



# Idle-time energy savings through wake-up modes in underwater acoustic networks <sup>☆</sup>

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## ABSTRACT

Interest in underwater sensor networks has increased recently due to the possibility of using autonomous underwater vehicles and sensors to explore the oceans and monitor underwater equipment. Such networks, due to the need for long term deployments, must be energy efficient, like their terrestrial counterparts. However, there are fundamental differences between radio interfaces and acoustic modems, both in terms of achievable performance (e.g. bit rate and latency) and in terms of energy consumption (i.e. transmit power, receive power, sleep power, etc.). These differences may cause techniques that are highly effective for radios to perform poorly in acoustic scenarios. This paper considers asynchronous idle-time power management techniques and the effects of acoustic modem properties on the optimal solutions. Specifically, we compare two main techniques, a sleep cycling solution and a wakeup mode solution. We show that for traffic rates of greater than one packet every few hours, using a wakeup mode may be the most efficient way to save energy.

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## 1. Introduction

The current interest in underwater sensor networks stems from the potential to use long term sensing devices and autonomous underwater vehicles (AUV) to explore the large mass of oceans on the planet. To accomplish this type of exploration, the sensor nodes and AUVs must have the ability to self-configure into a communication network and provide energy-efficient data transmission. To this end, researchers have begun devising MAC-layer protocols that minimize energy consumption while supporting the communication patterns needed by proposed applications.

Such communication patterns vary a great deal however. AUVs may need to be able to communicate frequently to coordinate movements and group tasks. Underwater

seismic sensors may be event driven, producing traffic bursts only during times of seismic activity. Finally, equipment monitoring sensors may only deliver information once an hour or longer [1,2].

Acoustic modems typically present a number of modes of operation, similar to radio interfaces (e.g. transmit, receive, sleep, etc.), each of which consumes different levels of energy. In radio communications, the cost of keeping the interfaces idle is high; therefore, a number of idle-time power management solutions have been devised [3–11] to conserve energy during times of no communication. It is natural to attempt to use these same methods for energy conservation in underwater sensor networks. However, there are significant differences between acoustic modems and radios, making it doubtful whether previous conclusions will be valid for the underwater environment.

The relative costs of various interface modes are significantly different for acoustic devices than for radios. While typical radio interfaces [12] have similar costs for transmitting, receiving and idling, acoustic modems have very high transmission costs with respect to receive costs, and

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have very low idle costs. This implies that certain trade-offs worthwhile for radios may be too costly for acoustic modems. Furthermore, capabilities inherent in acoustic modems (e.g. the possibility of an ultra-low power receive state) may cause solutions that were too expensive for radio to be justifiable in an underwater network.

The physical deployments of underwater sensor networks are also potentially very different than those of radio-based networks. The node density of terrestrial sensor networks is usually assumed to be very high, while the node density of underwater sensor networks is expected to be considerably lower due to different application requirements and to the fact that underwater sensor nodes are significantly more expensive to acquire and deploy (e.g. consider a network of unmanned underwater vehicles or geosensing devices). Additionally, the number of hops to a sink in a terrestrial network might be quite high, whereas in underwater networks it is expected to be significantly smaller [1,2].

All of these factors mean that a straightforward application of terrestrial idle-time power management techniques to underwater sensor networks might result in suboptimal performance. Therefore, a careful evaluation of the impacts of the differences between these two environments on such techniques is required to guide the design of energy efficient protocols.

The main contribution of this work is an evaluation of idle-time power management techniques for underwater sensor networks. Through an extensive simulation based on the energy consumption of various modes for acoustic modems, we show that for sensors that transmit data with a period on the order of minutes to a few hours, idle-time power management techniques that increase the needed transmission time perform poorly. As an alternative, we investigate the use of a wakeup mode. Wakeup radios are not a new idea, but they have not yet been adopted due to the fact that their implementation requires new hardware and this technology may not be mature enough, which has led to the widespread adoption of sleep cycling algorithms instead. We show in this work that for the underwater acoustic environment, the case is different and that wakeup modes improve performance significantly in these scenarios.

We also present an evaluation of four protocols via simulation. The baseline is a protocol that uses no sleep or wakeup state during idle times. The other three protocols are an optimal sleep protocol, our proposed wakeup mode protocol, and STEM [7] (a sleep cycling protocol that does not require synchronization). There are two essential metrics that can be used to evaluate sensor network performance in terms of energy efficiency. The first metric is total energy consumption. This metric shows the total amount of energy consumed throughout the network. The second is the time to first node death. This metric can be important in networks that are not very dense, in which the death of a single node may cause the network to become disconnected. Depending on the application, other similar definitions (e.g. time to death of a given fraction of nodes) could also be used. The simulations show that even for situations where STEM outperforms the wakeup modem in terms of total energy, it still causes the maximum single-node energy consumption to be

much greater, decreasing the time to the first node death.

The rest of this paper is organized as follows. Section 2 presents the properties of radio interfaces and some protocols used for idle-time power management. Section 3 presents the characteristics of acoustic modems and presents their impact on idle-time protocols. Section 4 presents our evaluation of these protocols over different network traffic patterns for acoustic modems. Finally, Section 5 presents some conclusions and future directions.

## 2. Radio communication

Wireless networking research has long focused on increasing the energy efficiency of the communications protocol stack due to the relatively high cost of the wireless interfaces compared with the rest of the mobile system. Early work focused on adapting the transmit power level to reduce the energy spent during transmission [13,14], based on the belief that the cost of transmission far exceeded the cost of remaining idle. Furthermore, there is a direct trade-off between transmit energy and distance reachable, as higher transmit powers yield greater transmission ranges. However, this relationship is not linear; therefore, it is possible to save energy by transmitting over short distances, using a greater number of hops to reach the final destination.

The problem with using transmit power control for saving energy is that the amount of energy consumed by actual wireless interfaces is typically dominated by the power needed to keep the electronics on the card active; transmit power can only vary in a 100 mW range, while the power to keep the card in transmit mode is 2,140 mW). Furthermore, these interfaces consume nearly as much energy in receive and idle mode as in transmit mode (e.g. for Cisco Aironet 350 interfaces [12]).

This observation led researchers to look for methods to place the interfaces into a low-power sleep mode, conserving the energy needed to keep the RF circuitry on. This type of solution was further encouraged by two facts. First, terrestrial sensor network scenarios normally include very dense node placement. Typically a large number of sensor nodes can be put into a sleep state without significantly affecting the overall network coverage. Second, most of the interfaces available provide a low-power sleep mode (see Table 1). The challenge in designing sleep schemes lies in the fact that interfaces in a “sleep” mode are completely deaf. For radio technologies, the only way for a modem to receive a signal is to be in the full receive mode. Therefore, some method to wake the cards up is required. Such

**Table 1**  
Power levels (MW) for interface modes

Card	Transmit	Receive	Idle	Sleep
Cisco Aironet [12]	2240	1350	1350	75
Cabletron [5]	1400	1000	830	130
Orinoco [28]	1400	950	805	60
Mica mote [29]	81	30	30	0.003
Monolithics [7]	14.88	12.50	12.36	0.016

methods can be broadly divided into two categories: sleep cycling and wake-up radio.

### 2.1. Sleep cycling

The majority of algorithms for facilitating the use of low-power sleep modes involve finding a way to build node sleep schedules that maintain a reasonable throughput. The difficulty in such schemes lies in the fact that the more time a node spends in sleep mode, the more likely that node is to miss a transmission. The cost of such sleep node cycling is either increased delay in the network (packet reception is delayed until the intended receiver is awakened), or wasted energy due to the increased transmission activity needed to wake up nodes from sleep states.

The goal of sleep cycling solutions is to provide a backbone so that the communication throughout the network is not interrupted. To this end, a number of solutions have been suggested. Proactive solutions attempt to build and maintain such a backbone, selecting an active set of nodes that cover the entire network, and then rotating this set of active nodes to maximize the time before the first node in the network runs out of energy. Solutions such as GAF [10] and SPAN [5] use location information to build such active sets. In such solutions, although nodes are removed from the active set based on some measure of utility [3,4,9], in general, many nodes will be kept awake even if they are not actively participating in communication.

Reactive solutions [7,8,15,11,16] choose nodes that should be awake based on communication patterns or active routing needs. The goal of these protocols is to minimize the number of nodes that are awake and not actively forwarding data in the network. Such solutions rely on a power save mode schedule that periodically wakes up nodes to listen for communication and attempts to balance the tradeoff between maximizing sleep time and minimizing the chance that nodes are asleep during forwarding requests.

One example of a reactive solution is STEM [7]. STEM has a low duty cycle sleep state. A sender first transmits a beacon in such a way that it is guaranteed to contact the intended receiver within some bounded average beacon time. When the receiver wakes up and hears the beacon, it informs that sender that it is awake and prepares to receive data. STEM trades off increased sleep time for increased average beacon length (*i.e.* increased average transmission time). This trade off is common among such asynchronous sleep schedule solutions and saves energy when the transmit and idle energy consumptions are on the same order. The higher transmit costs seen in acoustic devices lead to a different trade off, as discussed in Section 3.1.

### 2.2. Wakeup radio

Wakeup radios aim to avoid causing extra network delay or incurring energy cost due to the need for a beacon signal by placing the main radio in a sleep state and using an ultra-low power radio to wake it up. This avoids the need for complex scheduling and can maintain a high level of energy savings.

**Table 2**  
Power levels for the minibrick

	Transmit	Receive	Sleep
Current (mA)	2.4	2.2	0.6
Power (mW)	8	7	2.0

A number of solutions have been presented that suggest the use of a secondary, low-power radio to wake up the main radio [17–19]. These solutions benefit from having an essentially “perfect” sleep schedule, where nodes are asleep during all times when they are not needed for active communication. The Minibrick [19] is an implementation of such a device, with ultra-low power transmit and receive states (see Table 2).

However, the wakeup radio solution has not yet been widely adopted. This could be due to a number of factors: wakeup radio solutions require extra hardware that cannot be used for anything else, the gains over sleep cycling solutions may not be large enough to motivate the hardware’s inclusion in commercial devices, etc. Therefore, the most widely used techniques for energy savings in wireless sensor networks are still based on sleep cycle methods.

## 3. Acoustic modems

Today’s acoustic modem technology includes commercially available modems (*e.g.* the Teledyne-Benthos modem [20] and the Link-Quest modem [21]), as well as those developed for research purposes, such as the Woods Hole Oceanographic Institution’s (WHOI) modem [22]. Heidemann et al. [2] have begun developing a modem with very low power characteristics.

The WHOI acoustic modem has two basic modes of operation: low rate and high rate. Low rate transmission/detection is accomplished using FSK modulation and non-coherent detection, with a bit rate of 80 bits per second (bps). High rate transmission is accomplished using PSK modulation and coherent detection, with a variable bit rate between 2500 and 5000 bps.

The modem includes the main processor and the co-processor, which perform the signal processing functions needed at the physical layer and the MAC layer in the current implementation. The modem is coupled to the transducer, where electrical signals are converted into acoustical ones and vice-versa.

The main processor is used to generate the signals for transmission, and to receive the low rate signals. Detection of high rate signals requires adaptive equalization and multichannel combining, which are computationally intensive operations. These functions are implemented in the co-processor, which is engaged only when the modem is receiving high-rate signals.

The modem can be in one of the following states, each of which is characterized by different power consumption (see Table 3 for a summary).

1. *Transmit*: To transmit, the modem typically consumes between 10 and 50 W, less for shorter, and more for longer distances. For example, at 50 W, an

**Table 3**

Power levels for the WHOI micro modem [7]

Transmit	Full recv/Listen	Low recv	Idle
10– 50 W	3 W	80 mW	80 mW

acoustic signal power of 185 dB re  $\mu\text{Pa}^2$  can be generated, which is sufficient for transmission over several kilometers in shallow water [22]. The modem can also be used to transmit over very short distances on the order of a few hundreds of meters, using lower transmission powers.

2. *Listening*: When in the listening state, the modem consumes 80 mW. In this state, the modem is waiting for a packet. A packet arrival is detected by receiving a packet preamble. The packet preamble also contains the information on the type of signal that is following, such as type of modulation, packet length, etc.
3. *Receiving, low rate*: To receive a data packet modulated using FSK (low rate) the modem consumes 80 mW. The processor performs noncoherent detection in this case, which requires no more power than needed for active listening.
4. *Receiving, high rate*: To receive a data packet modulated using PSK (high rate), the modem consumes 3 W. The co-processor must be engaged to perform coherent signal detection in this case, which requires more power than needed for noncoherent detection.
5. *Sleep*: The modem is turned off in this state and is not capable of detecting signals.

Switching from one state to another happens almost instantaneously, except for several hundred milliseconds that are needed to power up the co-processor. No extra power is required to switch from one state to another [22].

The large difference in the power needed to transmit an acoustic signal and that needed to receive and process it motivates the search for a suitable MAC/topology control protocol for use in an underwater sensor network. Two of the main performance metrics for MAC protocol evaluation are throughput efficiency and energy efficiency. While the throughput efficiency remains fundamentally limited by the long propagation delay of acoustic signals [23,24], significant savings in energy consumption can be obtained through minimizing the amount of time the modem spends in transmit mode. Minimizing the energy consumption is especially important in underwater networks of fixed nodes, which are battery-powered and intended for long-term deployment.

Although the applications of underwater sensor networks are still evolving, one can envision at least two types of applications: event-driven and periodic sensing. The two types of applications imply different traffic patterns. In this work, we focus on a network of sensors whose task is to constantly sense their environment and report their find-

ings to an end node. The rate at which the information is generated (*i.e.* the number of packets per second per node and the node density) determines the level of network activity that must be supported. In this work, we analyze and compare four different protocols for varying traffic generation rates.

### 3.1. Sleep cycling

It has been suggested [2] that underwater sensor networks should have supernodes every few tens of nodes to help minimize the time for data collection, depending on the application. Networks of mobile unmanned vehicles will likely be even more sparse, due to the high cost of building and deploying them.

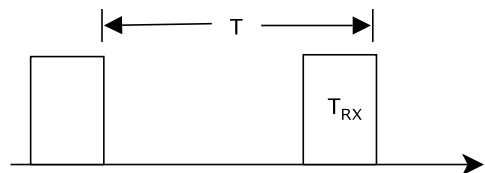
This poses an immediate difference with radio networks. Each node in an underwater sensor network is likely to be vital to the connectivity of the network. Therefore, any proactive method that attempted to keep a backbone awake at all times would likely have all of the nodes awake 100% of the time. Furthermore, any sort of randomized wakeup sequences would also perform poorly due to this expected low node density.

On the other hand, reactive schemes also are not ideal. First, most of these schemes increase the delay until a node can receive data. The effects of this sort of delay increase are magnified in an event driven network, where timely delivery of packets could be critical. Second, many of these schemes require a sender to transmit a wakeup beacon in such a way that it is guaranteed to be received, often by repeated transmission. But for acoustic modems, transmission is much more expensive than any other mode, causing such beaconing to potentially outweigh the savings gained by being in sleep mode.

Essentially, any reactive scheme must have a way to wake up a sleeping node. Most of these schemes use some type of low duty cycle wakeup for nodes to listen for incoming transmissions [7,8,15]. Senders are required to transmit a beacon, or request to transmit, in such a way that the intended receiver is guaranteed to hear it.

Consider a sleep cycle where  $T_{rx}$  is the time that a receiver is listening (see Fig. 1). Then it is clear that only if the beacon falls within  $T_{rx}$  will the node be successfully awakened. For a given interval  $T$ ,  $T_{sleep} = T - T_{rx}$ . Let the beacon be of length  $B$  and the inter-beacon time be  $B_1$  (the receiver must respond in this time). Schurgers et al. [7], show that the average time a sender will spend sending beacons ( $T_b$ ) is as follows:

$$T_b = \frac{T + (B + B_1)}{2} \quad (1)$$

**Fig. 1.** Sleep cycle.

<sup>2</sup> dB re  $\mu\text{Pa}$  is the common measure of signal strength for acoustic systems.

This demonstrates a basic trade-off between the amount of time spent sleeping and the amount of time spent sending beacons. However, for acoustic modems, where the transmit energy consumption is so large, these beaconing periods can consume a large amount of energy.

Consider the case where  $T_{rx} = 225$  ms and  $B + B_l = 150$  ms. For the node to sleep for 75% of the idle time, the average time it will be sending beacons is nearly 300 ms [7]. These numbers are reasonable for radio networks but would be larger for acoustic modems due to the increased latencies, having the effect of further increasing the energy consumption. Even at the lowest transmit power of 10 W, the 300 ms transmission for the sender and 75 ms listening time for the receiver translate to 3750 mJ consumed to wake up the node. This is nearly 1 min of standard idle time; therefore, if the generated traffic is about a packet a minute or more, there is no benefit in adopting a sleep cycle of this kind. Now, consider the possibility of having an ultra-low power wakeup mode consuming only 500  $\mu$ W, such as the one being developed by Heidemann et al. [2]. The energy spent beaconing then translates to over 2 h of wakeup mode time, making the wakeup protocol even more advantageous, except for very low traffic scenarios. In our numerical results, we will use a CSMA-based MAC protocol. A detailed comparison among different MAC schemes (including scheduled TDMA-based MAC) is left for future research, as in this paper we focus on evaluating the potential for energy savings via sleep modes or wakeup modes rather than on the optimization of the MAC protocol actually followed by the nodes when they are awake.

### 3.2. Acoustic wakeup

The ability of acoustic modems to implement an ultra-low power wakeup state yields another option. In the case of radio, the extra hardware and difficulties in implementation may outweigh the benefits; however, for certain traffic patterns, we expect such a mode would yield significant savings over sleep cycling methods. Essentially, the amount of energy saved by transitioning into a low power sleep mode must outweigh any energy expended to wake up intended receivers for asynchronous sleep cycling solutions to be efficient. Because transmit power is so high for acoustic modems and idle energy is so low, this sleep time must be significantly longer than for radio sensor networks.

Additionally, implementing wakeup modes in acoustic modems is considerably easier. First, no extra transducer is needed, reducing the cost of implementation. Recall from Section 3 that a 500  $\mu$ W wakeup mode is described using very simple decoding. In principle, it is possible to design a signal that requires only very simple processing. This type of signal is likely to rely on a set of tones, or a chirp, that are amenable to low-complexity processing.

In the next section we compare the effects of network traffic patterns on the energy efficiency of various sleep mechanisms. These results demonstrate that it is worthwhile to implement wakeup modes in acoustic modems given the significant energy savings achievable over sleep cycling solutions.

## 4. Acoustic wakeup and energy analysis

The goal of the following evaluations is to determine when a wakeup state is preferable to a sleep cycling solution for underwater sensor networks. To this end we compare four protocols.

1. *Standard idle*: This protocol simply stays in idle state and never transitions to a sleep or wakeup mode.
2. *Optimal sleep*: This protocol transitions immediately into a sleep mode and only wakes up during active transmission and reception.
3. *STEM* [7] uses a sleep schedule, as described in Section 3.1 for receivers to transition in and out of sleep mode. If a wakeup signal is received, the receiver sends a “ready to receive” message to the transmitter and transitions into the active listening state.
4. *Wakeup mode*: This protocol transitions into an ultra-low power wakeup mode after transmission and reception.

There are a number of ways to evaluate the impact of protocols on energy consumption in a sensor network. One method is to evaluate the total energy consumption in the network for various traffic patterns. Another method is to evaluate the time to first node death (or more generally the time until a given percentage of nodes die), which corresponds to evaluating the maximum energy consumption across nodes. We choose to look at both of these metrics in the following study.

### 4.1. Simulation setup

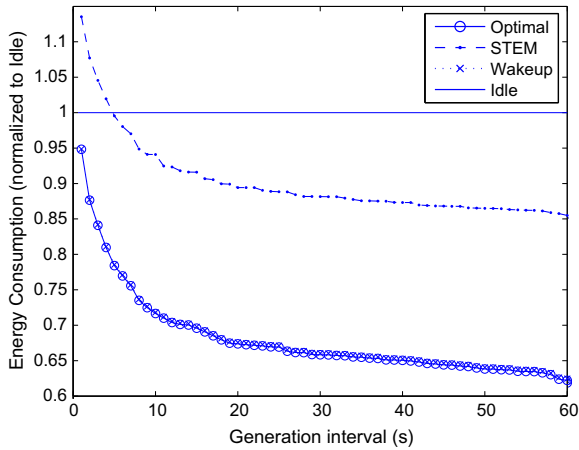
We used the ns2 simulator [25] augmented with our underwater extension [26] to run our experiments. To account for energy consumption, ns2 is augmented with an energy model of the four protocols in various states using the values in Table 3 with a 10 W transmit power, presenting a worst-case for our protocol using the WHOI micromodem. The network covers an 1000 m by 1000 m area, in which 25 nodes are deployed randomly. We further modified the ns2 physical layer and propagation model to approximate the properties of the WHOI acoustic modem. A CSMA MAC layer is used and routing is done via directed diffusion [27]. For our evaluations, we use the average of 20 runs for each set of parameters tested. The resulting 95% confidence intervals are within  $\pm 2\%$  of the values shown.

### 4.2. Evaluation

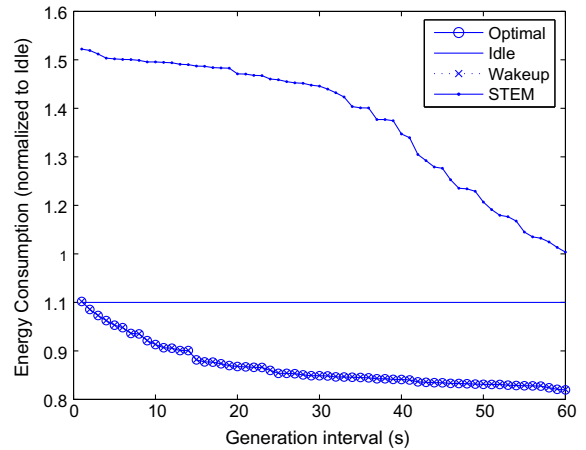
In this section, we evaluate the performance, in terms of energy consumption, of the four protocols discussed above in two different situations: under different traffic generation rates, and as the cost of the wakeup mode increases.

As the interval between events in the network increases, the amount of possible sleep time increases. Therefore, idle-time power management solutions should save larger amounts of energy for longer traffic generation intervals. Fig. 2 shows the energy consumption of the entire network for each of the four protocols as the interval between





**Fig. 2.** Total energy consumption of the network vs. traffic generation interval.

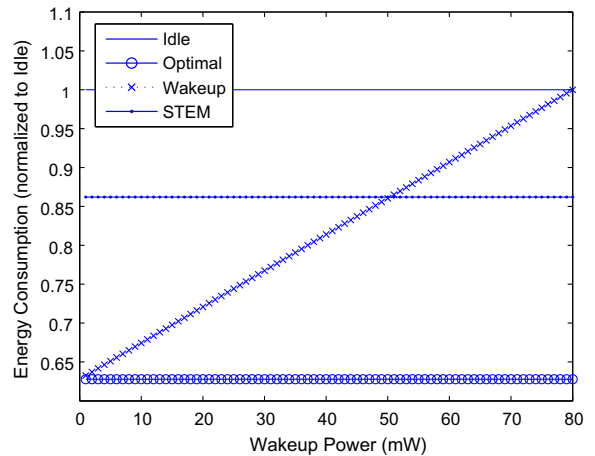


**Fig. 3.** Highest energy consumption of a node vs. traffic generation interval.

sensing events ranges from one second to one minute per node. Each value is normalized to the energy consumption of the entire network for the standard idle protocol. As can be seen, the wakeup mode protocol performs almost optimally. This is because the wakeup radio consumes almost no energy and does not require any additional transmission. STEM, however, due to the probability that a wakeup signal will be transmitted for some portion of the sleep interval, uses significantly more energy. Similar curves for times up to 4 h intervals were roughly the same (e.g. for a 4 h interval, STEM: 0.76, Wakeup: 0.55, Optimal: 0.54), with STEM always consuming more energy due to increased transmission times. It is worth pointing out that this represents a worst-case for idle management solutions since in such a sparse network, virtually all nodes are needed for forwarding traffic.

The primary reason why STEM performs so poorly is that the transmit mode energy consumption of the acoustic modem is so high (in this case 10 W) that sending the wakeup beacon is very costly. Therefore, nodes that send the most traffic have much greater costs than the rest of the nodes. The greatest amount of energy consumed by a node is depicted in Fig. 3. Increasing a single node's energy consumption is another definite drawback of any sleep cycling solution that increases the transmission time needed to send data. As can be seen in this figure, certain nodes have their energy expenditure increased dramatically over the average network energy consumption. This will lead to rapid node failure. If the underwater sensor networks are sparse, then this will rapidly result in network segmentation. Using a wakeup radio again keeps the energy consumption very close to optimal.

The main reason why the wakeup mode protocol performs so near optimal for these situations is the extremely low power used. A fair question to explore is: How low does this power have to be? To answer this we again look at the same scenario, but this time fix the sensor event frequency at once per minute per node and vary the power of the wakeup mode between 1 and 80 mW (the cost of idle mode). Fig. 4 depicts the total energy consumption of the



**Fig. 4.** Total energy consumption of network vs. wakeup mode cost.

network. For this traffic rate, the wakeup mode protocol outperforms STEM for powers lower than about 50 mW. Recall the 500  $\mu$ W figure used early, even if this number were off by a factor of 10, there would still be very significant gains. As the time between sensor events increases, this value decreases; however, for events happening more often than every few hours, the wakeup radio still has the potential to outperform STEM.

Even for wakeup mode levels where STEM outperforms wakeup mode in overall energy consumption, the highest node energy consumptions are still higher (see Fig. 5). This means that the problem of causing the early death of a node still exists. This is due to the fundamental trade-off used by unsynchronized sleep cycle solutions (increased transmission time for increased sleep time). When the transmit and idle costs are close to each other, this trade-off makes sense. However, with the cost associated with transmit power for acoustic modems, this trade-off causes the rapid energy drain of any node that needs to transmit. Furthermore, to accurately implement a solution like

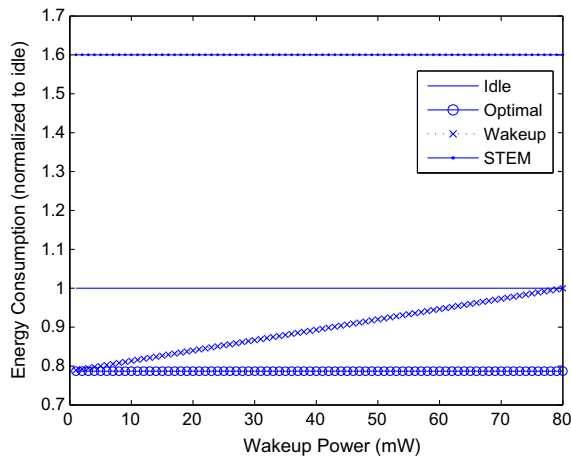


Fig. 5. Highest energy consumption of a node vs. wakeup mode cost.

STEM, information about traffic generation rates is used to optimize the sleep cycle. This information may not be available in highly dynamic environments. The use of a wakeup mode avoids the need for such information, making the proposed solution more flexible and robust.

Added delay to transmission is another metric one could use to evaluate such schemes. The added delay is essentially the sum of the amounts of time that it takes to wake up each node along the path to the receiver. For wakeup modes, this time is constant with distance and is a function of the one-way transmit time for the wakeup signal to be received (this can be on the order of several seconds for long range acoustic signals) and the time it takes the hardware to power up to receive mode (on the order of microseconds). Because the propagation time is so long underwater, this delay is dominated by the signal propagation time which is given by the speed of sound and the distance the signal must travel. For sleep cycling solutions, the delay added is both a function of the signal propagation time for the beacon to arrive plus the average beaconing time. Recall the average beacon time for STEM is given in Eq. (1). If we want the inter-beacon time to be around one second, then the average delay added per hop to a packet will be 750 ms. This number is added to the propagation delay, which would be equal for both the wakeup mode and the sleep cycling solutions. Therefore, sleep cycling solutions also add more delay than wakeup modes and this delay is dependent on the amount of time the node attempts to spend sleeping.

## 5. Conclusions and future directions

This paper has examined how the differences between acoustic modems and radios affect the design of idle-time power management schemes. Because idle-time power management schemes that use asynchronous sleep cycling trade off increased transmission time for increased sleep time, their performance when faced with the high transmit power costs in acoustic modems may be poor.

A possibility to implement an ultra-low power wakeup mode in acoustic modems would offer an alternative to

idle-time sleep cycling. We show through simulation that for underwater sensor networks where the expected traffic generation is less than one packet per node per few hours, the wakeup mode will save energy over sleep cycling both in terms of total network energy consumed and in terms of the greatest energy consumption of a single node, thereby increasing the network lifetime by delaying the first node death.

We also show that for a range of costs of wakeup modes, the sleep cycling solutions still perform poorly. In fact, we show that the wakeup mode solution has the potential to perform almost as well as the ideal sleep cycle solution, depending on the wakeup mode cost. Additionally, there is work currently underway to provide wakeup modes consuming less than 10 mW, which would be sufficient to provide very good performance.

Future work includes analyzing network scenarios with much lower traffic rates (on the order of days) to find if there is a time when the sleep periods are long enough to cause sleep cycling to outperform wakeup modes; however such long sleep periods may require longer beacons or large guard times to avoid packet loss and may contain significant costs that would likely continue to outweigh their gains. For event driven networks, where traffic is very sparse except during times of certain events, it may be advisable to combine the techniques, using wakeup mode during times when the event rate is high. Methods of transitioning between modes without causing large delays for the first event recognition is the subject of such research.

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