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Genetic analysis and conservation of the endangered Canary Island woody sow-thistle, *Sonchus gandogeri* (Asteraceae)

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Abstract *Sonchus gandogeri*, a woody sow-thistle, is an endangered Canary Island endemic with only two known populations, one in the El Golfo and another in the Las Esperillas of El Hierro. Amplified fragment length polymorphism (AFLP) markers were used to assess the genetic variation within and among populations. The mean genetic diversity of two populations was estimated to be 0.380, and the El Golfo population (0.380) had higher genetic diversity than the southeastern one (0.268). The unbiased Nei's genetic identity between the two populations was 0.846. The mean genetic diversity of *S. gandogeri* was much higher than that of the other endangered plant species. This is perhaps due to breeding system, life form, extinction, and/or introgressive hybridization and hybrid origin of the taxon. This study also indicates that the two populations are not strongly differentiated ($G_{ST} = 0.149$). This study suggests that *S. gandogeri* is more likely to become extinct due to environmental or demographic forces than genetic factors, such as inbreeding depression. More strict control of introduced herbivores is necessary to protect these populations, and germplasm collection for ex situ conservation is needed.

Key words AFLP · Canary archipelago · Conservation genetics · Endangered species · Genetic variation · *Sonchus gandogeri*

Introduction

Genetic variation within a taxon is thought to be crucial for the long-term survival and continued evolution of popula-

tions or species (Franklin 1980; Beardmore 1983; Frankel 1983; Huenneke 1991). Thus, an accurate estimate of the level and distribution of genetic diversity of threatened and endangered species is an important element in designing conservation programs (Hamrick et al. 1991; Schaal et al. 1991; Chalmers et al. 1992; Cardoso et al. 1998). Studies on genetic diversity within and among populations of insular endemic plant species using molecular markers have increased in recent years due to their central importance in planning in situ and ex situ conservation efforts (e.g., de Jooode and Wendel 1992; Gemmill et al. 1998; Francisco-Ortega et al. 2000; Crawford et al. 2001; Batista et al. 2001; Bouza et al. 2002). Three reviews compiled from both the Pacific and Atlantic Oceans (de Jooode and Wendel 1992; Francisco-Ortega et al. 2000; Crawford et al. 2001) showed low diversity in insular endemics in general and suggested that there is lower variation within species of Pacific Island endemics than in the Canary Island endemics. These reviews also found a high proportion of diversity within populations.

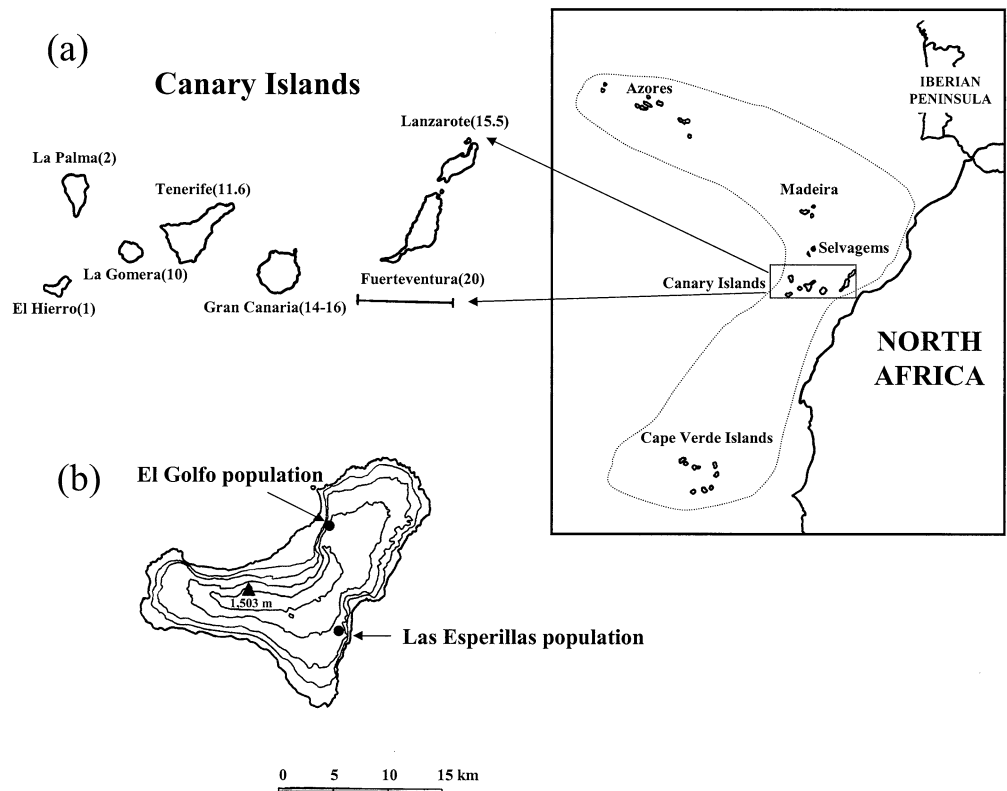
The woody *Sonchus* alliance (Asteraceae: Sonchinae) is endemic to the Macaronesia islands (with the exception of one species, *S. pinnatifidus* Cav., occurring both in the Canaries and Morocco) and is comprised of six genera and approximately 31 species (Kim et al. 1996a, 1996b). The alliance has been regarded as an outstanding example of adaptive radiation among angiosperms in Macaronesia (Aldridge 1975, 1979). Recent molecular phylogenetic and isozyme studies support the alliance's single origin and recent radiation on the Macaronesian islands (Kim et al. 1996a, 1996b, 1999).

Sonchus gandogeri Pitard, one of two endangered *Sonchus* species, is a shrub up to 1.8 m tall and is endemic to the island of El Hierro, the youngest (0.8 Ma old) and western most island (Fig. 1). The leaves are coriaceous, somewhat glossy, and pinnatisect with long, slender lobes about 5–10 mm wide (Boulos 1974; Bramwell and Bramwell 2001). The inflorescence is a corymb of about 20–60 heads, with about 60 florets per head and a diameter of 1–2 cm. This species is very rare and sporadic on the southeastern cliffs of the island as well as in the El Golfo region on the

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Fig. 1. **a** Five Macaronesian archipelagos located in the northeast Atlantic Ocean and the Canary archipelago and the age of the islands in Ma (shown in *parentheses*) (Carracedo 1994). **b** The map of *El Hierro*, showing the location of two *Sonchus gandogeri* populations. Contour intervals are 400 m



northeastern cliffs of Frontera, Las Castitas, and Los Llanillos (Fig. 1b; Bramwell and Bramwell 2001).

We have observed only two recognizable *Sonchus gandogeri* populations in El Hierro: one on the north-facing cliffs between Guinea and Las Puntas in the northeastern El Golfo region and another on the southeast-facing cliffs near Las Esperillas (Fig. 1b). These two populations occur at relatively lower elevations (<300 m) and are geographically isolated from one another; they are separated by a mountain range with an altitude above 1,000 m and a direct map distance of ca. 15 km. Although the El Golfo population is located on the north-facing cliffs, it is not under the direct influence of northeastern trade winds due to protection by the big cliffs. Furthermore, this population tends to occur in the northwestern-facing dry vertical cliffs because of exposure to the afternoon sun (A. Santos-Guerra, personal observation). In contrast, the southeastern population near Las Esperillas tends to occur on the lower east-facing cliffs, exposed to the northeastern trade winds and shaded in the afternoon by the cliffs. There has been no demographic survey of this taxon in either locality, and thus we do not know the exact number of individuals for either population. However, populations located in both regions are similar in size (approximately 50 individuals in each location).

Despite the rarity and endangered status of *Sonchus gandogeri*, there is currently no population genetic study and conservation management plan for this species. As an initial step in developing such a plan, we have assessed the genetic diversity and population structure of two natural popula-

tions of *S. gandogeri* using amplified fragment length polymorphisms (AFLPs) (Vos et al. 1995). The AFLP technique has been used successfully in plant population genetic studies, especially for endangered species (e.g., Travis et al. 1996; Palacios et al. 1999; Drummond et al. 2000; Schmidt and Jensen 2000).

We have tested the following two hypotheses: (1) The two populations have low genetic diversity due to recent speciation and small population size, and (2) the two populations show significant genetic differentiation because of physical isolation and genetic drift.

Methods

Plant material

Young leaf tissue was collected from 22 individuals in each of the El Golfo and Las Esperillas populations and dried in silica gel. The sample sizes were small because many individuals were inaccessible due to their occurrence in vertical cliffs. All samples represent pure *S. gandogeri* based on their morphological characteristics and include both young and mature individuals at least several meters apart.

DNA extraction and AFLP reaction

Total genomic DNA was isolated from 25 mg of dried leaf tissue using DNeasy plant mini kits (QIAGEN, Chatsworth,

CA, USA). The AFLP procedure was the same as that described by Vos et al. (1995) with minor modifications (Kim and Rieseberg 1999). Genomic DNA (300 ng) was digested for 1 h at 37°C with three units of *EcoRI* and *MseI*, 4 mg bovine serum albumin (BSA), 4 µl 10× buffer 2 (New England Biolabs, Beverly, MA, USA), and ddH₂O to a final volume of 40 µl. Adapters were ligated to the digested fragments by adding 15 pmol *EcoRI* adapters, 150 pmol *MseI* adapters, 0.5 µl T4 polynucleotide DNA ligase, 1 µl 10 mM ATP, 1 mg BSA, 2.0 µl 10× buffer 2, and ddH₂O, to a total volume of 50 µl and incubated for 3 h at 37°C.

Pre-amplification reactions were performed with two AFLP primers having a single selective nucleotide (A). The pre-amplification reactions contained 1 µl of template DNA from the ligation reaction, 187.5 ng *EcoRI* + A and 187.5 ng *MseI* + A primers, 0.4 µl dNTPs (each at 25 mM), 2.5 µl PCR buffer (500 mM KCl, 15 mM MgCl₂, and 200 mM Tris-HCl), 0.4 units *Taq* polymerase, and ddH₂O in a total volume of 25 µl. The reactions were placed in a thermal cycler (PTC-100, MJ Research, Watertown, MA, USA) programmed for 20 cycles, each consisting of 30 s at 94°C, 30 s at 60°C, and 1 min at 72°C.

Once the pre-amplifications were complete, selective amplifications were performed using 2.5 µl of 1:20 diluted pre-amplification reaction as a template, 5 ng of the *EcoRI* + 3 nucleotide selective primer (Vos et al. 1995), 15 ng of *MseI* + 3 nucleotide selective primer, 0.16 µl dNTPs, 1 µl PCR buffer, *Taq* polymerase, and ddH₂O to a final volume of 10 µl. Amplifications were conducted in a MJ Research thermal cycler programmed for 36 cycles, each consisting of 30 s at 94°C, 90 s at 65°C (see below), and 90 s at 72°C. The 65°C annealing temperature of the first cycle was subsequently reduced by 1°C for the next 10 cycles and then continued at 54°C for the remaining 26 cycles. Likewise, the extension time of 90 s was reduced to 1 min for the last 26 cycles. All enzymes and buffers were purchased from New England Biolabs (Beverly, MA, USA). Adapters and primer sequences are the same as those described in Vos et al. (1995). The *EcoRI* + 3 primers were labeled with IRD 700 and IRD 800 fluorescence dyes (Li-Cor, Lincoln, NE, USA).

Following amplification, reaction products were mixed with an equal volume (10 µl) of formamide dye (98% formamide, 10 mM EDTA pH 8.0, and bromophenol blue). The resulting mixtures were heated for 3 min at 90°C, quickly cooled on ice, and 1.2 µl was immediately loaded on KB^{plus} 6.5% Gel Matrix (Li-Cor, Lincoln, NE, USA) polyacrylamide gels. The 50–700 size standard (Li-Cor, Lincoln, NE, USA) was run with the samples to estimate the size of fragments. Electrophoresis was performed at constant voltage (1,500 V) for 3 h at 43°C using an automated DNA sequencer (Li-Cor IR², Nebraska, NE, USA).

Data analysis

The AFLP bands were scored manually as either presence or absence of each fragment within each individual and

pooled over all fragments and primer combinations. Analysis was restricted to the 143 loci with reliably scored bands and a frequency of less than 95% for the most common phenotype. We determined the approximate sizes of fragments on the basis of a 50–700 size standard.

Based on the assumption that each locus is a two-allele system in Hardy-Weinberg equilibrium, we used PopGene 1.31 (Yeh et al. 1997) to calculate Nei's (1973) gene diversity statistics (H_T , H_S , and G_{ST}) as well as the effective number of migrants per generation ($N_m = 0.5(1 - G_{ST})/G_{ST}$), which is an indirect estimate of gene flow between the two populations. We also treated AFLP patterns as restriction fragment presence/absence data (RFLP) and used Nei and Li's method (1979) using PAUP (Version 4b10, Swofford 2000) to calculate pairwise distances. This pairwise matrix was then used to construct a dendrogram by the neighbor-joining method (Saitou and Nei 1987).

Results

We surveyed 32 primer combinations, *EcoRI* + 3 and *MseI* + 3 selective primer pairs, and 12 of them showed banding patterns with very high reproducibility and clear band resolution. Polymorphic marker per primer combination ranged from 5 (E-AGC/M-AGA) to 28 (E-ACG/M-AGA).

The mean diversity value of the El Golfo population was 0.380 (± 0.14 , SD), whereas that of the Las Esperillas population is 0.268 ± 0.18 . The Ewens-Watterson test for neutrality (Manly 1985) indicated that the majority of AFLP loci, i.e., 93%, were neutral. The Nei's genetic diversity for two populations of *Sonchus gandogeri* was 0.380 ± 0.11 .

Total genetic diversity (H_T) within *Sonchus gandogeri* was 0.380 ± 0.01 , while the diversity within populations (H_S) was 0.323 ± 0.01 (Table 1). G_{ST} , the proportion of total diversity among populations, was 0.149 and N_m , the estimate of gene flow from G_{ST} , was 2.856. Nei's (1978) unbiased measures of genetic identity and genetic distance between two populations were 0.846 and 0.168, respectively.

An unrooted neighbor-joining tree based on Nei and Li (1979) distance is shown in Fig. 2. The dendrogram shows that the Las Esperillas individuals fall into a single clade. The El Golfo population is paraphyletic, with some individuals forming a basal clade in the tree, but the majority of the individuals forming a large separate clade that falls within the larger clade containing the Las Esperillas individuals.

Table 1. Partitioning of diversity within and between populations of *Sonchus gandogeri* for 12 primer combinations

	H_T	H_S	G_{ST}	N_m^a
All markers	0.380 \pm 0.013	0.323 \pm 0.012	0.149	2.856

^a N_m = estimate of gene flow from G_{ST}

Fig. 2. Unrooted neighbor-joining tree of 44 collections of *Sonchus gandogeri* based on 143 AFLP loci. This tree is based on pairwise differences among the AFLP patterns obtained using Nei and Li distance (1979)



Discussion

Genetic diversity within populations and within a species

Overall, it appears that total genetic diversity in *Sonchus gandogeri* is much higher than that of other endangered species studied using AFLPs. Genetic diversity estimates in other AFLP studies have ranged only from 0.02–0.20 (Travis et al. 1996; Palacios and González-Candelas 1999; Palacios et al. 1999; Drummond et al. 2000; Gaudeul et al. 2000; Nuez et al. 2004).

Several life history and demographic factors, such as population size, breeding system, and phylogenetic position, are important in explaining genetic diversity within species and the apportionment of the diversity among populations of the species (Hamrick and Godt 1996; Weller et al. 1996; Hamrick and Godt 1997). Like other members of

the woody *Sonchus* alliance, *S. gandogeri* is insect-pollinated and predominantly an outcrossing species (Aldridge 1975, 1979). Therefore, this breeding system may contribute to high genetic diversity compared to other endemics, especially *Limonium dufourii* and *L. cavanillesii*, which are apomictic species. Furthermore, *S. gandogeri* shows much higher genetic diversity than other insect-pollinated outcrossing species (e.g., *Eryngium alpium*, *Astragalus cremnophylax* var. *cremnophylax*). Both ITS and cpDNA phylogenies strongly suggest that *S. gandogeri* belongs to the lineage that radiated most recently within the woody *Sonchus* alliance (Kim et al. 1996b; S.-C. Kim, unpublished data). Also, El Hierro, where *S. gandogeri* occurs, is the youngest island (i.e., <1 Ma) in the Canaries. Therefore, molecular phylogenetic studies and the age of the island suggest that the old lineage hypothesis (Engler 1879; Bramwell 1976, 1990) is an unlikely explanation for the high genetic diversity of *S. gandogeri*. In addition, the

population size of *S. gandogeri* is relatively small and the plants all occur on the almost inaccessible north-facing vertical cliffs. Despite small population sizes of *S. gandogeri*, the mean genetic diversity is much higher than other widely distributed endangered species (e.g., *E. alpium*).

It is possible that the long-lived woody habit may contribute to the high genetic diversity of the species. In general, long-lived woody perennials have higher genetic diversity at the population level than short-lived perennials and annuals (Hamrick et al. 1991; Hamrick and Godt 1997). At least within the woody *Sonchus* alliance (Kim et al. 1999), based on isozymes, there is a general trend of high genetic diversity in long-lived shrubs or trees (e.g., *Babcockia*, *S. brachylobus*, *S. hierrensis*, *S. pinnatifidus*; average $H_T = 0.208$) and low diversity in caudex perennials (e.g., *S. acaulis*, *S. gummifer*, *S. gonzalezpadronii*; average $H_T = 0.049$) or herbaceous perennials (e.g., *S. tuberifer*, *Lactucosonchus*; average $H_T = 0.073$). Therefore, it is plausible that life form contributes high genetic diversity to *S. gandogeri* despite its recent origin on El Hierro.

An alternative hypothesis to explain the high genetic diversity in the species is hybrid origin or introgressive hybridization. Hybridization in island groups generates genetic diversity in otherwise uniform island plants and could possibly lead to new species by stabilization of hybrid recombinants. High incidence of interspecific or even intergeneric hybridization has been documented in Canary Island endemics (Francisco-Ortega et al. 2000), and this may explain the high genetic diversity of *S. gandogeri*, as well as other endemics on the Canaries and Macaronesian islands. In contrast, interspecific hybridization is rare on the Juan Fernandez Islands and other Pacific archipelagos (Stuessy et al. 1998; Crawford et al. 2001). Aldridge (1976) hypothesized that *S. gandogeri*, well established on El Hierro, is probably a hybrid between *S. pinnatus* subsp. *canariensis* (= *S. canariensis*) and *S. hierrensis*. The chromosome number of *S. gandogeri* is $2n = 18$ ($n = 9$), which is the same as other *Dendrosonchus* species in the Canaries (Rox and Boulos 1972). We need to further investigate a potential diploid hybrid speciation of this taxon based on both nuclear and chloroplast DNA. If indeed it is of hybrid origin, then it seems critical to determine whether geographically isolated populations have arisen once or multiple times.

Apportionment of diversity among populations

In addition to determining levels of diversity within species and populations, knowing how diversity is apportioned within and among populations of a species is useful in formulating strategies for conserving diversity within taxa (Hamrick et al. 1991). This study indicates that the majority of genetic diversity of *Sonchus gandogeri* populations is contained within populations, as indicated by the G_{ST} value of 0.149. Literature values obtained with AFLP and RAPD markers indicate that it is within the range of these markers: average RAPD G_{ST} value of 0.193 for 35 plant species (Bussel 1999) and AFLP range of 0.103–0.538 for endan-

gered species (Travis et al. 1996; Palacios et al. 1999; Palacios and González-Candelas 1999; Gaudeul et al. 2000; Zawko et al. 2001; Nuez et al. 2004).

Absence of strong genetic differentiation can be explained by high gene flow (pollen-mediated or seed-mediated) or by the history of populations, such as recent colonization. The majority of *Sonchus* species on the islands have a strictly allogamous breeding system and appear to have an insect-mediated pollination mechanism: they are generally pollinated by small insects and/or butterflies (S.-C. Kim, personal observation). This may result in relatively frequent long-distance pollen dispersion, contributing to low genetic differentiation between the two populations. It is also possible that gene flow occurs through the movement of seeds. Achenes of *S. gandogeri*, like other taxa of *Sonchus*, have pappus with two different hair types, and this allows relatively easy dispersal of seeds on the island by strong winds, especially by predominant northeastern trade winds. Lastly, it is also plausible that the Las Esperillas population was recently colonized from the El Golfo population. Prevalent wind direction of the northeast trade winds, from north to south, in the Canaries suggests the possibility of this scenario. In addition, paraphyly of the El Golfo population indicated by NJ analysis (Fig. 2) and much lower genetic diversity of the Las Esperillas population support this hypothesis.

Conservation implications

Island populations and insular endemics are more prone to extinction than are mainland populations or species, due to genetic factors such as inbreeding depression, loss of genetic variation, and genetic adaptation to island conditions or to their interactions with demographic or environmental stochasticity, which are more severe than on the mainland (Ellstrand and Elam 1993; Frankham 1997, 1998). In addition, island populations are often small and few, and it is generally expected that small populations are more likely than larger ones to become extinct (Menges 1991).

Sonchus gandogeri seems less likely to become extinct due to genetic factors. Rather, environmental or demographic forces are more likely to lead to extinction. Although there are no direct threats from urban development and farming, the two populations are still threatened by introduced herbivores, such as goats. The goats can access vertical cliffs almost inaccessible by humans, and they have a detrimental impact on native flora. Therefore, more strict control of introduced herbivores is necessary to protect these populations.

For ex situ conservation, we need to carefully design and maintain a germplasm bank for this taxon. Seeds of *Sonchus gandogeri*, as well as other *Sonchus* taxa in the Canaries, can be kept refrigerated for several years, and germination rates remain high (S.-C. Kim, personal observation). These attributes are ideal for conservation of this taxon in seed banks. The El Golfo population, which has much higher genetic variability than the Las Esperillas one, must be given priority in the seed bank. However, this does not

necessarily mean that we should neglect or not sample the Las Esperillas population. It is simply unknown what portion or proportion of genetic variation is responsible for adaptation to a changing environment. Given the limited distribution and the population size of this taxon, the collection of seeds from both the El Golfo and Las Esperillas populations is recommended in order to preserve all existing variability and for survival and reproduction of this species.

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