF-induced K^+ influx is regulated by $G_{\alpha_{i3}}$ in AtT-20 corticotroph cells (Takano *et al.* 1997). Although it remains to be determined whether SRIF regulates pituitary Ca^{2+} levels independently of K^+ channels, GH release correlates with both frequency and amplitude of calcium oscillations, while calcium channel blockers and SRIF acutely suppress Ca^{2+} extrusion (Holl *et al.* 1988). SRIF treatment resulted in Ca^{2+} -dependent redistribution of cytoplasmic microfilaments, without affecting intracellular somatotroph GH content (Shimada *et al.* 1990), in addition to reduced association of exocytosis-associated RAB3B and SNARE proteins (Matsuno *et al.* 2003). Finally, it has been recently shown that SRIF inhibited *CaMKii β* expression and protein levels, and knockdown of *CaMKii β* decreases Ca^{2+} levels in GC cells and suppressed secretion, suggesting that *CaMKii β* may mediate SRIF regulation of Ca^{2+} (Cervia 2011). In summary, although the role of SRIF-dependent regulation of ion channels in pituitary cell growth is unknown, SRIF-dependent regulation K^+ -derived membrane hyperpolarization and the reduction of Ca^{2+} influx and concentration mediate the acute regulation of the exocytosis of hormone-containing vesicles.

Adenylate cyclase/cAMP/PKA signalling

SRIF inhibits pituitary adenylate cyclase/cAMP/PKA signaling, thereby inhibiting pituitary hormone synthesis and cell growth. SRIF inhibits cAMP production and ACTH secretion induced by CRH, forskolin, isoproterenol, vasoactive intestinal polypeptide (VIP), and cholera toxin in AtT-20 cells (Heisler *et al.* 1982). Similarly, SRIF inhibits cAMP and GH production induced by GHRH stimulation in primary pituitary cells (Bilezikjian & Vale 1983). SRIF inhibits forskolin-induced cAMP/PKA signaling pathway in rat somatotrophic cells (Tentler *et al.* 1997). *sst1*, *sst2*, *sst3*, and *sst5* all mediate SRIF inhibition of adenylate cyclase in pituitary cells (Tentler *et al.* 1997, Cervia *et al.* 2003, Ben-Shlomo *et al.* 2005). SRIF inhibited forskolin-induced cAMP production, PKA activation, CREB phosphorylation, and transcription potency, while overexpression of the PKA catalytic subunit suppressed SRIF action in *sst2* stable transfectant GH₄ cells (Tentler *et al.* 1997).

The ability of SRIF to inhibit adenylate cyclase is $G_{\alpha_{i/o}}$ -dependent (Koch *et al.* 1985, Tallent & Reisine 1992, Liu *et al.* 1994, Morishita *et al.* 2003). In GH₄C₁ cells, SRIF-action is mediated specifically via $G_{\alpha_{i2}}$ (Liu *et al.* 1994),

as PTX suppresses SRIF-mediated inhibition of VIP-induced cAMP (Koch *et al.* 1985). PTX treatment similarly attenuated SRIF action in GH₄ cells overexpressing *sst2* (Tentler *et al.* 1997). In addition, PTX attenuated SRIF-dependent inhibition of GHRH-induced GH in MtT/SGL somatotroph cells (Morishita *et al.* 2003). *sst5*-specific inhibition of forskolin-stimulated cAMP accumulation was dependent on $G_{\alpha_{o1}}$ in human GH-secreting tumor primary cultures (Peeverelli *et al.* 2013). In AtT-20 cells, SRIF inhibition of adenylate cyclase and ACTH secretion is $G_{\alpha_{i1}}$ -dependent (Tallent & Reisine 1992). *sst2*, *sst3*, and *sst5* mediate SRIF-dependent inhibition of cAMP in AtT-20 cells (Ben-Shlomo *et al.* 2005), as does *sst1* in GC cells (Cervia *et al.* 2003). In chicken pituitary cells, SRIF inhibited GHRH-induced GH release by inhibiting cAMP/PKA signaling independent of calcium or protein kinase C (Donoghue & Scanes 1991). Although SRIF is classically an inhibitor of adenylate cyclase activity, there are reports using primary porcine somatotroph cultures in which both low and high doses of SRIF increased cAMP levels, suggesting a possible dual dose-dependent effect (Ramirez *et al.* 2002). As the mechanism by which this phenomenon occurs remains elusive, perhaps SSTRs, such as other GPCRs, might interact with not only $G_{\alpha_{i/o}}$ proteins but also G_{α_s} depending on the ligand context and receptor conformation. Therefore, SRIF-mediated inhibition of pituitary hormone secretion is both Ca^{2+} and cAMP dependent; as both Ca^{2+} concentration and cAMP levels are G_{α_i} dependent, it is difficult to determine the relative contribution of each to hormone secretion and whether these mechanisms occur independently of each other.

Protein phosphatase pathways

SRIF-mediated regulation of pituitary protein phosphatase pathways is primarily associated with mechanisms controlling cell growth. SRIF is associated with increased protein phosphatase activity in both human GH-secreting pituitary adenoma cells and rat cell lines as well as human non-functioning pituitary tumors (Cervia & Bagnoli 2007). SRIF increases tyrosine phosphatase activity and was associated with the inhibition of cell growth in human GH-secreting pituitary tumor cells *in vitro* (Florio *et al.* 2003), while serine/threonine phosphatase activity participates in SRIF-mediated regulation of Ca^{2+} influx through dephosphorylation of Ca^{2+} and K^+ voltage-activated (BK) channels (White *et al.* 1991). Octreotide exhibited antiproliferative effects in GH₃ cells, mediated by both PTX-dependent and SHP1

(but not SHP2)-dependent mechanism (Theodoropoulou *et al.* 2006, Cerovac *et al.* 2010). Octreotide induced SHP1-dependent inhibition of the PI3K activity leading to the inhibition of PDK1 and Akt activity, ultimately leading to enhanced glycogen synthase kinase 3 β (GSK3 β) activity and upregulation of the tumor suppressor *ZAC1* (*ZACN*; Theodoropoulou *et al.* 2006). Octreotide also increased the levels of rapamycin-suppressed phosphorylated insulin receptor substrate 1, subsequently decreasing phosphorylation of Akt through SHP1 (Cerovac *et al.* 2010). Interestingly, in acromegaly patients treated with octreotide, *ZAC1* immunoreactivity correlated with insulin-like growth factor 1 (IGF1) normalization and tumor shrinkage (Theodoropoulou *et al.* 2009). Both octreotide and an sst2-specific agonist (BIM23120) induced apoptosis, and apoptosis-associated gene expression in human GH-secreting tumors is blocked by vanadate, indicating the involvement of protein phosphatases (Ferrante *et al.* 2006). Vanadate similarly inhibited SRIF and lanreotide-induced growth arrest in primary cultures of non-functioning pituitary adenomas (Florio *et al.* 1999). The role of SRIF-mediated regulation of protein phosphatase activity and growth arrest in non-pituitary cells has been described (Florio 2008). As, clinically, SRIF analog therapy induces pituitary tumor shrinkage, the mechanisms involved in SRIF-mediated protein phosphatase activation require further investigation. Moreover, the contribution of individual SSTR subtypes to phosphatase activation is still unclear.

Other SRIF-dependent pituitary pathways

Several other signaling pathways have been described to mediate SRIF action (Cervia & Bagnoli 2007, Otsuka *et al.* 2012), including MAPK, guanylyl cyclase, PKC, nitric oxide (NO), PI3K/Akt, and bone morphogenetic proteins (BMPs). The physiological relevance of these pathways to pituitary cell growth and hormone secretion remains unclear. Both octreotide and pasireotide decreased MAPK/ERK phosphorylation in both GH₃ cells and in GH-secreting tumor cultures, and upregulated p27^{Kip} expression (Hubina *et al.* 2006), while knockdown of sst5 increased ERK phosphorylation in AtT-20 cells (Ben-Shlomo *et al.* 2007). In human GH-secreting tumor cultures, sst5-dependent inhibition of ERK phosphorylation was dependent on G α_{o1} (Peverelli *et al.* 2013). Octreotide activated PI3K/Akt and MAPK pathways through sst2 and sst5 in GH-secreting cells, inducing histone methyltransferases associated with menin, resulting in the upregulation of p27^{Kip} and cell cycle arrest (Horiguchi *et al.* 2009). These

discrepancies may suggest cell-type specificity or perhaps a similar dual role for SRIF action as that for adenylate cyclase regulation. SRIF was also shown to exhibit a dual dose-dependent effect on pituitary guanylyl cyclase regulation and cGMP accumulation (Vesely 1980).

SRIF inhibited both PKC-induced stimulation of GH secretion (Ikuyama *et al.* 1987) and NO-induced cGMP and GH levels (Bocca *et al.* 2000, Luque *et al.* 2005). SRIF blocked phospholipase A2-mediated GHRH- and thyrotropin-releasing hormone (TRH)-induced pituitary arachidonate release (Judd *et al.* 1986) and decreased arachidonate levels in GC cells (Cervia *et al.* 2002b). SRIF was also shown to induce apoptosis through NF κ B/JNK/caspase pathway (Ferrante *et al.* 2006, Guillermet-Guibert *et al.* 2007), and inhibited vascular endothelial growth factor production levels in pituitary tumor cells (Lohrer *et al.* 2001, Zatelli *et al.* 2007). SRIF antagonized CRH-dependent inhibition of GSK3 β activity in AtT-20 cells, inhibiting Wnt/ β -catenin-mediated transcription and cell growth in a cAMP-dependent manner (Khattak *et al.* 2010). SRIF action in AtT-20 cells is dependent on BMP signaling. Inhibitory effects of octreotide and pasireotide on CRH-induced secretion in AtT-20 cells were attenuated by noggin, an inhibitory BMP-binding protein, suggesting that the endogenous BMP system is functionally linked to the mechanism of SRIF-mediated inhibition of secretion (Tsukamoto *et al.* 2010). SRIF-signaling in GH₃ cells was similarly shown to be dependent on BMPs (Tsukamoto *et al.* 2011). Although it is evident that kinases and BMP growth factors are involved in pituitary SRIF signaling, our understanding of their regulation and functional consequences remain unclear.

Receptor phosphorylation, internalization, and desensitisation

Following activation of SSTRs by ligand, a feedback mechanism is activated leading to the receptor phosphorylation and internalization, ultimately initiating receptor desensitization and attenuated receptor-related signaling. As of yet, the only SSTR subtype described to follow this process in pituitary cells is sst2. sst2 was phosphorylated and internalized after treatment with SRIF and sst2-specific agonists in stable sst2 transfectant GH4C1 cells (Hipkin *et al.* 1997). sst2 is phosphorylated at five serine and threonine residues within the C-terminus following SRIF treatment (Liu *et al.* 2009). Moreover, in transiently transfected GH₃ cells, both SRIF and octreotide, but not pasireotide, induced robust sst2 phosphorylation. Pasireotide stimulated selective residue

phosphorylation only upon GRK2 and GRK3 overexpression, yet resulted in only weak β -arrestin–sst2 complexes that easily dissociated (Poll *et al.* 2010). Prolonged SRIF stimulation leads to sst2 desensitization in both GH₄C₁ and AtT-20 cells (Hipkin *et al.* 1997), leading to attenuated responses to SRIF inhibition of cAMP production, and enhanced forskolin and CRH induction of adenylate cyclase and cAMP levels (Reisine & Axelrod 1983, Presky & Schonbrunn 1988, Ben-Shlomo *et al.* 2009).

While sst1 does not internalize (Sarret *et al.* 1999), there are conflicting reports regarding sst5 internalization. One study using transient sst5 transfectant GH₃ cells found that the third intracellular loop of sst5 was involved in receptor phosphorylation and internalization following β -arrestin 2 binding (Peverelli *et al.* 2008). Yet, sst5 did not internalize following treatment with either SRIF or sst5-specific agonists in stable AtT-20 transfectants (Sarret *et al.* 1999, Ben-Shlomo *et al.* 2005). SRIF desensitization in stable receptor transfectant AtT-20 cells was dependent on sst2 and not sst5, as sst5 did not internalize in these cells (Ben-Shlomo *et al.* 2009). sst5 expression is unaffected by sst5 agonists or pasireotide in AtT-20 cells (van der Hoek *et al.* 2005, Ben-Shlomo *et al.* 2009), suggesting that sst5 remains biologically active in the membrane longer than sst2. *In vitro* studies may not accurately represent patterns of SRIF-dependent SSTR subtype-specific internalization and desensitization *in vivo* and therefore requires further study.

Any pituitary cell may express multiple sst receptor subtypes on the cell surface (Ben-Shlomo & Melmed 2010), suggesting that in addition to receptor subtype-specific signaling, receptor subtypes may form heterodimers, which may govern pituitary cell response to SRIF and SRIF analogs. Although sst receptor dimerization has yet to be demonstrated in pituitary cells lines, there is evidence of sst receptor hetero-dimerization when receptors are stably overexpressed in non-pituitary cell lines, and that dimerization does effect sst receptor function (Pfeiffer *et al.* 2002, Grant *et al.* 2008, War & Kumar 2012). While sst receptor subtypes are structurally and sequentially conserved throughout the body, it is likely that variation in receptor subtype expression contributes to the tissue specificity of SRIF-mediated molecular signaling, and should be further evaluated.

SRIF-dependent pituitary hormone secretion

SRIF exerts a primary effect on pituitary cells through acute inhibition of hormone secretion, specifically by suppressing exocytosis of hormone-containing vesicles.

Although, it remains unclear whether SRIF-dependent inhibition of secretion is partially contingent on inhibition of cell growth arrest, as they usually occur concurrently following SRIF analog treatment of somatotroph tumors, there are reports of asynchronous hormone secretion and tumor shrinkage (Colao *et al.* 2009). In one such tumor, expression of sst5 was higher than sst2 levels, suggesting the potential of subtype-specific regulation of hormone secretion vs antiproliferative effects (Resmini *et al.* 2007).

Although SRIF is the primary inhibitor of pituitary GH secretion and is the main focus of this review, it should be noted that the neuropeptide CST, which shares structural homology to SRIF, has been reported to exhibit a similar inhibitory effect as SRIF on GH secretion both *in vitro* and *in vivo* (Broglia *et al.* 2002), yet the mechanism of action remains unclear as CST is reported to bind not only to SSTRs but also to the ghrelin receptor (GHS-R; Broglia *et al.* 2002). In contrast to the inhibitory role of CST on GH secretion, CST is reported to increase PRL release (Baranowska *et al.* 2009, Cordoba-Chacon *et al.* 2011). Unlike SRIF, CST has not been shown to be secreted from the hypothalamus directly into the pituitary portal system, and the exact role of CST in endocrine regulation of pituitary function *in vivo* is yet to be demonstrated.

GH secretion

The classical outcome of SRIF/sst signaling is the inhibition of hormone secretion, particularly that of GH from pituitary somatotroph cells (Giustina & Veldhuis 1998). Multiple factors and feedback loops regulate the release of SRIF from the hypothalamus and ultimately the control of GH secretion, including serum GH/IGF1 and glucose, as well as immobilization and exercise (Giustina & Veldhuis 1998). As SRIF inhibits GHRH-induced GH transcription and secretion by suppressing exocytosis of hormone-containing granules (Patel & Srikant 1986, Tentler *et al.* 1997, Morishita *et al.* 2003, Farhy & Veldhuis 2004), SRIF-null mice were expected to exhibit the characteristics of GH excess. However, despite moderately elevated GH levels, serum IGF1 levels were slightly elevated; however, body length and weight and IGF1 levels were unchanged (Low *et al.* 2001, Zeyda *et al.* 2001). Targeted hypothalamic delivery of lentiviral-shRNA against SRIF in young mice led to increased GH protein levels without effecting GH mRNA levels, yet serum levels of SRIF, GH, and IGF1, as well as body weight, were unchanged (Hao *et al.* 2010). These studies suggest that although SRIF may play an important function as an acute inhibitor of GHRH-induced

GH secretion, it may have a less significant role in regulation of basal GH secretion.

While direct inhibition of pituitary hormone transcription has yet to be definitively associated with SRIF signaling, as some studies demonstrate a SRIF-dependent decrease in GH mRNA levels (Sugihara *et al.* 1993, Tsukamoto *et al.* 1994, Acunzo *et al.* 2008) others describe no change (Simard *et al.* 1986, Davis *et al.* 1989, Namba *et al.* 1989, Tanner *et al.* 1990, Gruszka *et al.* 2007), and some even demonstrate upregulation of gene expression possibly reflecting a GH-rebound effect after termination of SRIF treatment; the latter exemplifies the importance of outcome measurement timing. SRIF did not affect GH mRNA expression, but did suppress intracellular GH protein levels and decreased GH secretion in primary rat anterior pituitary cells (Simard *et al.* 1986). Similarly, SRIF inhibited GH secretion without affecting GH mRNA expression in primary human GH-secreting tumors cells (Davis *et al.* 1989). In cultured bovine pituitary cells, SRIF was able to suppress GHRH-induced GH expression, but had no effect on untreated cells (Tanner *et al.* 1990). Moreover, while sst2-specific and sst5-specific agonists suppressed GH secretion in human GH-secreting tumors, they did not affect GH transcription (Gruszka *et al.* 2012). Nevertheless, transient overexpression of sst2 in primary human GH secreting tumor cells modestly suppressed GH expression, in the absence of SRIF ligand (Acunzo *et al.* 2008).

Delineation of sst subtype-selective SRIF-mediated regulation of GH secretion remains unclear; however, both sst2 and sst5 and to a lesser extent sst1 play important roles in the inhibition of GH secretion. SRIF analog therapies targeting sst2 and/or sst5 for treatment of patients with GH-secreting pituitary tumors are effective at reducing serum GH and normalizing serum IGF1 levels (Melmed 2006). Moreover, treatment using compounds with affinity for sst2 and sst5 was 40% more effective at suppressing primary GH-secreting tumor GH secretion than sst2 or sst5-selective agonists individually (Shimon *et al.* 1997a). Increased sst2 membrane density in GH-secreting tumor cells enhances the sensitivity to sst2-selective agonists (Acunzo *et al.* 2008, Taboada *et al.* 2008). In normal fetal pituitary, both sst2 and sst5-specific agonists inhibit GHRH-induced GH secretion (Shimon *et al.* 1997b, Ren *et al.* 2003); however, co-treatment with sst2 and sst5-selective agonists was more effective than each individually (Ren *et al.* 2003). sst1-selective agonists similarly reduced GH secretion in both primary tumor cultures (Zatelli *et al.* 2003) as well as GC cells (Cervia *et al.* 2002a). Pasireotide, which binds all four receptor subtypes

(sst5 > sst2 > sst3 > sst1), more effectively reduces serum GH levels in animal models compared with octreotide (sst2 > sst5 ≫ sst3, but not sst1), and was recently demonstrated to have some advantage over octreotide in patients with acromegaly (Colao *et al.* 2014); however, the long-term efficacy of one drug over the other is yet to be proven (Petersenn *et al.* 2014a,b) and is still under current investigation.

Importantly, recent reports demonstrate a concentration-dependent, cell-specific effect of SRIF on GH-secreting cells, in both bovine and primates. While high-concentrations of SRIF inhibit GH-secretion, low-concentrations stimulate GH-secretion. sst1 and sst2 were shown to mediate the inhibitory effect of SRIF, while its stimulatory effect was signaled via sst5, all through adenylate cyclase–cAMP pathway and intracellular calcium level regulation. SRIF's dose-dependent stimulatory/inhibitory effects should be further studied as they may have an important role in the physiological regulation of somatotroph cells (Luque *et al.* 2006a, Cordoba-Chacon *et al.* 2012).

Surprisingly, despite the dominant role of sst2 and sst5 in SRIF-mediated inhibition of GHRH-induced GH secretion, *Sst2* and *Sst5*-null mice do not exhibit elevated serum GH levels (Zheng *et al.* 1997, Norman *et al.* 2002, Luque *et al.* 2006b). These results are, however, consistent with a potential, yet unproven, compensatory function of sst1 or sst3 regulating GH secretion in the absence of sst2 and sst5. Conditional knockout mice may provide a model to further elucidate the subtype-specific role of sst receptor subtypes in SRIF-dependent inhibition of GH secretion.

PRL secretion

SRIF-dependent control of PRL secretion is modest compared with that of GH. Treatment of prolactinoma samples with sst5-selective agonists effectively inhibited PRL secretion without affecting PRL expression (Shimon *et al.* 1997a, Jaquet *et al.* 1999, Fusco *et al.* 2008, Gruszka *et al.* 2012), while octreotide had no effect, likely due to the fact that sst5 is the predominantly expressed receptor subtype in human prolactinoma samples (Jaquet *et al.* 1999). Similarly, while octreotide exerted only modest effects, pasireotide strongly suppressed PRL secretion in prolactinoma tumor cultures (Hofland *et al.* 2004). PRL secretion was reduced upon SRIF treatment as well as an sst1-specific agonist in PRL-secreting pituitary tumors; the degree of PRL suppression correlated with sst1 expression levels (Zatelli *et al.* 2003). BMP4 enhanced the attenuating effect of pasireotide, but not of octreotide, on

forskolin-induced PRL in GH₃ cells. Interestingly, BMP4 and BMP6 downregulated endogenous sst2 abundance, while increasing sst5 expression, and treatment with noggin rescued these effects. Moreover, noggin treatment increased octreotide sensitivity and decreased pasireotide sensitivity (Tsukamoto *et al.* 2011).

Several studies suggest that SRIF-dependent regulation of PRL secretion is estrogen-dependent. Female rats pretreated with 17 β -estradiol (E₂) exhibited lanreotide-dependent reduction in lactotroph cell density and PRL secretion (Schussler *et al.* 1994). E₂ treatment sensitized PRL-secreting tumor cells to SRIF and octreotide-dependent inhibition of PRL secretion, likely due to the upregulation of sst2 and sst3 (Visser-Wisselaar *et al.* 1997, Djordjijevic *et al.* 1998). Despite the inability of SRIF to inhibit PRL secretion in male rat primary lactotroph cultures, E₂ treatment similarly sensitizes these cells to SRIF (Goth *et al.* 1996, Lee & Shin 1996). In addition, SRIF inhibits PRL induction by estrogen in male-to-female transsexuals, even more so upon co-treatment with cyproterone acetate, a compound with anti-androgen characteristics (Gooren *et al.* 1984). Taken together, the regulation of PRL secretion through SRIF-dependent pathways appears to be receptor subtype specific, BMP dependent, and sensitive to the presence of estrogen.

ACTH secretion

The role of SRIF signaling in the regulation of ACTH secretion from pituitary corticotroph cells remains unclear. SRIF did not affect basal or CRH (Stafford *et al.* 1989), ghrelin (Broglia *et al.* 2002), or angiotensin II (Volpi *et al.* 1996)-stimulated ACTH or cortisol levels in humans. Nevertheless, studies suggest that SRIF regulates ACTH secretion and is dependent on cortisol levels and cell milieu (Hofland 2008). Although SRIF did not affect basal or CRH-stimulated ACTH secretion in normal rat pituitary cells (Brown *et al.* 1984, Kraicer *et al.* 1985), SRIF inhibited CRH- and vasopressin-induced ACTH secretion in cultured pituitary cells derived from adrenalectomized rats and in serum starved cultures (Hofland 2008). Increasing cortisol levels in cell medium downregulated sst2 but not sst5 expression in corticotroph tumor cells that express both receptors (van der Hoek *et al.* 2007, van der Pas *et al.* 2013). Pituitary corticotroph cells were sensitized to octreotide in a serum-free environment, as well as after inhibition of the glucocorticoid receptor, which also downregulates sst2 expression (Lamberts *et al.* 1989a).

Octreotide and lanreotide, both clinically used as sst2 agonists, were ineffective in treating patients with

Cushing's disease (Hofland 2008), but were able to suppress ACTH levels in patients with hypercortisol-emia such as those with adrenal insufficiency (Fehm *et al.* 1976) and Nelson's syndrome (Tyrrell *et al.* 1975, Lamberts *et al.* 1989b). However, pasireotide, which has preferential affinity for sst5, inhibits ACTH secretion in patients harboring ACTH-secreting adenoma despite hypercortisolemia (Colao *et al.* 2012). The significance of SRIF-mediated signaling, particularly through sst5, has been further delineated through investigation of *Srif*-null and *Sst5*-null mice models; *Srif*-null mice exhibit elevated levels of *Pomc* mRNA expression (Luque *et al.* 2006b), and *sst5*-null mice have increased basal serum ACTH and cortisol levels (Strowski *et al.* 2003).

Importantly, downregulation of sst2 may not be the sole explanation to octreotide resistance as the drug was less effective than pasireotide at reducing ACTH secretion even after normalization of cortisol levels and rescued sst2 expression in preoperative Cushing's patients (van der Pas *et al.* 2013). Therefore the contribution of other SSTRs expressed on corticotroph cells including sst3 and sst1 may play a role as well.

BMP signaling was shown to play a significant role in sst receptor-mediated inhibition of ACTH secretion in corticotroph cells. The BMP inhibitor noggin enhances CRH-induced ACTH secretion in AtT-20 cells and attenuated octreotide and pasireotide-mediated suppression of CRH-induced ACTH secretion. Octreotide and pasireotide increased BMP-Smad1/5/8 signaling and upregulated BMP type I and II receptors while simultaneously downregulating inhibitory Smad6/7 (Tsukamoto *et al.* 2010). In summary, SRIF-mediated regulation of ACTH secretion appears to be sst receptor subtype specific and dependent on serum cortisol levels. The role of sst1, sst3, and BMP signaling pathways in the regulation of ACTH secretion require further investigation.

Gonadotropin secretion

Knowledge of SRIF regulation of human LH and FSH secretion is limited as pituitary tumors arising from gonadotroph lineages do not usually secrete FSH or LH and therefore do not result in a phenotype associated with hormone hypersecretion (Greenman & Stern 2009). Nevertheless, evidence suggests an inhibitory effect of SRIF on gonadotropin secretion. SRIF infusion suppressed gonadotropin-releasing hormone (GNRH)-induced LH and FSH in normal men (Millar *et al.* 1982) and inhibited LH pulse amplitude, but not frequency, without affecting FSH pulsatility (Samuels *et al.* 1992). SRIF does not affect

basal secretion of LH or FSH in cultured pituitaries from male rats (Yu *et al.* 1997), yet suppresses GNRH-induced LH but not FSH (Yu *et al.* 1997, Starcevic *et al.* 2002). In addition, SRIF suppressed gonadotropin levels in 60% of FSH-producing pituitary tumors and 30% of LH-secreting pituitary adenoma cultures (Klibanski *et al.* 1991).

TSH secretion

Although SRIF inhibits TSH secretion, the effect is less pronounced than that of GH secretion from somatotrophs (Patel & Srikant 1986). Both sst2 and sst5 were implicated in the suppression of TSH secretion (Shimon *et al.* 1997b); however, the relative contribution of individual receptor subtypes remains unknown. SRIF inhibited TRH-induced TSH secretion in normal adult males (Spoudeas *et al.* 1992). Similarly, SRIF suppressed TSH pulse amplitude and frequency (Samuels *et al.* 1992) and inhibited TSH levels in normal volunteers and in patients with primary hypothyroidism (Reichlin 1983). Octreotide and lanreotide reduced TSH secretion and normalized free thyroxine and free tri-iodothyronine levels in patients harboring pituitary TSH-secreting adenomas (Gancel *et al.* 1994, Beck-Peccoz & Persani 2002). Similarly, octreotide suppressed serum TSH concentrations in nine patients harboring TSH-secreting tumors, and similarly suppressed TSH secretion in cell cultures (Bertherat *et al.* 1992). TSH-secreting adenomas are extremely rare, limiting the ability to comprehensively study sst receptor subtype-specific regulation of TSH secretion.

In summary, SRIF is a dominant inhibitor of both basal and induced pituitary hormone secretion. There are clear indications that sst receptor-signaling pathway activation is receptor subtype- and density-specific, as well as cell type and context specific. While GH secretion is mediated predominantly through sst2, and to a lesser extent sst5, ACTH and PRL secretion appear to be coordinated for the most part through sst5 signaling. Further study is required to delineate SRIF receptor subtype specificity and to elucidate the role of sst1 and sst3 in pituitary hormone secretion.

SRIF-independent constitutive sst receptor activity

Constitutive receptor activity is the ability of a receptor to adopt an active conformation independently from its selective agonist (Seifert & Wenzel-Seifert 2002). Multiple GPCRs exhibit constitutive activity in their WT form and

some by acquiring naturally occurring disease-causing mutations (Seifert & Wenzel-Seifert 2002).

Partial knockdown of sst2, sst3, or sst5 in mouse ACTH-secreting pituitary AtT-20 cells resulted in increased baseline intracellular cAMP levels and consequently ACTH secretion (Ben-Shlomo *et al.* 2007), while overexpression of either sst2 or sst5 in these cells resulted in reduced cellular response CRH via downregulation of CRH receptor subtype 1 (CRH-R1) expression (Ben-Shlomo *et al.* 2009). In addition, moderate sst2 overexpression in rat GH-secreting pituitary tumor cells (GC cell line) resulted in significantly decreased GH synthesis partially via GH promoter de-acetylation, which was not observed when a sst2 DRY-motif mutant lacking constitutive activity (Ben-Shlomo *et al.* 2013) was stably overexpressed. Inhibition of GH transcription was also observed when human pituitary cell primary cultures were infected with a low dose of sst2-containing adenovirus (Acunzo *et al.* 2008).

Utilizing a similar approach to study sst3 in GH-secreting cells, we show that stable sst3 transfectants exhibited suppressed basal intracellular cAMP levels, PKA activity, and inhibition of GH transcription, though to a lesser extent as compared with sst2 overexpression. sst3-mediated GH inhibition was not regulated epigenetically but rather via dephosphorylation and thus activation of GSK3 β , a PKA substrate. The cells expressing non-constitutively active sst3 mutated at its DRY motif were unaffected (Eigler *et al.* 2014).

Constitutive sst receptor activity is yet to be proven *in vivo*. This is challenging as a naturally occurring, disease-causing, constitutively active SSTR mutant has not yet been characterized, and an SSTR inverse agonist is not available. Moreover, the SRIF system exhibits significant redundancy, as CST and SRIF bind all sst receptor subtypes with similar affinities and the receptors also share multiple signaling pathways. To rigorously study constitutive sst2 activity *in vivo* will require an animal experimental model that expresses neither ligands nor all other sst receptor subtypes, a difficult task.

Evidence in the literature suggests the possible presence of constitutive sst2 activity. Intriguing evidence from mice points to conditions in which SRIF (not sst2) is dispensable for determining baseline GH control. First, abolishing SRIF-producing rat hypothalamic neurons resulted in acutely increased serum GH levels, which normalized within 10 days, without altered pituitary GH-content (Soya & Suzuki 1990). Second, knockout *Srif*^(-/-), *Cort*^(-/-), and double-knockout *Srif*^(-/-)/*Cort*^(-/-) mice do not exhibit excessive growth

(de Lecea and Castano 2006, Zeyda & Hochgeschwender 2008, Cordoba-Chacon *et al.* 2011). In addition, hyper-somatostatinemia elaborated by abdominal somatostatinoma tumors is not associated with GH deficiency (Oberge & Eriksson 2005, Galli *et al.* 2006). Observed negative association between *sst2* and GH expression support the existence of a biological relationship between the two. For example, *Srif*^(-/-) mice exhibit 1.5- to threefold increase in GH levels along with 70% decrease in *sst2* levels (Low *et al.* 2001, Zeyda *et al.* 2001). Glucocorticoids, acutely downregulate *Sst2* promoter activity associated with increased pituitary GH synthesis in SRIF-free conditions (Xu *et al.* 1995, Zeyda *et al.* 2001, Kajimura *et al.* 2003). In contrast, adrenalectomy (cortisol deficiency) increased rat somatotroph *sst2* levels (Hofland 2008). In addition, E₂ lowers *sst2* levels and increases baseline GH in the absence or presence of SRIF (Cardenas *et al.* 2003, Borghi *et al.* 2006, Elango *et al.* 2006). Aromatase-null (i.e. E₂ deficient) female mice exhibited high pituitary *Sst2* gene expression with concomitant low GH levels, all reversed with E₂ treatment (Yan *et al.* 2004). Importantly, female rats exhibit continuous GH secretion with higher baseline levels and also have lower *Sst2* expression as compared with males, while male rats treated with E₂ exhibited increased baseline GH and downregulation of *sst* receptors (Baumeister & Meyerhof 2000). In summary, when *sst2* is decreased, GH is increased, with or without SRIF. Although intriguing, the physiological importance of constitutive *sst* receptor activity is yet unclear *in vivo*. As absolute receptor number in the cell also determines observed constitutive activity level, receptor expression level regulation by SRIF and other factors may control constitutive *sst* receptor activity.

Conclusion

SRIF system, i.e. hypothalamic SRIF14 and its cognate *sst1*, *sst2*, *sst3*, and *sst5* receptor subtypes, control pituitary gland function, mostly inhibiting anterior pituitary gland basal and induced hormone secretion. SRIF-*sst* receptor signaling pathway activation is receptor subtype specific and density specific, as well as cell type and context specific. SRIF/*sst2* is the main mediator of GH secretion while SRIF/*sst5* mainly mediates ACTH and PRL secretion. *Sst* receptor activation mediates its effect through multiple pathways, mainly adenylate cyclase/cAMP/PKA, MAPK, and ion channel regulation. SRIF-independent constitutive *sst* receptor activity is present in pituitary cells *in vitro*, inhibiting cellular cAMP and ACTH responses to CRH and GH transcription.

Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the review.

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