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# Review 5-HT receptors and reward-related behaviour: A review

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# **ABSTRACT**

The brain's serotonin (5-HT) system is key in the regulation of reward-related behaviours, from eating and drinking to sexual activity. The complexity of studying this system is due, in part, to the fact that 5-HT acts at many receptor subtypes throughout the brain. The recent development of drugs with greater selectivity for individual receptor subtypes has allowed for rapid advancements in our understanding of this system. Use of these drugs in combination with animal models entailing selective reward measures (i.e. intracranial self-stimulation, drug self-administration, conditioned place preference) have resulted in a greater understanding of the pharmacology of reward-related processing and behaviour (particularly regarding drugs of abuse). The putative roles of each 5-HT receptor subtype in the pharmacology of reward are outlined and discussed here. It is concluded that the actions of 5-HT in reward are receptor subtype-dependent (and thus should not be generalized) and that all studied subtypes appear to have a unique profile which is determined by content (e.g. receptor function, localization – both throughout the brain and within the synapse) and context (e.g. type of behavioural paradigm, type of drug). Given evidence of altered reward-related processing and serotonergic function in numerous neuropsychiatric disorders, such as depression, schizophrenia, and addiction, a clearer understanding of the role of 5-HT receptor subtypes in this context may lead to improved drug development and therapeutic approaches. Crown Copyright © 2011 Published by Elsevier Ltd. All rights reserved.

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# **1. Introduction**

#### 1.1. Serotonin in reward-related processing

In its most basic form, a reward (an object or event, regardless of its origin) is something that an organism will expend energy to obtain or approach; in this context, it is operationally opposite to an aversive stimulus (e.g. [Wise, 2004\).](#page-29-0) A rich animal literature has shown that the brain neurotransmitter serotonin (5-hydroxytryptamine; 5-HT) plays an important role in the regulation of reward-related processing. For instance, 5-HT is involved in natural reward-related physiology and behaviour, from feeding to sexual activity (for reviews, see [Pfaus, 2009; Wirtshafter, 2001\).](#page-28-0) Recent studies in humans have supported this notion, showing for instance that 5-HT is involved in emotional regulation (see [Cools](#page-26-0) [et al., 2008](#page-26-0) for review) and experiences as varied as the pleasantness of warmth ([Lowry et al., 2009\)](#page-28-0) or chocolate [\(McCabe et al.,](#page-28-0) [2010\).](#page-28-0)

Given 5-HT's role in reward-related functioning ([Kranz et al.,](#page-27-0) [2010\),](#page-27-0) and that altered reward processing has been proposed in many psychiatric disorders (as reflected, for instance, by reduced motivation to obtain rewards in depression and schizophrenia), it should not be surprising that serotonergic dysfunction has been associated with numerous neuropsychiatric pathologies and, as such, has been a main target for therapeutic drug development. Most notably, extensive research has implicated this system in depression (e.g. a typical first-line treatment is the use of selective serotonergic reuptake inhibitors) ([Trivedi et al., 2006\),](#page-29-0) anxiety ([Hood et al., 2010\),](#page-27-0) schizophrenia [\(Emsley, 2009\)](#page-26-0) and addiction ([Rothman et al., 2008\).](#page-29-0) Nonetheless, there is an incomplete understanding of the pharmacological mechanisms underlying the role of 5-HT in reward-related processing; this is necessary for a full understanding of both healthy and pathological reward system functioning and for the development of future effective drug therapies for disorders that entail dysfunction of brain reward systems.

Serotonin-containing neurons make extensive connections to other neural systems in reward-related brain areas. Clusters of serotonergic cell bodies are divided into nine nuclei or cell groups (B1–B9) ([Dahlstrom and Fuxe, 1964\)](#page-26-0) along the midline (or raphe) from the medulla to the midbrain. The primary ascending projections originate from the anterior (i.e. dorsal and median) raphe nuclei and account for the majority of 5-HT innervation of the forebrain [\(Azmitia and Segal, 1978\).](#page-25-0) Innervation by these anterior raphe nuclei is extensive, diffuse, and overlapping, and includes areas known to be involved in aversion- and reward-related regulation such as the nucleus accumbens septi (NAc), ventral tegmental area (VTA), substantia nigra, hippocampus, amygdala, and prefrontal cortex ([Hensler, 2006; Ikemoto, 2010; Lechin et al., 2006\).](#page-27-0) In addition to having reciprocal connections with many rewardrelated brain areas, 5-HT regulates the transmission of all major neurotransmitters [\(Fink and Gothert, 2007\),](#page-26-0) including the wellstudied dopamine ([Alex and Pehek, 2007\).](#page-25-0) In a recent review by [Kranz et al. \(2010\),](#page-27-0) the authors present converging evidence, particularly from pharmacology, electrophysiology, and human brain imaging, that the 5-HT system is as important for reward processing as dopamine. The current review focuses on the specific putative roles of individual 5-HT receptor subtypes in this processing.

1.2. The pharmacology of reward-related serotonergic mechanisms

The idea that 5-HT may be involved in the regulation of rewardrelated behaviours likely began with the work of James Olds and his colleagues. They showed that rats decreased their motivated responding following lateral hypothalamic microinjections of 5- HT ([Olds et al., 1964\),](#page-28-0) about a decade following their discovery that rats would self-administer electrical stimulation into similar regions ([Olds and Milner, 1954\).](#page-28-0) Indeed, many studies have since shown that stimulation of serotonin-rich nuclei of the brain (i.e. median and dorsal raphe nuclei) can sustain intracranial selfstimulation (ICSS) (e.g. [Broadbent and Greenshaw, 1985; Van Der](#page-25-0) [Kooy et al., 1978\).](#page-25-0) At least one study has demonstrated that perfusion of 5-HT close to the ventral tegmental area (a key area of the mesolimbic system which contains the cell bodies of mesocorticolimbic dopamine-containing projections) increases rates of ICSS of the medial forebrain bundle [\(Redgrave and Horrell, 1976\).](#page-28-0) Paradoxically, selective lesioning of serotonergic cells appears to facilitate ICSS [\(Poschel et al., 1974\).](#page-28-0) In addition, increased reward is seen with conditioned place preference following administration of drugs that increase brain 5-HT [\(Subhan et al., 2000\),](#page-29-0) although increases in 5-HT generally correlate with decreases in self-administration [\(Lyness et al., 1980; Yu et al., 1986\).](#page-28-0) These conflicting, and often difficult to interpret, results are likely due to the high number of 5-HT targets (which can be located on multiple cell types within and/or across brain regions – resulting in the potential for each receptor subtype to have opposing effects on reward; for an excellent narrative review on the history of 5-HT and the discovery of its receptor subtypes, see [Green, 2006\).](#page-27-0) The use of behavioural models with reward-selective measures are discussed below in Section [2.4.](#page-2-0)

The rapid growth of knowledge around existing 5-HT receptor subtypes, in conjunction with improved techniques and a more collaborative environment among fields encompassing biomedical research and chemical engineering, allowed for the rapid development of numerous ligands in the 1980s and 1990s [\(Green, 2006\).](#page-27-0) The early identification of 5-HT receptor selective ligands – such as mianserin and eltoprazine, which were originally considered antagonists for the  $5-HT_2$  receptor family, though eltoprazine was also known to be an agonist for the  $5-HT_{1B}$  receptor – allowed for a more detailed investigation of 5-HT receptor subtype function [\(Peroutka and Snyder, 1981; Schipper et al., 1990\).](#page-28-0) Although some studies using these compounds reported reward-related findings consistent with more recent studies (for instance, the finding by [Risinger and Oakes \(1996\)](#page-29-0) showing that mianserin did not induce place conditioning alone, but did enhance alcohol-induced place preference), others had seemingly contradictory findings ([Rocha](#page-29-0) [et al., 1993\).](#page-29-0) These were later clarified through the use of additional, more selective, ligands (e.g. [Mosher et al., 2005; Hayes et al.,](#page-28-0) [2009a,b\),](#page-28-0) and an improved knowledge of 5-HT receptor pharmacology.

Taken together, these data underscore the need to clarify the role of 5-HT in reward-related processing and behaviour. An increase in the number and development of much more selective pharmacological agonists and antagonists, and refinement of reward-related behavioural measures, over the past two decades has been essential to this endeavour. As a result of this advancement of knowledge on many fronts (e.g. multiple, readily available, selective ligands; improved understanding of 5-HT receptor subtypes) this is perhaps

<span id="page-2-0"></span>the first opportunity to extensively review the literature on this topic – although the authors' acknowledge that future advancements may result in conceptual revisions to the present work. Nonetheless, this review aims to add clarity and insight to our current understanding of the role of 5-HT receptor subtypes in rewardrelated behaviour and to underscore the relevant contents (e.g. subtype function and localization, drug delivery parameters, species under investigation) and contexts (e.g. type of reward-related paradigm used; mechanism of drug used to produce reward, such as cocaine vs. ethanol) which are likely important in this regard.

# **2. Review methods and criteria**

# 2.1. Inclusion criteria

We aimed to identify all studies which focused on the functionally selective agonism or antagonism of 5-HT receptor subtypes (discussed briefly below in Section 2.3) on the rewardrelated paradigms of intracranial self-stimulation (ICSS), selfadministration, and place conditioning (described briefly below in Section 2.4) through numerous PubMed searches and subsequent searches through relevant reference sections and review papers.

In order to clarify the role of specific 5-HT receptor subtypes in reward, this review includes only studies which investigated the effects of selective 5-HT receptor agonists and antagonists, administered systemically or intracranially, on place conditioning, ICSS and drug self-administration. Some compounds with actions at multiple 5-HT receptor subtypes (sometimes referred to as 'mixed' 5-HT compounds) have been selectively included for completeness (for instance, where there is a lack of data using more selective ligands or when a mixed antagonist is used to block the effects of a putatively selective agonist), where their actions are believed to be predominantly at one or two receptor subtypes. In addition, effects of 5-HT receptor ligands on behaviours induced by drugs of abuse such as cocaine, nicotine, amphetamine, morphine and ethanol, and ligands that act at targeted receptor subtypes were also included; their putative mechanisms of action, and their many interactions with other neurochemical systems, can be found elsewhere in a number of reviews. In addition, studies involving genetically manipulated mice whose manipulations involved only the specific alteration of 5-HT receptor subtypes (i.e. knock out or transgenic mice) and animals bred for increased response to a drug of abuse (e.g. alcohol preferring rats) are also included where appropriate. However, the reader is cautioned to consider these results in light of the potential compensatory and/or developmental alterations which may be associated with such manipulations. There is a paucity of studies dealing with the role of 5-HT receptors in the context of reward in non-adult organisms – because of this, only studies involving adult mammals were considered for inclusion. The authors acknowledge that a review of the literature on adolescents/developmental stages and 5-HT receptors would be of value, but recognize, as recently pointed out, we do not yet know the manner in which "alterations in serotonin signaling [may] differentially influence circuit formation in the CNS in early and later development...[and]...the critical developmental windows for these effects and how [they] translate into complex behaviours in the adult" ([Daubert and Condron, 2010\).](#page-26-0)

# 2.2. Exclusion criteria

Studies that have used receptor ligands whose predominant actions are on multiple neurotransmitter systems (so-called 'mixed' compounds) are difficult to interpret, and thus have been largely excluded. However, some studies using selective ligands in conjunction with ligands that act directly at a putatively small number of receptor sites (e.g. non-specific dopamine or 5-HT receptor antagonists, such as sulpiride) have been included for clarity and comparison at the authors' discretion. Although studies involving drugs of abuse (in conjunction with selective 5-HT ligands) were included in this review, those investigating their withdrawal effects and effects related to chronic exposure are not (see Section 2.4 below for additional related comments). This is because any effects which are, in part, the result of circuitry neuroadaptations (e.g. changes in synaptic plasticity or receptor expression) become increasingly difficult to interpret. In addition, the effects of compounds that alter 5-HT related enzymes, induce serotonergic lesions, interfere with 5-HT precursors or broadly affect 5-HT release or reuptake are beyond the scope of this review as they all have broad effects on 5-HT neurotransmission and, as such, will obscure any interpretations related to specific receptor subtype function. For similar reasons, studies looking at natural reward behaviours, such as feeding or sexual activity, are not included (but see [Dayan and Huys, 2009](#page-26-0) for a recent review of 5-HT in that broad context).

#### 2.3. Serotonin receptors and their ligands

The characterization of 5-HT receptor subtypes (including their putative roles in some neuropsychiatric disorders) has been reviewed extensively elsewhere [\(Barnes and Sharp, 1999; Hoyer](#page-25-0) [et al., 2002; Kitson, 2007\).](#page-25-0) Briefly, 5-HT receptors are currently divided into seven receptor families (5-HT<sub>1-7</sub>) based on amino acid sequence, signal transduction mechanisms, pharmacology and functional criteria (see [Table 1\).](#page-3-0) Within each family, receptors are further divided into receptor subtypes designated by a letter (e.g.  $5-HT<sub>1A</sub>$  receptor). Their various roles in regulating reward-related behaviour is likely, in part, due to their effects on second messengers and ionic conductance as well as their differential distributions throughout the nervous system. A summary of 5-HT receptor subtypes, their mechanism of action, high-density brain localization, and currently suggested reward-related localizations are found in [Table 1.](#page-3-0) For an indication, beyond what is noted in the present review, of the putative locations of reward-related 5-HT receptors, the reader is referred to excellent reviews by [Alex and Pehek \(2007\)](#page-25-0) and [McBride et al. \(1999\). I](#page-28-0)n addition, [Supplementary Table 1](#page-25-0) outlines the receptor profile of ligands mentioned in this review, as well as some commonly used 'mixed' ligands which were excluded.

#### 2.4. Animal models of reward-related behaviour

Changes in reward-related behaviour are measured largely by three paradigms: place conditioning, intracranial self-stimulation (ICSS), and drug self-administration. These paradigms were chosen as they directly activate the brain's reward-related circuitry – either through electrical stimulation (ICSS) or receptor activation (systemic or local drug injection) – and they are sensitive to changes in the rewarding properties of drugs, especially drugs of abuse [\(Wise, 2002\).](#page-29-0)

Repeated administration of many drugs (e.g. amphetamine) can result in enhanced sensitivity (i.e. sensitization) to the future use of similar drug doses – which is often, but not always, reflected in increased locomotor activity and ostensibly parallel increases in reward. Studies that focused on the repeated administration of selective 5-HT ligands are included in this review (e.g. [Davidson](#page-26-0) [et al., 2002, 2004\)](#page-26-0) as we believe that this inclusion helps to provide additional clarity. Similarly, experiments specifically targeting learning and memory processes are only included if they focus on selective measures of reward.

Place conditioning measures the conditioned rewarding properties of a stimulus (e.g. pharmacological compound). There are typically three phases to a place conditioning experiment:

### <span id="page-3-0"></span>**Table 1**

5-HT receptor subtypes. List of 5-HT receptor subtypes, major localization, and their effects on metabotropic G-protein coupled receptor-activated second messengers or on ion channels (i.e. 5-HT<sub>3</sub> receptors). In addition, the putative reward-related localization of these pre- and/or post-synaptic receptors is also indicated – though it is important to note that most are unknown (as denoted by –) and other sites may yet be discovered.



Source: Adapted from [Ciranna \(2006\)](#page-26-0) and [Hannon and Hoyer \(2008\).](#page-27-0)

Abbr.: AM, amygdala; AP, area postrema; BG, basal ganglia; C, cortex; CB, cerebellum; Col, colliculi; CD, caudate putamen; CP, choroid plexus; RN, raphe nuclei; EC, entorhinal cortex; GP, globus pallidus; HC, hippocampus; HT, hypothalamus; NAc, nucleus accumbens; OB, olfactory bulb; OT, olfactory tubercle; PN, peripheral neurons; SN, substantia nigra; T, thalamus; VP, ventral pallidum; VTA, ventral tegmental area.

pre-conditioning, conditioning, and post-conditioning. Place conditioning occurs when two or more previously neutral but distinct environments (referred to as the pre-conditioning phase) are paired with different unconditioned stimuli (e.g. drugs of abuse; referred to as the conditioning phase). When animals are subsequently given free-access (referred to as the post-conditioning phase), the time spent in each environment is used as an index of the rewarding/aversive properties of the unconditioned stimulus (the reader is referred to [Tzschentke, 2007](#page-29-0) for a comprehensive review of this paradigm). The effects of a test drug (e.g. one targeting a receptor subtype) alone on place conditioning, as well as its effects on reward or aversion processing induced by another drug (particularly drugs of abuse), is commonly investigated. Also, the acquisition (where drugs are co-administered during the conditioning phase of the experiment) or the expression (where the drugs of interest are administered only on the test or post-conditioning day; to investigate context-dependent effects) of place conditioning can also be investigated.

Intracranial self-stimulation (ICSS) studies have employed a number of methods throughout the past fifty years, though mainly they can be divided into two main groups: those methods that are currently believed to be rate-free and reward-selective and those that are not ([Greenshaw and Wishart, 1987; Stellar and Rice, 1989\).](#page-27-0) In the ICSS paradigm, animals are trained to perform a behaviour (e.g. pressing a lever) contingent on the delivery of electrical stimulation to specific brain areas that acts as a reinforcer or reward. Some studies employing measures of ICSS based on response rate are included in this review; the reader should interpret these data with caution, as they are not considered independent of performance effects (e.g. drug-induced effects on performance and response rates do not necessarily indicate changes in reinforcement or reward). These studies have been indicated in [Table 2A](#page-5-0) by the

footnote 'a'. The most commonly used methods, the rate-frequency or rate-current curve-shift method, measures the frequency or current, respectively, of stimulation that produces half-maximal responding, as this is sensitive to changes in reinforcement induced by drugs, such as drugs of abuse (see [Miliaressis et al., 1986;](#page-28-0) for review, see [Carlezon and Chartoff, 2007; Wise, 1996\).](#page-26-0) Of these two methods, the rate-frequency shift method is considered superior as changes in the magnitude of stimulation current will alter the volume of tissue affected by the electrical stimulus [\(Ranck,](#page-28-0) [1975\).](#page-28-0)

Drug self-administration has emerged as a paradigm in which a variety of operant schedules of reinforcement can be used. Each schedule may provide important manipulations aimed at investigating different facets of the behaviour. As such, while the use of various schedules may provide convergent verification, they may also reveal important differences in self-administration behaviour. Most commonly, in the simple fixed-ratio schedule a fixed number of responses are required for drug delivery (e.g. FR4 requires 4 responses for one delivery), while the progressive ratio (PR) schedule requires incremental increases in responding to achieve each drug delivery. It is suggested that this schedule is best at determining the rank-order effectiveness for reinforcers, as determined mainly by the breaking point (the point at which the animal will no longer respond). For a correct interpretation of the data, it is imperative to note that dose–response curves for self-administered drugs are nearly all inverted U shaped (i.e. there is a dose at which animals will respond maximally, and lower/higher doses typically lead to progressively decreased responses). This suggests that, for instance, modulatory treatments (e.g. other co-administered drugs) that enhance the effects of the self-administered compound may actually result in increased responding at low doses and decreased responding at higher doses, or vice versa. In depth discussion of

these schedules is covered extensively elsewhere [\(Boulton et al.,](#page-25-0) [1993; Shippenberg and Koob, 2002\).](#page-25-0)

# **3. Results of review**

The specific results of the review are outlined in three tables. All tables use the symbols  $\bullet$  and  $\bullet$  to identify agonists and antagonists, respectively. [Table 2A](#page-5-0) lists the results of studies that looked at 5-HT receptor subtype function in intracranial self-stimulation (ICSS), note that the symbol  $\Phi$  is used to identify studies that do not clearly distinguish between reward and motor effects; [Table 2B](#page-8-0) lists the results related to self-administration; [Table 2C](#page-14-0) lists the results related to place conditioning (note that unless otherwise specified, results of conditioned place preferences, CPP, or aversions, CPA, reflect the expression phase (in the absence of drug treatments), as opposed to the acquisition phase during which drugs are administered. A general comparison of receptor subtype agonism/antagonism across the three reward-related models is presented in [Table 3. F](#page-18-0)or a summary of all 5-HT receptor subtypes and their function and localization, the reader is referred to [Table 1.](#page-3-0)

# **4. Discussion**

This review compared the roles of 5-HT receptor subtypes, using pharmacologically selective manipulations, in animal models of reward-related behaviour (i.e. intracranial self-stimulation (ICSS), self-administration, place conditioning). These behavioural models were chosen as they involve the direct activation of the brain's reward-related circuitry (either through electrical or receptor stimulation), have reward-selective measures, and are sensitive to the reinforcing properties of drugs of abuse (for extensive reviews, see [Carlezon and Chartoff, 2007; Sanchis-Segura and Spanagel,](#page-26-0) [2006; Tzschentke, 2007\).](#page-26-0) Overall, the results underscore the importance of 5-HT in reward-related processing, and show that its role is content-related (e.g. receptor subtype and function) and context-related (e.g. type of reward-related paradigm; mechanism of drug producing reward, such as cocaine vs. ethanol; relative amount/concentration of ligand used) dependent.

In terms of content, the most important determinants of reward effects appear to be those related to individual receptor subtypes (e.g. mechanism of action, constitutive/tonic receptor activity), although which species are under investigation (e.g. alcohol preferring rats, monkeys), and other model-specific parameters (e.g. route and timing of drug administration; type of reward measures) must also be taken into careful consideration – these can be compared across [Tables 2A–2C.](#page-5-0) In terms of context, these results demonstrate clearly that the role of each 5-HT receptor subtype must be considered carefully within the context of the behavioural approach and experimental conditions under investigation. For instance, while  $5-HT_{1B}$  receptor stimulation enhances the rewarding-properties of cocaine and may even support selfadministration alone at low levels ([Parsons et al., 1998\),](#page-28-0) it cannot be predicted that it will enhance reward-related measures when investigated with ICSS [\(Hayes et al., 2009b\),](#page-27-0) place conditioning ([Cervo et al., 2002\),](#page-26-0) or the self-administration of other drugs of abuse [\(Fletcher et al., 2002a; Maurel et al., 1999\).](#page-26-0)

Taken together, results across studies reveal that general conclusions can be made about the role of many receptor subtypes in relation to individual reward-related models and drugs of abuse – as seen in [Table 3](#page-18-0) – while broader claims about 5-HT in reward are difficult to make (as discussed below). Interestingly, while the ongoing development of highly selective ligands is adding substantively to our knowledge in this regard, all 5-HT receptor subtypes that have been reasonably investigated to date appear to play some role in mediating reward-related behaviours. Thus, although the

role of 5-HT in reward-related processing is highly complex, clearer patterns have emerged following a closer examination of the function of each receptor subtype across behaviours (for a detailed comparison across studies, the reader is referred to the results listed in [Tables 2A–2C\).](#page-5-0) The individual receptor profiles regarding the pharmacology of reward-related behaviour (indicating which specific contents and contexts are likely most important in each profile), and their potential implications, are discussed below with regard to each 5-HT receptor subtype.

# 4.1. Serotonin 1A receptors

Along with the 5-HT<sub>3</sub> receptors, 5-HT<sub>1A</sub> receptors have been the most widely studied of the 5-HT family in the context of rewardrelated behaviour. This is largely due to the early development of the selective agonists, 8-OH-DPAT and buspirone. However, it is important to note that these ligands have putatively weak pharmacological and behavioural effects at  $5-HT<sub>7</sub>$  [\(Rauly-Lestienne et al.,](#page-28-0) [2007; Vanhoenacker et al., 2000\)](#page-28-0) and dopamine D2 receptors ([van](#page-29-0) [Wijngaarden et al., 1990\),](#page-29-0) respectively, which may account for some past discrepancies. Nonetheless, these ligands, along with highly selective receptor antagonists such as WAY 100635, have been used extensively to provide insight into the role of  $5-HT_{1A}$ receptors in reward-related behaviours.

In several studies, following systemic administration, low doses of the 5-HT<sub>1A</sub> receptor agonist 8-OHDPAT decreased stimulation thresholds, suggesting facilitation of the rewarding effects of intracranial self-stimulation (but see [Ahn et al., 2005](#page-25-0) for an exception), and produce a conditioned place preference (CPP), while high doses have the opposite effect ([Harrison and Markou, 2001; Papp](#page-27-0) [and Willner, 1991\).](#page-27-0) Receptor antagonists appear to have no effect on their own (e.g. [Budygin et al., 2004; Markou et al., 2005\).](#page-25-0) The effect of low doses of  $5-HT<sub>1A</sub>$  agonists appears to be mediated by 5-HT<sub>1A</sub> receptors in the midbrain raphe nuclei (which contain the cell bodies of ascending 5-HT containing neurons; e.g. [Ahn et al.,](#page-25-0) [2005; Fletcher et al., 1993, 1995\)](#page-25-0) as suggested by studies which found increased reward following the microinjection of 8-OHDPAT (e.g. [Fletcher et al., 1993, 1995; Ahn et al., 2005\),](#page-26-0) these effects are behaviourally specific as microinjections of 8-OHDPAT into these raphe nuclei have opposite effects on locomotion per se [\(Ahn et al.,](#page-25-0) [2005\).](#page-25-0) It has been postulated that these biphasic effects are due to the higher affinity of somatodendritic autoreceptors (i.e. presynaptic or cell body 5-HT<sub>1A</sub> receptors that inhibit 5-HT release) over post-synaptic receptors. This preference for pre- vs. postsynaptic receptors may also, in part, be due to the fact that there is a receptor reserve in the cells of the raphe nuclei but not in postsynaptic cells [\(Yocca et al., 1992\).](#page-30-0) Additionally, it has also been shown that  $5$ -HT<sub>1A</sub> receptors in the anterior raphe preferentially may couple to different types of G proteins compared to their target regions (e.g. hippocampus) [\(Mannoury la Cour et al., 2006\).](#page-28-0)

While  $5-HT<sub>1A</sub>$  receptor agonists and antagonists are not selfadministered alone, they may attenuate the effects of cocaine and ethanol self-administration. Their inhibitory effects on cocaine selfadministration are largely found with the use of higher doses (e.g. [Parsons et al., 1998; Peltier and Schenk, 1993\),](#page-28-0) strongly implicating the activation of post-synaptic receptors. Studies in monkeys using far lower doses also reported increased cocaine reward [\(Czoty](#page-26-0) [et al., 2005; Nader and Woolverton, 1990\).](#page-26-0) Although many studies have also found that  $5-HT<sub>1A</sub>$  receptor activation decreases ethanol self-administration, in general, it is concluded that these effects are likely non-specific (e.g. [Roberts et al., 1998; Silvestre et al., 1998\) a](#page-29-0)s decreases in alcohol intake or preference are typically paired with overall reductions in non-alcohol-related fluid intake or responding. Although one study has suggested that receptor antagonism may decrease consumption [\(Zhou et al., 1998\),](#page-30-0) another has demonstrated antagonist-induced CPP when combined with subthreshold

<span id="page-5-0"></span>





Study cannot distinguish between reward and motor effects.

Agonist.

Antagonist.

# <span id="page-8-0"></span>**Table 2B**

The effect of 5-HT receptor subtype ligands on self-administration.

Receptor subtype	5-HT ligand (dose range)	Effective doses (route and timing)	Species	Self-administered drug (dose range and route)	Effective doses	Schedule of reinforcement	Effects	References
<b>1A</b>	$\bullet$ 8-OH-DPAT $(0-0.5 \,\mathrm{mg/kg})$	$0.5$ mg/kg (s.c., $-30$ min)	SD rats	Cocaine $(0-0.5 \text{ mg/kg/infusion})$	0.125 mg/kg/infusion	FR1	Decreased responding	Peltier and Schenk (1993)
	$\bullet$ 8-OH-DPAT $(0-1.0 \,\text{mg/kg})$	$0.3 \,\text{mg/kg}$ (s.c.; $-15$ min)	Wistar rats	Cocaine $(0.125 \,\mathrm{mg/kg}/\mathrm{infusion})$	$0.125$ mg/kg/infusion	PR	Reduced intake (no change in break point)	Parsons et al. (1998)
	$\bullet$ 8-OH-DPAT $(0-0.003 \text{ mg/kg})$	$0.0003 - 0.003$ mg/kg	Squirrel monkeys $(n=3)$	Cocaine (0.3, 1.0, $2.0 \,\mathrm{mg/kg}$ ; i.m.)		Second-order	Dose-dependent increased responding	Nader and Woolverton (1990)
	• Buspirone $(0-0.03 \text{ mg/kg})$	$0.001 - 0.03$ mg/kg						
	$\bullet$ 8-OH-DPAT $(0.01 - 0.1 \text{ mg/kg})$	$0.01$ mg/kg (i.v.; $-5$ min)	Cynomolgus monkeys $(n=5)$	Cocaine $(0.003 - 0.03 \text{ mg/kg/infusion})$	$0.003$ mg/kg	<b>FR50</b>	Increased rates of responding (though decreased rates in one monkey)	Czoty et al. (2005)
	$\bullet$ 8-OH-DPAT $(0-1.0 \,\text{mg/kg})$	$0.3, 1.0$ mg/kg $(s.c.; -15 min)$	Wistar rats	Cocaine $(0.125 \,\text{mg/infusion})$		PR	Decreased cocaine intake $(0.3 \text{ mg/kg})$ and break points $(0.3, 0.3)$ $1.0 \,\mathrm{mg/kg}$ ; no change in time to reach break point	Parsons et al. (1998)
	$\bullet$ m-MPPI $(0-10 \,\text{mg/kg})$	$10 \,\mathrm{mg/kg}$ (s.c.; $-25$ min)					Decreased intake with reduced break point and an increase in time to reach break point	
	· WAY 100635 $(0-1.0 \,\text{mg/kg})$	0.3, 1.0 mg/kg (s.c.; $-30$ min)	SD rats	Cocaine $(0.5 \text{ mg/kg/infusion});$ priming 10, 20 mg/kg	0.5 mg/kg/infusion	FR <sub>5</sub>	Decreased reinstatement responding	Schenk (2000)
	• Buspirone $(0-1$ mg/kg)	$0.1 - 1.0$ mg/kg (i.v.; $-15$ min) $(i.v.; -15 min)$	Rhesus monkeys $(n=4)$	Cocaine $(0-0.05 \text{ mg/kg/infusion})$	0.02 or 0.05 mg/kg (to maintain 40-100 infusions/ session)	<b>FR10</b>	Agonist increased cocaine responding at 0.1 and 0.56 mg/kg; decreased responding at 1.0 mg/kg	<b>Gold and Balster</b> (1992)
	$\bullet$ Gepirone $(0-1 \text{ mg/kg})$						Gepirone had no effect at any dose	
	$\bullet$ 8-OH-DPAT $(0-1.0 \,\text{mg/kg})$	0.3, 1.0 mg/kg $(s.c.;$ twice daily over 4 days)	SD rats	Ethanol (10%, oral) + 3% glucose	$\overline{a}$	Two-bottle choice (water vs. ethanol)	Decreased preference and consumption of ethanol + sucrose solution	Silvestre et al. (1998)
	$\bullet$ Buspirone $(0-1.0 \,\text{mg/kg})$						Non-specific decrease in fluid intake	
	$\bullet$ 8-OH-DPAT $(0-1.0 \, mg/kg)$ • Buspirone	0.5, 1.0 mg/kg $(i.p.;$ $-30$ min) 1, 5, 10 mg/kg $(i.p.;$	SD rats	Ethanol (8%, oral)		FR <sub>2</sub>	Reduced responding and intake	Wilson et al. (1996, 1998)
	$(0-10 \,\text{mg/kg})$ $\bullet$ 8-OH-DPAT $(0.1 \text{ mg/kg})$ • Buspirone	$-30$ min) $0.1 \,\text{mg/kg}$ (i.p.; $-30$ min) 1.0, 5.0 mg/kg (i.p.;	SD rats	Ethanol (8%, oral)		Secondary reinforcer (light)	Reduced lever responding	Wilson et al. (2000)
	$(0-5 \text{ mg/kg})$ $\bullet$ 8-OH-DPAT $(0-1.0 \,\text{mg/kg})$	$-30$ min) 0.5, 1.0 mg/kg $(s.c.;$ $-15$ min)	Wistar rats	Ethanol (10%, oral)		Two-bottle choice (water vs. ethanol)	Decreased ethanol and water responding	Roberts et al. (1998)
		$0.25 \,\mathrm{mg/kg}$ (s.c.; $-15$ min)					Increased water responding only	
	$\bullet$ Ipsapirone $(0-20 \,\text{mg/kg})$	10, 20 mg/kg (i.p.)	Wistar rats	Ethanol (0-20%, oral)	1.25-20%	FR1	Decreased ethanol responding (irrespective of % ethanol); decreased water responding only at the 20 mg/kg dose	Schreiber et al. (1999)













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# <span id="page-14-0"></span>**Table 2C**

The effect of 5-HT receptor subtype ligands on place conditioning.











Agonist.

Antagonist.

# <span id="page-18-0"></span>**Table 3**Comparison of 5-HT receptor subtype function across reward-related behaviours.





Note: Effects outlined in the table assume receptor subtype agonist/stimulation, unless otherwise indicated. Abbr: CPP, conditioned place preference; CPA, conditioned place aversion; NAc, nucleus accumbens; VTA, ventral tegmental area.

doses of ethanol [\(Risinger and Boyce, 2002\)](#page-29-0) – although these studies are difficult to compare given their differential use of species (alcohol preferring Wistar rats vs. Swiss Webster mice) and ligands (WAY 100635 vs. pindobind), respectively. Few studies have been performed with other drugs of abuse, but it is interesting to note that the direct activation of NAc  $5-HT<sub>1A</sub>$  receptors does not appear to affect intra-NAc amphetamine self-administration ([Fletcher et al., 2002a\)](#page-26-0) and that the systemically administered selective 5-HT<sub>1A</sub> receptor ligand F 13640 attenuates morphineinduced CPP ([Colpaert et al., 2006\).](#page-26-0)

In humans, no studies investigating the effects of selective 5-  $HT<sub>1A</sub>$  receptor ligands in reward-related behaviours have been published (although, see [Kranz et al., 2010](#page-27-0) for an overview of recent related abstracts). However,  $5-HT<sub>1A</sub>$  receptor function has been implicated in numerous neuropsychiatric disorders with associated alterations in reward-related processing. For instance, decreased receptor levels and/or function have been implicated in various anxiety disorders ([Akimova et al., 2009; Lanzenberger et al., 2007\)](#page-25-0) as well as in depression [\(Drevets et al., 2000\)](#page-26-0) and schizophrenia ([Meltzer and Sumiyoshi, 2008\).](#page-28-0)

Taken together, although studies to date generally support a reward enhancing effect for  $5-HT<sub>1A</sub>$  receptor agonists at low doses (and the opposite effect for higher doses), more work is needed to investigate the pre- vs. post-synaptic receptor activation hypothesis. In addition, the use of newly developed highly selective ligands for the 5-HT<sub>1A</sub> receptor (e.g. [Fiorino et al., 2010\)](#page-26-0) will be able to clarify if these apparently biphasic effects are due, in any part, to activities at 5-HT<sub>7</sub> receptors - particularly given that 5-HT<sub>1A</sub> receptors are inhibitory G-protein coupled receptors while  $5-HT<sub>7</sub>$ receptors are stimulatory ([Table 1\).](#page-3-0) Finally, it is currently unclear whether the effects on cocaine reward can be extended to other drugs of abuse such as morphine, MDMA or nicotine given the lack of studies; more studies investigating the effects of site-specific ligand injections (e.g. into the orbitofrontal or anterior cingulate cortices where these receptors are of high density; [Hall et al., 1997\)](#page-27-0) are needed to confirm the broader role of the raphe nuclei 5-  $HT<sub>1A</sub>$  receptors in reward-related behaviours (e.g. [Ahn et al., 2005;](#page-25-0) [Fletcher et al., 1993, 1995\).](#page-25-0)

#### 4.2. Serotonin 1B and related receptors

Serotonin 1B (5-HT<sub>1B</sub>) receptors were ideal candidates for investigating a potential serotonergic involvement in reward processing. They are found throughout reward-related brain areas (e.g. VTA, NAc, prefrontal cortex, among others; see [Bruinvels](#page-25-0) [et al., 1993; Sari et al., 1999](#page-25-0) for rat brain localization and [Sari,](#page-29-0) [2004](#page-29-0) for a broad review of receptor function), and the selective agonists, CP 94253 and CP 93129, and the 5-HT $_{1B/1D}$  receptor antagonist GR 127935, have been commercially available for about two decades. In addition,  $5-HT_{1B}$  receptor activation appears to dose-dependently increase dopamine release in the mesocorticolimbic system (as noted by microdialysis studies in rodents) – which is strongly associated with reward-related processing [\(Iyer and Bradberry, 1996; Yan and Yan, 2001; Yan et al.,](#page-27-0) [2004\).](#page-27-0)

It is worth noting that while this receptor was initially claimed to only exist in rodents ([Pedigo et al., 1981\),](#page-28-0) subsequent molecular and pharmacological investigations discovered human and primate homologues ([Sari, 2004\),](#page-29-0) as well as other highly related receptors (i.e. 5-HT<sub>1D</sub>, 5-HT<sub>1E</sub>, 5-HT<sub>1F</sub>; see [Table 1](#page-3-0) for additional information). While selective 5-HT<sub>1D</sub> and 5-HT<sub>1F</sub> receptor ligands have been developed ([Choi et al., 2008\)](#page-26-0) – largely to explore their potential clinical role in reducing migraines ([Goadsby and Classey, 2003\)](#page-27-0) – they have not yet been investigated in reward-related models of behaviour and so will not be discussed here. In addition, 5-  $HT_{1E}$  receptor function is largely unknown, owing to its absence in rodents and a lack of selective pharmacological tools, and so will also not be covered here [\(Klein and Teitler, 2009\).](#page-27-0)

In general,  $5-HT_{1B}$  receptor activation decreases measures of reward as indicated by increases in ICSS stimulation thresholds [\(Hayes et al., 2009b; a](#page-27-0)s well as [Harrison et al.'s, 1999](#page-27-0) work involving the use of non-selective ligands), the induction of a conditioned place aversion (CPA) ([Cervo et al., 2002\),](#page-26-0) and the attenuation of amphetamine-maintained self-administration following the activation of  $5-HT_{1B}$  receptors in the NAc [\(Fletcher et al., 2002a\).](#page-26-0) Like its closely related family member, the 5-HT<sub>1A</sub> receptor, the 5-HT<sub>1B</sub> receptor does not appear to be tonically active given that functional antagonism appears to have no effect on reward-related behaviours (e.g. [Hayes et al., 2009b; Risinger et al., 1999; Tomkins](#page-27-0) [and O'Neill, 2000\)](#page-27-0) – although see the work of [Crabbe et al. \(1996\)](#page-26-0) and [Rocha et al. \(1997\)](#page-29-0) for increased drug self-administration in 5-  $HT_{1B}$  receptor knock-out mice and [David et al. \(2004\)](#page-26-0) for increased intra-VTA cocaine self-administration following the administration of the 5-HT<sub>1B/1D</sub> receptor antagonist GR 127935 (although these effects could also be explained, respectively, by developmental compensatory changes in knockout mice and GR 127935's actions as a partial agonist; [Pauwels et al., 1997\).](#page-28-0)

Regarding ethanol,  $5-HT_{1B}$  receptor stimulation typically leads to non-specific decreases in consumption (e.g. [Maurel et al., 1999;](#page-28-0) as noted by the non-selective disruption of operant responding for both ethanol- and water-associated levers), however, one study showed specific increases in ethanol preference following increased receptor expression in the VTA [\(Hoplight et al., 2006\).](#page-27-0) Additionally, a potential role in ethanol reward (particularly in addictive states) cannot be ruled out as lower receptor densities in reward-related brain regions of alcohol preferring rats have been noted ([McBride et al., 1997; McBride et al., 1993\).](#page-28-0) While constitutive or tonic activity of this receptor is not thought to be involved (given that antagonists and partial agonists largely have no effect alone), the mechanism of action (including how ethanol interacts, if at all, with the  $5-HT_{1B}$  receptor) is still unclear. Nonetheless, recent data suggest that  $5-HT_{1B}$  receptors located post-synaptically on medium spiny projection neurons of the NAc shell are involved in both the preference for higher concentrations of ethanol as well as for increased amounts of consumption [\(Furay et al., 2010\).](#page-27-0) As noted above, the enhancement of drug-induced reward following the stimulation of  $5-HT_{1B}$  receptors is generally considered to be due to the disinhibition of dopaminergic cells in the VTA. Nevertheless, stimulation of these  $5-HT_{1B}$  receptors alone appears to result in aversion, although the reason for this remains unclear.

One of the best explored functions of brain  $5-HT_{1B}$  receptor stimulation is its ability to increase the effects of cocaine. Although not studied in the context of self-stimulation (but see [Harrison](#page-27-0) [et al., 1999, w](#page-27-0)ho showed that the mixed 5-HT $_{1A/1B}$  receptor agonist RU 24969 decreased cocaine-related changes to reward), selfadministration (e.g. [Parsons et al., 1998; Przegalinski et al., 2007\)](#page-28-0) and place conditioning (e.g. [Cervo et al., 2002\)](#page-26-0) experiments have shown that receptor stimulation enhances the reinforcing effects of cocaine. That this is a 5-HT<sub>1B</sub> receptor-mediated effect was further supported by the observation that virally-mediated receptor increases in the VTA resulted in increased cocaine reward [\(Barot](#page-25-0) [et al., 2007; Neumaier et al., 2002\)](#page-25-0) – and increased aversion at higher doses of cocaine, similar to effects seen by increasing the dose of cocaine. Interestingly, while Pentkowski et al. (2009) further confirmed the role of these receptors in cocaine-related reward, they also showed that receptor stimulation attenuated or blocked reinstatement of cue-induced cocaine-seeking behaviour. While the mechanism of action is still unclear, it is interesting to note that some authors have found increased  $5-HT_{1B}$  mRNA expression throughout the mesocorticolimbic circuit in animals chronically exposed to cocaine [\(Hoplight et al., 2007\),](#page-27-0) which could contribute to the sensitization effects of cocaine seen in these animals. Some authors have also suggested that these data are most consistent with the presence of  $5-HT_{1B}$  receptors on GABAergic medium spiny neurons of the NAc projecting to the VTA [\(Barot et al., 2007\).](#page-25-0)

Beyond the preclinical evidence suggesting that  $5-HT_{1B}$  receptors may be beneficial targets in alleviating cocaine addiction, no studies investigating the selective activation/attenuation of these receptors have been done in humans. One study, however, has found that recently abstinent alcoholics have increased 5-  $HT_{1B}$  receptor expression in the ventral striatum [\(Hu et al., 2010\)](#page-27-0) – consistent with results from some laboratory animal studies ([Hoplight et al., 2006\) w](#page-27-0)hile seemingly conflicting with others (e.g. [Lappalainen et al., 1998; McBride et al., 1993\).](#page-28-0) 5-HT $_{1B}$  receptors have also been implicated in major depression (which is associated with alterations in reward processing, for example as reflected by the presence of anhedonia) and the effects of antidepressant activity ([Ruf and Bhagwagar, 2009; Watson and Dawson, 2007\)](#page-29-0) – suggesting that receptor down regulation or functional antagonism may be required for antidepressant effects – although results from clinical trials are pending. Along these lines, it is also interesting to note that some selective serotonin reuptake inhibitors appear to attenuate both reward- and aversion-related processing in healthy subjects, as indicated by a recent neuroimaging study ([McCabe et al., 2010\).](#page-28-0)

Taken together, these studies generally support a reward decreasing effect for  $5-HT_{1B}$  receptor agonists alone, and an enhancing effect in the presence of cocaine (while effects on other drugs of abuse such as MDMA, morphine, and nicotine have not been assessed). It is important, however, to point out that one study ([Parsons et al., 1998\)](#page-28-0) showed that the agonist CP 94253 (0.1 mg/infusion) was able to maintain self-administration behaviour for under 90 min in some rats, raising the possibility (as with the 5-HT<sub>1A</sub> receptor) that differential pre- and post-synaptic effects may be involved. Although  $5HT_{1B}$  receptors act as autoreceptors [\(Engel et al., 1986; Gothert et al., 1987\)](#page-26-0) or heteroreceptors on cells containing acetylcholine ([Cassel et al., 1995\),](#page-26-0) glutamate ([Boeijinga and Boddeke, 1996\)](#page-25-0) or GABA ([Sari et al., 1999\)](#page-29-0) it is difficult to draw any conclusions from this CP 94253 study because higher and lower doses did not maintain self-administration and this phenomenon has not been replicated in the literature. Additionally, to date, no other experiments have reported clear biphasic effects. Future studies are needed to determine why  $5-HT_{1B}$  receptor stimulation may increase mesocorticolimbic dopamine release (potentially consistent with its effects on cocaine reward), while generally decreasing other reward-related behaviours. As noted above, while dopamine may be involved, the effects of other neurotransmitters cannot yet be ruled out as the precise mechanisms involved (specifically regarding  $5-HT_{1B}$  receptors and in reward processing in general) are incompletely understood.

# 4.3. Serotonin 2A receptors

As the main interest of the  $5-HT<sub>2A</sub>$  receptor in psychiatry has focused on its potential role in schizophrenia – for example, in mediating hallucinations and related psychotic symptoms [\(Geyer,](#page-27-0) [1998; Vollenweider et al., 1998\)](#page-27-0) – few studies have investigated its potential role in reward-related behaviours. However, investigating this receptor's potential impact in reward makes sense given that reward-related processing is often dysfunctional in schizophrenia [\(Ziauddeen and Murray, 2010\),](#page-30-0) that  $5-HT<sub>2A</sub>$  receptor antagonism is thought to contribute to the efficacy of atypical antipsychotics [\(Lieberman et al., 1998\),](#page-28-0) and that the effects of some abused drugs such as MDMA and lysergic acid diethylamide are believed to be partly  $5-HT_{2A}$  receptor mediated ([Liechti et al.,](#page-28-0) [2000; Winter, 2009\).](#page-28-0) In addition, a study in humans showed that 5- HT<sub>2A</sub> receptors may have increased binding potential (a combined measure of affinity and receptor density) in remitted, formerly

depressed, individuals ([Bhagwagar et al., 2006\)](#page-25-0) – though these results were considered preliminary and it is currently unclear if and how increased 5-HT<sub>2A</sub> receptor density and/or function is involved in the pathophysiology of depression.

Studies in rodents using  $5-HT_{2A}$  receptor antagonists have failed to demonstrate reward-related changes in ICSS [\(Benaliouad](#page-25-0) [et al., 2007; Moser et al., 1996\)](#page-25-0) and cocaine self-administration [\(Fantegrossi et al., 2002; Filip, 2005\) b](#page-26-0)ehaviours. However, antagonism was shown to attenuate the self-administration of MDMA [\(Fantegrossi et al., 2002\)](#page-26-0) and intra-VTA ethanol [\(Ding et al., 2009\).](#page-26-0) Although it has been suggested that some of these effects (especially regarding intra-VTA ethanol) may be related to the fact that the activation of VTA 5-HT $_{2A}$  receptors results in increased dopamine release ([Pessia et al., 1994\),](#page-28-0) more research is necessary to confirm this and to expand upon our current limited knowledge. For example, future studies investigating the role of this receptor in place conditioning (there are currently none to our knowledge) may contribute to a better understanding of its potential role in the conditioned effects of drugs of abuse.

# 4.4. Serotonin 2B receptors

Despite its distribution throughout the brain [\(Duxon et al.,](#page-26-0) [1997\),](#page-26-0) 5-HT<sub>2B</sub> receptor function is largely unknown as are its effects (if any) on reward-related behaviours. Only one study to date has examined the role of this receptor in this context, finding that 5-  $HT<sub>2B</sub>$  receptor knockout mice do not exhibit CPP to a low (but not high) dose of MDMA ([Doly et al., 2009\).](#page-26-0) In wildtype mice, receptor antagonism prevented the normal MDMA-induced reinstatement of CPP (following extinction). These effects have been attributed to the role that this receptor is known to play in regulating serotonin and dopamine release and/or its ability to regulate serotonin transporter function [\(Doly et al., 2009; Launay et al., 2006\).](#page-26-0) Specifically, [Doly et al. \(2009\)](#page-26-0) showed that  $5-HT_{2B}$  receptor knockout mice do not display normal dopamine D1 receptor-dependent phosphorylation of extracellular signal-regulated kinase, or ERK, in the NAc (a key factor in the long-term effects of drugs of abuse). Additionally, [Launay et al. \(2006\)](#page-28-0) showed that  $5-HT_{2B}$  receptors within the raphe nuclei are important regulators of 5-HT transport through their effects on the phosphorylation of serotonin transporters (where the constitutive activity of  $5-HT_{2B}$  receptors allows for transport and their stimulation results in the attenuation of 5-HT transport). This finding also identified an additionalmechanism by which some antidepressants may work, especially given that some antidepressants (e.g. fluoxetine) have shown to be active  $5-HT_{2B}$  receptor agonists [\(Li et al., 2008\).](#page-28-0) Recent and ongoing advancements in the development of selective  $5-HT_{2B}$  receptor ligands will allow for a more thorough characterization of this receptor.

# 4.5. Serotonin 2C receptors

Like the 5-HT<sub>1</sub> and 5-HT<sub>2A</sub> receptors, 5-HT<sub>2C</sub> receptors are expressed throughout the mesocorticolimbic system ([Bubar and](#page-25-0) [Cunningham, 2007; Clemett et al., 2000\)](#page-25-0) and are believed to be effective targets for some antidepressants [\(Chanrion et al., 2008;](#page-26-0) [Dremencov et al., 2009\) a](#page-26-0)nd atypical antipsychotics [\(Rauser et al.,](#page-28-0) [2001; Reynolds et al., 2005\).](#page-28-0) While many earlier studies made great strides in characterizing  $5-HT<sub>2</sub>$  receptor function in reward-related behaviours, they did so by using ligands which were not selective for this receptor subtype, such as DOI, TFMPP, and mCPP (for examples, see [Grottick et al., 1997; Rocha et al., 1993; Wilson et al., 1998\)](#page-27-0) – often leading to conflicting and confusing results.

The development of selective agonists such as Ro 60-0175 and WAY 161503, and antagonists such as SB 242084 – along with the use of vastly improved reward-related measures – have led to a much clearer understanding of this receptor in reward-related

behaviours. In general, the available evidence suggests that 5-  $HT_{2C}$  receptor activation decreases reward-related measures while antagonism increases these measures under some circumstances. In particular, [Hayes et al. \(2009a\)](#page-27-0) and [Mosher et al. \(2005, 2006\)](#page-28-0) have shown that  $5-\text{HT}_{2C}$  receptor activation may increase ICSS frequency-thresholds (indicating a decrease in reward) and induce a context-dependent CPA. However,  $5-HT_{2C}$  receptors in the NAc shell/core, VTA, or medial prefrontal cortex do not appear to be involved ([Hayes et al., 2009a; Katsidoni et al., 2010\).](#page-27-0)  $5-HT_{2C}$  receptor activation has also been shown to decrease cocaine (particularly in the NAc shell/core and medial prefrontal cortex, but not the VTA) and ethanol self-administration [\(Fletcher et al., 2004; Katsidoni](#page-26-0) [et al., 2010; Tomkins et al., 2002\).](#page-26-0) However, these effects are not likely due to general decreases in reward-related processing, as the selective 5-HT<sub>2C</sub> receptor agonist WAY 161503 attenuated nicotine-induced locomotor activity without affecting CPP [\(Hayes](#page-27-0) [et al., 2009c\);](#page-27-0) although there are no studies using nicotine-induced self-administration or self-stimulation to assess the specificity of these effects across reward-related behaviours.

Alternately, functional  $5-HT_{2C}$  receptor antagonism has been shown to increase cocaine and ethanol self-administration ([Fletcher et al., 2002b; Rocha et al., 2002; Tomkins et al., 2002\),](#page-26-0) and to produce trends toward reward-enhancing (although nonsignificant) effects in ICSS and spontaneous locomotor activity ([Hayes et al., 2009a; Mosher et al., 2005\).](#page-27-0) Although minor, these effects are in line with the fact that SB 242084 can increase the putatively reward-related firing rates of VTA dopamine cells and subsequent release of dopamine in the NAc ([Di Giovanni et al.,](#page-26-0) [2000; Di Matteo et al., 1999\).](#page-26-0) These effects are also in line with data showing that the constitutive activity of this receptor, along with its ability to produce numerous protein variations due to RNA editing (which appears to be uncommon among G-protein coupled receptors, and which may be linked to the level of constitutive activity), may be involved in reward-related processing [\(Dracheva](#page-26-0) [et al., 2009; Leggio et al., 2009\).](#page-26-0) Given these and other data, the constitutive activity of the 5-HT<sub>2C</sub> (along with the 5-HT<sub>2A</sub>) receptor should be given increased focus in future studies [\(Aloyo et al., 2009\).](#page-25-0) In particular, the use of inverse agonists (with direct comparison to putative agonists and antagonists) should be further investigated in both animals and humans, especially given that they may have clinical relevance in schizophrenia and major depressive disorder ([Berg et al., 2008b\).](#page-25-0)

Taken together, these data suggest that  $5-HT_{2C}$  receptors generally play an inhibitory role in the regulation of reward-related behaviours, and that their constitutive activity may be essential to understanding their broader function in this context. Although the activation of these receptors in the NAc shell may not be involved in basal reward-related processing ([Hayes et al., 2009a; Navailles](#page-27-0) [et al., 2008\),](#page-27-0) both NAc and VTA 5-HT<sub>2C</sub> receptors may be involved in cocaine-induced reward ([Fletcher et al., 2004; Navailles et al.,](#page-26-0) [2008\).](#page-26-0) Future research should investigate this receptor's potential role in drug-induced changes in reward (beyond alcohol and cocaine) and should further investigate the likely primary locations pertaining to these effects – as these receptors are found abundantly on non-dopaminergic cells throughout the reward-related circuitry of the brain ([Bubar and Cunningham, 2007; Di Giovanni](#page-25-0) [et al., 2001; Serrats et al., 2005\).](#page-25-0)

#### 4.6. Serotonin 3 receptors

The 5-HT<sub>3</sub> receptors have, much like the 5-HT<sub>1A</sub> receptor subtypes, been of great interest to researchers due to the fact that highly selective ligands (particularly antagonists) have been available for decades. In addition, they represent the only ionotropic serotonin receptor subtype, suggesting that their actions centrally may be faster, and more functionally selective, than those of the

G-protein coupled subtypes (for additional information on the molecular biology of these receptors see [Hannon and Hoyer, 2008\).](#page-27-0) Despite extensive research into their potential roles in neuropsychiatric disorders and reward-related behaviours, antagonism of these receptors is still of greatest use clinically against emesis and disorders with visceral pain ([Costall and Naylor, 2004; Greenshaw,](#page-26-0) [1993a\).](#page-26-0) Nonetheless, there is some evidence for their use in combating the effects of drugs of abuse.

 $5-HT<sub>3</sub>$  receptor antagonism alone appears to have no effect on reward-related behaviours, as indicated by studies of selfstimulation, self-administration, and place conditioning (e.g. [Greenshaw, 1993a,b; Peltier and Schenk, 1991; Carboni et al.,](#page-27-0) [1989\).](#page-27-0) However, it may attenuate the effects of cocaine (e.g. [Davidson et al., 2002; Kankaanpaa et al., 2002; Kelley and Hodge,](#page-26-0) [2003\)](#page-26-0) and morphine (e.g. [Carboni et al., 1989; Hui et al., 1993;](#page-26-0) [Rompre et al., 1995\)](#page-26-0) across these behaviours, particularly following repeated administration. Interestingly, it does not appear to affect the actions of another potent psychostimulant amphetamine, as suggested by studies looking at amphetamine-induced [\(Carboni](#page-26-0) [et al., 1989; Montgomery et al., 1993\)](#page-26-0) or nicotine-induced ([Ivanova](#page-27-0) [and Greenshaw, 1997\)](#page-27-0) CPP and increases in ICSS responding. Also, the effects of  $5-HT_3$  antagonists on nicotine-related reward cannot be generalized across reward paradigms, as receptor antagonism has been shown to attenuate nicotine-induced CPP [\(Carboni](#page-26-0) [et al., 1989, 1988\)](#page-26-0) without affecting self-administration [\(Corrigall](#page-26-0) [and Coen, 1994\)](#page-26-0) or self-stimulation [\(Ivanova and Greenshaw,](#page-27-0) [1997\)](#page-27-0) behaviour - suggesting that the  $5-HT<sub>3</sub>$  receptor plays a drug-specific, and perhaps even a context-specific, role in rewardrelated processing. This point seems best elucidated by the work combining  $5-HT_3$  receptor antagonism and ethanol-induced reward.

Although the effect of receptor antagonism on ethanol reward has not been reported in ICSS, and has been suggested in one study to not affect ethanol-induced CPA ([Bienkowski et al., 1997\),](#page-25-0) numerous studies have investigated these effects in self-administration behaviour. While many experiments have revealed no effects on ethanol self-administration (e.g. [Beardsley et al., 1994; Meert,](#page-25-0) [1993; Wilson et al., 1998\),](#page-25-0) others have shown decreased ethanol intake and preference following systemic administration of  $5-HT<sub>3</sub>$ receptor antagonists (e.g. [Hodge et al., 1993, 1995; Knapp and](#page-27-0) [Pohorecky, 1992; Silvestre et al., 1998\).](#page-27-0) The large variability of results across studies may be partly explained by the wide variation in parameters used, including differences in animal strain, individual preference for ethanol, ethanol dose, and drug pretreatment and self-administration parameters (e.g. oral administration is the preferred method of self-administration used by experimenters, as it is the simplest and most natural approach, however, other factors such as individual differences in response and metabolism make results from this approach more difficult to assess). As such, a few studies involving ethanol-preferring rats and the use of microinjections into selective brain areas have been particularly useful in determining the role of these receptors in ethanol reinforcement.

For instance, [McKinzie et al. \(2000\)](#page-28-0) used ethanol-preferring rats to reveal the importance of timing, showing that variable selfadministration time schedules may be key to the permissive role of the 5-HT<sub>3</sub> receptor in ethanol reward (as only animals tested on a variable time schedule showed reduced responding) – an idea alluded to in an earlier study by[Knapp and Pohorecky \(1992\).W](#page-27-0)hile the mechanism related to the increased sensitivity of ethanol in these rats (and ethanol self-administration in general) is not yet clear, it is interesting to note that ethanol appears to interact with  $5-HT<sub>3</sub>$  receptors resulting in the stabilization of the open-channel state [\(Feinberg-Zadek and Davies, 2010\)](#page-26-0) and the enhancement of ionic currents [\(Lovinger and White, 1991\).](#page-28-0) Also, somewhat paradoxically, ethanol-preferring rats have been shown to have lower levels of  $5$ -HT<sub>3</sub> receptor binding in the frontal cortex, hippocampus, and amygdala in some ([Ciccocioppo et al., 1998; Hensler et al.,](#page-26-0) [2004\),](#page-26-0) but not all [\(Chen and Lawrence, 2000\),](#page-26-0) studies.

Additionally, microinjection studies have identified that  $5-HT<sub>3</sub>$ receptors in the posterior (but not anterior) VTA appear to be important in mediating the rewarding effects of ethanol [\(Rodd-](#page-29-0)Henricks [et al., 2003; Rodd et al., 2005b\),](#page-29-0) although other brain areas cannot yet be ruled out. Specifically, [Rodd et al. \(2007, 2010\)](#page-29-0) underscored the role of these receptors in ethanol-induced reward by showing that both Wistar rats and selectively bred ethanolpreferring P rats will self-administer the selective  $5-HT<sub>3</sub>$  receptor agonists CPBG and ICS 205-930 directly into the posterior (but not anterior) VTA and that the P rats are more sensitive to these effects. In addition, they showed that repeated administration with a  $5-HT<sub>3</sub>$ receptor antagonist (i.e. ICS 205-930) can alter the circuitry of the posterior VTA [\(Rodd et al., 2010\).](#page-29-0) These results are consistent with the CPAs induced in another study following the administration of  $5-HT<sub>3</sub>$  receptor agonists ([Higgins et al., 1993a\).](#page-27-0) For additional information on  $5-HT<sub>3</sub>$  receptors as potential pharmacotherapeutic targets in drug abuse, see [Engleman et al. \(2008\).](#page-26-0)

These results strongly suggest that these receptors are important in the reinforcing properties of many drugs of abuse (particularly alcohol). At least for alcohol, it appears that  $5-HT_3$ receptor-regulation of dopamine cells in the posterior VTA is very important for its rewarding properties [\(Campbell et al., 1996, 1995\).](#page-25-0) However, these mechanisms need to be confirmed regarding the results seen with cocaine- and morphine-induced reinforcement. Nonetheless, given the putative role of these receptors in regulating many neurotransmitters throughout the brain, the development of newer, centrally active, agonists (see [Butini et al., 2009](#page-25-0) for some examples) should be used to investigate its potential role in rewardrelated behaviours.

#### 4.7. Serotonin 4, 5, 6, 7 receptors

The  $5$ -HT<sub>5</sub> receptor has not been studied regarding rewardrelated behaviour (and its physiological brain function, if any, is currently unknown) and will not be discussed further here. For additional information, the reader is referred to reviews by [Thomas](#page-29-0) [\(2006\)](#page-29-0) and [Nelson \(2004\).](#page-28-0)

The 5-HT $_{4.6.7}$  receptors are all found in the brain and appear to have a stimulatory function mediated by their coupling to the G<sub>s</sub> proteins – making them potential candidates in the involvement of reward-related processing.  $5-HT_4$  receptors are of particular interest because their brain expression appears to be largely limited to the striatum (particularly within the NAc shell) and substantia nigra where they are likely located on GABAergic projection cells and GABAergic and cholinergic interneurons [\(Patel et al.,](#page-28-0) [1995\).](#page-28-0) Nonetheless, most research currently focuses on targeting peripheral receptors as these are known to affect cardiac and gastrointestinal function (e.g. [De Maeyer et al., 2006\);](#page-26-0) although the development of some newer ligands are being used to investigate this receptor's potential role in psychiatric disorders (for an in-depth discussion of recent developments and related research, see [Modica et al., 2010\).](#page-28-0) Interestingly, only one study has investigated the role of a  $5-HT<sub>4</sub>$  receptor antagonist in reward-related behaviour, finding it had no effect on any ICSS measures ([Reavill](#page-28-0) [et al., 1998\).](#page-28-0)

The key localization of  $5-HT_6$  receptors in many reward-related brain regions such as the NAc, caudate-putamen, and frontal cortex [\(Gerard et al., 1997; Ward et al., 1995\)](#page-27-0) has made this receptor an interesting candidate for mediating reward-related behaviours. Nonetheless, only two studies to date have investigated their effects in this context. [Frantz et al. \(2002\)](#page-27-0) showed that receptor antagonism decreased amphetamine-, but not cocaine-, maintained responding (i.e. on both fixed and progressive ratio schedules of self-administration). This, in conjunction with their finding that  $5-\text{HT}_6$  receptor antagonism also potentiated amphetamineinduced increases in frontal cortex dopamine release, suggests that these central receptors may play a key role in amphetamineinduced reward. Interestingly, [Ferguson et al. \(2008\)](#page-26-0) found that rats over-expressing 5-HT $_6$  receptors in the NAc (thought to be a functional agonism) did not show a cocaine-induced CPP, while pharmacological antagonism (in the absence of over-expressed receptors) produced a CPP in combination with an otherwise subthreshold dose of cocaine. In contrast to the cocaine-related results from [Frantz et al. \(2002\),](#page-27-0) these results suggest that 5-  $HT<sub>6</sub>$  receptors (particularly those in the NAc) may play a role in both amphetamine- and cocaine-induced reinforcement. However, more work is needed to determine the precise role of these receptors in reward-related behaviours and the increasing development and availability of selective  $5-HT<sub>6</sub>$  receptor ligands ([Glennon](#page-27-0) [et al., 2010\)](#page-27-0) may help to make this target more appealing to investigators.

While no direct reward-related studies have been conducted regarding the  $5-HT<sub>7</sub>$  receptor, its potential role in some neuropsychiatric disorders, such as depression ([Kulkarni and Dhir, 2009\),](#page-27-0) schizophrenia ([Suckling et al., 2007\),](#page-29-0) and anxiety ([Wesolowska](#page-29-0) [et al., 2006a,b\),](#page-29-0) has been investigated using animal models. The strongest evidence to date suggests that these receptors may be involved in regulating depressive symptoms and receptor antagonism may play a role in the actions of some antidepressant drugs. For example, the  $5-HT<sub>7</sub>$  receptor antagonist SB 269970 has been shown to have antidepressant-like effects (alone and in combination with subthreshold doses of antidepressants such as imipramine) in some animal models of depressive behaviour, including the tail suspension and forced swim tests; interestingly, it was shown to increase levels of 5-HT, dopamine and norepinephrine in the prefrontal cortex of rats [\(Bonaventure et al., 2007;](#page-25-0) [Wesolowska and Kowalska, 2008\).](#page-25-0) For a review of these and related studies, see [Hedlund \(2009\).](#page-27-0)

Taken together, results from these few studies underscore the possibility that these receptors are involved in reward-related behaviour and, as such, may also be involved in mediating the dysregulation of reward-related processing seen in many neuropsychiatric disorders. The recent and ongoing development of pharmacologically selective receptor ligands will undoubtedly be essential to advance knowledge in this area.

#### 4.8. What can be concluded about 5-HT and reward in general?

The results from this review indicate clearly that any studies outlining or suggesting a general role for 5-HT in reward should be regarded with extreme caution. It can be concluded that serotonin certainly does not have a single uniform role in mediating reward-related behaviours. In fact, while we have focused on the role of 5-HT in reward-related behaviours, it is highly likely that many (and perhaps even all) of the results in the reported studies can be interpreted in a different, but related, light. Specifically, 5-HT also plays a key role in aversion which is the (psychologically) operationally defined opposite of reward. For instance, acute tryptophan depletion (ATD) in humans (which decreases central levels of 5-HT) abolishes punishment/aversion-related response inhibition seen under normal conditions (without affecting global motor performance) – suggesting a role for 5-HT in the prediction of aversive outcomes [\(Crockett et al., 2009\).](#page-26-0) Similarly, in non-human animals, ATD can result in increased measures of anxiety- and depression-like behaviours (consistent with increases in aversionrelated processing) ([Jans et al., 2010\),](#page-27-0) although not all studies have noted such general effects of ATD [\(Jans and Blokland, 2008\).](#page-27-0) Finally, it is prudent to note that other authors have also come to the conclusion that the diverse findings regarding 5-HT across processes (e.g. emotional processing, behavioural inhibition, aversion-related

behaviours) may be largely related to its actions at multiple receptor subtypes [\(Cools et al., 2008\).](#page-26-0)

Given these results, it may be more accurate to speak of 5-HT in the broader context of valuation as opposed to having a general role in either reward or aversion. Although beyond the scope of the current review, we are aware that this approach raises the ongoing issue of more precisely defining exactly what the terms 'reward' and 'aversion' refer to at the biological level – especially given that they likely reflect a number of related and/or overlapping processes, which may be reflected to varying degrees across reward-related behaviours (e.g. pleasure/hedonia/liking, wanting/incentive salience, seeking, instrumental learning, behavioural activation) [\(Berridge and Robinson, 2003; Ikemoto and Panksepp,](#page-25-0) [1999; Salamone, 2006; Salamone et al., 2005; Schultz, 2006\).](#page-25-0) Nonetheless, the complexity of 5-HT function in these behaviours suggests that its role selectively in either reward or aversion should, perhaps, only be considered with respect to the specific contents (e.g. receptor subtypes/function, localization) and contexts (e.g. type of reward-related behaviour and/or mechanism of drug of abuse under investigation) under investigation – something that we have attempted to accomplish in this review.

# 4.9. Conclusions

As outlined here, there is a vast collection of evidence indicating that the serotonergic system is imperative in the regulation of reward-related processing and associated behaviours. It is important to consider the potential role of each receptor subtype in this regard, as they can have very different localization patterns, functions, neurotransmitter interactions etc. In addition to underscoring the importance of content in these experiments (e.g. which receptor subtype is under investigation), it is undoubtedly important to consider the context under which these experiments are performed (e.g. does the animal model under investigation have a strong reward-related measure? are there measures of motor performance? how do these results compare to those from other models?). However, as noted in the introduction, serotonin is a multi-faceted neurotransmitter whose actions are not restricted to reward-related behaviours. As such, future studies must not only consider its role in the increasingly clarified subcomponents of reward, such as its hedonic or motivational components ([Berridge](#page-25-0) [et al., 2009\),](#page-25-0) but must also consider its impact on processes other than reward (which may help explain some of the discrepancies seen across the presently noted studies), for instance in emotional regulation and behavioural inhibition [\(Cools et al., 2008; Kalueff](#page-26-0) [et al., 2010\).](#page-26-0)

Taken together, the results from the present review (as sum-marized in [Table 3\)](#page-18-0) are as follows.  $5-HT<sub>1A</sub>$  receptor stimulation alone (particularly in the raphe nuclei) leads to increases in reward, although neither agonists nor antagonists are self-administered. However, high doses of  $5-HT<sub>1A</sub>$  receptor agonists, especially when administered systemically, may decrease reward (and/or be aversive), and this may be due to a preferential activation of post-synaptic, over pre-synaptic, receptors at higher drug concentrations. Interestingly, current evidence suggests that  $5-HT<sub>1A</sub>$ receptor stimulation attenuates cocaine-induced and morphineinduced (but not amphetamine-induced) reward, while  $5-HT_{1A}$ receptor antagonism enhances the rewarding effects of ethanol under some conditions (i.e. CPP), but not in others (i.e. selfadministration).  $5-HT_{1B}$  receptor stimulation alone leads generally to decreases in reward (note that they are not reliably selfadministered). However,  $5-HT_{1B}$  receptor stimulation (particularly in the VTA) enhances the reward-related effects of cocaine (as noted in self-administration and place conditioning studies) and ethanol (as noted in self-administration).  $5-HT<sub>2A</sub>$  receptor stimulation may decrease reward (as indicated by one ICSS study); antagonism may decrease MDMA- and ethanol-induced reward (although neither stimulation nor antagonism had an effect on cocaine-related reward). Too few studies on  $5-HT_{2B}$  receptors in reward have been conducted, however, receptor antagonism may prevent MDMA-induced reinstatement of CPP.  $5-HT_{2C}$  receptor stimulation alone (though likely not those in the NAc shell/core, VTA, or medial prefrontal cortex) decreases measures of reward; it also decreases cocaine- (interestingly, particularly involving those receptors located in the NAc and medial prefrontal cortex but not in the VTA), ethanol-, and THC-induced reward. Its constitutive activity may be involved in its mechanism of action, as functional antagonism of this receptor enhances cocaine- and ethanol-induced reward. There is not enough evidence to comment on the role of  $5-HT<sub>3</sub>$  receptor stimulation, although one study suggests that it may produce decreases in reward (and/or increased aversion). Alternately,  $5-HT<sub>3</sub>$  receptor antagonists have been extensively studied, and while they typically have no effect alone, they can (particularly following repeated administration) decrease the reward-related effects of cocaine (in all paradigms), morphine (in all paradigms), ethanol (only in self-administration under certain conditions), nicotine (in place conditioning only), and the NMDA receptor antagonist ketamine (in place conditioning); they also attenuated the CPAs induced by the NMDA receptor antagonist phencyclidine and the  $GABA_A$  receptor antagonist picrotoxin. No conclusions can be made about  $5-HT_6$  receptor stimulation, but antagonism appears to increase the rewarding effects of amphetamine (in self-stimulation) and cocaine (in place conditioning but not self-stimulation) – although more studies must be undertaken before any clear role can be seen. Finally, given the lack of studies, no conclusions can be made about  $5-HT<sub>4,5,7</sub>$ receptors in reward.

In a nutshell, the results from this review were able to highlight some general conclusions and point out some gaps regarding our current knowledge of the role of the serotonergic system in reward-related behaviours.

#### Some general conclusions include:

- 1. All 5-HT receptor subtypes that have been studied in reasonable detail appear to be involved in regulating some aspects of reward-related behaviours.
- 2. Each receptor subtype (even those with similar mechanisms of action) may affect reward-related behaviours in many different ways through numerous potential mechanisms (especially given that they may be found on multiple cell types, and across many brain regions, which may have opposing overall effects on reward) – in short, results from studies using mixed ligands and/or systemic injections (without a clear hypothesis) will be exceedingly difficult to interpret.
- 3. Some receptor subtypes possess unique characteristics, which may play unique roles in reward-related processing. For instance, there is good evidence that  $5-HT_{2C}$  receptors exhibit tonic control over at least some aspects of reward-related processing, as indicated by the fact that receptor antagonism has behavioural effects under certain conditions (but see #3 below).
- 4. Evidence indicates that some receptors are important in the direct effects of some drugs of abuse given that 5-HT receptor antagonism attenuates their reinforcing effects. These include receptor subtypes such as  $5-HT<sub>1A</sub>$  (in the aversive effects of ethanol and the reinforcing effects of morphine),  $5-HT_{2C}$  (in the reinforcing properties of cocaine; although it is unclear whether these results are related to its constitutive properties),  $5-HT_3$  (in the reinforcing properties of cocaine and heroin), and  $5-HT<sub>6</sub>$  (in the aversive properties of cocaine).

<span id="page-25-0"></span>Current gaps in our knowledge worth exploring:

- 1. As underscored by [Fink and Gothert \(2007\), 5](#page-26-0)-HT receptor subtypes regulate at least every major neurotransmitter within the brain, yet there are relatively few reward-related studies which have investigated these complex interactions (e.g. Acquas et al., 1990; Hayes et al., 2010). Future research would benefit from clear hypotheses about the interaction between select 5- HT receptor subtypes and other neurotransmitters (e.g. GABA, glutamate, acetylcholine) in this regard.
- 2. The use of recently developed highly selective receptor ligands, particularly for those receptors whose role is especially unclear such as the 5-HT<sub>2A,2B,4,6,7</sub> subtypes, should be utilized in rewardrelated models to better clarify each subtype's role.
- 3. It is not clear whether, and in what way, the constitutive activity of the 5-HT<sub>2C</sub> receptor and/or the extensive editing of its RNA, plays a role in its reward-regulating properties. Other subtypes with unique characteristics (e.g. the differential roles of pre- and post-synaptic 5-HT<sub>1A</sub> receptors; the ionotropic nature of the 5- $HT<sub>3</sub>$  receptor) offer similarly unsolved issues to consider.
- 4. Although the use of models with reward-selective measures is essential, it is important to note that 5-HT is important in many other behaviours involving reward-related processing, such as feeding and sexual activity. Future studies may benefit from a comparison of 5-HT receptor subtype function across such related behaviours.
- 5. Numerous 5-HT receptor subtypes have been implicated in the pathophysiology and/or treatment of many neuropsychiatric disorders that involve the dysregulation of reward-related processing, although the precise mechanisms involved are still unclear. For example, many receptor subtypes have been implicated in major depression and, as such, novel antidepressants are currently being created and tested with this in mind [\(Millan,](#page-28-0) [2009\).](#page-28-0)
- 6. Future studies would benefit greatly from the use of a translational approach, whereby non-human animal studies are designed in parallel, in a complimentary fashion, with those in humans. In addition, the use of selective (radio)ligands for use in PET or pharmacological fMRI will greatly enhance our understanding of reward-related processing in humans.

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#### **Appendix A. Supplementary data**

Supplementary data associated with this article can be found, in the online version, at [doi:10.1016/j.neubiorev.2011.03.005.](http://dx.doi.org/10.1016/j.neubiorev.2011.03.005)

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