

Activity of azithromycin or erythromycin in combination with antimalarial drugs against multidrug-resistant *Plasmodium falciparum* *in vitro*

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Abstract

Azithromycin, an azalide analog of erythromycin was assayed for its *in vitro* activity against multidrug-resistant *Plasmodium falciparum* K1 strain by measuring the ^3H -hypoxanthine incorporation. Azithromycin caused inhibitory effects on the parasite growth with IC_{50} and IC_{90} values of $8.4 \pm 1.2 \mu\text{M}$ and $26.0 \pm 0.9 \mu\text{M}$, respectively. Erythromycin inhibited growth of *P. falciparum* with IC_{50} and IC_{90} values of $58.2 \pm 7.7 \mu\text{M}$ and $104.0 \pm 10.8 \mu\text{M}$, respectively. The activity of antimalarial drugs in combination with azithromycin or erythromycin against *P. falciparum* K1 were compared. Combinations of chloroquine with azithromycin or erythromycin showed synergistic effects against parasite growth *in vitro*. Combinations of quinine–azithromycin and quinine–erythromycin showed potentiation. Additive effects were observed in mefloquine–azithromycin and mefloquine–erythromycin combinations. Similar results were also produced by pyronaridine in combination with azithromycin or erythromycin. However, artesunate–azithromycin and artesunate–erythromycin combinations had antagonistic effects. The *in vitro* data suggest that azithromycin and erythromycin will have clinical utility in combination with chloroquine and quinine. The worldwide spread of chloroquine-resistant *P. falciparum* might inhibit the ability to treat malaria patients with chloroquine–azithromycin and chloroquine–erythromycin in areas of drug-resistant. The best drug combinations against multidrug-resistant *P. falciparum* are quinine–azithromycin and quinine–erythromycin.

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1. Introduction

Some antibiotics have antimalarial activity that can be used for the treatment of malaria. Combination therapy is one method of overcoming the global challenge of drug-resistance *Plasmodium falciparum* malaria. Antibiotics are used in combination with antimalarial drug against multidrug-resistant *P. falciparum*. Combination of the tetracycline group of antibiotics with

quinine and mefloquine has been used successful in Southeast Asia to treat multidrug-resistant *P. falciparum* cases (Watt et al., 1992; Looareesuwan et al., 1994a). The artesunate–tetracycline combination has been shown to be a useful alternative (Duarte et al., 1996; Looareesuwan et al., 1994b). The drugs of the tetracycline group should not be used in pregnant women and young children.

Quinine–clindamycin has been shown to be effective in pregnancy (Mc Gready et al., 2001). Clindamycin is used in combination with either chloroquine or quinine to treat children with uncomplicated falciparum malaria (Kremsner et al., 1994). Side effects of clindamycin are

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diarrhea and colitis. New combinations that are safe and effective against drug-resistant *P. falciparum* in children and pregnant women are clearly needed.

Erythromycin has been shown to have antimalarial activity against *P. falciparum* *in vitro* and *Plasmodium berghei* *in vivo* (Gingras and Jensen, 1992; Gingras and Jensen, 1993). Azithromycin is a semisynthetic derivative of erythromycin that differs from erythromycin by possessing a methyl-substituted nitrogen in the macrolide ring. This alteration allows for greater bioavailability, increased tissue penetration and longer elimination half-life compared with those of erythromycin (Dunn and Barradell, 1996). Azithromycin has antimalarial activity against *P. falciparum* *in vitro*, *P. berghei* and *Plasmodium yoelii* *in vivo* (Gingras and Jensen, 1992; Gingras and Jensen, 1993; Puri and Singh, 2000). The clinical trial of daily oral azithromycin in adults is effective for prevention of *Plasmodium vivax* malaria (Heppner et al., 2005). Azithromycin is approved for the use in children (Zithromax product information, 1999; Pfizer Inc., New York), and is safe for pregnant women (Gray et al., 2001; Wawer et al., 1999). The objective of this *in vitro* study is to determine the best drug combination between azithromycin or erythromycin and standard antimalarial drugs against multidrug-resistant *P. falciparum* that will be clinically useful.

2. Materials and methods

2.1. Methods for testing drug combination on the *P. falciparum* growth

Multidrug-resistant *P. falciparum* K1 strain was obtained from an infected individual in Kanchanaburi province, Thailand. They routinely can be maintained in human group O red blood cells in a medium RPMI 1640

supplemented with 10% human serum using the candle jar method (Trager and Jensen, 1976). Antimalarial drugs in combination with azithromycin or erythromycin (Fig. 1) were tested against *P. falciparum* *in vitro* by ^3H -hypoxanthine incorporation (Desjardin et al., 1979). In the experiment, 200 μl of 0.5% parasitized cells, 3% red blood cells suspension and 25 μl of drug solution (individually or in combination) were placed in 96-well plates in triplicate. After incubating at 37 °C for 48 h, 25 μl of ^3H -hypoxanthine was added to a final concentration 1 $\mu\text{Ci/ml}$ and further incubated at 37 °C for 48 h. Red blood cells were harvested using an automated sample harvester and counted for radioactivity, which was incorporated into the parasites with a Beckman liquid scintillation counter model LS-1801 (Beckman Instruments Inc.). ^3H -hypoxanthine uptake was assayed in the presence of both a single drug and a combination of antimalarial drug with azithromycin or erythromycin, and was expressed as percentage of control. The 50% inhibitory concentration (IC_{50}) values, defined as the drug concentration required for 50% reduction of ^3H uptake by parasites as compared to the control (without the drugs), were determined from the dose–response curve. The antimalarial drug IC_{50} for various antibiotic concentrations and the antibiotic IC_{50} for various antimalarial drug concentrations were determined and used to construct the isobologram (Berenbaum, 1978).

3. Results

3.1. Effects of antimalarial drugs and antibiotic combinations on the *P. falciparum* growth

Multidrug-resistant *P. falciparum* K1 growth were inhibited by azithromycin with IC_{50} and IC_{90} values of $8.4 \pm 1.2 \mu\text{M}$ and $26.0 \pm 0.9 \mu\text{M}$, respectively. The IC_{50} and IC_{90} values for erythromycin against

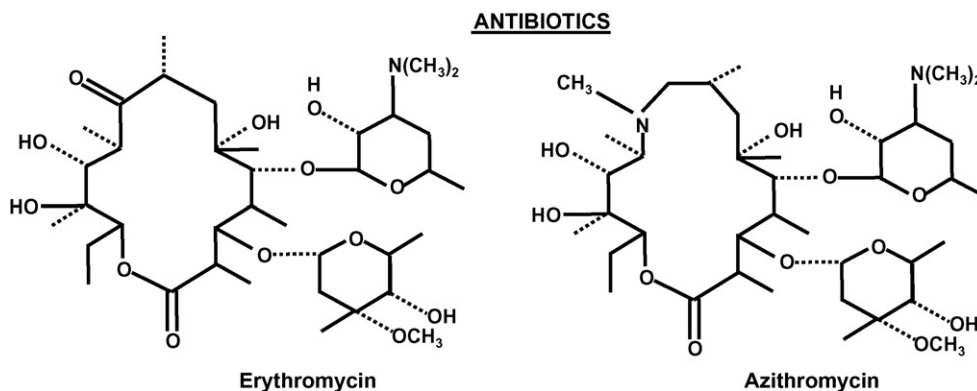


Fig. 1. Structures of erythromycin and azithromycin.

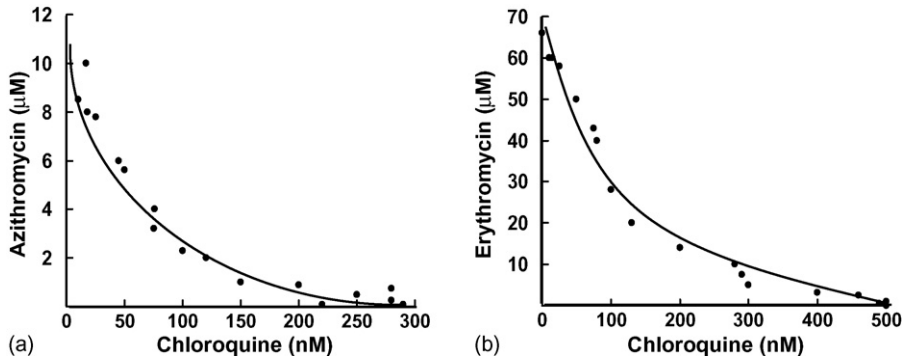


Fig. 2. Isobologram of chloroquine in combination with (a) azithromycin against *Plasmodium falciparum* K1 and (b) erythromycin against *P. falciparum* K1.

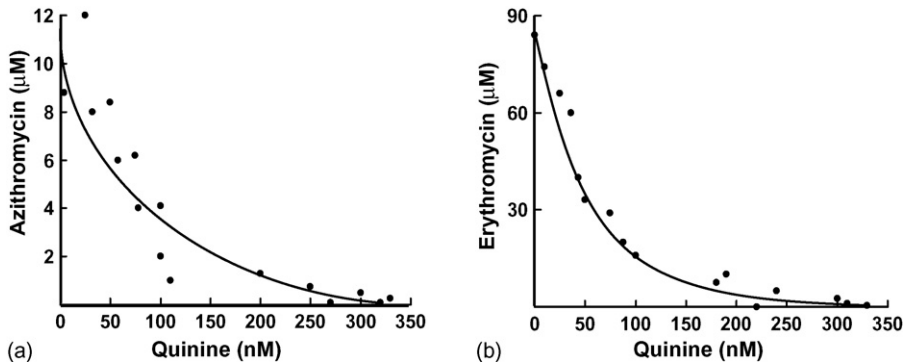


Fig. 3. Isobologram of quinine in combination with (a) azithromycin against *P. falciparum* K1 and (b) erythromycin against *P. falciparum* K1.

P. falciparum K1 were $58.2 \pm 7.7 \mu\text{M}$ and $104.0 \pm 10.8 \mu\text{M}$, respectively. To determine the effect of drug combinations between antimalarial drugs and azithromycin or erythromycin, isobolograms were constructed. The isobologram of an additive combination of two agents lies on a straight line. The isobologram of synergistic agents is concave. With antagonistic agents, the isobologram is convex. Combinations of chloroquine

with azithromycin or erythromycin showed synergistic effects against *P. falciparum* growth in culture (Fig. 2a and b). Combination of quinine with azithromycin or erythromycin also showed synergistic effects (Fig. 3a and b). Additive effects were observed between mefloquine with azithromycin or with erythromycin (Fig. 4a and b). Combinations of pyronaridine–azithromycin and of pyronaridine–erythromycin showed similar effects

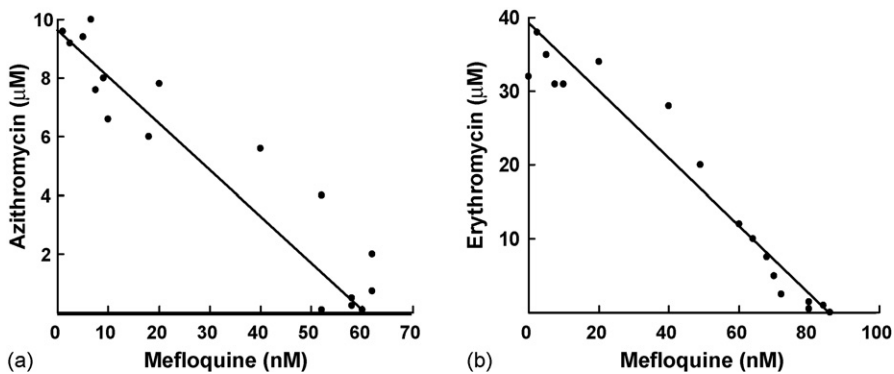


Fig. 4. Isobologram showing effect of mefloquine in combination with (a) azithromycin against *P. falciparum* K1 and (b) erythromycin against *P. falciparum* K1.

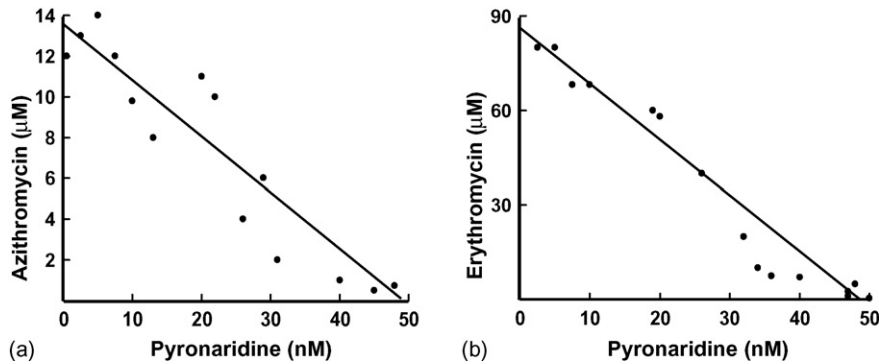


Fig. 5. Isobologram showing effect of pyronaridine in combination with (a) azithromycin against *P. falciparum* K1 and (b) erythromycin against *P. falciparum* K1.

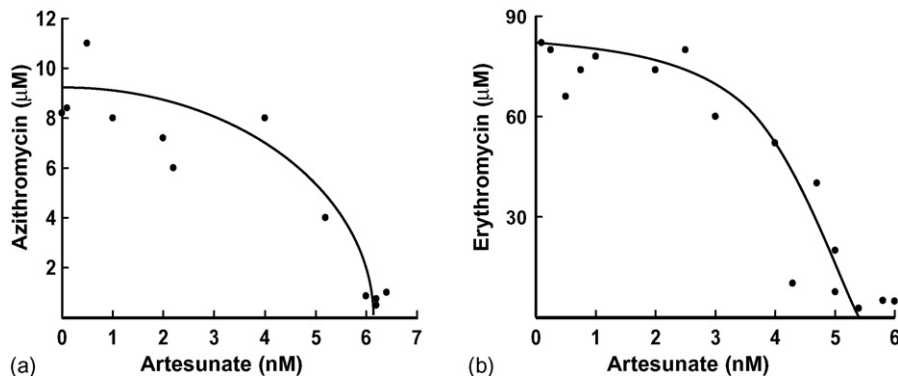


Fig. 6. Isobologram of artesunate in combination with (a) azithromycin against *P. falciparum* K1 and (b) erythromycin against *P. falciparum* K1.

(Fig. 5a and b). However artesunate–azithromycin and artesunate–erythromycin combinations had antagonistic effects (Fig. 6a and b).

4. Discussion

The most common antibiotics used against malaria are tetracycline and doxycycline. A standard treatment for patients with infections by chloroquine-resistant *P. falciparum* strains is a 7-day course of quinine–tetracycline combinations (Bunnag et al., 1996). Quinine–doxycycline and chloroquine–doxycycline were effective in treating chloroquine-resistant uncomplicated falciparum malaria patients (Taylor et al., 2001). Drug of tetracycline class however cannot be used in pregnant women and young children because of their interference with skeletal and tooth development.

In this study, *P. falciparum* K1 growth was inhibited by azithromycin with IC_{50} and IC_{90} values of $8.4 \pm 1.2 \mu\text{M}$ and $26.0 \pm 0.9 \mu\text{M}$, respectively. The IC_{50} and IC_{90} values of erythromycin against *P. falciparum* K1 were $58.2 \pm 7.7 \mu\text{M}$ and $104.0 \pm 10.8 \mu\text{M}$, respec-

tively. The effective concentrations EC_{50} and EC_{90} of azithromycin against fresh isolates of *P. falciparum* in Thailand were $29.3 \mu\text{M}$ and $77.1 \mu\text{M}$, respectively (Noedl et al., 2001). In the present study, azithromycin was seven-fold more potent than erythromycin against multidrug-resistant *P. falciparum* K1 in culture. Previous *in vitro* study had indicated that azithromycin is 10-fold more potent than erythromycin against chloroquine-resistant *P. falciparum* FCR_{3TC} isolates (Gingras and Jensen, 1992). Against the chloroquine-resistant *P. berghei* and *P. yoelii* in mice, azithromycin was 60-fold and 31-fold more potent than erythromycin, respectively (Gingras and Jensen, 1993; Puri and Singh, 2000).

The data presented in Fig. 2a and b indicates that chloroquine in combination with azithromycin or erythromycin for 96 h incubation acts synergistically against multidrug-resistant *P. falciparum* K1. The chloroquine–azithromycin combinations (incubation time 68 h) revealed a range of activity from additive to synergistic for eight chloroquine-resistant *P. falciparum* isolates (Ohrt et al., 2002). Chloroquine was synergistic with azithromycin for two resistant *P. falciparum* C2A and C2B isolates from Thailand. A

pilot clinical trial showed promising results in treatment of acute uncomplicated *Plasmodium falciparum* malaria in India with chloroquine in combination with azithromycin (Dunne et al., 2005). Azithromycin had no clinically relevant effect on chloroquine pharmacokinetics (Cook et al., 2006). Previous *in vitro* study had indicated that chloroquine–erythromycin combination showed synergistic effect against chloroquine-resistant *P. falciparum* (Gershon and Howells, 1984). Erythromycin displays synergism with chloroquine against chloroquine-resistant strains of *P. berghei* (Warhurst et al., 1976). Limited clinical trials with erythromycin failed to improve the chloroquine treatment of chloroquine-resistant falciparum malaria in Eastern Thailand (Phillips et al., 1984).

Drug combination experiments of quinine with azithromycin or erythromycin in Fig. 3a and b show synergistic effects against *P. falciparum* K1 *in vitro*. This result similar to that of a previous study, which demonstrated synergism between quinine–azithromycin combination against chloroquine-resistant *P. falciparum* C2A and C2B isolates from Thailand (Ohrt et al., 2002). Quinine was used in combination with azithromycin for clinical trials in the treatment of uncomplicated falciparum malaria in Thailand (Miller et al., 2002). Treatment of uncomplicated *P. falciparum* malaria patients with quinine–azithromycin combinations for 3 days appeared to be better tolerated than 7-day combination of quinine with doxycycline (Miller et al., 2006). The maximum concentration of azithromycin in serum is 10 mg/l after a 4 g of azithromycin (Luke et al., 1996), which is the IC₉₀ level for azithromycin against *P. falciparum* K1 *in vitro*. The maximum serum concentration of erythromycin after 1 g of erythromycin is 33 mg/l (Sietzen, 1982), which is the IC₉₀ level of erythromycin against *P. falciparum* K1 *in vitro*. Our study demonstrates that quinine–azithromycin and quinine–erythromycin may serve as an alternative for tetracycline and doxycycline. The advantage in substituting azithromycin for tetracycline in combination therapy is not only with respect to potential for use in children and pregnant women, but also with respect to its safety and tolerability (Sadiq et al., 1995; Miller et al., 2006). Azithromycin is a potential, chemotherapeutic agent which possesses antimalarial activity and favourable pharmacokinetic properties. The side effects of azithromycin are headache, mild abdominal pain that occurs in 3–5% of patients, which lasted almost a day (Anderson et al., 1995). Azithromycin has the ability to inhibit bacterial protein synthesis. Recently specific inhibition of protein synthesis by azithromycin has been demonstrated in the related apicomplexan protozoan *Toxoplasma gondii*

(Blais et al., 1993). Azithromycin, being a dibasic amine, accumulates within fibroblasts and phagocytic lysosomes to a greater degree than does the monobasic macrolides such as erythromycin (Gladue et al., 1989; Gladue and Snider, 1990). Azithromycin is a weak base. It may, like chloroquine raise the pH of the digestive vacuole and thereby prevent the organism from managing the accumulating hemozoin. Azithromycin has been shown to increase the intracellular accumulation of doxorubicin in adriamycin-resistant human myelogenous leukemia cells (Asakura et al., 2004). The mechanism of malarial chloroquine resistance may be similar to the mechanism of multidrug-resistant phenotype of mammalian tumor cells (Bray and Ward, 1998). The resistance-reversing activity of verapamil is associated with the increasing accumulation of chloroquine by the resistant parasites (Krogstad et al., 1987). This phenomenon of resistance reversal by verapamil is also key features of drug-resistance in mammalian cells.

When combinations of mefloquine–azithromycin and mefloquine–erythromycin were tested, the effects were additive. Mefloquine in combination with tetracycline has proven to be equally effective and be less toxic than quinine plus tetracycline for treatment of uncomplicated falciparum malaria (Looareesuwan et al., 1994a). Although synergistic effect is beneficial to the patient, it is not essential for a successful drug combination. Some nonsynergistic combinations can be beneficial for chemotherapy such as quinine or mefloquine in combination with tetracycline, which showed additive effects *in vitro* (Watt et al., 1992; Looareesuwan et al., 1994a). Combinations of pyronaridine–azithromycin and pyronaridine–erythromycin have also shown additive effects.

Artesunate–azithromycin and artesunate–erythromycin combinations have antagonistic effects. The cure rate of artemether–azithromycin regimen are lower than that of artemether–doxycycline regimen (Na-Bangchang et al., 1996). Azithromycin is not useful in preventing recrudescences when given as a short course in combination with either artesunate or artemether (De Vries et al., 1999; Na-Bangchang et al., 1996). A combination of dihydroartemisinin and azithromycin is less effective than dihydroartemisinin and mefloquine for treatment of multidrug-resistant falciparum malaria (Krudsood et al., 2002).

The worldwide spread of *P. falciparum* resistant to chloroquine in Southeast Asia, South America and in Africa may have inhibited the ability to treat the disease with combinations of chloroquine with azithromycin or erythromycin in these endemic areas. We conclude that the best drug combinations against multidrug-

resistant *P. falciparum* are quinine–azithromycin and quinine–erythromycin. Azithromycin has greater bioavailability, tissue penetration and longer elimination half-life compared with those erythromycin (Dunn and Barradell, 1996). Erythromycin is widely available at low cost in malaria endemic zones. Synergism between quinine–azithromycin and quinine–erythromycin indicate that these may be promising combinations in areas with high prevalence of multidrug-resistance. A pilot clinical trial showed promising result in the treatment of uncomplicated *P. falciparum* malaria patients with quinine–azithromycin combinations (Miller et al., 2006). The clinical effect of azithromycin and erythromycin on quinine pharmacokinetics in human should be further investigated.

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