



north central news

the voice of the north central phoenix community

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Housing projects prompt city changes

By Lori Baker

A lengthy fight over a proposed North Central Phoenix housing development has prompted city planners to draft guidelines to give neighbors and developers greater certainty over future development.

The rules are being proposed as a result of development projects in established neighborhoods including Maryland Groves, 325 E. Maryland Ave., where an 80-year-old ranch-style house recently was demolished. The one-acre property is being split into three lots for new single-family homes.

“The guidelines will give staff the tools necessary to require more compatible design so that new projects interior to a neighborhood better reflect the character of the neighborhood,” said Alan Stephenson, acting director of the Phoenix Planning and Development Department.

New single-family houses are being constructed

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David Claffey repairs a bike in his new shop, started in honor of the memory of his twin brother, Kyle, who passed away last year from a brain tumor. Besides selling used bikes and doing bike repairs, David and other volunteer staff members of the shop also can assemble your new bike purchased elsewhere (photo by Patty Talahongva).

Two local businesses are ‘giving back’

By Patty Talahongva

Two North Central businesses offer more than what you see when you first walk in their doors. One is helping with brain tumor research, and the other is giving prison inmates the gift of reading.

Gray Matter Foundation (GMF) Bicycle Shop, 5826 N. 16th St., is a nonprofit, full-service used bike shop. A percentage of its proceeds will be donated to Barrow Neurological Institute and families of those afflicted with brain tumors.

The journey from bikes to Barrow is a personal one for David Claffey. Last April, his twin brother, Kyle, lost his life to a brain tumor. Before he passed, Kyle had set the wheels in motion for the bike shop. An avid cyclist, he and his brother had worked in a bike shop since they were 14. Last summer, while he was on chemotherapy, Kyle was on a bike team that raced cross-country and raised money for Barrow. His team finished in fourth place and raised \$110,000 for Barrow.

The Claffey family has lived in the North Central area for 15 years. The brothers attended Arcadia High School, where they were both on the swim team. “He was outgoing,” says David of his brother. “He always looked at the bright side of things.”

David is determined to fulfill his brother’s dream

of a successful bike shop that gives back. He runs the shop with the help of family, friends and volunteers. On one particular day he gave his father, Mike, a “to-do” list that included assembling a bike, cleaning another one and a few other things.

“This is what helped us,” Mike says of dealing with the death of his son. “I kind of feel like he (Kyle) is here.”

David used social media to get the word out about the grand opening on June 7 and was overwhelmed with donations of bikes, parts, and help. “It took off faster than I could think,” he says. GMF Bicycle Shop is still accepting donations of bicycles and parts.

The business has a selection of kids’ bikes, street

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Beginning July 7, a large swath of the North Central Phoenix community will be able to receive—for a nominal fee—a new tan trash barrel specifically for yard waste pick up in front of their homes (submitted photo).

City expanding its trash services

By Teri Carnicelli

The city of Phoenix is both launching and expanding two new programs this month aimed at reducing waste in city landfills.

The new Save As You Reduce and Recycle (SAY R&R) offers residents that currently have curbside trash pick-up service the option to downsize their current large trash container to a medium trash container for a monthly savings of \$3 on their solid waste services bill.

A medium trash container has the capacity to hold four full, 13-gallon kitchen trash bags, versus a large trash container that can hold five full kitchen trash bags.

Customers are required to have curbside trash collection and be enrolled in the city's recycling program (blue barrels) before they can sign up for the SAY R&R program.

Once residents sign up for the SAY R&R program, their new, smaller trash barrel should be delivered within one week. Residents may sign up for this program starting July 7.

The city also is expanding its Green Organics Curbside Collection, which launched as a pilot program in the Arcadia area in February 2012. This voluntary program provides a new, large, tan container for yard waste, such as grass clippings, shrubs, twigs and branches. This program is perfect for households that like to do their own

please see TRASH on page 4

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GIVING BACK *continued from page 1*

bikes and some mountain bikes. There are even a few unicycles. The shop also sells a small selection of new items like bike helmets, water bottles and tire pumps. If you have a flat, they can fix it. If you bought a new bike, they can put it together for you.

You can read more about the brothers at www.gmfbikeshop.org, or find the shop on Facebook at Grey Matter Foundation Bicycle Shop. Call the shop at 602-264-8820 for business hours and more information.

A love of books

One block north of the bike shop you'll find The Bookshop, a used bookstore that sends books to people incarcerated in federal prisons. Sven Rosckowff, the owner, has been mailing books to inmates for more than 5 years.

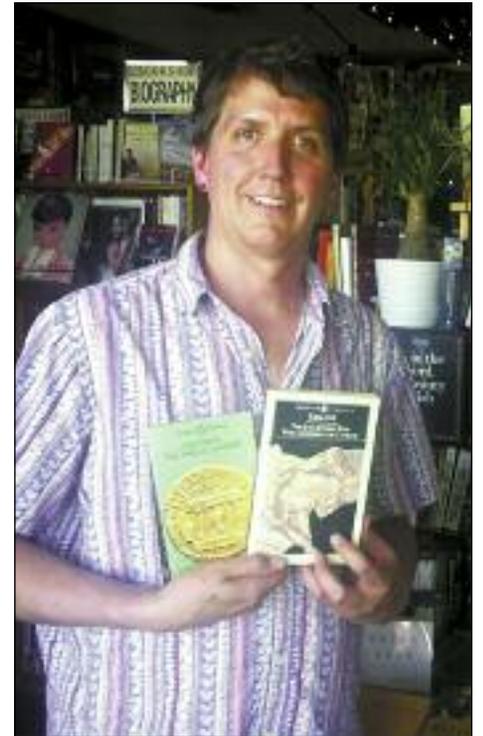
He previously had a bookstore near 7th Street and Osborn Road, and one day a woman walked in and asked if he could send a book to an inmate. Rosckowff researched her request and found that it is easier for books to be ordered through a bookstore and mailed directly to an inmate, rather than family members or friends trying to send books directly to those who are incarcerated.

"So we said, sure we'll do it," Rosckowff recalls. It was a benefit he hadn't thought of prior to getting that request. Since then, he's put the notice on his website for folks who need this service. They purchase the books and pay for the shipping to their incarcerated loved one, and he handles the rest.

He doesn't get bombarded with such requests but when he does provide the service, his actions are met with appreciation. "One woman in Las Vegas asked us to send a lot of Greek classics, like The History of Rome and Plato." Those weighty tomes were sent to an inmate in Nevada. Rosckowff has mailed books to people incarcerated in Nevada, Arizona and Texas.

Some books are not allowed, including those on engineering, and even magazines like Field & Stream, explains Bill Lamoreaux, public information officer for the Arizona Department of Corrections. If they show maps of the area, or how to start fires or survive in the wilderness, those books or periodicals might be used in an attempted escape and therefore are not allowed, he says.

The inmate guidelines can be found at



Sven Rosckowff holds up copies of two books he sent to an inmate in Nevada. His store, The Bookshop, offers this service for just the cost of shipping and handling (photo by Patty Talahongva).

www.azcorrections.gov and the chapters on mail and inmate property are numbers 909 and 914. It's long and detailed, so Rosckowff's service most likely makes it easier to those unfamiliar with the process, as well as with the prohibited list of materials.

As an avid reader himself, Rosckowff says he likes knowing that he's providing someone else with a book they can enjoy. Some of the most requested books are inspirational books or history books. "I always include a letter thanking them for their order," he says.

The Bookshop is located at 6018 N. 16th St. For more information, call 602-274-7530 or visit www.thebookshopaz.com.

TRASH *continued from page 3*

landscaping maintenance and/or own large properties. The additional monthly fee for the Green Organics Collection program will be \$5 a month per tan container requested.

There are certain materials that aren't allowed in the tan container because they would contaminate the green organics load and make them unusable for mulching and repurposing. Those prohibited materials include: oleander, palm fronds, treated or painted wood, trash and food waste, recyclables, pyracantha and creosote.

"The department didn't need to purchase new vehicles to provide this new service because staff has identified effi-

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ciencies and existing resources that could be utilized for this program,” says Public Works Deputy Director Felipe Moreno. “As for the barrels, the unused dark green containers we currently have were simply exchanged for tan colored ones.”

Moreno says the goal of the Green Organics program, as well as the Save As You Reduce and Recycle program, is to minimize the amount of trash the city sends to the landfill.

“The initial cost savings will mainly come from the decrease in number of trips to the landfill in west Buckeye, which saves the city fuel and vehicle maintenance costs,” Moreno points out. “A large portion of what we landfill is composed of green waste. With this program, we divert that green waste, thus preserving our landfill space.”

The green waste collected in the new tan barrels will be processed and mulched in the Phoenix transfer station located on 27th Avenue south of Lower Buckeye Road.

The Green Organics Curbside Collection program will be offered to residents in phases. Residents with both curbside and alley trash collection are eligible to participate. Additionally, customers are not required to participate in the recycling program to qualify for Green Organics.

For the next rollout in July, the area to be added is from 1-17 to just east of 32nd Street, and from Dunlap south to Camelback Road. Some portions east of Central Avenue will continue south to Thomas Road. Also, the majority of the area from approximately 7th Avenue to 16th Street just south of Dunlap Avenue is not included in the July program.

Residents interested in the Green Organics Curbside Collection may sign up starting Monday, July 7, by visiting phoenix.gov/publicworks, where they

also can determine when Green Organics Curbside Collection will be offered in their area.

For more information about the SAY R&R and Green Organics Curbside Collection programs, call 602-262-7251.

Shop, get deals during ‘Independents Week’

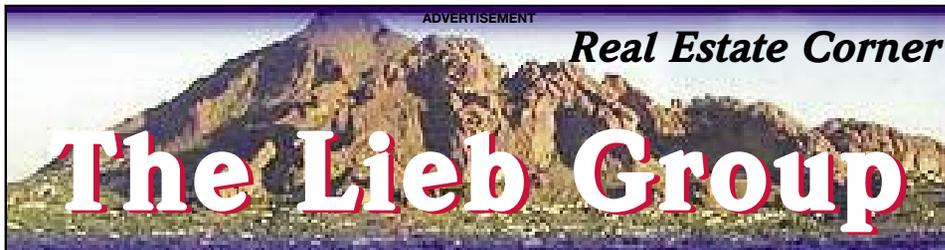
In recognition of National Independents Week, Local First Arizona will honor locally owned and independent businesses across the state from June 29 through July 6.

The nationwide Independents Week campaign, coordinated by the American Independent Business Alliance and known as “Indie Week,” takes place during the week of Independence Day with the purpose of enlightening consumers to the importance of supporting local businesses.

“Arizona’s independent business community is the backbone of our local economy and the driving force behind what makes us proud to call Arizona home,” says Kimber Lanning, director of Local First Arizona. “Independents Week is our way of drawing attention to the important role independent businesses play in our daily lives.”

This year’s event will feature the return of the Golden Coupon, featuring a 20-percent off savings from hundreds of locally owned establishments including auto repairs, home furnishing stores, boutiques, florists, restaurants, yoga studios and nurseries. There also will be an online contest with great prizes, fun events with local businesses across the state, a pub crawl, and more.

For more information and a copy of the Golden Ticket, visit <http://localfirstaz.com/independents-week/>.



You get what you pay for

I had a client last week who placed a home in escrow near 28th Street and Camelback, which had brand new floors, counter tops and cabinets; all bathrooms remodeled; a new roof and new air conditioning. The home was a fix and flip by an investor and seemed like a great home until...WE



HAD AN INSPECTION...that revealed the roof was not new, the AC was not new and basically the home was in poor condition and he canceled. I cannot tell you how many homes that I have seen like this in the past three or four years where investors, who are not

licensed, put together what we call a “lipstick remodel” that looks good from the inside until you have that inspection. There are some amazing licensed contractors in our market, so be careful who you choose to remodel your home or in choosing a home that has a licensed contractor who did the remodel because they will stand behind the work.

The other problem that I have seen in the past four years is all the homes that had their roofs replaced because of hail damage. About 75 percent of these roofs were replaced by imposters who issued useless roof warranties. Most of these roofers were storm chasers who go from city to city preying on desperate people. My take in all these stories is you get what you pay for, so be careful!

My suggestion is to investigate the contractors either through the Better Business Bureau or ask for references. The best overall scenario, if you can afford it, is to go with a new home where the state mandates certain warranties that builders must offer their clients, such as one year for cosmetics and two years for any structure issue, along with manufacturer warranties for appliances, roof and air conditioning. I am very fortunate to represent two incredible builders who have called North Central their home for the past two years and will continue to build here for at least two more years. One is Magee Builders, who has built or remodeled more than six North Central homes and currently has a brand-new home located at 7220 North 15th Ave., which is listed for \$784,000 and sits on a half-acre lot. Magee has at least 15-18 more new North Central homes either under construction or in the planning stages. The next homes will be completed by the end of July and include 405 E. Montebello, priced around \$900,000 and includ-

ing 3,400 square feet on a 22,000 square-foot lot; and 5506 N. 2nd Street, priced in the mid \$700s and including 3,050 square feet with a three-car garage. Magee Builders are Randy Rochford, Brian Magee and Scott McLean.

The other builder that I am representing is Porchlight Homes, which developed a 5.5 acre horse property located on 7th Avenue between Maryland and Bethany Home Road. It is a new gated subdivision, originally consisting of 15 homes which is now down to three spec homes: two at 3,500 square feet and one at 3,150 square feet. All three will be active on the market in mid July. Porchlight has a second gated 10-home subdivision located on Central Avenue just north of Northern Avenue. In just six weeks, eight of the homes have been sold and the two remaining specs will be active the first of July. NORTH CENTRAL LOVES NEW HOMES. Go new if you can afford to.

My heavy condolences to the family of Herb Sperber, who for many years owned a tuxedo store at 7th Avenue and Campbell called Lad T Dad, which later became Tux and Tails. Herb dressed all of us for proms, weddings, premiers and special functions. I was more nervous on my wedding night, worried about my losing or tearing my tuxedo than I was about the wedding party, which consisted of 250 wild animals. Herb made all of us feel and look like a million dollars and we are all better off for having him in our lives. I still own a tux from Tux and Tails but, unfortunately, it has shrunk over the years! Thanks, Herb, for making me feel special for many a night wearing your clothes. The Valley was a better place with your presence in our lives. Additionally the name Herb is very special to my brother and me because that was our dad's name. I lost another long-time friend this month, Bob Warren, who was in my wedding party and a great customer for many years at the Jockey Club. I enjoyed Bob's company at my club for many nights and years and even playing golf with him. Bob, Mary Ann and I and all of our Jockey Club cardholders will dearly miss you.

See you guys in San Diego!

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COMMUNITY

PROJECTS *continued from page 1*

on land where older homes once stood in North Central Phoenix. In some cases, more than one new single-family home is going up on the properties.

“People want urban living in a single-family environment,” Stephenson pointed out.

The boundaries of the area affected by the draft guidelines have not yet been established but will include North Central Phoenix. The guidelines will be reviewed by neighborhood groups and developers before a proposal is presented beginning this summer in public hearings with Phoenix village planning committees, the Planning Commission and the City Council, he said.

North Central Phoenix Homeowners Association President Mary Crozier is among neighbors providing input. She said she wants to make sure that two-story houses do not have a view of an existing home’s backyard and that elevations are compatible with the surrounding neighborhood. It’s also important that new houses face the same direction as nearby houses, she added.

“North Central Phoenix land is valuable. There is more incentive for developers to build there. They want to squeeze in more homes to be profitable. That is where the battle begins,” Crozier explained.

Crozier led a 10-month neighborhood fight starting in June 2013 when Allen Dunaway of ADME Holdings, LLC, filed for a variance to allow three homes to be built on the Maryland Groves property. Dunaway withdrew that application but returned later in 2013 with a plan to split the land into three lots.

In December, neighbors met with city officials to discuss their concerns. Dunaway submitted another variance application and it was approved in March by the Zoning Adjustment hearing officer. At the neighbors’ request, a stipulation requires that one of the three houses face Maryland Avenue and the homes will be one story.

Demolition of the old house has finished, and construction on the house fronting on Maryland Avenue is expected in late summer, Dunaway said.

“The house will look like it has

been around for a while and will blend in with the existing neighborhood. But it will have modern features,” he added. Dunaway said he will be selling the homes one at a time and they will range from 3,000 to 3,700 square feet.

His company has torn down old homes and built new homes on lots elsewhere in Phoenix including near Indian School Road and 44th Street.

“People really like having new, high-quality modern and energy-efficient homes in established neighborhoods,” Dunaway said.

James Abraham, vice president of Clouse Engineering, Inc., who worked with Dunaway on Maryland Groves, said he was unaware of the city’s proposed design guidelines. But he is confident that Phoenix will be sensitive to land owners’ property rights and development expectations as long as they stay within city ordinances.

Abraham has been involved in two other developments in which one older home was torn down and several new homes are being built on the property. They are both being developed by Porchlight Homes:

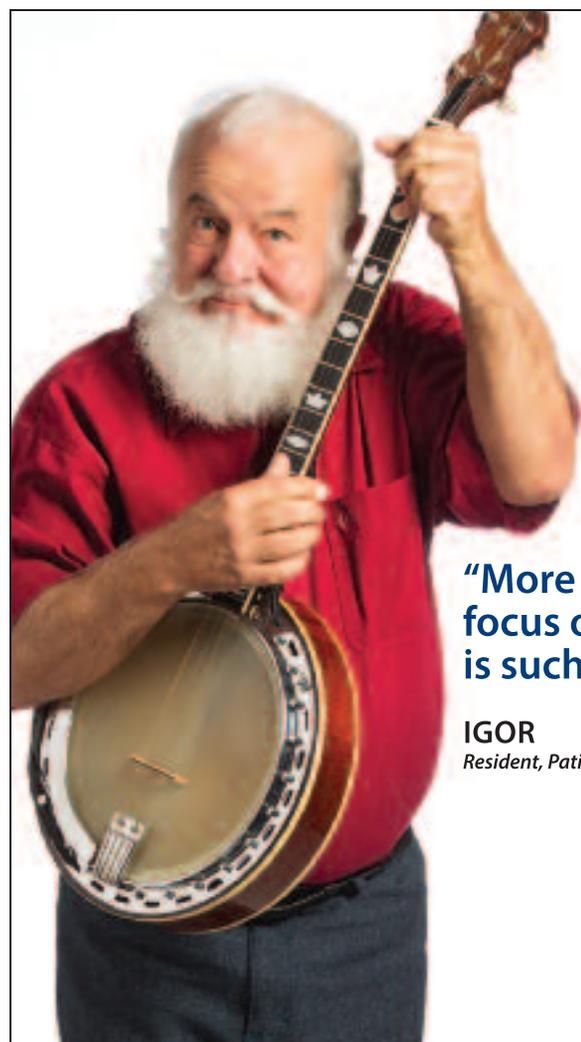
- Sendero Villas, 8305 N. Central Ave., where 10 homes are planned on 1.74 acres. They will range in size from 1,694 to 2,516 square feet and will be priced from \$340,000 to \$370,000. Model homes are open and several homes are under construction. Because of neighborhood opposition, the developer withdrew a variance request to change the setback for two-story houses. Instead, the subdivision process was used.

- Claremont Estates, a 15-lot subdivision on 5.5 acres at 7th Avenue just south of Maryland Avenue. The single-story homes range in size from 2,811 to 3,529 square feet and are priced from \$560,000 to \$630,000. Homes are under construction.

There is a growing market for new single-family homes in older neighborhoods near the city center, Abraham said. “People have been raised in the area and want to come back or they just live closer to the downtown core.”

Fueled by the demand, developers are searching for larger pieces of land that can be split to create additional

please see PROJECTS on page 13



“More time to focus on my music is such a luxury!”

IGOR
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It’s funny how living a rich life has so little to do with money and so much to do with pursuing your passion and sharing it with people you enjoy. Like the fascinating friends at Beatitudes Campus:

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If you remember Crazy Ed’s Place, or have heard The New Christy Minstrels or Igor’s Jazz Cowboys, you might have met Igor before. Music is his life-long passion and with regular bookings at music festivals and special events, slowing down is not even in the picture. He’s also the organizing force behind on-campus jam sessions. In fact, shortly after Igor and his wife, Barbara, moved to Beatitudes Campus, so did a 25-year-strong tradition among local musicians to gather on Wednesday evenings for a folk music round robin. Open to the public, it’s quite popular with residents and the greater community.

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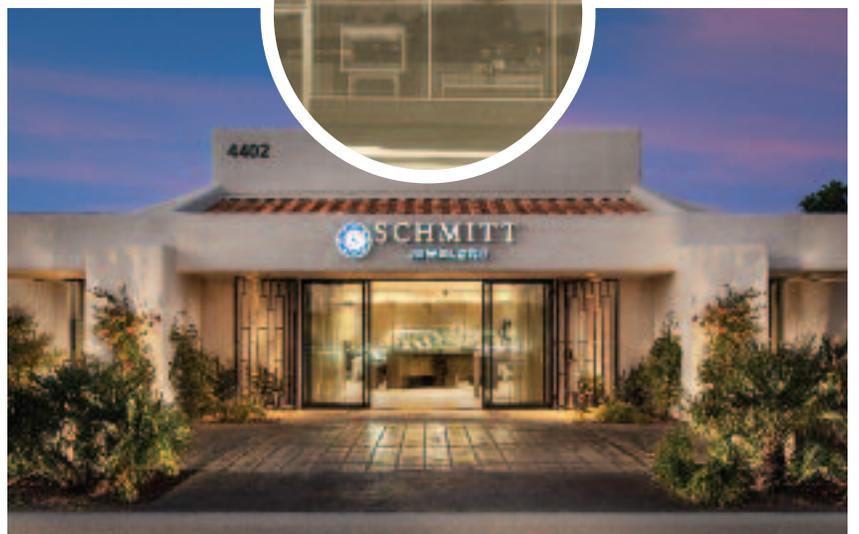
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FSL receives donation for summer aid

The Foundation for Senior Living (FSL), a nonprofit, charitable foundation based in North Central Phoenix that assists elderly and low-income residents throughout Valley, recently was the recipient of a donation of parts and money from Goettl Good Guys Air Conditioning Repairmen.

Goettl, a leading heating and air conditioning company in Arizona, donated \$750 in money and parts to FSL to help support the organization's annual Evaporative Cooler Start-Up. The donation included \$500 in air conditioning unit parts, and an additional \$250 to sponsor a volunteer breakfast.

The donation was part of an annual event in which HVAC businesses team up with FSL and other sponsors to bring together leaders in the industry to fix and maintain evaporative coolers at elderly and low-income households throughout the Valley. Goettl, which has previously participated in the event directly, chose to take a more active role by providing the nec-



Katie Smith, program director for the Foundation for Senior Living Home Improvements, happily accepts a donation of money and evaporative cooler parts from Ken Goodrich and Dan Burke from Goettl Good Guys Air Conditioning Repairmen (submitted photo).

essary parts and funds that help make the event possible each year.

"We've been fortunate to participate in this event in years past, and we're excited to contribute to such a wonderful cause," said Ken Goodrich, Goettl's managing partner. "We wanted to take our commitment to serving seniors and low-income families to the

next level. By donating the evaporative cooler parts, we equipped technicians with the parts they needed to provide residents with the cool air they need during the hot summer months."

The organization partners with HVAC industry members one Saturday each spring to clean and repair evaporative coolers for those in need of service.

Grant helps facility in aiding injured homeless

By Teri Carnicelli

What happens to the homeless when they are discharged from the hospital after a medical emergency? Oftentimes, they wind up back on the street and their recovery is put at great risk. But one local nonprofit is working hard to keep medically fragile homeless people from going back to the emergency room.

Less than two years after the doors first opened at Circle the City Medical Respite Center, nearly 300 homeless patients have been treated, and 85 percent of them have been moved into transitional housing.

Circle the City is a nonprofit organization that provides for the unmet needs of homeless individuals during times of illness. Incorporated in 2008, the organization is dedicated to assisting with financial resources that make health care services possible where no other resources exist, and by providing basic necessities to help ease the burdens of homelessness.

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COMMUNITY

ny building near 3rd Avenue and Indian School Road, the 16,800-square-foot, 50-bed medical facility gives hospitals a place to safely discharge homeless adult patients who need supervised medical care during their recovery period. Patients also are referred from shelters and other community service organizations. Funding for the center primarily comes from the hospitals, private donations and grants.

The Bob & Renee Parsons Foundation recently awarded a \$250,000 grant to Circle the City. “We are grateful for the compassionate gift from Bob and Renee Parsons which will help men and women recover from illness and discover a better life,” said Circle the City’s founder, president and medical director, Sister Adele O’Sullivan, C.S.J., M.D. “Their generosity is helping us serve the homeless population in the greater Phoenix area, and fill a critical need within our Valley’s healthcare landscape.”

For many, Circle the City is the first step on the path to healthy, independent living. Patients are surrounded by a wide variety of services aimed at heal-



Denise Kriese, a physical therapist at Circle the City Medical Respite Center, works with client David on strengthening his core area after David suffered an injury while homeless in Phoenix (photo by Teri Carnicelli).

ing each patient medically, emotionally and spiritually. This holistic approach gives each individual patient the best possible chance to not only heal from his or her illness or injury, but break the cycle of homelessness entirely.

The center provides on-site psy-

chologists and physical therapists, as well as social workers to help find transitional housing, apply for benefits if available, and connect transitioning patients to employment resources. A typical stay is expected to be no more than six weeks, with the goal of getting

them healthy and finding them safe housing when they are ready to leave.

Community volunteers surround respite center patients with engaging activities such as art therapy, chair yoga and group outings to local museums and sporting events. This community reintegration has proved to be as important to the healing process as the medications administered through the clinic.

As a nonprofit organization, Circle the City looks to community members and business partners to help with some of the center’s non-medical needs. While cash donations are always appreciated, other ways members of the community can help include volunteering in areas such as laundry services, translation services, recreational activities, food service, beautician/barber services (a small salon is located in the center), and more. Donations of hygiene kits—toothbrushes, toothpaste, bar soap, shampoo, deodorant, etc.—and new underwear, socks, sweatpants and sweatshirts in all sizes for men and women also are needed.

To learn more about the center and ways to help, call 602-776-9000 or visit www.circlethecity.org.



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Celebrating their Silver Awards for their Monarch Butterfly project are members of Girl Scout Troop 1629, from left: Caleigh Border, Penny Spivey, Troop Leader Lori Terauds, Kaija Terauds, Zoe Wilson, Brenna Slawson, and Kelsi Kitagawa (photo by Teri Carnicelli).

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Project highlights plight of monarch butterfly

By Teri Carnicelli

When local Girl Scout Troop 1629 decided to pursue its Silver Award, one troop member knew immediate what she wanted to focus the project on—the plight of the monarch butterfly.

“In recent years, the numbers of monarchs have declined by as much as 30 percent because of the use of pesticides and herbicides and the decrease of the food supply for the young monarch caterpillars—that being milkweed,” pointed out Penny Spivey, who has always loved the bold colors of the monarch butterfly.

She thought it would be good to focus the troop’s project on not only educating the public about the decline in the monarch’s numbers but how Phoenix residents can help the struggling butterfly’s numbers grow.

“We developed a plan to increase the population and support the great migration of the monarchs, a 3,000-mile journey from Mexico to Canada,” Penny explained. In order to achieve this, the six members of the troop who participated in the project focused on increasing the amount of native Arizona milkweed plants, both through planting them in a local school garden as well as selling the plants at school events and the Central Farmers Market earlier this year. Visitors to their table at the farmers market were given information on how they can plant milkweed in and around their own homes to attract and nurture monarch butterflies.

“Each region has its own milkweed, so for this project we planted a native milkweed,” Penny said. The girls worked closely with Mitra Khazai, chair of the DIGGS gardening program at Madison Simis Elementary. Milkweed was planted in several of the garden sites on campus.

As part of their Silver Award project, the girls put together binders with laminated pages that could be used as lesson plans for various grade levels at Madison Simis. Tasks were divided among the six troop members, such as creating a map page of the butterfly’s migration pattern, and a “How I Can Help” page with tips and ideas for people to use.

They also created a plaque with colorful, hand-painted tiles that will be mounted on the north wall of the school, opposite on of the DIGGS gardens.

The Silver Award is the highest award a Girl Scout Cadette can earn. Girls must be in sixth, seventh or eighth grades. The sixth-grade girls from Troop 1629 were presented with their Silver Award pins and patches by Troop Leader Lori Terauds during a special presentation on June 14 in the Madison Simis DIGGS garden.

The girls also gave Khazai part of the proceeds of their milkweed sales, which Khazai said she will use to purchase plastic models of the four stages of development of the monarch butterfly. “With the binders and the great information these girls have put together, children here at the school will be able to learn about the monarch’s struggle and do something powerful with that information,” she said.

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Publisher: Tara A. Blanc
 Editor: Teri Carnicelli
 Staff Writer: Patty Talahongva
 Sales and Marketing: Joanne Day
 Office Manager: Connie Dahlin
 Janice Backus

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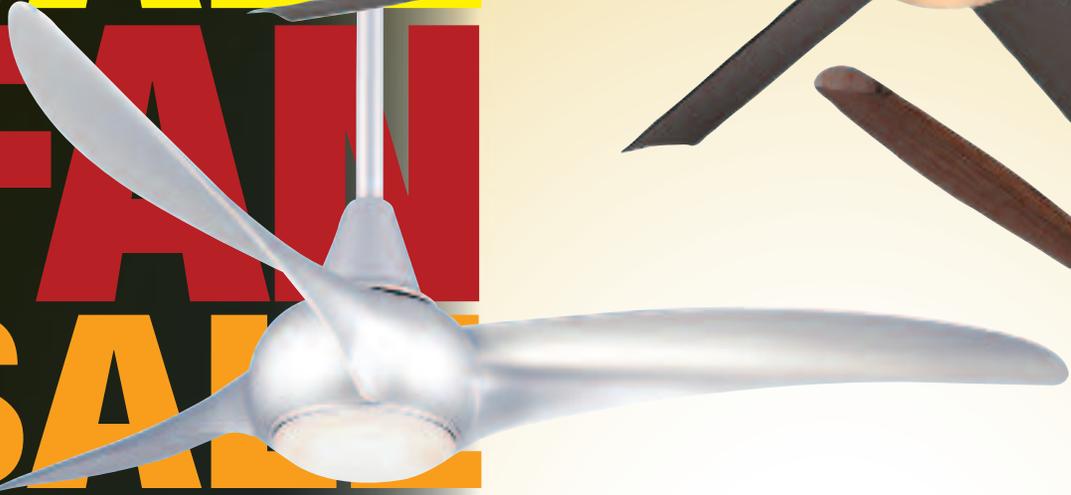
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Developers, neighbors reach compromise of sorts

By Teri Carnicelli

After facing strong opposition from residents in the Peter's View Neighborhood Association, a developer agreed to reduce the height of a proposed upscale apartment complex near 19th Street and Indian School Road.

The height concession, along with some additional traffic calming measures, was made just hours before the Phoenix City Council was set to vote on the developer's request for a zoning change for the five lots that were in the process of being acquired for the apartment complex. The lots were a mix of zoning categories, from residential (mobile home park) to office and other commercial zonings.

Lee Busenbark, who had previously spoken against the development plan, voiced her approval of the negotiated changes prior to the City Council's vote on the rezoning request at its June 4 meeting.

"This is a compromise reached between the community and the developer," she said. "Each community is different and each site is different, and this one we have deemed is appropriate for our neighborhood."

After numerous meetings with representatives of the neighborhood and Councilwoman Laura Pastor's office, the developers agreed to reduce the height by about 9 feet, bringing it to 44 feet total, well within the R-4 zoning category. The reduction did not dramatically impact the number of units planned, however, as the top floor was to have a sort of second-story "loft" available for some of the larger apartments to be offered on that level. The

height reduction simply reduced those units back to single-level apartments.

In addition, no balconies will be constructed for those top-floor units that face north or west, providing additional privacy measures to the homeowners who live adjacent to the development site.

The developer also agreed to reduce the number of "carriage houses" along 19th Street and Devonshire Avenue, and to construct an 8-foot wall between the carriage units and the public sidewalks. No balconies will open along the eastern property line.

Resident who were concerned about the traffic impact of 220 multi-family residential units being added to the community were pleased to learn the developer agreed make driveway access into the complex off of Indian School Road and 20th Street only; there will be no access from 19th Street or Devonshire Avenue.

The developer also will deposit \$8,000 into a fund to be managed by the Street Transportation Department to be used for traffic calming measures, such as speed cushions, limited turning, raised sidewalks or other such traffic management tools in the neighborhood surrounding the development.

"The Peter's View Neighborhood Association became very active through this process and became engaged," Councilwoman Pastor said. "Developers are also neighbors, and establishments are part of the neighborhood and they do bring economic development. We worked fast and furious to at least get to a compromise."

Additional stipulations that were attached to the rezoning approval include future meetings between the developer's architect and neighborhood



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representatives, prior to submitting final plans to the Development Services Department, to review the color of the building and at least three different material boards which reflect alternatives for the accent materials. Residents had expressed concerns about the aesthetics of the proposed design not being compatible with the surrounding neighborhood.

The City Council voted 9-0 to approve the rezoning request.

PROJECTS continued from page 6

lots or redeveloping properties to make them more compatible to the new designs, he added.

If a single-family residential property in Phoenix is large enough, there can be several houses built on a site where one house per lot stood for decades. Developers consider different methods to getting city approval, including:

- **Lot split**—A lot split is the act of dividing property with an area of 2.5 acres or less into two or three parcels of land. City staff will approve the application if all development and zoning requirements are met. If a property is split into two or three lots and the lots each have access to a public street, then there may be no need for a homeowners association. If any land is held in common ownership such as landscaping or parks, then an HOA would be required. Each property would be responsible for its own utilities and access.

- **Subdivision**—A subdivision is the legal process to subdivide land that meets the minimum zoning requirements such as lot sizes and density. A subdivision plat is approved by City Council once the staff has certified that it meets all the technical requirements. This process is

more expensive and complicated than a variance because it requires infrastructure dedication and has more stringent requirements. A homeowners association may be required so homeowners share the cost of maintaining private roads, landscaping, greenbelts, drainage and streetlights.

- **Variance**—A variance is a quasi-judicial process in which a zoning adjustment hearing officer and the Board of Adjustment make the decision about changing the development requirements. There is a public hearing process that requires notice to surrounding property owners and posting of the site. An appeal of the Board of Adjustment decision goes to Superior Court. The Planning Commission and City Council do not have input in this process.

- **Zoning**—R1-10 zoning means one single-family home is allowed on 10,000-square-foot lots. For example, three homes could be permitted on one acre if the minimum lot sizes, dimensions and density requirements are met.

Church offers service with ASL translation

A new ASL Ministry for the Deaf takes place every Sunday at the 9 a.m. Contemporary Service at First United Methodist Church, located at 5510 N. Central Ave.

There is plenty of parking on site. Bring your coffee, casual attire and enjoy meaningful fellowship. Susan Orwoll, state certified in ASL, will provide the interpretation.

Childcare in the nursery is provided. All other children are invited to the Sanctuary for the children's message and activities. For more information, e-mail robin@firstchurchphx.org.

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- Heatstroke is common in large breeds and dogs with short noses.
- All overheated pets need to have a veterinary exam ASAP.
- Parasites are more common and put pets & people at risk.
- Monsoon thunder & fireworks can frighten or injure pets.
- Microchips help pets get back home.
- Travel with pets often requires a health certificate.
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After having an "eye lift" to improve his vision, Pancho is ready for his new forever home and is available for only \$50 at the Arizona Humane Society's Sunnyslope shelter (submitted photo).

Pet of the Month A family dog who needs another chance

It was a hectic and emotional day in the admissions department at the Arizona Humane Society, as is often the case, when a 7-year-old Akita mix came in with his previous owner. A landlord/tenant dispute over the loyal canine companion ended in a trip to the shelter and soon Pancho and his owner were saying their heart-wrenching goodbyes.

Despite the confusion, Pancho displayed a sweet and affectionate personality, a wagging curly tail, and a wrinkled brow ... which is where the problem began.

Pancho's eye wrinkles prohibited him from seeing clearly and living life to the fullest. Committed to giving him the great life that he deserved, veterinarians in AHS' Second Chance Animal Hospital™ began scheduling the much-needed and long overdue eye surgery. For Pancho, the entropion surgery, or eye surgery, was more than just a "face-lift" and soon he was exploring the world with his eyes wide open.

Thousands of dollars later with stitches along his eyelids, Pancho spent a few days recovering in AHS' trauma center and now he's finally ready for adoption. He is housetrained via dog door and walks perfectly on a leash. Being a faithful friend, Pancho will sit beside you or lie at your feet while you watch the sun set, read a good book or watch a movie. He enjoys the simple things in life like car rides, casual strolls through the park, good belly scratches and peanut butter flavored dog treats.

Pancho is available at the Arizona Humane Society's Sunnyslope Campus

located at 9226 N. 13th Ave. and his adoption fee is only \$50 because he has been waiting for a home for over a month. For more information, call 602-997-7585, ext. 2045 and ask for animal ID number A478425.

Pancho may have been adopted by the time you reach the shelter, however, there are dozens of animals waiting for their forever homes. To see all of the adoptable pets available, visit www.azhumane.org.

Film looks at movement to stop shelter killings

Shelter killing is the leading cause of death of healthy dogs and cats in the United States. Proponents of the "No Kill" movement in Arizona say it doesn't have to be.

No Kill Maricopa County presents "Redemption," a documentary film by Nathan Winograd, the founder of the No Kill revolution in America. The film will debut 5 p.m. Saturday, Aug. 16 at Phoenix Theatre, 100 E. McDowell Road.

Starting with the founding of the first Society for the Prevention of Cruelty to Animals (SPCA) in North America by Henry Bergh and continuing to this very day, the film is a story of betrayal, hope and redemption as told by volunteers, elected officials and shelter staff who are fighting to save animals' lives.

When the early founders of the animal protection movement died, a fiery zeal flickered out and the humane movement all but went to sleep. After over 100 years of this deadly practice, the grassroots of the animal protection movement is finally waking up.

Animal shelters in numerous communities have implemented a series of programs and services to reduce birthrates, increase adoptions, and keep animals with their responsible caretakers. As a result, they are achieving unprecedented results, saving upwards of 95 percent of all impounded animals. So far, 250 communities, which represent between 300 and 500 cities and towns, are No Kill, and the number continues to grow.

Once the emphasis is placed on saving all animals except for the very sick and those with behavioral issues non-responsive to rehabilitation, the unnecessary killing of animals stops. The fundamental lesson from the experiences of these communities is that the choic-

COMMUNITY

es made by shelter leaders are the most significant variables in whether animals live or die.

Tickets to “Redemption” are \$5 and are available online at <http://bit.ly/Q9Yk6B> or at the Phoenix Theatre box office. Following the documentary, there will be a presentation regarding the current status of the No Kill movement and what can be done locally to save more lives. For more information, e-mail info@nokillmaricopa.org or find them on Facebook at No Kill Maricopa County.

Comedy show benefits animal rescue groups

Pet rescue organizations from across the Valley will unite on July 19 for the 2nd Annual Dog Days of Summer Benefit Comedy Show, featuring headliner Rick D’Elia. Isaac “Doc” Farm, Bert Brimhall and Humberto Roman also perform.

It’s a fun night—with a serious side. Maricopa County boasts the second-highest euthanasia rate in the United States, behind Los Angeles County. There are more than 140 rescue groups in the Valley, yet healthy, adoptable animals are still euthanized daily. With more funds, Valley rescue groups can save more dogs and cats from this fate.

Adults 18 and older are invited and admission is a \$22 donation. Doors open at 6 p.m. and the show starts at 7 p.m. at the Shrine Auditorium, 522 N. 40th St., just a few blocks south of the Loop 202. Seating is first come, first

served. A cash bar (with ID) and food will be available. Auctions, raffles, and other fun will occur before and after the show. Live music will be provided by Van and Melanie and DJ Mars for the after-party.

No adoptable animals will be at the event, however, all the money raised will be distributed to the groups that save them.

Contact Christa Sorenson at christasboxers@gmail.com or 602-292-3200 for more information regarding group ticket sales, raffle donations, and corporate partnership opportunities. Tickets can be purchased online through a participating rescue group, including North Central Phoenix-based Boxer Luv Rescue (<http://www.boxerluv.org/info/events>). A list of all participating organizations is available at: www.twistedevents.org.

Class benefits animals with medical issues

Kinesphere Center for Movement Education hosts its monthly “Down Dogs for Paws” yoga class 10 a.m. Saturday, July 12. This is a donation-only yoga class that benefits M.A.I.N. (Medical Animals In Need). One-hundred percent of the proceeds from this event will go to the organization. All ages and skill levels welcome.

Kinesphere is located at 711 E. Missouri Ave., Ste. 180. For more information, visit www.kinesphere-studio.com, email info@kinesphere-studio.com, or call 602-532-3111.

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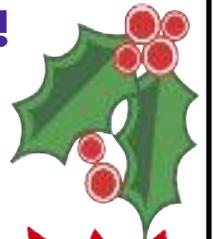


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School district increases tax

Residents living in the Phoenix Union High School District boundaries will see their secondary property taxes increase beginning July 1.

The PUHSD Governing Board voted on June 24 to approve an increase in its primary property tax levy of \$440,000. The increase will cause the property taxes on a home inside the PUHSD district boundaries to increase by approximately \$1.06 per every \$100,000 of assessed valuation. That brings the overall PUHSD district tax levy up from \$138.98 to \$140.04 per \$100,000.

Arizona Revised Statutes allow school district governing boards to raise their primary property taxes every year to pay for increased expenditures in certain areas. The increase is exclusive of any changes that may occur from property tax levies for voter-approved bonded indebtedness or budget and tax overrides.

Input sought on city ordinance

The city's Neighborhood Services Department invites residents to attend a public meeting to learn about the city's neighborhood preservation ordinance (Chapter 39 of the Phoenix City Code) and provide input for possible enhancements.

The meetings will be held 5:30-7:30 p.m. Thursday, July 10, at Devonshire Senior Center, 2802 E. Devonshire Ave., and 6-8 p.m. Tuesday, July 15, at Burton Barr Central Library, 1221 N. Central Ave.

The purpose of the ordinance is to protect neighborhoods against haz-

ardous, blighting and deteriorating influences or conditions that contribute to the downgrade of neighborhood property values. The ordinance establishes minimum standards for the condition of the interior of residential buildings, requirements for maintenance of all residential and nonresidential buildings, structures of all kinds, as well as vacant and improved land.

For more information, call 602-534-4444 or e-mail lina.cruz@phoenix.gov.

Zimmerman Award nominations sought

Nominations are being accepted for the 2014 Gabe Zimmerman Public Service Awards, a statewide competition created to recognize non-elected public servants who serve as a critical link between citizens and the people elected to represent them.

The awards are named in honor of Gabrielle Giffords' director of community outreach who lost his life on Jan. 8, 2011 while serving the citizens of Arizona. Arizona-based public servants who are employed by cities and towns; counties; special districts; agencies of the executive and legislative branches of state governments; tribal governments; and staffs employed by members of the Arizona Congressional Delegation are eligible.

Awards will be presented in three categories including Leadership, Innovation and Civic Engagement. All Arizona citizens are encouraged to make nominations. The deadline is July 14. Honorees will be recognized at the 2014 League of Arizona Cities and Towns Annual Meeting being held on Aug. 21.

To nominate a public servant for the awards, visit www.TheArizonaWeWant.org.

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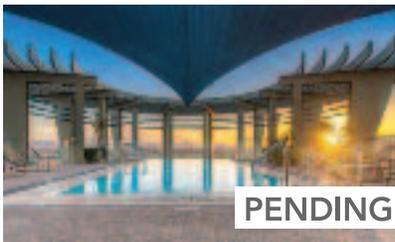


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backyard pergola / island bbq

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Biltmore shopping

\$1,525,000

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COMMUNITY

Credit union holds backpack drive

Summer is in full swing and while kids aren't thinking about the classroom yet, Credit Union West is gearing up to prepare students for the coming school year.

The credit union will be accepting donated backpacks and school supplies July 1-18 at its branch in Sunnyslope, located at 350 E. Dunlap Ave. The branch is open 9 a.m.-5 p.m. Monday through Thursday and 9 a.m.-6 p.m. Fridays. Closed on weekends.

Credit Union West has a long history of giving back to the community and providing scholarships for youth, teachers and military families. Visit www.cuwest.org for more information.

New 'academy' aims to train nonprofits

The Arizona Nonprofit Academy, founded last year, is a central resource in developing a vibrant philanthropic base of support while teaching organizations to perform at their highest level in order

to achieve their service missions.

Workshops focus on specific topics such as writing a press release, developing a board of directors and organizing charity events. The academy also has scheduled workshops that address the process of cultivating donors, selling naming rights and reading financial reports. The calendar includes panel discussions from some of the Valley's largest donors and corporate givers.

Workshops are ongoing through Dec. 31. Classes range in price from \$39 to \$49 and run about two hours in length. Coming up on Tuesday, Aug. 5, the academy presents "What Sponsors Want," from 9:30 to 11:30 a.m. at Blue Cross & Blue Shield, 8220 N. 23rd Ave., #2. Understanding what sponsors are looking for is key to developing long-term relationships. Get the inside view to ROI, sponsorship exposure and partnership values. Doors open at 9 a.m. Cost is \$39, plus a \$3.14 online registration fee.

Register for workshops online at www.ArizonaNonprofitAcademy.org. For details, contact Ann Cothron at ac@arizonanonprofitacademy.org or 602-522-2119.

American Legion hosts water drive

American Legion Post 75 is conducting a water drive, seeking donations of bottled water that in turn will be given out to homeless veterans and others during the hot summer months. Any donation of water, whether one bottle or a case, is appreciated.

Water donations can be dropped off at Post 75, located at 10625 N. Cave Creek Road, and then the water will be taken to a central location where it will then be distributed to homeless members of the community.

Other items that are needed are small care packages containing razors, deodorant, shampoo/conditioner, toothbrushes, toothpaste, sun block, lip balm, and other items that can be easily carried by the homeless. These items also can be dropped off at Post 75 and will be taken to a central location to be passed out. Also needed are new packages of socks and underwear, all sizes, but smaller sizes are preferred.

The American Legion Post 75 family consists of Legionnaires, Sons of the

American Legion, Honor Guard, American Legion Riders and the Ladies Auxiliary. For more information, visit www.post75sunnyslope.com or call 602-943-8477.

Enjoy free science programs at library

Sip on a cup of coffee and digest some science chat July at the Burton Bar Central Library, 1221 N. Central Ave. MACH1—a space for makers, artists, crafters and hackers on the library's fourth floor—will host two free cafés with Arizona State University scientists. Both programs are from 7 to 8 p.m. and include:

- Thursday, July 10—Astronomer and planetary scientist Jim Bell will discuss his work with remote sensing to explore the geology, mineralogy, origin and evolution of planetary surfaces.
- Thursday, July 24—Physicist and astrobiologist Sara Imari Walker will discuss how life may have arisen on a lifeless planet.

For details, call 602-262-4636 or visit phoenixpubliclibrary.org.



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COMMUNITY

**Spotlight On ...
Cranston to lead
women's council**

North Central resident Jennifer A. Cranston has been selected as the co-chair of the Steering Committee for the Valley of the Sun United Way's Women's Leadership Council (WLC).

The mission of the WLC is to build a powerful network of women who support the work of Valley of the Sun United Way by giving, advocating, volunteering and inspiring others to join in creating lasting change in the community.



Jennifer Cranston

In addition to serving as co-chair of the WLC Steering Committee, Cranston, a shareholder with Phoenix law firm Gallagher & Kennedy, will continue to serve on the Valley of the Sun United Way Public Policy & Advocacy Committee. She also is one of 18 Gallagher & Kennedy women attorneys who volunteer by reading to

school-aged children as part of the Valley of the Sun United Way's Million Minutes Reading Challenge.

**Vynalek receives
alumni award**

North Central resident Brad Vynalek recently received the 2014 Distinguished Alumnus Award from the University of Arizona James R. Rogers College of Law.

Vynalek, a partner in the Phoenix law offices of Quarles & Brady LLP, was presented the award at the University of Arizona Law School Commencement on May 17. He has served as the Law College Association's president since 2012 and has served on related boards and led committees since 2000.



Brad Vynalek

Vynalek is a fellow of the American Bar Foundation and serves as chairman of Make-A-Wish Arizona's board of directors. Since 2012, he has been named in *Southwest Super Lawyers* mag-

azine for business litigation and in 2014 was listed in *The Best Lawyers in America* for commercial litigation.

**Maerowitz graduates
from Boston College**

Michael Maerowitz of North Central Phoenix has graduated *cum laude* from Boston College with a Bachelor of Arts degree from the University's College of Arts & Sciences. Maerowitz majored in Philosophy.

Commencement was held May 19 in Alumni Stadium on the Boston College campus in Chestnut Hill, Mass. There were more than 4,000 undergraduate and graduate degree recipients in the Boston College Class of 2014. U.S. Secretary of State John Kerry, a graduate of Boston College Law School, was the 2014 commencement speaker.

**Mahar receives
comprehensive degree**

Patrick Francis Mahar of North Central Phoenix graduated from Thomas Aquinas College, in Santa Paula, Calif., after completing a rigorous program of classical liberal education that included four years of mathe-

matics, natural science, philosophy, and theology.

Also required for the degree of Bachelor of Arts in Liberal Arts, which he received, was a senior thesis on a topic of his choice, which he defended before a panel of three faculty members. Mahar's thesis was titled "A Defense of Agriculture As an Art in the Order of Nature Against Genetic Engineering As an Abuse of the Order of Nature." Commencement exercises were held May 17 on the academic quadrangle.

**Two locals graduate
from Loyola University**

Loyola University New Orleans awarded 942 degrees at its undergraduate and graduate commencement ceremony at the Mercedes-Benz Superdome on May 10. Among those receiving degrees were North Central residents Elizabeth Hazel Clarke and Marcella Maria Moore. Both women received a Master of Pastoral Studies degree from the College of Social Sciences.

David Gergen, adviser to four presidents and senior political analyst for CNN, addressed Loyola's Class of 2014.

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COMMUNITY

Community Central

Fabulous Phoenix 4th

6-10 p.m. Friday, July 4
Steele Indian School Park
300 E. Indian School Road

The fireworks display will begin at 9:30 p.m. The free celebration will feature two stages of live, local entertainment, inflatable kids rides, the Phoenix Fire Department's "Spray Zone" where kids can cool off, informational booths, and a variety of beverage and food for purchase. To avoid traffic congestion and limited parking around the park, use the Metro light rail, with a stop on Central Avenue just north of Indian School Road. Find detailed Metro light rail information at www.metrolightrail.org.

Memory Loss vs. Alzheimer's

9-10 a.m. Tuesday, July 8
Fellowship Square Phoenix
2002 W Sunnyside Drive
602-943-1800

How can you tell if someone you love is experiencing memory loss?

What about Alzheimer's disease? As our population continues to age, it's important to know that 10-percent of all adults older than 70 experience some form of severe memory loss—and it doesn't discriminate. Alzheimer's is a disease that can be very difficult for families to come to terms with. Some families are in denial and they wait too long, until their loved one is past the point of being able to participate in choosing their future. The seminar costs \$2 to attend and includes a continental breakfast. No RSVP is needed.

Duet Volunteer Orientation

4-6:30 p.m. Tuesday, July 15

Duet offices
555 W. Glendale Ave.
602-274-5022

All of the free services provided through Duet are done with the help of volunteers, who serve homebound adults, 18 years of age and older. Volunteers choose to provide service in the areas of transportation, shopping, friendly phoning, friendly visiting, paperwork assistance, handyman services, respite assistance, or computer assistance but must attend an orienta-

tion before they can begin. To register for orientation, call or register online at www.duetaz.org.

'Welcome to India'

Book Signing

12-2 p.m. Saturday, July 19
Desert Song Healing Arts Center
3232 N. 20th St.

Author Victoria Kjos, a longtime Phoenix resident, will give a brief talk and Q & A on her recently published autobiography. She splits her time between Arizona and her beloved adopted India. Come listen to tales of the paradoxes of maneuvering the chaos amidst the intense spirituality of India and life in a magical place. Her book, based on her journals, will be available for purchase and signing after the talk.

American Legion

Rib Dinner

5-7 p.m. Saturday, July 19
American Legion Post 75
10625 N. Cave Creek Road
602-943-8477

The American Legion Auxiliary will be serving a mouth-watering Rib Dinner featuring a half-rack of beef ribs, a baked potato, corn on the cob, and apple pie a la mode, all for \$11. Live entertainment will follow; dancing is encouraged. The public is welcome to attend. Note: this dinner was previously scheduled for June 21 but was postponed.

Phoenix Writers Club

12-2 p.m. Saturday, July 19
Bluewater Grill
1720 E. Camelback Road

Join Phoenix Writers Club for lunch and member stories. Cost is \$15 for members and \$20 for guests. Reservations must be made by July 16. RSVP to neeliepubl@aol.com with Phoenix Writers Club in the subject line. Members and the public are welcome.

IDEA SOUP

6-8 p.m. Thursday, July 24
Grand Canyon University
3300 W. Camelback Road

A micro-granting dinner celebrating creative projects in Phoenix. For a donation of \$5 and up you receive soup, salad, bread, and a vote; bring your own reusable bowl to save on trash. Youth are welcome to attend. You will hear from presenters who will share their ideas looking to make a difference in the lives



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COMMUNITY

of Refugees in Phoenix from arts, urban agriculture, childcare, social entrepreneurship, education, transportation, work readiness etc. Vote on what project you think should win the money gathered from the night. Winners come back to a future IDEA SOUP event to tell the audience how their project went. For more information, visit www.facebook.com/idea.soup.

**New World
Archaeology Lecture
12-1 p.m. Friday July 25
Pueblo Grande Museum
4619 E. Washington St.
602-495-0901**

Major collections donations from throughout the New World have put the Arizona Museum of Natural History in a position to interpret the entire sweep of human history in the New World. These collections include amazing artifacts from North America, Mesoamerica and South America, aiding interpretation of the cultures of West Mexico, the Maya, the Aztec and Inca. This talk presents many of the items recently donated and discusses the ethics considered when acquiring prehistoric items. Admission is free.

**Artists sought for
PBS Nerd T-shirt**

Everyone's a nerd for something and at Arizona PBS you'll find them nerding out for just about everything. From exploring fractal geometry to the chemistry of crème brûlée, Eight is the original sanctuary of desert dwellers and their obsessive, intelligent pursuits.

Now Eight, Arizona PBS is inviting members of the public to proclaim their unique brand of nerd-dom by designing the commemorative 2014 PBS Nerd Shirt, which is worn each year during the fall PBS Nerd Walk along the streets of downtown Phoenix.

"Part of the fun of the PBS Nerd Walk year after year is getting a hold of the limited edition, commemorative T-shirt that represents the various elements of public media geekery," says Bob Beard, Eight's promotions and events coordinator and "Nerd-in-Chief."

Put your art skills to good use and show how you nerd out with Arizona PBS.

Original artwork incorporating the iconic PBS Nerd logo will be accepted until July 15. Representatives from Eight, Arizona PBS, Bookmans Entertainment Exchange and the nation-

al PBS office will select eight finalists whose art will be revealed to the public at an exhibition at Bookmans.

After announcing the finalists, fans will select their favorite design online. Eight will announce the winning design on Sept. 22. To enter the design contest, fill out the form online at www.azpbs.org/nerd/. A copy of the PBS nerd logo will be e-mailed to all entrants for use in their design.

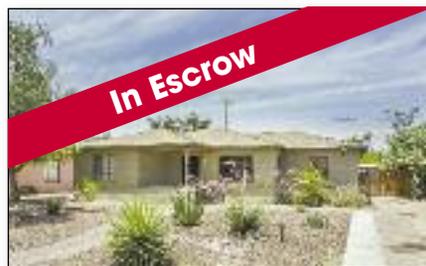
**Ideal Physical Therapy
hosts food drive in July**

Ideal Physical Therapy will team up again with St. Mary's Food Bank in Phoenix to help feed struggling families in the community with a Christmas in July Food Drive.

Food donation boxes will be placed at all 20 Ideal clinics, including those located at 6036 N. 19th Ave., Suite 303, inside the Baptist Medical Center building (602-795-8441), and 333 E. Osborn Road, Suite 101 (602-795-8441).

Each clinic will have a food drive box with a poster at the front desk and on the food box promoting this special event. The food drive will conclude on July 31.

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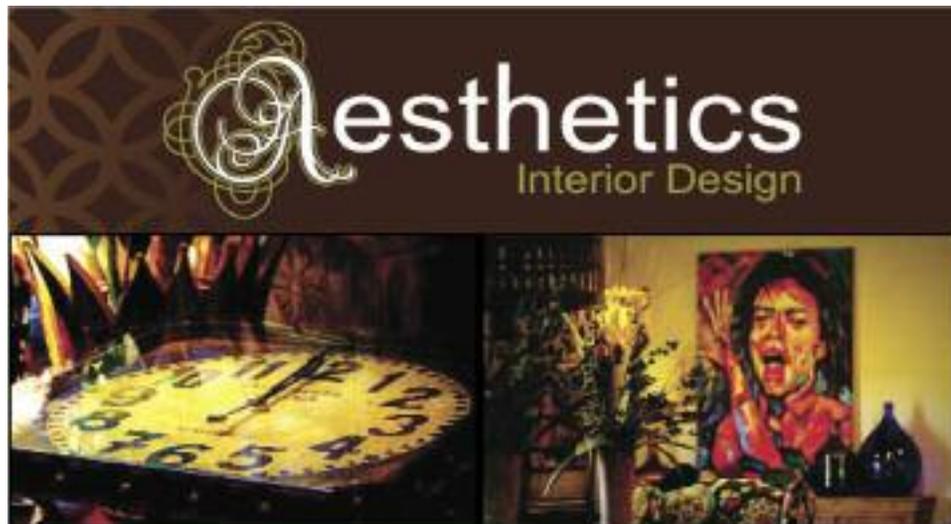
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TAKING CARE OF BUSINESS



Lesli Stern, program manager at Valleylife (far right), and Valleylife member Chris deliver office supplies, printer ink and copy paper to Cathie Hanna McClellan, director of the Early Care and Education Center at Desert Christian Fellowship, and her administrative assistant, Amy Prigmore (submitted photo).

New business has unique partnership

By Teri Carnicelli

North Central resident Betsy Durkin knew she was ready to make a change in her career path. As someone with a passion for community service, she wondered if there was something out there that could give her that same level of satisfaction in the workplace that she received through volunteering. Like an answer to a prayer, Durkin found Quality Connections.

Founded in 1999, Quality Connections (QC) is an Arizona non-profit corporation that provides employment services to individuals with disabilities and disadvantages in order to increase both their independence and their participation in the community. At its Flagstaff headquarters, QC provides employment and training opportunities in its call center, delivery crew, warehouse, and in manufacturing and testing of QCtoner products, the company's own brand of remanufactured laser toner cartridges.

Durkin was hired to sell the QCtoner products to state agencies in the Phoenix Metro area. But she was more interested in making a few "quality connections" of her own.

The company had not yet brought its full line of products to the Phoenix Metro area because most of its fulfillment was in Flagstaff. To be able to set

up a similar program, with a warehouse and training facilities for those with mental challenges, would take years, they told her.

But what the higher-ups at Quality Connections didn't know is that Durkin, a Phoenix resident since 1991, had been a member of the Sunnyslope Kiwanis Club for many years and had developed a connection of her own with Cletus Thiebeau of Valleylife, a local not-for-profit organization in Sunnyslope that the Kiwanis Club supports on a regular basis.

Valleylife's mission is to provide services to individuals with physical or mental disabilities. Among those services is a vocational training program in Valleylife's on-site warehouse. To Durkin, it seemed like a perfect fit for Quality Connections.

She got to talking with Thiebeau, president and CEO of Valleylife, about her new job and its nonprofit business model. Thiebeau knew right away that this was a potential partnership worth pursuing.

In no time at all, the partnership was formed and Durkin's job opened up to a whole new world of possibilities. She now is able to sell from Quality Connections' QCoffice catalog, which features more than 40,000 products and supplies, including general office supplies; printing and scanning equipment; paper, envelopes and folders; kitchen supplies such as paper



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Inspect A/C belt

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TAKING CARE OF BUSINESS

plates and cups; janitorial supplies; medical supplies; restaurant supplies, and more.

“Orders down here in the Valley will be received, sorted and delivered by Valleylife members,” Durkin explains. QC launched a sort of beta test period in May and things went smoothly, according to Durkin. She is now looking to expand her clientele in the Phoenix area.

Customers don’t need to be large businesses or have to set up some kind of corporate account with QCoffice. Durkin is happy to work with individuals as well as businesses and will set up customized pricing, based on their supply needs. Plus, there is no sales tax, since Quality Connections has a non-profit business status.

Orders take around 2-3 days to arrive, after first being sent to, then sorted and packaged at the Valleylife facility.

“I loved going on those first deliveries and seeing the enthusiasm the Valleylife clients had for meeting new people providing them with a service,” Durkin says. “I like the idea that what I do makes a difference in people’s lives. It really is, literally, about making quality connections.”

For more information about Quality Connections and its vast array of supplies, visit www.qcoffice.org (note: pricing is general, discounts available), or contact Betsy Durkin at 928-814-8806 or e-mail her at betsyd@qcoffice.org.

Business Briefs

Donate used mobile phones for soldiers

Local barbershop Keep It Cut recently became a drop-off location for the nonprofit Cell Phones for Soldiers program. For each phone that someone drops off at Keep It Cut, 2824 E. Indian School Road, during the month of July, the donor will receive an entry to win free haircuts for six months. The drawing will be held on Aug. 1.

Cell Phones for Soldiers Inc. is an organization dedicated to providing cost-free communication services to active-duty military members and veterans. Used mobile phones from all service providers are accepted. Each \$5 contribution, or donated device valued at \$5, will provide troops with 2.5 hours of free talk time. Find out more about the program at www.cellphonesforsoldiers.com/about.php.

Scholarships available to local beauty school

International Academy of Hair Design, located at 9617 N. Metro Parkway near Metrocenter Mall, offers up to \$7,500 in scholarships to attend the award-winning cosmetology school, now through July 31. Students must start classes by Aug. 19.

The school also offers a \$2,000 discount for the nail program. That discount is valid now through Dec. 31. Grants and financial aid also is available for those who qualify.

For more information, call 602-944-0001 or visit www.beautyschoolrocks.com.

Pearly Mae’s hosts ‘Featured Artists’

Each Saturday in July and August, Pearly Mae’s Resale Shop will host “Featured Artist Saturday.”

These local artists will showcase their skills and sell recycled/repurposed items from 11 a.m. to 3 p.m. at the store, located at 4314 N. 7th Ave. The styles and items will vary from jewelry *please see ARTISTS on page 24*



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July’s Featured Homes - New or Coming Soon!



OWNED SOLAR

7039 N. 6th Ave. • \$649,000

A beautiful SOLAR home with 14 SEER rated HVAC units. SOLAR provides energy savings every month! Light and open floor plan w/vaulted ceilings, 27x15 family room. 4 BR 3 BA 2.5G 3103 SF



POINTE TAPATIO

10835 N. 11th St. • \$295,000

New Listing • Beautiful townhouse with awesome views. Newer porcelain tile floors, plantation shutters, granite, 2013 roof, 12 SEER HVAC. Fireplace, great corner lot. 2 BR 2 BA 2G 1735 SF



HOME ON A HILL

1036 E. Butler Dr. • \$250,000

A home that captures the feeling of the West. Desert to the North, views of downtown to the South. The family room is vaulted and is part of the mountain. 3BD 2BA 2G 2094 SF



ROYAL PALM AREA

1743 W. Butler Dr. • \$475,000

Great home! Updated kitchen, family room plus bonus/game room, refinished pool, RV parking and gate, fenced front and back yards. 4BR 2BA 2G 2455 SF



COMING SOON!

Near Royal Palm Park • \$549,900

Home on a 1/2 acre irrigated lot. Main house is 3181 SF with a great country kitchen, 3 bedrooms, 2.5 bathrooms, 2 car carport, family room with fireplace, vaulted ceiling and a bonus building almost finished for use as an office/guest/game building. Loads of fruit trees!



COMING SOON!

23rd Avenue • \$169,900

Charming red brick home with 4 bedrooms, 2 baths, 1 car carport, shady irrigated lot with lots of fruit trees. Freshly painted exterior, sunny family room. Convenient North Central location. 1633 SF



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LAWS AND REGULATIONS IMPACT YOUR BUSINESS EVERY DAY. The Greater Phoenix Chamber of Commerce works with elected officials at the local and state levels to ensure the voice of business is heard on important policy issues. Here's a look at how the Chamber influenced those decisions during the 2014 legislative session.

AN OVERVIEW OF THE 2014 LEGISLATIVE SESSION

101 DAYS OF SESSION	27 CHAMBER SUPPORTED BILLS SIGNED INTO LAW
1205 BILLS introduced by legislators	100% amount of CHAMBER opposed bills defeated
278 BILLS bills signed into law 23.1% of introduced bills became law	

LEARN MORE ABOUT MEMBERSHIP OPPORTUNITIES AT
www.phoenixchamber.com/join

TAKING CARE OF BUSINESS

ARTISTS continued from page 23

to handmade rugs, all using recycled materials. For weekly updates on the artist(s) to be featured, visit the store's Facebook page at Pearly Mae's Resale, or call the shop at 602-997-1606.

Local crafters who want to join in the fun are invited to call the shop for more details and to schedule a Saturday spot.

Pearly Mae's offers vintage, retro resale clothing for men and women along with variety of accessories. You also can shop for shabby chic furniture and home décor, vintage garden and kitchen gadgets, Pyrex and retro glassware, and more. Hours are 10:30 a.m.-5:30 p.m. Tuesday through Saturday and 11 a.m. to 4 p.m. Sunday. For more information, visit www.pearlymaes.com.

Thrift store celebrates anniversary with sales

Luv-To-Save, the thrift shop that benefits the nonprofit Boxer Luv Rescue, will celebrate its two-year anniversary this month. During July, the store will celebrate with special sales every Friday and Saturday.

The store, located at 1221 E. Northern Ave., is run by an all-volunteer staff and all proceeds, after expenses, go toward the rescue, which is dedicated to giving new life to homeless boxers.

The store carries just about everything, including clothing, furniture, household goods, books, CDs, movies, toys, sporting goods, and more.

Luv-To-Save is open 11 a.m.-4 p.m. Tuesday through Friday and 10 a.m.-5 p.m. Saturdays. For more information, call 602-997-1263. Learn more about Boxer Luv Rescue at www.Boxerluv.org and find them on Facebook (boxerluvrescue or LuvToSave).

Orcutt named a 'Rising Star'

Jackie Orcutt, director of Industrial Properties at Cushman & Wakefield of Arizona, was named 2013 Rising Star at C&W's Industrial Conference.

The award is given annually by C&W's Industrial Services Group to the rising star in the business who has raised their production and profile over the past year.



Jackie Orcutt

Orcutt joined the Phoenix branch of C&W in 2011; the office is located at 2555 E. Camelback Road, Suite 300. In 2013 she helped negotiate 96 transactions totaling 2.945 million square feet.

Orcutt was named to *Arizona Business Magazine's* Generation Next Forty Under Forty.

Senior housing property receives city award

Madison Gardens senior housing community, developed by Phoenix-based WESCAP Investments, Inc., recently received the HOME Housing Development of the Year award from the city of Phoenix.

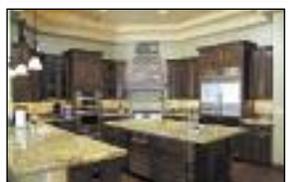
The five-acre property, located at 808 E. Missouri Ave., was previously an abandoned, unfinished townhome subdivision that was the victim of the 2008 economic downturn before being purchased by WESCAP. The eyesore has been replaced by a housing development serving seniors 62 and older with affordable independent-living apartments.

The award highlights the partnerships and variety of funding sources for this \$27-million development, includ-

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- Large custom medallions at entry and family room
- Built-in vacuum throughout
- Boat RV secure parking
- Paver at walkways and driveways
- Beautiful Master with classy closets, steam shower, Jacuzzi tub, private patio entry
- Each Bedroom has its own private bathroom.
- Custom wine room, separate cooler, made from original wine barrels. A must see!
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- 8 car plus custom garage, surround sound, storage, floor coating

Backyard, an Entertainers dream!

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- Retractable fountain
- Large pool house with barbecue, cooking grill, (like Benihana's!) Bath Included.
- Wood burning fireplace
- Covered patio w/ big screen TV
- Putting green and Bocce Ball court.

Questions on this property, call Allen Rice, Broker • MLS #5080330

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TAKING CARE OF BUSINESS



Children of Pointe Hilton Squaw Peak Resort team members participated in Youth In Hospitality Month with behind-the-scenes tours of resort departments to learn about the variety of career opportunities that exist in the hospitality industry (submitted photo).

ing federal housing tax credits awarded by the Arizona Department of Housing and a \$2 million HOME Loan from the city of Phoenix. A study commissioned by WESCAP and completed by the National Association of Home Builders indicated that the development resulted in 337 jobs created and \$13.6 million in wages generated.

Madison Gardens was completed in late 2013 and occupancy is already at 80 percent. Rents start at \$564 for the remaining units and are restricted based on resident income under the housing tax credit program. For leasing information, contact Karla Harper at 602-274-3300.

Local resort hosts youth career event

Pointe Hilton Squaw Peak Resort recently participated in Careers@Hilton Live: Youth in Hospitality Month, Hilton Worldwide's global career event showcasing, to young people, the many opportunities available in the hospitality industry.

The resort on May 28 hosted a special event for children, ages 12-18, of resort team members to get a behind-the-scenes look at career opportunities in each department—from housekeeping and culinary to front desk and reservations. Pointe Hilton Tapatio Cliffs hosted the event for children of its team members on May 29.

This event is part of Bright Blue Futures, a global program that encourages team members to donate their time and expertise to help young people achieve stability and bring hope to their communities, preparing them for a brighter future.

For more information on visit www.hiltonworldwide.com/youth.

Learn how to style hair from the pros

We've all had those mornings when we look in the mirror and know it's going to be a bad hair day.

Drybar, located at 3172 E. Camelback Road, is here to help with its new Style Night educational series. Women are invited to come into the shop for focused styling techniques, as well as learn what products are best for your hair type and what type of brush to use to achieve the look you want.

The shop is closed for Style Night, and space is limited. The next two events are scheduled for 6:30 p.m. July 29 and Aug. 26. The cost for the evening is \$40 and includes a blowout and the instruction. Participants also receive 20-percent off all Drybar products.

For more information or to reserve a spot, call 480-607-5064.

Schmitt Jewelers wins debut award

Longtime family business Schmitt Jewelers recently was chosen by its peers as the top luxury retailer nationwide during the LUXURY jewelry show May 27-June 2 in Las Vegas.

The show featured the debut of the LUXURY Retailer of the Year awards. Retailers and exhibitors cast their votes for five finalists during the show, and Schmitt Jewelers was announced as the inaugural winner on May 29.

Both Schmitt Jewelers locations offer on-site, creative and technological capabilities, with design staff and goldsmiths in-house. Schmitt Jewelers has been specializing in custom jewelry design for more than 40 years.

Locations include 539 E. Glendale Ave. and 4402 E. Camelback Road. Visit www.schmittjewelers.com.



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in 2003

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2005, 2006,
2007, 2008,
2009 and 2010

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Current Listings/Escrows

(North Central homes in bold)

6500 E. Cheney Dr.	NEW PRICE	7926 SF	6BR/5.5BA	\$2,000,000
5502 E. Valle Vista Rd. #23		Over an acre lot		\$1,600,000
34 E. Cactus Wren	NEW PRICE	5193 SF	5BR/4.5BA	\$1,295,000
5726 N. Central Ave.	NEW PRICE	4350 SF	4BR/4.5BA	\$1,195,000
7602 N Central Ave.	JUST LISTED	4064 SF	4BR/3.5BA	\$ 998,500
6611 N Central Ave.	IN ESCROW	6500 SF	6BR/4.5BA	\$ 995,000
48 W. Foothill Dr.	NEW PRICE	3637 SF	3BR/3.5BA	\$ 849,900
41 W. Marlette Ave.		5640 SF	6BR/5.5BA	\$ 849,900
5844 N. 2nd Ave.	NEW PRICE	5614 SF	6BR/3.5BA	\$ 799,000
5640 N. 3rd Ave.	NEW PRICE	3204 SF	4BR/4.5BA	\$ 795,000
7220 N. 15th Ave.	NEW PRICE	3399 SF	4BR/3.5BA	\$ 784,000
105 E. Lamar Rd.	NEW PRICE	4200 SF	5BR/5BA	\$ 750,000
727 W. Seldon Ln.	NEW PRICE	3364 SF	4BR/3.5BA	\$ 699,500
804 W. Claremont St.	IN ESCROW	3529 SF	4BR/3.5BA	\$ 690,131
302 E. Marlette Ave.	NEW PRICE	2748 SF	4BR/3BA	\$ 599,000
710 W. Claremont St	NEW CONSTRUCTION	2811 SF	3BR/2.5BA	\$ 574,000
715 W. Claremont St.	IN ESCROW	2811 SF	3BR/2.5BA	\$ 570,000
810 E. Harmont Dr.	IN ESCROW	3687 SF	5BR/3.5BA	\$ 559,000
141 E. Kaler Dr.	IN ESCROW	2737 SF	3BR/3BA	\$ 559,000
8434 N. 7th Ave.	IN ESCROW	4042 SF	5BR/3BA	\$ 550,000
7619 N. 11th St.	NEW PRICE	3304 SF	5BR/3BA	\$ 545,000
77 E Missouri Ave. #19	JUST LISTED	3575 SF	3BR/2.5BA	\$ 499,000
6846 N. 3rd Ave.	NEW PRICE	2407 SF	3BR/2.5BA	\$ 499,000
502 E. Kaler Dr.	JUST LISTED	3000 SF	4BR/3BA	\$ 499,000
7825 N. 16th Ln.	IN ESCROW	2980 SF	3BR/3.5BA	\$ 475,000
7210 N. 17th Ave		2770 SF	4BR/3BA	\$ 460,000
2524 E. Vogel Ave.		2449 SF	2BR/2BA	\$ 459,000
18 E. Laurie Ln.	IN ESCROW	2516 SF	4BR/2.5BA	\$ 455,239
6317 N. 10th Pl.	JUST LISTED	3077 SF	4BR/3BA	\$ 450,000
9433 N. 19th St.	NEW PRICE	3209 SF	4BR/3.5BA	\$ 449,500
903 W. Claremont St.	NEW PRICE	3121 SF	3BR/2.5BA	\$ 449,500
6317 N. 10th Pl.		2894 SF	4BR/3BA	\$ 439,000
14 E. Laurie Ln.	IN ESCROW	2165 SF	3BR/2.5BA	\$ 419,900
22 E. Laurie Ln.	IN ESCROW	1694 SF	3BR/2BA	\$ 400,000
11 E. Laurie Ln.	NEW CONSTRUCTION	2165 SF	3BR/2.5BA	\$ 400,000
702 E. Northview Ave.	JUST LISTED	2385 SF	4BR/3BA	\$ 385,000
23 E. Laurie Ln.	NEW CONSTRUCTION	2516 SF	4BR/2.5BA	\$ 379,900
6 E Laurie Ln.	IN ESCROW	1694 SF	3BR/2BA	\$ 374,900
740 W. Tuckey Ln.	IN ESCROW	1861 SF	3BR/2BA	\$ 372,000
6330 N. 7th Ave.	IN ESCROW	2025 SF	3BR/3BA	\$ 369,000
7 E. Laurie Ln.	IN ESCROW	1694 SF	3BR/2BA	\$ 365,000
7 W. Cheryl Dr.	IN ESCROW	2730 SF	5BR/3.5BA	\$ 359,000
5550 N. 16th St. #122	IN ESCROW	1858 SF	3BR/3BA	\$ 350,000
1304 W. Tuckey Ln	IN ESCROW	2153 SF	3BR/2BA	\$ 350,000
7045 N. 15th Ave.	IN ESCROW	1886 SF	4BR/2BA	\$ 350,000
107 E El Caminito	NEW PRICE	2170 SF	3BR/2.5BA	\$ 329,000
1102 W. Glendale Ave. #120		1928 SF	3BR/2.5BA	\$ 325,000
19313 W Windsor Ave.	IN ESCROW	2679 SF	4BR/3BA	\$ 320,000
821 E. Palmar Dr.	NEW PRICE	3446 SF	5BR/4BA	\$ 298,000
740 E. Belmont Ave.	JUST LISTED	1404 SF	2BR/1.75BA	\$ 265,000
9712 N. 3rd Dr.	NEW PRICE	1683 SF	3BR/2.5BA	\$ 261,000
6612 N. 7th Dr.	IN ESCROW	1654 SF	3BR/1.75BA	\$ 259,900
1317 E. Golden Ln.		1890 SF	3BR/2BA	\$ 249,500
2605 E. Dragoon Ave.	IN ESCROW	2371 SF	5BR/3BA	\$ 225,000
1401 W. Glenrosa Ave.	JUST LISTED	1047 SF	2BR/1BA	\$ 199,500
1629 E Montebello	IN ESCROW	1389 SF	3BR/2BA	\$ 199,000
1020 E. Pierson St.	IN ESCROW	1211 SF	3BR/1.65BA	\$ 197,500
13257 N. 38th St.	NEW PRICE	1384 SF	4BR/1.75BA	\$ 179,900
14007 N. 38th St.	NEW PRICE	1280 SF	3BR/2BA	\$ 175,000
5053 W. Chicago Cr.	IN ESCROW	1280 SF	3BR/2BA	\$ 172,500
7009 N. 14th Dr.		1400 SF	3BR/2BA	\$ 145,000
5704 E. Aire Libre #1067	IN ESCROW	1088 SF	2BR/2.5BA	\$ 139,000
6903 W. San Juan Ave.	NEW PRICE	1901 SF	4BR/3BA	\$ 113,500
1722 W. Cochise Dr.		1410 SF	4BR/2BA	\$ 105,000
724 E. Devonshire Ave. #203	IN ESCROW	1116 SF	2BR/2BA	\$ 87,000
2023 N. 22nd Pl.		1154 SF	4BR/2BA	\$ 85,000

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Featured Homes for July



7220 N. 15th Ave. ■ \$784,000



7602 N. Central Ave. * \$998,500



6033 N. 20th St. ■ \$1,800,000



5726 N. Central Ave. ■ \$1,195,000



302 E Marlette Ave. ■ \$599,000



14838 N. 15th Ave. ■ \$899,500



727 W. Seldon Ln. ■ \$699,500

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5752 N. 2nd Ave. \$1,325,000	809 W. Claremont St. \$ 739,582	7212 N. 15th Ave. \$ 520,000	5426 E. Campo Bello \$ 421,750	202 W. Turney Ave. \$ 295,000	10616 N. 10th Dr. \$ 205,000
5401 E. Calle Del Medio \$1,200,500	6502 N. 1st Pl. \$ 720,000	3039 E. Stella Ln. \$ 517,500	10 E. Laurie Ln. \$ 419,900	701 W. Northview \$ 273,000	3646 N. 38th St. B \$ 185,000
2109 E. Kaler Dr. \$1,050,000	813 E. Claremont St. \$ 688,582	2121 E. Palo Verde \$ 492,000	2838 E Campbell \$ 375,000	114 W. Interlacken Dr. \$ 270,000	6533 N. Maryland Cr. \$ 185,000
7151 N. 3rd St. \$ 882,000	714 W. Claremont St. \$ 665,000	1652 E. Rose Ln. \$ 475,000	7144 N. 15th Pl. \$ 370,000	1732 E. Belmont Ave. \$ 265,000	1613 W. Verde Ln. \$ 179,900
3500 E Lincoln Dr. #19 \$ 850,000	22 E. Marshall Ave. \$ 625,000	7801 N. 6th St. \$ 469,000	6610 N. 11th Pl. \$ 365,000	4149 N. 42nd St. \$ 230,000	7003 N. 11th Way \$ 158,000
8534 N. 16th Pl. \$ 840,000	808 W. Calremont St. \$ 625,000	6135 N. 16th Pl. \$ 453,000	1042 E. Myrtle Ave. \$ 365,000	7718 N. 15th Ave. \$ 225,000	10617 N. 37th Ave. \$ 153,000
322 W. Berridge \$ 825,000	719 W. Claremont St. \$ 580,000	6125 N. 5th Pl. \$ 440,000	6807 N. 4th Pl. \$ 364,000	18410 N. 12th Pl. \$ 215,000	3221 N. 37th St #28 \$ 142,000
6111 N. 2nd Pl. \$ 810,000	4800 S. Nevada \$ 547,500	50 E Maryland \$ 440,000	5302 N. 6th St. \$ 337,000	819 E. Audrey Ln. \$ 214,900	8755 W. Ocotillo Rd. \$ 142,000
722 W. Claremont \$ 784,710	711 W. Claremont \$ 540,000	1338 W. Hayward Ave. \$ 425,000	1202 W. Stella Ln. \$ 333,000	610 E. Royal Palm Sq. \$ 212,500	1009 E. Weldon Ave. \$ 140,000
7219 N. 1st Pl. \$ 749,500	7212 N. 15th Ave. \$ 540,000	5426 E. Campo Bello \$ 425,000	6119 N. 5th Pl. \$ 392,500	1902 E. Whitton Ave. \$ 209,000	1927 E. 8th St. \$ 126,500
816 W. Claremont St. \$ 747,412	1147 W. Northview Ave. \$ 520,000	8205 N. 3rd Ave. \$ 424,000	7001 N. 2nd St. \$ 325,000	702 E. State Ave. \$ 205,000	

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HEALTHY LIVING



TO YOUR HEALTH

Melanoma and breast cancer link

By Linda Greer, M.D.

If you've had either breast cancer or melanoma (the deadliest form of skin cancer), experts say you're at risk for developing the other.

These findings are published in journals such as Annals of Oncology, Breast Cancer Research and Treatment, and the International Journal of Cancer. Findings are so strong, in fact, that researchers explicitly advised doctors to monitor breast cancer patients for signs of melanoma, and vice versa.

If you have a history of either skin or breast cancer, tell your doctors and have regular screening mammograms or breast MRIs (magnetic resonance imaging). Screening refers to tests and exams used to find a disease, such as cancer, in individuals who do not have any symptoms. The goal of screening exams for early breast cancer detection is to find cancers before they start to cause symptoms. The John C. Lincoln Breast Health and Research Center also recommends women age 40 and older have an annual screening mammogram. A baseline screening mammogram is recommended for women between the ages 35-39 years.

As summer bears down, note these tips from the American Cancer Society to prevent skin cancer, including its most deadly form, melanoma: Slip, slop, slap and wrap.

- Slip on a shirt. Wear long sleeves and long pants with a tight weave; it protects better than a loose one. A wide-brimmed hat also helps avoid overexposure to the sun.

- Slop on sunscreen with an SPF of 30. Slop more on after two hours, sooner if you're sweating or swimming. Check the expiration date.

- Slap on a hat.
- Wrap on sunglasses to protect your eyes and the skin around them. The ideal sunglasses should block 99-100 percent of UVA and UVB rays.

More tips include avoiding the sun from 10 a.m.-4 p.m. when ultraviolet rays are strongest. Also avoid tanning beds and sunlamps. They emit UVA and UVB rays that can cause long-term

skin damage and contribute to skin cancer. Tanning bed use has been linked with an increased risk of melanoma, especially if you started using them before age 30.

What about vitamin D? Get it from your diet or vitamin supplements. They're typically more reliable ways to get the amount you need rather than sun exposure, which increases skin cancer risk.

Linda Greer, M.D., is a radiologist and medical director of the John C. Lincoln Breast Health and Research Center. The information in "To Your Health" is provided by John C. Lincoln Health Network as general information only. For medical advice, please consult your physician.

Health Briefs

Free yoga classes at Kinesphere

Enjoy free yoga classes this month at Kinesphere Center for Movement Education, 711 E. Missouri Ave., Ste. 180.

The free Natural Movement classes take place 6:30 p.m. on Thursdays through July 31. Instructor Tami blends her background in anatomy, corrective exercise, pilates and massage with her love of yoga to create a unique class experience.

Tami's classes focus on honoring the natural design of your body to achieve increased functional strength, flexibility and balance. Traditional yoga poses are used along with other natural, dynamic movements to explore the full movement potential of your body. All levels are welcome.

For more information, call 602-532-3111, visit www.kinesphere-studio.com, or e-mail info@kinesphere-studio.com.

Partnership enhances orthopedic services

The Banner CORE Center for Orthopedics is a co-management partnership linking The CORE Institute and Banner Health. Recently, the relationship between the two healthcare leaders was strengthened with the expansion of Banner CORE Center to Banner Good Samaritan Medical Center at 1111 E. McDowell Road.

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The partnership with The CORE Institute enhances the hospital's scope of orthopedic services, including expanded orthopedic residency and fellowship training programs and a more robust framework for orthopedic trauma care.

"We're building upon Banner Good Samaritan's reputation as a provider of superior medical education and Level 1 trauma care by creating a more comprehensive program capable of managing even the most complex orthopedic cases," said David Jacofsky, M.D., chairman and CEO of The CORE Institute.

At Banner Good Samaritan, the Banner CORE Center for Orthopedics model will focus on complete musculoskeletal health with sub-specialty programs for everything from spine, hand, and foot and ankle care, to sports medicine, joint replacement and trauma.

Tiny babies receive donated tiny caps

St. Joseph's Hospital and Medical Center last month received 2,500 handmade caps for the tiny babies treated in its neonatal intensive care unit (NICU), at 350 W. Thomas Road. A team from Cigna HealthCare knitted and crocheted the caps as part of a March of Dimes campaign and presented them to families whose babies were being treated in St. Joseph's NICU. This was one of the largest donations of its kind for the unit.

"Cigna's donation is a true act of human kindness," said Julie Ward, BSN, vice president of Nursing at St. Joseph's Hospital. "These tiny babies need the hats to help them stay warm so that all of the calories they consume can be used to help them grow. The hats also represent the gift of caring—a treasure that helps the parents find a small comfort in a difficult time."

The volunteer knitters provided a variety of sizes and styles of baby caps, each with a personal touch, so that the NICU can provide babies with personalized caps as they grow and flourish. "My greatest drive for this project is the babies and the excellent care they get in the NICU," said Cheryl McAbee, contract senior analyst with Cigna Group Insurance, and one of the ladies on the knitting team. "I personally got involved because of the excellent care my grandson received at another hospital and wanted to give back. It doesn't matter where they are, but the love and care that they receive."



New mom Marilyn Medina and her infant son, Paul, enjoy a handmade knitted "monkey" cap they received as part of a donation made to the St. Joseph's Hospital and Medical Center by members of the Cigna HealthCare knitting team, including, from left: Pamela Martin, Nicki Hollerich and Cheryl McAbee (submitted photo).

Each year, St. Joseph's NICU is the first home for nearly 600 ill and premature newborns. Often weighing less than a pound, these babies can stay in the unit for weeks and even months. These handmade caps not only help sick and premature babies maintain their body heat, which is essential to their development, but they also are an act of kindness that

provides families with a tangible treasure and a sense of normalcy.

Cigna is a national sponsor of March of Dimes, an organization which helps fight preterm birth. A group of dedicated individuals at Cigna in Phoenix made the 2,500 caps, mostly over the eight weeks of their recent March of Dimes campaign.

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Madison Meadows NJHS students Lance Keeble and Quinn Funke receive a donation from John Koller, a partner with Barry's True Value Hardware, to help with their "Semester of Service" project to repaint the exterior of the ICM Food & Clothing Bank in downtown Phoenix (submitted photo).

NJHS students finish project

Madison Meadows National Junior Honor Society members in late April successfully completed their Semester of Service Project that involved painting the exterior of the ICM Food & Clothing Bank in downtown Phoenix.

The group's commitment to paint the 20,000-square-foot ICM facility was no small endeavor. Thanks to many cash donors and several local businesses that provided tremendous support to the middle school students, the team's goal became a reality.

The students first spent several months researching, planning and fundraising. In the final weeks before the paint event, several local businesses generously stepped up to help the NJHS students with the final push to complete the \$30,000 project. Real Property Painting of Tempe prepped the building and painted the top part of the two-story building. Ross Equipment Rental and Arizona Hi-Lift provided 45-foot boom lifts to assist the painting crew.

In addition, Barry's True Value Hardware at 7822 N. 12th St. donated drop cloths, brushes, roller handles and hats. Home Depot at Cactus and Cave Creek roads donated 10 gallons of orange paint for the middle stripe of the building and roller sleeves for the

students to use to paint the bottom part of the building.

Sherwin-Williams pitched in to the philanthropic cause by donating the remaining 106 gallons of paint, which included the upper white and the bottom gray paint as well as the paint for the doors and fences. TD Industries repaired the dilapidated gutters and downspouts.

Hungry and hardworking volunteers also had their own needs tended to, as Fairytale Brownies and Subway provided snacks and sub sandwiches to snack on while Blue Orthodontics provided water for the volunteers.

The Meadows NJHS had a vision for bringing the neighborhood community together to accomplish its goal. There were more than 75 volunteers on hand for the paint project weekend (April 26-27), including the Sunnyslope High School National Honor Society to paint the building, gates and fences. The first shift was at 7 a.m.

After the project was completed, ICM Director Renea Gentry told the NJHS advisors and parents, "I am so impressed that a large group of 13 and 14 year olds and their parents and teachers could come and do this for us, without a hitch! Any time you have another need to 'teach the kids' about commitment, helping others, giving back or whatever you want to call it, give me a ring!"

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SCHOOL DAYS

Back to School Fair at Metrocenter Mall

The City of Phoenix Latino Institute will sponsor the 13th-annual "Back to School and Health Fair" 9 a.m. to 2 p.m. Saturday, July 12 at Metrocenter Mall, 9617 N. Metro Parkway West. Event participants should use the south "RED" entrance south of Macy's.

Visitors to the free Back-to-School and Health Fair can get health screenings, dental and visual check-ups, haircuts, and more. The Maricopa County Department of Public Health will offer select shots for uninsured or underinsured individuals including HPV vaccine, Meningococcal vaccine and Tdap for adolescents. The first 1,000 grade-school aged children accompanied by a parent or/guardian also will receive free backpacks with school supplies.

Participants also will be able to gather useful information from more than 60 organizations on after-school programs, health, nutrition, education, school registration, finance, voting/registration, vital records, and water safety. A panel discussion about challenges affecting the surrounding community will cap off the event. Many door prizes are awarded during the event and attendees who participate in the ending plenary session and workshops will have a chance to win bicycles, TVs and home computers.

Nominate an outstanding teacher

Arizona Education Foundation (AEF) is now accepting nominations for the 2015 AEF Teacher of the Year. Any pre-kindergarten through 12th-grade teacher from a public or charter school in Arizona with at least five years of experience is eligible. Nomination forms must be submitted by Friday, Aug. 1.

Teachers may self-nominate or be nominated by a student, co-worker, principal, parent, friend or family member. Nomination forms are available at www.azedfoundation.org, or email Bobbie O'Boyle at bobbie@azedfoundation.org. After the nomination is received, a Teacher of the Year application will be sent to the nominated teacher. The teacher must then complete and submit the application by Aug. 29.

This is the 31st year AEF is facili-

tating the Teacher of the Year program. The organization is looking for nominees that have gained the respect and admiration of students, parents and colleagues by playing an active and useful role in their communities, in addition to their schools, and distinguishing themselves as leaders. They should also possess a unique ability to help all students achieve academically.

In addition to meeting the President of the United States, the AEF 2015 Teacher of the Year will receive a generous prize package including a \$15,000 cash award, professional speech training, a full scholarship toward an advanced degree at Argosy University Phoenix and the chance to attend international Space Camp in Huntsville, Ala. The AEF Teacher of the Year becomes Arizona's candidate for the title of National Teacher of the Year.

Arizona's winner will be announced at the annual awards luncheon on Nov. 20 at the Arizona Biltmore Resort. Nine additional teachers will be honored at that time.

School Briefs

GLENDALE UNION HIGH SCHOOL DISTRICT Sunnyslope lauded for exchange program

U.S. Secretary of State John F. Kerry recently issued a communication to exceptional schools in the U.S. that support public diplomacy efforts by hosting high school exchange students sponsored by the U.S. Department of State. Sunnyslope High School was among those who received this commendation from Kerry.

"By opening their doors to host exchange students, Sunnyslope High School is providing all students with opportunities to increase their global awareness and cultural understanding as they continue on the path towards becoming global citizens and the kind of leaders this world needs," said Jorge Castro, president of AFS Intercultural Programs-USA.

"We hope that more schools will follow the example Sunnyslope High has set by hosting young people from around the world and encouraging U.S. students to have a similar experience abroad."

Nearly 30 years ago, Castro himself was welcomed into a U.S. high school as an exchange student from Argentina.

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SCHOOL DAYS



Accepting a \$5,000 donation from The Phoenix Suns and Century Link are Camelback High coaches (blue shirts) Louis Carbajal, left, boys varsity basketball coach, and Patrick Bass, right, girls varsity basketball coach (submitted photo).

PHOENIX UNION HIGH SCHOOL DISTRICT Basketball squads receive donations

The Phoenix Suns and CenturyLink on May 12 awarded the Camelback High School boys and girls varsity basketball teams with a \$5,000 donation during a school assembly.

The check presentation was a result of the Suns'/CenturyLink "Team Assist" program.

Camelback's varsity basketball programs were selected as this year's CenturyLink "Team Assist" winner based on their dedication to the community and volunteer work. The donation will be distributed between both the boys and girls basketball programs.

Suns alumnus and color commentator, Tim Kempton, and Suns Community Relations Ambassador, Steven Hunter, hosted the fun-filled assembly for the students, including student-teacher competitions, games and giveaways. The Gorilla, Suns Dancers and Solar Squad also were on hand to interact with the students.

Zelaya receives summer scholarship

Kazandra Zelaya, a member of the Metro Tech Robotics club, received a scholarship to the Summer Computer Science Institute at Carleton College in Northfield, Minn. The scholarship is worth \$2,395 and will cover the July 20-Aug. 8 Summer Academic Program offered at the college. Zelaya was chosen from a highly qualified pool of applicants from across the United States.

Zelaya is going to have a busy summer. She has also been accepted into the Student Expedition Program (STEP) in which talented high-school students with limited financial resources discover the extent of their own abilities. Led by the National Outdoor Leadership School, STEP students go into the backcountry of Alaska to learn and lead in a remote wilderness setting during a three-week expedition.

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SCHOOL DAYS

Local students named Millennium Scholars

Six Phoenix Union High School District students from six different schools have been named Gates Millennium Scholars this spring, the most district students ever in one year to earn the prestigious scholarship from the Bill and Melinda Gates Foundation.

Among the 2014 PUHSD Millennium Scholars are Job De La Cruz of Camelback High and Brian Shelby of Central High. De La Cruz is the second-ranked senior in his class with a 4.65 weighted GPA and the recipient of a number of grants and scholarships. He is a member of DECA and the president of the school's Cereal Box Food Drive, where he volunteered 10 hours a week collecting cereal for the school's food bank. He also is an active member of National Honor Society.

De La Cruz was accepted into the International Baccalaureate program at North, was offered a scholarship to attend Brophy Prep, but chose Camelback. He was offered a Presidential Scholarship to St. Mary's



Job De La Cruz of Camelback High, who was one of six 2014 Millennium Scholars from the Phoenix Union High School District, receives his graduation diploma from PUHSD Governing Board President Randy Schiller (submitted photo).

in San Antonio, and received the Obama and Provost Scholarships from Arizona State University. He plans to attend ASU and major in Business, focusing on entrepreneurship or management.

Shelby is in the top 3 percent of the senior class. He has been in Honors Cambridge classes all four years. He has served as the president, vice-president, and treasurer of the Central Piano Club, and is a member of Asian Studies Club, Suns/Central Media crew,

Christian Club, and historian for National Honor Society.

During his sophomore year, he served Central High as an unpaid auditorium technician and grew into a paid Phoenix Union employee. On occasion, he donates his services for school assemblies, awards receptions, and countless other events for the campus and local community. Shelby will be the first in his family to attend college. He has been accepted to Northern Arizona University where he will major in Tech Theatre and

minor in Music, with an emphasis in Piano.

The scholarships, which can be applied toward undergraduate, graduate and doctoral degrees, are made possible by a \$1 billion grant established by the Gates in 1999.

Some 52,000 applied for the scholarship this year with 1,000 selected.

Scholarship recipients are assessed in the areas of academic achievement, community service and leadership. The value of the scholarship, according to the Gates Foundation's average expenditure per student, is \$250,000. The amount is determined by unmet need based on the financial aid package that is provided by the student's college or university. It can help pay the cost of tuition, fees, books, and living expenses. The scholarship is renewable and can continue for up to 10 years.



Brian Shelby of Central High School was one of six PUHSD 2014 Millennium Scholars (submitted photo).

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SCHOOL DAYS

North student wins STAND art contest

A Phoenix mural artist and co-founder of Calle 16, a mural art project that has transformed the 16th Street corridor near central Phoenix into an outdoor art museum, partnered with Students Taking a New Direction (STAND), Arizona's anti-smoking youth coalition, to invite art students from schools across Arizona to submit an artistic depiction of the impact of tobacco use in our communities.

Hugo Medina visited a handful of high schools throughout April, including Julie Peters' advanced art students at North High School on April 17, to discuss this unique opportunity.

The Art of Resistance Art Contest started the week of April 28 and the voting period ended May 30. Coming out on top was none other than Joseline Valenzuela of North High, who received \$200 in art supplies and the possibility of her submission, "Make the Right Choice," being transformed into a mural. Her work also is the new cover photo on the STAND Facebook page at <http://www.facebook.com/Stand>.



WASHINGTON ELEMENTARY SCHOOL DISTRICT Vasey chosen as Teacher of Year

Orangewood Elementary sixth-grade teacher John Vasey was named the KNIX and Fulton Homes Teacher of the Year at a special luncheon celebration in May.

Orangewood Elementary teacher John Vasey was nominated by his student, Jennifer B., as a Fulton Homes Teacher of the Week. In May, Vasey was additionally recognized for being selected the Fulton Homes Teacher of the Year at a special luncheon for all the weekly winners (photo courtesy of WESD).

Vasey was first named a Teacher of the Week through the annual recognition program, and received the news during a surprise visit from KNIX morning personality Carolyn Coffey on Nov. 6, 2013.

Vasey was nominated by one of his students, Jennifer B. In her nomination letter Jennifer wrote, "My sixth grade teacher, John Vasey, is an amaz-

ing educator that makes school fun and exciting. He is very patient and kind. He has a way of making everybody understand the subjects and my classmates and I like to learn when we are with him."

As part of his recognition as Teacher of the Year, Vasey received \$1,000 from KNIX and Fulton Homes.

For his Teacher of the Week honor, Vasey received \$300 from Fulton Homes, a clock and goody bag from the Dairy Council of Arizona. He was spotlighted during the Ben and Matt morning show on KNIX on Nov. 29.

It's not the first time Vasey has been recognized with a community award. In October 2012, Vasey was given "A Day Made Better" award from OfficeMax. He received a certificate of appreciation and \$1,000 in classroom supplies. Vasey was nominated by Orangewood Assistant Principal Candace Isherwood who said, "John is a much-loved member of the Orangewood staff. His innovative teaching style is a hit with students and parents alike."



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SCHOOL DAYS

Student honored for perfect attendance

The WESD Truancy Prevention Unit (TPU) piloted a new incentive program at Richard E. Miller School and Tumbleweed Elementary School during the second semester with the goal of boosting attendance. The "Be Cool, Come to School ... Every Day, On Time" campaign resulted in perfect attendance for more than 50 students. As a result, the TPU hosted a special pizza lunch for those students and raffled off four bicycles, as well as tickets to the Arizona Diamondbacks and Arizona Rattlers.

Fifty-three students had perfect attendance at Richard E. Miller. Bike winners were Katelynn Y., kindergarten; Omerion M., third grade; Angel N., fourth grade; and Azteca F., fifth grade.

The program will include six more schools next year and will measure attendance for the whole year. Financial supporters of the program included Peter Piper Pizza, Walmart, the Arizona Diamondbacks and the Arizona Rattlers.

PRIVATE AND CHARTER SCHOOLS PCDS grads are all heading to college

The 52-student senior class at Phoenix Country Day School graduated June 5, ready to head off to college in the fall. The PCDS College Counseling Department has supported these students throughout their college search and application process, emphasizing a thoughtful approach to finding the right "fit" for students' continued education.

More than 100 colleges and universities visited PCDS to recruit its students during the 2013-14 school year, and nearly 70 percent of this year's seniors will attend college out of state in the fall. Forty percent of the class will attend college on the East Coast, 15 percent on the West Coast, 4 percent in the Midwest, 6 percent in the Southwest (not including Arizona), and one student will go to college internationally.

Fifteen percent of the graduating class will attend an Ivy League institution, while roughly another 40 percent will attend a college identified as a "Top 25" national university or national liberal arts and sciences college (according to *US News and World Report*).

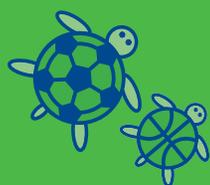
As a whole, the class has been offered over \$3.5 million in scholarships, and three students will matriculate to be college athletes at the Division I and Division III levels.

Loyola Academy grads move up to Brophy

In 2011, Brophy College Preparatory created a middle school for sixth- through eighth-grade boys with academic promise but limited resources.

On May 20, the Loyola Academy promoted the first class of scholars to the Brophy Prep Class of 2018 at a ceremony in the historic Brophy Chapel. Leading up to this day, the scholars engaged in a rigorous 11-month schedule of 10-hour days in study and formation to prepare them for Brophy academics in the ninth grade.

Eleven of the eighth-grade scholars took Honors Geometry with Brophy sophomores and nine took Honors Algebra. Every eighth-grade scholar took the National Latin Exam, with three receiving a cum laude designation and one receiving a *magna cum laude* designation.



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SCHOOL DAYS

Students study at marine institute

This year 16 middle-school students from AmeriSchools Academy participated in a special trip to Catalina Island Marine Institute (CIMI).

Preparation for this trip began several years ago as these students developed teamwork characteristics, maintained excellent attendance throughout their career at AmeriSchools, and had strong work ethics in the classroom. Preparation for the trip continued this year as these students raised \$8,000 for transportation and Institute fees through having pancake breakfasts, car washes, developing a fundraising website, bake sales, and raffles.

These 16 students who earned the spot to go to CIMI had an unforgettable experience in California. Over the course of five days, saw marine life from sea urchins to moray eels while snorkeling and kayaking. They swam with a baby sea lion and swung on high ropes over the ocean.

When the students were not on an adventure around the island, they were in a classroom or lab learning more



Sixteen students from AmeriSchools Academy were part of a trip to Catalina Island Marine Institute (CIMI) where they studied about marine life both in a laboratory and out in the natural environment of the Pacific Ocean (submitted photo).

about what they were about to go see.

The 2014 CIMI Club students included: Lily Lanier, Bently Julian, Jeneane Torres, Christian Madrigal, John Cunanan, Kayla Suttles, Khayla Jones, Elysha Tun, Amos Ramirez, Fatima Carretto, Mason Pogany, Edith Reveles, Jonathen Torres, Edward Castillo, Michael Eaton, and Carlos Amarillas.

All Saints' grads head to various high schools

All 56 graduates of the Class of 2014 at All Saints' Episcopal Day School gained admission to their first-choice high schools across the Valley, including Brophy College Preparatory, Notre Dame Preparatory High School, Phoenix Country Day School, and Xavier College Preparatory.

Students also will attend several out-of-state schools including The Hockaday School in Dallas; Cate School in Carpinteria, Calif.; The Lawrenceville School in Lawrenceville, N.J.; and Loomis Chaffee in Windsor, Conn.

Alumni of All Saints' continue to thrive in their academic pursuits. At a recent alumni event, members of the All Saints' Class of 2010 shared their college selections, which spanned the United States. One alumna said of her time at All Saints', "I am culturally aware, socially fulfilled, insatiably curious, and above all proud of my ASEDS experiences."

Open enrollment at AmeriSchools

AmeriSchools Academy, 1333 W. Camelback Road, a tuition-free public charter school, currently is accepting applications for the 2014-15 school year. The academy, going into its 15th year, provides opportunities for students and families in Central Phoenix and the surrounding communities.

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SCHOOL DAYS

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The school also offers competitive sports in boy's and girl's basketball, girl's volleyball, boy's flag football and co-ed softball.

The AmeriSchools office is open from 7:45 a.m.-3:45 p.m. Monday through Friday. For additional information about the program or registration, call 602-532-0100 or visit www.amerischools.org.

Student, teacher honored by Girl Scouts

North Central resident and Xavier College Prep senior Sierra Fullmer was honored with a Girl Scout Gold Award for leading an Engineering Projects In Community Service (EPICS) welding project team at the Rio Salado Habitat. This award represents the highest achievement in Girl Scouts and is the equivalent of the Eagle Scout Award in Boy Scouts.



Sierra Fullmer

In addition, Xavier faculty member Gabriele Reil was awarded the Girl Scout Thanks Badge—the highest honor possible for an adult—in recognition of the exceptional impact that her ongoing commitment, leadership and service have had on the goals and priorities of the Girl Scouts.

Clarke gets accolades for tennis ability

Xavier College Preparatory junior Madison Clarke has been named a 2014 All-American by the National High School Tennis All-American Foundation. Each year, All-American

awards are presented to the top high school players in the United States. This year, only 36 young women received the honor.

Also in May, Clarke, a North Central resident, won the Arizona Interscholastic Association's Division 1 high school girls state singles title. She also played as the top-seeded player on the Xavier team that captured the state championship title for the third consecutive year.



Madison Clarke

Clarke was named *The Arizona Republic's* “American Family Insurance All-USA Arizona High School Girls Tennis Player of the Year” for the second consecutive year. She also was named a 2014 All-American by the National High School Tennis All-American Foundation.

Ochoa named a finalist with NSDA

North Central resident and Brophy senior Carlos Ochoa was named one of six finalists for the National Speech & Debate Association (NSDA) William Woods Tate Jr. Memorial National Student of the Year Award.

This annual award recognizes one student out of the association's more than 130,000 members who best embodies the organization's code of honor: integrity, humility, respect, leadership, and service. Nominees also must demonstrate strong academic credentials and a commitment to the speech and debate community.



Carlos Ochoa

The 2014 National Student of the Year was set to be announced during the national awards assembly on June 20, in front of more than 3,000 tournament participants and audience members.

Ochoa received the Boys Hope/Girls Hope Academic Achievement Award, NSDA Arizona District Student of the Year and All-American Debater. He was named an AP Scholar and a member of the National Forensics League Honor Society. He will attend American University in the fall.



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Download a pre-enrollment form by visiting the “forms” tab at our website www.franklinphoneticschoolsunnyslope.com. Mail the form to 111 E. Dunlap Ave. STE 1-489, Phoenix, Arizona 85020. You can also pick up a form in our office from 9 am to 4 pm Monday through Thursday beginning June 30th. Space is limited so call 602-944-1371 for more information.

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GENERATIONS



Enjoying a day of donating books and reading to children at the Phoenix Day early education center are members of Gallagher & Kennedy law firm's Professional Women's Group, including, from left: Laura Antonuccio (seated), Jennifer Cranston, Alana Hake and Jodi Bohr (photo by Patrick Corley).

Law firm group donates books

Members of Gallagher & Kennedy law firm's Professional Women's Group on May 28 donated 333 books to more than 80 children at Phoenix Day, an early education and youth development center serving underprivileged children in South Phoenix.

Over the course of several weeks, the Professional Women's Group collected new and gently used children's books firm-wide in an effort to ensure that every student at Phoenix Day received age-appropriate books to take home. The donation was the culmination of the group's participation in the United Way Women's Leadership Council's Million Minutes Reading Challenge.

Committed to making a difference in the life of a child by sharing the joy of reading and helping children succeed in school and life, 18 Gallagher & Kennedy women professionals formed a Million Minutes Team titled "Right to Read." Since September of 2013, Team Right to Read has volunteered more than 7,300 minutes reading to Arizona's youth.

Established in 1978, Gallagher & Kennedy is an Arizona-based law firm with nearly 100 attorneys in offices in Phoenix and Santa Fe; the Phoenix office is located at 2575 E. Camelback Road, #1100. Gallagher & Kennedy's clients range from Fortune 500 companies to small businesses and individuals. For more information, visit www.gknet.com or call 602-530-8000.

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THE STRATFORD



GENERATIONS

Senior Living

Duet hosts Movie Night for local 'grandfamilies'

Pop the popcorn and dim the lights as Duet: Partners in Aging hosts a family movie night 6-8:30 p.m. Friday, July 25 in Nelson Hall at Church of the Beatitudes, 555 W. Glendale Ave.

Grandparents raising their grandchildren are welcome to attend along with their grandkids. Bring folding chairs or blankets to sit on inside the hall. There will be pizza, popcorn, snacks and drinks provided.

The event is free; however, reservations are required by Friday, July 18. To RSVP, contact Patricia at 602-274-5022, ext. 31.

Changes planned for Social Security cards

To help combat fraud and identity theft, Social Security will no longer issue Social Security number printouts beginning in August. If you need written confirmation of your Social Security number and you can't find your Social Security card, you can apply for a replacement.

In most cases, you don't need your card as long as you know your number. Usually providing your number and identifying information is enough.

In the event you want or need a replacement card, you can find the details you need at www.socialsecurity.gov/ssnumber. The "Social Security Number and Card" page provides information on how to obtain a replacement card and what specific documents you need to provide.

At-risk homeowners given aid by AARP

AARP Foundation, in an effort to help seniors avoid foreclosure and remain in their homes, is connecting at-risk homeowners over the age of 50 to free HUD-certified counseling, resources and education through its bilingual Housing Solutions Center. Services are offered in English and Spanish and you do not need to be an AARP member to access assistance.

From 2007 to 2011, more than 1.5 million older Americans lost their homes as a result of the mortgage crisis and more than 3 million are at risk today.

Last year, AARP Foundation's Housing Solutions Center connected more than 2,000 vulnerable older homeowners with free HUD-certified counseling and reached nearly 1 million individuals with resources and education to help them avoid foreclosure and remain in their homes.

For more information, call AARP Foundation's Housing Solutions Center toll free at 1-855-850-2525 or visit www.aarp.org/housingsolutionscenter.

Kids & Families

Free admission on Sundays at Heard

Each Sunday in July, 11 a.m. to 5 p.m., the Heard Museum will offer free admission for all presented by Target. The museum is located at 2301 N. Central Ave.

On these days, children can be creative with LEGO brick art during BUILD! Block Parties, 11 a.m. to 4 p.m. Kids of all ages can enjoy performances in the Steele Auditorium at noon and 2 p.m. See artists at work during artist demonstrations at 11:30 a.m. and 3:30

p.m. For a schedule of performer and demonstrating artists, visit <http://heard.org/events/festivalsevents.html>.

Note that there will be a \$5 gate fee per person for admission to the special exhibit BUILD! Toy Brick Art at the Heard, on view through Sept. 28. For more information, visit www.heard.org.

Kids play golf for free in summer

Junior golfers ages 17 and younger will play for free all day, every day at any of the city of Phoenix nine-hole courses this summer, when accompanied by a paid adult.

Golfers can enjoy the "Kids Play Free" program through Aug. 31. The program is designed to encourage families to enjoy golf together and to promote junior golf in Phoenix. The special is good for one youth per adult. If only one adult is present, additional kids' rounds are only \$5 each.

Participating golf courses include Encanto Short 9, 2300 N. 17th Ave. (602-262-6870) and Palo Verde 9, 6215 N. 15th Ave. (602-249-9930).

please see GOLF on page 42



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GENERATIONS

GOLF continued from page 41

Tee times can be booked online at phoenix.gov/golf or at 1-866-865-GOLF (4653).

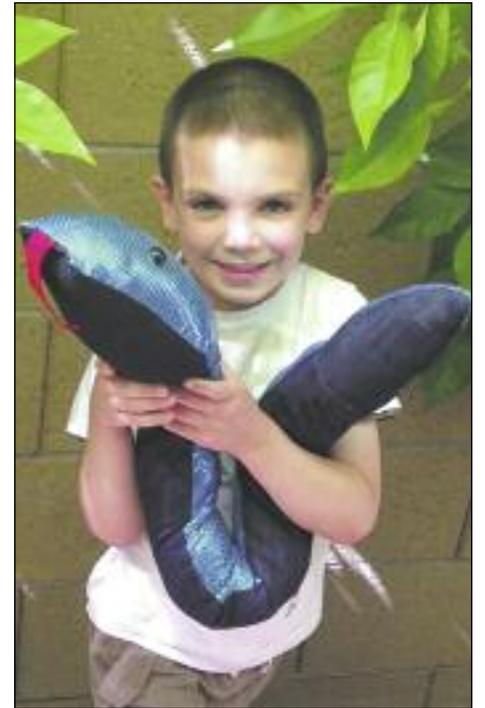
This program is an extension of the Phoenix Youth Golf Program that offers affordable golf lessons year-round to young golfers between the ages of 5 and 17 and the \$30 Junior Play Pass good for 30 days at all Phoenix golf courses on a space available basis.

More information is available online at www.phoenix.gov/golf.

Artplay adds therapy products to aid kids

Artplay, a local art therapy business, has expanded its services by providing more effective therapy tools and toys to help children while at home and in school.

Many of the art therapy tools that Artplay uses during sessions do not exist on the market. For this reason, Artplay has created its own line of products that are sold at Artplay, located at 1130 E. Missouri Ave., Suite 350, as well as



Declan Mancilla of North Central Phoenix holds a Weighted Boa Snake, one of several new children's therapy products introduced by local art therapy business, Artplay (submitted photo).

online at www.artplayhealing.com/store.

The products are designed to help children with emotional issues, such as anxiety, sadness, fear and anger. Among them are: "Feeling Faces" Big Bingo Game; "Emotion Lotion" Kits; "I Feel Calm" Weighted Vests; "Sand Tray Play" Sealable Container; "Let's Face It" Dry Erase Booklet; "Soothing Spheres" Buckets; Two Foot Tall "Wall Pals," and the most popular "Weighted Boa Snakes."

To help reach kids with emotional issues in the schooling community, Artplay will be asking client parents and the general public to purchase "Artesia Starts School" books in July. These books, which will help lower anxiety in children at the start of the stressful school year, will be placed in as many special needs classrooms as possible. Fifty percent of the proceeds will go toward sponsoring children in need of Artplay sessions, but whose families can otherwise not afford to pay.

For more information about Artplay, call 602-329-1347 or e-mail owner Liz Tomko at hello@artplayhealing.com.

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The North Phoenix Prevention Alliance (NOPAL) is a community driven coalition focused on reducing youth substance abuse and the harms associated with it. NOPAL meets every 4th Monday of the month at 3:30 pm at 802 E. Vogel in Phoenix. Attend a meeting to learn how you can help support our youth and the future of our community!

What we do...

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ARTS & ENTERTAINMENT



Preparing to shoot a fight scene from *Voyage Trekkers* Season 2, Episode 2, "Laser Swords at Dawn," are, from left: Craig Curtis as General Kang; writer/director Nathan Blackwell; second assistant-camera Noel Lucas; line producer Stephanie Mello, and Adam Rini as Captain Jack Sunstrike (photo courtesy of *Voyage Trekkers*).

Comedic web series ventures into film

By Teri Carnicelli

In a galaxy far, far away, a bumbling starship crew seeks out—and basically ruins—new worlds and civilizations.

"*Voyage Trekkers*," a comedy series that follows the exploits of the worst crew in the Galactic Union, is expanding its own world by making the leap from the Internet to a full-length feature film—with a little help from the public.

Created by writer and director Nathan Blackwell and his Squishy Studios, the show is produced with Tray Goodman's *Inside Creative Minds* Media. Both men are Phoenix natives and still live in town.

"Everything is done locally; we're all about local," Goodman says.

Season One started out being shot around Phoenix, and each episode was 2 to 3 minutes in length. In all, there were 10 weekly episodes in the season. Season two was more ambitious, with longer episodes and the construction of an indoor film set. Both seasons are available for purchase on DVD.

Now, the Earth-based writing and production crew is hoping to make the leap to feature film, and has begun an ambitious fundraising campaign. A goal of \$10,000 was set—and surpassed—last month with donations made to a crowdfunding website hosted by indiegogo.com. That money is primarily earmarked for props and costumes, and other up-front needs, explains Blackwell, who adds that deeper-pocket investors also are being sought.

"To do a feature-length film takes a lot of money and a lot of time," Blackwell points out. "The amount of people we have working on this is big, with 20-25 people on the crew. We'd like to actually be able to pay these guys at some point."

Blackwell says he and his co-writer are polishing up the third draft of the screenplay, which features the charismatic but impulsive Captain Jack Sunstrike (Adam Rini), with the unfazed first officer Commander Powell (Logan Blackwell), and the exasperated Doctor Rena (Gabrielle Van Buren).

For those unfamiliar with the web series, it follows the misadventures of a space-based cargo delivery ship, but the man at the helm, Captain Sunstrike, longs to be a hero even though he's really sort of a jerk. In the feature film premise, Captain Sunstrike mistakenly is given a mission of vital importance that could see him finally achieving his dream of fame and fortune. But given his and the crew's history, they'll probably mess it up, like always.

"One of the reasons we want to do a feature film is we want to take it to the next level," Blackwell says. "We keep amping it up, and we want to see more of what is possible."

To make a donation—and possibly become an extra in the movie—and for more information about "*Voyage Trekkers: The Movie*," visit www.voyagetrekkers.com. You also can follow them on Facebook at *Voyage Trekkers* to receive updates about the movie's progress.

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As I traverse this journey of life, I am so appreciative for learning the concept of “Men for Others” from the Jesuits at Brophy during my formative years. At the time I did not understand it, could not verbalize it, and certainly my actions did not represent it. But as I have matured, slowly by most accounts, I have realized how important this concept is. The principles of being committed to justice, loving, religious, intellectually competent and being open to growth have been the foundations that I have tried to be guided by. I am so grateful that concept is still being taught today to my boys at St. Francis Xavier and Brophy. I hope that whatever your path and your spirituality, you have something that resonates for you.

If you have a mortgage need and would like to talk with someone guided by the principles above give me a call. I guarantee you will get the unique and individual service you deserve.



TRIVIA

Contest

Who was the dean of students when I graduated from BCP in 1985?

I did a lot of JUG for that man, well-deserved. First to email will win a \$100 gift certificate to the Brophy Team Shop.

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ARTS & ENTERTAINMENT

A & E Briefs

‘Joy of Toys’

Through July 24
Shemer Art Center
5005 E. Camelback Road
602-262-4727

A folk art exhibit from Brazil, Cuba, Mexico, and beyond. Art Consultant Ted Decker showcases his whimsical collection of folk art toys from around the world in a special exhibit. The Museum Store also will carry special folk art pieces for sale during the exhibit. Hours open to the general public are Monday through Friday from 9 a.m. to 4 p.m. Thursday evenings and Saturday by appointment only. Visit www.shemerartcenter.org.

‘The Process and The Page: Developing Photographic Books’

Through Aug. 17
Phoenix Art Museum
1625 N. Central Ave.
602-257-1222

On display are 15 books published from 1930 to 2013 by nine celebrated photographic artists including Ansel Adams, Edward Weston, Richard Avedon and W. Eugene Smith, along with proposals, correspondence, drafts, expense reports and marketing plans that illustrate the artists’ role in every aspect of a book. General admission is \$15 adults, \$12 seniors age 65 and older, \$10 for students with ID, \$6 for children ages 6-17, and free for children ages 5 and younger. Free admission for all is available Wednesdays from 3 to 9 p.m. and First Fridays from 6 to 10 p.m. Visit www.phxart.org.

Lost Egypt: Ancient Secrets, Modern Science

Through Sept. 1
Arizona Science Center
600 E. Washington St.
602-716-2000

Lost Egypt reveals how archaeologists use science and technology to uncover and understand the ancient civilization of Egypt. Highlights include a human mummy and several animal mummies, plus scans, forensic facial reconstructions and a life-size rapid prototype of a mummy in a stage of “unwrapping.” Tickets are \$26.95 (adult), \$23.95 (senior) and \$19.95 (child), which include general admission. Visit www.azscience.org.

L.O.L. Comedy Show Volume 3

8 p.m. Saturday, July 5
Herberger Theater Center
222 E. Monroe
602-252-8497

The show stars Alex Thomas, who has appeared on The Jaime Foxx Show, Family Guy, Mr. Box Office and more, features Red Bone & Dirty Red and is hosted by Nate Jackson. Tickets are \$30 orchestra and \$20 balcony, plus service fees. Visit www.herbergertheater.org.

‘The Agony and The Ecstasy of Steve Jobs’

July 5, 9, 12 & 23

Helen K. Mason
Performing Arts Center
1333 E. Washington St.
www.actorstheatrephe.org

A provocative monologue that pulls back the curtain veiling America’s most mysterious technology icon with a wickedly funny tale of pride, beauty, lust and industrial design. Tickets are \$20 general admission. Show times are 7 p.m. Wednesdays and 10 p.m. Saturdays.

‘Catwalk ...

I Love Duran Duran!’

Scorpius Dance Theatre
July 11-12
Phoenix Theatre
100 E. McDowell Road
602-254-2151

The dance troupe’s fashion runway themed production, Catwalk, returns with a focus on the ‘80s British rock group, Duran Duran. Catwalk is a teen/adult show, and children younger than 13 will not be permitted. Show times are 7 p.m. Friday and 7 and 10 p.m. Saturday. General admission tickets are \$30 and VIP tickets are \$45, plus a service fee for all tickets. To purchase, call or visit www.scorpiousdance.com.

‘The Fever’

July 11 & 16

Helen K. Mason
Performing Arts Center
1333 E. Washington St.
www.actorstheatrephe.org

The playwright discovers that having good intentions toward the dispossessed is not enough. He reaches the inevitable conclusion that the politically correct are guilty themselves unless they take action. Tickets are \$20 general admission. Show times are 7 p.m. Wednesday and 10 p.m. Saturday.



FOOD FOR THOUGHT



Chris Rideau, left, and his father, Charles, owners of Town Talk II Creole Style Bar-B-Q, show off some of their top sellers, including the half-slab of pork ribs with dirty rice and Bubba beans, the Town Talk II red ale from Four Peaks Brewery, peach cobbler with vanilla ice cream, and their signature barbecue sauce, available at AJ's Fine Foods (photo by Patty Talahongva).

Café Chat
Barbecue is this family's business

By Patty Talahongva

Town Talk II Creole Style Bar-B-Q is a throwback to the days when Phoenix wasn't much more than a dusty desert town that boasted only two barbecue restaurants. Burleigh Rideau Sr. opened the original restaurant, Town Talk, in 1949 and brought Creole-style barbecue to the city. It was located on 12th and Washington streets, and his son, Charles, says the downtown location meant all the professional people were his customers.

"All of the cooking was done in a big pit," Charles recalls. "It was a difficult job smoking and cooking the meat." Sadly, it closed in 1963.

Seven years ago Charles and his son, Chris, revived the family business and opened Town Talk II at 3509 N. 19th Ave. They use many of the old recipes and have maintained a family-like environment and attitude. "Faith, family and friends," is embroidered on each work shirt.

The recipes come from the family's blended heritage. Chris' mother was Hispanic and his father, Charles, is of course Creole. Chris says holiday meals were always interesting. "Dad would make gumbo and mom would

make menudo and tamales."

Chris wanted to honor his deceased mother when he and his father opened Town Talk II, so he included a few Mexican dishes on the menu but added a Creole flavor. "I need something in here that represents her," he recalls thinking. The tribute he came up with is his Mexi-Q section, which features barbecue tacos, enchiladas and burritos.

"It's meant to pay a little respect—but at the same time she, might cringe to know I'm putting barbecue sauce on tacos," he laughs.

The restaurant is well known locally for its tangy and tasty homemade barbecue sauce, which is also sold in bottles at AJ's Fine Foods. The sauce is poured over protein that has been smoked for anywhere from four to 12 hours, depending on the type of meat. That's the secret technique—simple, slow cooking.

The restaurant also features Fried Green Beans, Buffalo Style Rib Tips and Fried Pickles on the appetizer list. Prices are moderate with sandwiches averaging \$8, entrees \$12 and specials like a full slab of pork ribs for \$22. You can purchase meat by the pound or have your event catered with a week's notice.

If you would like a beer, try one on tap from Four Peaks Brewing Company. Four Peaks also makes a Pale Ale bottled just for the restaurant and

please see TOWN TALK II on page 46

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FOOD FOR THOUGHT

TOWN TALK II continued from page 45

it's called the Town Talk Red.

A few years back, the Rideaus met James Hansen when he came in to eat. Hansen was so impressed with the place he told Chris he was going to be his new bartender. Chris recalls just smiling and nodding at the customer. The next day Hansen came back and convinced Chris to hire him. It was a perfect match.

"My sons have another uncle," says Chris of Hansen's place in the family business. They are proud of their hire and new family friend, and he echoes that sentiment.

"I'm proud of the fact that Chris and Charlie shop daily and smoke our meats daily," says Hansen. "Nothing gets frozen, leftovers go home with employees."

Being a family business that stays connected to its community, Town Talk II also finds ways to give back. The restaurant will host a Back to School Drive & Ice Cream Social on Saturday, July 26. It will be a "Christmas in July"-themed party to collect school supplies.

"We're going to put up a tree, and people can bring crayons, pencils, notebooks, and other school supplies," says Chris. The ice cream is free. "It's just our way to give back to the community," he explains.

And since they encourage a family atmosphere, Charles looks at a customer daintily cutting a rib with a knife and fork. "You're not supposed to be proper," he tells her. "You need to pick up that bone and eat." Just like at home.

"We are a family restaurant; I want people to come in and enjoy a meal with their kids," says Chris. And for 10 days in July (4-15), the family will take a break and head on vacation to escape the heat for a little while. Town Talk II will reopen with its regular hours upon their return.

Town Talk II is open 11 a.m. to 7 p.m. Monday and Tuesday and 11 a.m. to 9 p.m. Wednesday through Saturday. Follow them on Facebook or visit www.towntalkbbq.com.

Dining Briefs

Beer dinner at Zinburger

There's no denying a juicy burger and an ice-cold beer make for the perfect summer duo, so Zinburger and Lagunitas Brewing Company are part-

nering to bring them both together for a beer dinner this month.

The dinner is set for 6:30 p.m. Tuesday, July 8 at Zinburger, located at the Biltmore Fashion Park, 2502 E. Camelback Road, Ste. 127. Cost is \$35 per person. It includes a four-course meal paired with some of Lagunitas' tastiest beers. Space is limited and reservations are required. Reserve your seat in person or by calling 602-424-9500. For more information visit www.zinburgeraz.com.

Summer happy hour offered at Caffé Daniel

Caffé Daniel is launching a summer happy hour menu of simple, rustic Spanish tapas and small plates.

The menu, served from 3 to 6 p.m. Monday through Saturday, includes items such as calamari in tomato sauce; chorizo and shrimp; tortilla de papas (potato, onion and egg with tomato-rubbed bread); and crepes with roasted asparagus, sautéed wild mushrooms, manchego cheese with a touch of béchamel sauce.

Small plates range in price from \$5 to \$7. Imported beers are \$4 and special wines of the day are \$6.

Caffé Daniel is located at 3115 E. Lincoln Drive and dinner reservations can be made by calling 602-957-2224. Summer hours are 3-10 p.m. For more information, visit www.caffedaniel.com.

Local chefs host cooking demos

This summer, join six of the Valley's top chefs as they host a complimentary cooking class series at Williams-Sonoma inside the Biltmore Fashion Park, 2540 E. Camelback Road.

Each chef will whip up a recipe featured in the "100 Years, 100 Chefs, 100 Recipes" cookbook. All classes begin at 11 a.m. Upcoming presentations include:

- July 12—Robert McGrath (Roaring Fork founder), getting his grill on with grilled pork tenderloin and smoked tomato grits;
- July 19—Chris Newstrom (Windsor/Postino/Joyride Taco Shop) heating up with fondue;
- Aug. 2—Aurore de Beauduy (Vogue Bistro) gets her game face on with duet of lambs with vegetable torte; and
- Aug. 9—Josh Hebert (Posh Improvisational Cuisine) cooks up some tasty chicken terrine.

FOOD FOR THOUGHT

Copies of this full-color cookbook celebrating Arizona's culinary heritage will be available for purchase at each event for \$32.95. Can't make it to the demo? Order a copy at www.100years100chefs100recipes.com

Manuel's celebrates 50th anniversary

Manuel's Mexican Restaurants will celebrate the family-owned eatery's 50th Year Anniversary on Friday, July 4, with a 50 for 50-percent off theme. All seven locations, including the ones at 2820 E. Indian School Road and 12801 N. Cave Creek Road, will offer guests a menu to choose from with more than 50 menu items that will be 50-percent off.

Manuel's Mexican Restaurants have spent the last 50 years feeding first, second and third generations of families while employing four generations of their own family members.

Manuel's Mexican Restaurants were created in 1964 by Manuel and Alice Salazar, with their first location being opened at 32nd Street and Indian School Road. Fifty years later, Manuel's

is run by three generations of family members—with the fourth generation starting to learn the family business. Many of the employees of Manuel's have worked for the company for more than 20 years.

Manuel's has won numerous awards for its food, including its salsa, tamales, beans, Albondigas soup and rice. For details, visit www.manuelsaz.com.

Scramble launches monthly 'local' series

Scramble—A Breakfast Joint has always been proud of its commitment to buy from local farmers and artisan purveyors. And now it's putting the spotlight on them as it launches its "Think Global—Eat Local" monthly series.

It will include monthly special or specials made from the featured local product. On July 26, the featured business will be Strictly From Scratch bakery, with representatives on hand for a special cooking demonstration between 7 and 8:30 p.m.

There will be monthly events featuring local purveyors such as Sun

please see SERIES on page 48

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FOOD FOR THOUGHT

SERIES continued from page 47

Orchards and Peddler's Son produce. They will take place 7-8:30 p.m. on the third Wednesday of the month at Scramble, located at 9832 N. 7th St.

For more details and to register, visit www.azscramble.com.

Summer Sampler returns to Sauce

Now through Aug. 31, Sauce Pizza + Wine at 7th Street and Glendale Avenue offers its Summer Sampler, which includes your choice of salad, pizza and two glasses of wine for just \$20.

Choose from a variety of salads, share a 12-inch pizza and top it all off with two chilled glasses of wine. Gluten-free salads and gluten-free pizza crust are available upon request.

Bring the kiddos for \$5 kids meals, offered year round. Selections include mac n' cheese, grilled cheese or spaghetti marinara (includes kid's drink).

The restaurant is open 11 a.m.-9 p.m. Sunday through Thursday and 11 a.m.-10 p.m. Friday and Saturday. Visit www.saucepizzaandwine.com or call 602-216-2400.

Seasonal ingredients add to The Market's menu

The Market by Jennifer's spring/summer menu features a selection of seasonal ingredients such as sunchokes, fiddlehead ferns and English peas.

Sunchokes are the star attraction in the sunchoke risotto with rock shrimp, oregano and lemon oil (\$17) and enlivens the chilled tuna carpaccio with olives, roasted garlic, tomatoes and sunchoke puree (\$12). Fiddlehead ferns make an uncommon pairing with the roasted chicken and organic polenta (\$17). The ricotta gnocchi with English peas, corn, fava beans, grated Parmesan and prosciutto (\$16) is an entrée not to be missed.

Mini raviolis with corn, morels, roasted pork and herbed broth (\$16); crispy salmon with roasted baby zuchinis, saffron, baby onions and natural jus (\$19); and Iberico pancetta wrapped bistro filet with pearl onions, crushed gold potatoes, with red sauce (\$21), round out the new spring/summer entrée selection.

The Market, which opened in January, also has added a full service bar.

It is located at 3603 E. Indian School Road. To learn more, visit www.themarketbyjennifers.com or find The Market on Facebook.

Urban Tacos features tempting salsa bar

Urban Tacos opened in May at 6522 N. 16th St., in the spot formerly occupied by Europa Pastry Café. "Gourmet tacos are the main attraction, and our signature salsas steal the show," says owner/chef Tim Perkins, previously the owner of Timothy Michael's Hideaway in Phoenix.

From light, crisp cucumber and herbaceous Chimichurri, to deeply rich smoked tomato and poblano, people have a hard time choosing from the 10 handmade salsa selections, but fortunately, diners can purchase flights of three or five. The eatery offers street tacos, and more complex gourmet tacos and burritos as well. "The succulent octopus tacos are a huge hit and are a sell out nearly every day," Perkins said. Urban Taco also features handcrafted 100-percent agave tequila cocktails, and margaritas prepared with house-made sweet and sour. The bar also car-

ries a variety of craft beers and a list of wines available by the glass. Happy hour is 4-7 p.m. Monday through Saturday, with dollar-off street tacos, \$5 classic margaritas, beers and select glasses of wine.

Hours are 11 a.m. to 10 p.m. Monday through Saturday. For more information, call 602-368-2708.

Watch the World Cup, dine on Brazilian fare

Half Moon Windy City Sports Grill, 2121 E. Highland Ave., is your home for World Cup soccer through July 13, and it's opening at 9 a.m. for the early matches.

All the games will be shown on 32 HD TVs throughout the bar, so wear your jersey, cheer for your favorite team and enjoy festive Brazilian specialty food and drinks, including unique breakfast selections.

For those coming in for the later matches, sip on a Caipirinha or a Batida or try Palma Louca Lager, a Brazilian beer.

For more information, visit www.halfmoonsportsgrill.com or call 602-977-2700.

For local restaurant listings, visit our Dining Guide at www.northcentralnews.net

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