Minireview

Xenobiotic Effects on Ovarian Preantral Follicles¹

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ABSTRACT

Women are born with a finite population of ovarian follicles, which are slowly depleted during their reproductive years until reproductive failure (menopause) occurs. The rate of loss of primordial follicles is determined by genetic and environmental influences, but certain toxic exposures can accelerate this process. Ionizing radiation reduces preantral follicle numbers in rodents and humans in a dose-dependent manner. Cigarette smoking is linked to menopause occurring 1-4 yr earlier than with nonsmokers, and components of smoke, polycyclic aromatic hydrocarbons, can cause follicle depletion in rodents or in ovaries in vitro. Chemotherapeutic agents, such as alkylating drugs and cisplatin, also cause loss of preantral ovarian follicles. Effects depend on dose, type, and reactivity of the drug, and the age of the individual. Evidence suggests DNA damage may underlie follicle loss induced by one common alkylating drug, cyclophosphamide. Occupational exposures have also been linked to ovarian damage. In an industrial setting, 2-bromopropane caused infertility in men and women, and it can induce ovarian follicle depletion in rats. Solvents, such as butadiene, 4-vinylcyclohexene, and their diepoxides, can also cause specific preantral follicle depletion. The mechanism(s) underlying effects of the latter compound may involve alterations in apoptosis, survival factors such as KIT/Kit Ligand, and/ or the cellular signaling that maintains primordial follicle dormancy. Estrogenic endocrine disruptors may alter follicle formation/development and impair fertility or normal development of offspring. Thus, specific exposures are known or suspected of detrimentally impacting preantral ovarian follicles, leading to early ovarian failure.

atresia, fertility, follicle, ovary, toxicity, toxicology

INTRODUCTION

Accelerated loss of preantral follicles leads to earlier reproductive failure in women. Thus, it is of interest to better understand how preantral follicles may be adversely impacted

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© 2011 by the Society for the Study of Reproduction, Inc. eISSN: 1529-7268 http://www.biolreprod.org ISSN: 0006-3363 by exposures to xenobiotic chemicals. Furthermore, identification of the types of exposures that impact the primordial follicle population is necessary to protect women from permanent effects on the ovarian reserve, leading to early loss of reproductive function. At present, this is difficult because of a lack of methods for quantifying preantral follicle numbers in living individuals. This review will discuss the establishment and development of ovarian preantral follicles and how environmental, occupational, and pharmaceutical exposures can cause ovarian damage and irreversible follicle loss, resulting in acceleration toward amenorrhea, infertility, and early ovarian failure.

PRIMORDIAL FOLLICLE FORMATION

During embryogenesis, primordial germ cells migrate to the genital ridge. Bone morphogenic proteins (BMPs) 4, 8b, and 2 play a critical role in the differentiation of primordial germ cells from the epiblast, as determined from characterizing mutant or knockout mice [1-3]. Once in the genital ridge, germ cells are called oogonia, and they proliferate to establish a large pool of germ cells. During the mitotic phase, germ cells proliferate to form cysts or nests, which are groups of oogonia surrounded by somatic cells destined to become the pregranulosa cells of primordial follicles. These groups of cells are linked by intercellular bridges [4, 5] and are thought to undergo mitosis synchronously, thereby forming these clusters of gametes [6, 7], although an in vitro study suggested that germ cell cysts form by aggregation [8]. The cysts become surrounded by a basement membrane, separating them from the surrounding cells [9, 10]. Groups of oogonia begin to enter into meiosis starting around Gestational Day 13.5 in mice, but some oogonia can remain as late as a few days after birth [11, 12]. In humans, the timing in which oocytes are arrested in the diplotene phase of meiosis ranges from 2 to 7 mo of fetal development [13, 14].

Formation of individual primordial follicles occurs 2–4 days after birth in rodents, and shortly before birth in humans [15– 18]. In fact, some primordial follicles can form before birth, and a few of those begin developing as soon as they are formed, leading to the first wave of growing follicles [19]. Follicle formation involves rearrangement of the pregranulosa cells and partial breakdown and reformation of the basement membrane into entities that contain only single gametes [9]. Further loss of gametes occurs as follicle formation progresses, possibly due to elimination of improperly formed follicles or incomplete support from too few pregranulosa cells. Loss of oocytes is thought to be necessary for proper follicle formation, and apoptosis is thought to be the underlying process by which certain of the oocytes are eliminated [20]. Knockout or

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pregranulosa cells. Once primordial follicles have been formed, they remain quiescent for months or years until they are individually activated to initiate growth and development into primary follicles. Why some primordial follicles enter the growth phase early while others are quiescent for decades is largely a mystery. After primordial follicle development is initiated, the follicle is destined to either ovulate or undergo atresia, which is a natural process of follicle elimination and removal. Once the available pool of primordial follicles reaches a critical lower limit, ovarian function ceases and women enter menopause [16, 26].

One of the initial events in primordial follicle activation (primordial to primary follicle transition) is a change in the granulosa cells from a flattened to a cuboidal morphology while the oocyte increases in diameter [16]. Primordial follicle recruitment is distinct from other stages of folliculogenesis in that it can proceed without extraovarian hormonal input [27–29]. The spontaneous initiation of primordial follicle growth can also occur rapidly in vitro in cultured ovarian tissue (Fig. 1) [30, 31]. Because of this important characteristic, whole neonatal ovarian cultures have been used extensively to study the role of a variety of signaling factors that can affect primordial follicle activation. There are multiple activator and suppressor pathways that can converge to regulate activation of primordial follicles.

The number of growth factors, hormones, and cytokines thought to be responsible for the regulation of the transition from the primordial to the primary follicle is ever increasing (Table 1). The molecular signaling pathways used by these various factors are not well understood, but each plays an important role in the control of the primordial to primary transition and/or the maintenance of primordial quiescence. Factors implicated in the stimulation of the transition to the primary follicle stage are KIT ligand (KITLG) [32, 33], basic platelet-derived growth factor (PDGFB) [34], leukemia inhibitory factor (LIF) [35], fibroblast growth factor 7/ keratinocyte growth factor (FGF7) [36], glial cell line-derived neurotrophic factor (GDNF) [37], BMP4 and BMP7 [38, 39], insulin [40, 41], and neurotrophins (BDNF and NGF) [42, 43]. Conversely, anti-Müllerian hormone (AMH) [44], activin A [45], and stromal-derived factor-1/chemokine (C-X-C motif) ligand 4 (SDF-1/CXCL4) [46] have been shown to inhibit primordial follicle transition. Interestingly, many of these stimulating and inhibiting factors do not independently prevent or allow primordial follicle activation. This emphasizes the fact that this critical process requires a balance between stimulatory and inhibitory factors for optimal primordial to primary follicle transition.

PREANTRAL FOLLICLE DEVELOPMENT

Once follicular activation occurs, a number of changes are triggered. Granulosa cells become cuboidal and begin dividing more rapidly. They produce and secrete proteins that form a glycoprotein coat around the oocyte, called the zona pellucida. Growth and development of the oocyte are tightly linked to the proliferation and differentiation of the granulosa cells that support it. Signals from the oocyte, such as GDF9 and BMP15, permit granulosa cells to divide and survive while not directly in contact with the oocyte [47, 48]. It is thought that the KITLG being produced is altered from a membrane-bound form to a secreted protein. At the same time, theca cells are recruited from the interstitium by mechanisms as yet unknown.

Until formation of the antral cavity, the gonadotropin hormones, follicle-stimulating hormone (FSH) and luteinizing hormone (LH), are not required for follicle development. This

FIG. 1. Onset of development of preantral follicles during culture of ovaries from PND4 Fischer 344 rats. Ovaries were collected and cultured in vitro for up to 15 days. Tissue samples were collected at various times and processed for histological evaluation. Ovarian follicles were classified and counted as primordial, small primary follicles (**A**), and large primary and secondary preantral follicles (**B**). Values represent means \pm SEM; means within the same follicle type with no common letters over the columns are significantly different from each other, *P* < 0.05; n = 4–7 ovaries per time point in three to four experiments. Reproduced from Devine et al. [31] with permission from Elsevier.

overexpressing mice with altered expression of genes involved in apoptosis have been shown to modify the follicle pool in mice [21–24]. The timing of the events surrounding primordial follicle formation in mammalian species is a topic that still requires further study for better elucidation of the underlying processes.

Establishment of the pool of primordial follicles appears to have multiple points at which oogonia and oocytes are lost [25]. From ~6 million to 7 million germ cells formed at its peak during embryogenesis, follicle numbers at birth drop to ~1 million to 2 million in girls, which is reduced further to ~300 000 by puberty [26]. Particular decreases in gamete numbers are observed during the end of the mitotic period as well as during the formation of primordial follicles [7, 19, 20]. The reason for this is unknown, but it has been suggested that incorrectly developing or abnormal germ cells may be eliminated, leaving only the best. Alternatively, those gametes that are lost might have served as support cells and are eliminated once they are no longer needed, as happens in invertebrates [7].

PRIMORDIAL FOLLICLE ACTIVATION

The primordial follicle consists of an oocyte, arrested in prophase I of meiosis, surrounded by a single layer of flattened



Signaling factor	Definition	Stimulates (+) or inhibits (-) primordial to small primary transition	Reference
KITL	Kit ligand	(+)	Hutt et al., 2006 [32]
BMP4 and BMP7	Bone morphogenic protein	(+)	Nilsson and Skinner, 2003 [38]; Lee et al., 2004 [39]
KGF	Keratinocyte growth factor	(+)	Kezele et al., 2005 [36]
LIF	Leukemia inhibitory factor	(+)	Nilsson et al., 2002 [35]
AMH	Anti-Müllerian hormone	(—)	Durlinger et al., 1999 [44]
PDGF	Platelet derived growth factor	(+)	Nilsson et al., 2006 [34]
GDNF	Glial cell-line derived neurotrophic factor	(+)	Dole et al., 2008 [37]
BDNF	Bone-derived neurotropic factor	(+)	Dissen et al., 2002 [43]
NGF	Nerve growth factor	(+)	Dissen et al., 2002 [43]
SDF-1/CXCL4	Stromal-derived factor-1/chemokine (C-X-C motif) ligand 4	(-)	Holt et al., 2006 [46]
Insulin		(+)	Yu and Roy, 1999 [40]; Kezele et al., 2002 [41]
Activin A		(—)	Ding et al., 2010 [45]

TABLE 1. Signaling factors that regulate the primordial to small primary follicle transition.

is demonstrated by the secondary follicles that develop from primordial or primary follicles when Postnatal Day 4 (PND4) ovaries are cultured in vitro in the absence of FSH or LH [49, 50]. Using individual cultured rat or mouse ovaries or follicles (reviewed in Skinner [15] and Demeestere et al. [51]), increased follicle development has been observed with activin A [52–54], keratinocyte growth factor or fibroblast growth factor 7 (FGF7) [55], KITLG [56], GDF9 [57], GH [53], and IGF1 [53, 58, 59]. In contrast, AMH is thought to inhibit follicle growth. Thus, this process is complex, with multiple stages and different signals for each follicle stage. As yet, none of these factors alone or in combination completely explains preantral follicle development, and further research is needed to better characterize the required growth factors needed for proper follicular development.

XENOBIOTIC EFFECTS ON OVARIAN FUNCTION

The destruction of primordial and preantral follicles can be caused by a variety of xenobiotic chemicals. In general, if preantral follicles are targeted, this results in a chemicalinduced destruction of the oocytes. If extensive loss of primordial follicles has occurred, the effect may be irreversible ovarian failure (i.e., early menopause). Detection of primordial follicle destruction can be quite problematic because unless larger follicles are also destroyed, this type of damage can cause a delayed effect on cyclicity that is undetected until no follicles are left to be recruited from the primordial pool for development [60]. There are no known biomarkers derived from primordial follicles that could be used to detect such damage. Evidence shows that premature loss of ovarian function by elective oophorectomy results in an increase in a woman's lifetime risk for cardiovascular disease, cognitive impairment or dementia, symptoms of parkinsonism, and osteoporosis, compared with women who went through natural menopause [61, 62]. Therefore, premature loss of ovarian function before natural menopause by xenobiotics may also be associated with a decrease in women's long-term health.

SPECIFIC AGENTS THAT TARGET PRIMORDIAL/ PREANTRAL FOLLICLES

Ionizing Radiation and Chemotherapeutic Agents

Numerous clinical studies, reviews, and meta-analyses have examined the effects of anticancer treatments (i.e., radiation and chemotherapy) on female fertility and their maintenance of reproductive cyclicity. In general, these treatments frequently result in irreversible loss of ovarian function. Often, these studies have been complicated by the diverse exposures and durations of anticancer therapies used, small patient populations, and short follow-up [63-65]. Although detrimental effects on ovaries are of most concern in young cancer patients, acceleration of ovarian follicle loss by radiotherapy and/or chemotherapy is of concern to all premenopausal women [66]. Overall, reports suggest that total body irradiation or irradiation in the pelvic region correlates strongly with loss of menstrual cyclicity and/or fertility. Chemotherapy, which can involve multiple drugs, has been more complicated to evaluate. However, alkylating agents, especially bifunctional drugs, have been found to be linked to the highest risk for loss of cyclicity and fertility. Rodent studies have provided more clear-cut evidence of ovarian follicle loss, leading to infertility. Toxicity could be temporary and rapid if the drugs cause effects only on growing follicles. In contrast, damage to and loss of primordial follicles are irreversible. Continued investigations are needed to monitor current and emerging anticancer treatment regimens to determine the best and safest treatments.

The Childhood Cancer Survivor Studies, one cohort started in 1993 and another started in 2007, examined long-term effects of cancer treatments in survivors who had been treated as children. One of the primary effects identified in patients treated after age 18 yr, when compared to untreated siblings, was a 13-fold increase in the risk of undergoing premature menopause (i.e., before 40 yr of age). Risk was increased with increasing age and increasing doses of radiation or alkylating agents [65, 67]. In women who have undergone these treatments, fewer primordial follicles were observed in ovarian samples from autopsies and fewer antral follicles were observed by ultrasound of survivors than in age-matched control subjects [68–70]. Investigations are continuing to examine the current dosing regimens and their detrimental effects.

lonizing radiation. Ionizing radiation is highly correlated with loss of ovarian follicles, cyclicity, and fertility. Although not a chemical entity, this type of exposure induces numerous effects, depending on the type of radiation and the dose. Multiple studies have demonstrated radiation-induced loss of ovarian follicles in rats, mice, and nonhuman primates [71–74]. Results in women are also relatively clear and consistent [75, 76]. Women who are exposed to total body irradiation or irradiation of the abdomen or pelvic area are more likely to

suffer irreversible ovarian damage and arrest of menstruation than those exposed in other places, and results support a clear dose-response relationship [65, 67, 77]. Radiotherapy given in a fractionated protocol is safer than a single, higher exposure [78]. The median lethal dose (LD50) of primordial follicles has been reported to be between 2 and 6-18 Gray (Gy) [76]. Risk of ovarian failure is dependent on the age at exposure (younger girls or women are more resistant), the dose, whether or not the pelvic area is being exposed, and the fractionation of doses [64, 79, 80]. Wallace et al. [81] developed a predictive model to estimate the number of remaining follicles in patients relative to the dose of ionizing radiation given. Multiple methods have been proposed to protect ovaries from damage during ionizing radiation therapy. Cryopreservation of ovarian tissue before exposures has been proposed. Ovarian transposition-surgically moving ovaries away from their normal location-before irradiation leads to decreased effects on ovarian function, and gonadotropin-releasing hormone analogs may also protect against ovarian damage [82, 83]. Improvements in irradiation protocols and instrumentation will likely further improve its safety and effectiveness, but it is currently the most significant risk factor for undergoing premature ovarian failure in cancer patients [63, 67].

Cisplatin. Detrimental effects on gonads and reproductive function have been observed in cancer patients given cisplatin during a chemotherapy regimen [77, 84]. A few studies have been performed in rodents to study the impact of cisplatin exposures on ovarian function and follicle numbers. In rats, two doses of either 4.5 or 6 mg/kg cisplatin induced reductions in healthy antral follicle numbers, circulating AMH, AMHpositive follicles, and increases in the numbers of follicles with evidence of apoptosis [85]. These doses are, however, in the range of the LD50 in rats [86]. Furthermore, increased numbers of atretic medium and large follicles were observed after 2 or 4 wk of 1-2 mg/kg per day cisplatin. Single doses of 5 mg/kg cisplatin in rats induced significant decreases in primordial follicle numbers as well [87, 88]. These results suggest that cisplatin can have detrimental effects on both growing and primordial ovarian follicles, leading to acute effects as well as permanent reductions in ovarian reserve.

Busulfan (Myleran). Busulfan has been used for chronic myeloid leukemia but now is used mostly as a conditioning agent to eliminate bone marrow cells before bone marrow transplantation [77, 78]. Cancer chemotherapy containing busulfan has been shown to impair fertility in women [66, 77, 78]. Animal studies examining the ovarian toxicity of busulfan have been relatively limited. A single i.p. dose of 10 mg/kg busulfan in SECXC57BL F1 mice induced eventual depletion of all follicles [89]. Sprague-Dawley rats dosed orally with busulfan for 4 wk had decreased numbers of embryos and preantral follicles at 0.5 and 1.5 mg/kg per day, respectively [90]. In FVB/NJNarl mice, 36 mg/kg busulfan i.p. caused significant depletion of primordial, primary, and secondary follicles [91]. Collectively, these results provide relatively firm evidence that busulfan can damage both primordial and growing preantral follicles.

Cyclophosphamide and other alkylating drugs. Alkylating agents are reactive molecules that form covalent bonds with critical cellular macromolecules. The mechanism of action of these types of drugs is thought to involve adduct formation, as well as intrastrand and interstrand DNA cross-links, blocking the rapid replication machinery that permits the proliferation of cancer cells. When cancer treatments are separated by a mechanism of action, alkylating agents have been shown to be highly correlated with arrested menstruation and ovarian failure [65, 92]. Monofunctional agents (those with only one reactive group) are less correlated with ovarian failure than bifunctional agents [63, 65]. This may relate to the ease of repair associated with the variable types of DNA damage caused by these different agents (i.e., adducts versus DNA double-strand cross-links).

Cyclophosphamide (CPA) is a bifunctional alkylating agent given for treatment of multiple cancers, lupus erythematosus, and other autoimmune problems. Other drugs, such as iphosphamide, can also produce the same active metabolite; thus, its mechanism and effect on the reproductive system are likely similar to CPA. Plowchalk and Mattison [93] demonstrated in C57BL/6N mice that phosphoramide mustard (PM) is the active metabolite of CPA that causes ovarian toxicity. Multiple reviews have reported increased odds ratios for ovarian failure or amenorrhea in patients given CPA [63-65]. Cyclophosphamide is given alone, as well as in combination with other drugs, so the evidence for CPA-induced ovarian toxicity is relatively unambiguous. Fertility was reduced in cancer patients whose treatments included CPA, and the risk for such effects was dose dependent [79]. Amenorrhea is often observed rapidly after treatments, suggesting a direct impact on growing and antral follicles. Furthermore, evidence supports loss of primordial follicles, because there is also an increased risk of undergoing early reproductive failure [63, 77, 94]. As with radiation, dose and age at which exposures occur influence whether or not individuals develop amenorrhea or infertility [95, 96].

Multiple reports have demonstrated primordial follicle loss in mice in response to CPA exposures [97, 98]. Rats were also sensitive to CPA-induced follicle loss, although most reports described impacts on larger follicles. A single dose of CPA caused loss of primordial follicles in a dose-dependent manner in BALB/c mice, with 75 mg/kg inducing 50% loss. By giving a single i.p. dose of 75 mg/kg CPA to BALB/c mice and then mating them at various times after exposures, Meirow et al. [99] tested the ability of the surviving follicles to produce healthy offspring following the exposure to CPA. Results demonstrated that health of all follicle stages was affected by the single dose of CPA, even though not all follicle stages had reduced numbers. Increased numbers of malformed offspring were observed from female mice mated any time between the first and sixth wk after exposure [99]. This timing corresponded to oocytes coming from exposed primordial through antral follicles, based on estimated duration of follicle development [99]. Furthermore, female mice mated 1 wk after CPA exposure, which would correspond to exposure of oocytes in antral follicles, had fewer implantation sites as well as increased malformations of offspring. Malformations, however, may also be due to altered uterine, hypothalamic, or pituitary function, so results must be interpreted with caution.

The role of DNA damage as the mechanism by which alkylating drugs induce follicle loss has also been studied [100]. Bifunctional alkylating drugs, such as CPA, induce DNA adducts, DNA double-strand cross-links, leading to DNA double-strand breaks, to kill cancer cells [101]. To examine whether or not DNA damage occurs in ovarian follicles also, an antibody against phosphohistone H2AFX, which becomes phosphorylated at sites of double-strand breaks, was used to examine whether or not double-strand breaks can be observed in cultured rodent ovaries in response to PM [100]. Punctate staining of phospho-H2AFX was detected specifically in oocytes of cultured mouse and rat ovaries exposed to PM. The effects were concentration dependent, with staining peaking at 24-48 h with 3 and 10 µM. Further, inhibition of H2AFX phosphorylation sensitized ovaries to PM. In contrast, a toxic molecule from cigarette smoke, 9,10-dimethylbenzanthracene (DMBA), which is thought to predominantly produce DNA adducts, did not appear to induce phospho-H2AFX staining in oocytes. In another study, DNA cross-links in granulosa cells were observed and peaked 2 h following a single dose of CPA in immature Sprague-Dawley rats [102]. Taken together, these results support that DNA damage is a mechanism by which bifunctional alkylating drugs cause ovarian damage.

Environmental Agents

Cigarette smoking. Many epidemiological studies performed during the last five decades have shown that cigarette smoke is a reproductive toxicant, demonstrating a strong relationship between smoking and impaired fertility. Women smokers have also been reported to experience a 1- to 4-yr earlier age at the onset of menopause [103-106]. Thus, a significant amount of data exists to demonstrate a relationship between smoking and reduced fertility, but the mechanism is not well understood. There are several possible mechanisms by which cigarette smoke might be involved in the earlier onset of menopause among smokers [105, 107]. Cigarette smoke is a complex mixture of alkaloids (nicotine), polycyclic aromatic hydrocarbons (PAHs), nitroso compounds, aromatic amines, and protein pyrolysates, many of which are reactive and carcinogenic [108]. When components of cigarette smoke were measured in serum and follicular fluid of women exposed to smoke as compared to nonsmokers, levels of the PAH benzo[a]pyrene (BaP) were particularly high [105]. This led the authors to speculate that B[a]P may be a key compound central to the documented adverse effects of cigarette smoke on follicular development, and subsequently fertility. Because of the logical association between early menopause and oocyte destruction, some of the effects of cigarette smoke on fertility are likely to be due to damage to primordial and growing preantral follicles. In animal studies, exposure of female C57BL/6 mice to mainstream cigarette smoke for 8 wk resulted in a reduction in primordial follicle numbers and loss of ovarian volume [109]. In another study, exposure of mice in utero to cigarette smoke resulted in a reduced number of ovarian primordial follicles in female offspring [110].

Polycyclic aromatic hydrocarbons. Because of the prevalence of PAHs in cigarette smoke and in the environment from various combustion processes (including automobile exhaust), exposure to this class of pollutants is ubiquitous. Many animal studies have examined the potential of PAHs to cause ovarian damage or inhibit fertility. Primordial follicle destruction is known to result from dosing of mice and rats with three widely studied PAHs: DMBA, 3-methylcholanthrene (3-MC), and BaP [111, 112]. Because the three PAHs destroy primordial follicles in laboratory animals, it is likely that they contribute to the early onset of menopause in women smokers. In mice treated with PAHs (80 mg/kg BaP, 3-MC, or DMBA), oocyte morphology consistent with necrosis was observed in primordial follicles [113]. In addition to primordial follicles, DMBA reduced numbers of all larger follicle types as well. These changes caused by 3-MC and BaP were seen in the absence of visible effects in the associated granulosa cells. Initial studies in mice and rats examined ovotoxic effects caused by a single high dose of PAHs. The three PAHs, BaP, 3-MC, and DMBA, destroyed oocytes in preantral follicles of Sprague-Dawley rats and in D2 and B6 mice within 14 days following a single i.p. injection, with mice being more susceptible to ovotoxicity than rats [114]. The extent of primordial follicle loss following this high-dose exposure in mice was reported to be 50% within 1-2 days [111]. However,

repeated low-dose exposure is the more likely exposure paradigm in women. Therefore, another study was undertaken to determine whether lower doses of these chemicals could produce significant loss of primordial follicles. Female mice were injected repeatedly with various doses of the three PAHs, sufficient to cause 50% loss of primordial follicles after 15 days of daily dosing [112]. Calculating an ovotoxic index using the doses required to cause 50% follicle destruction in both studies, it was determined that relative to a single high-dose exposure, repeated low-dose exposure was more ovotoxic to 250 (DMBA), 120 (3-MC), or 2 (BaP) times a greater extent (Fig. 2) [112]. Thus, these results demonstrate that animal studies designed to more closely mimic human types of exposures may reveal surprising insights as to realistic risk.

Following single high-level i.p. injections of PAHs in mice, the relative toxicities causing oocyte destruction in primordial follicles were observed to be DMBA > 3-MC > BaP [111]. This was similar to the relative toxicities determined for these compounds in the experiments exposing mice and rats to multiple doses at lower levels of these compounds [112]. In a subsequent study, B6 mice given single i.p. doses ranging from 1 to 100 mg/kg BaP demonstrated a 50% effective dose (ED₅₀) of 15 mg/kg for oocyte destruction [115]. Collectively, these observations provide support for a cumulative ovotoxic effect of chronic exposures to low doses.

Recent studies have used a PND4 whole-ovary culture system to study the mechanisms involved in DMBA-induced loss of preantral follicles. DMBA in vitro was shown to cause follicle destruction following 6- and 48-h incubations of ovaries from neonatal mice and rats, respectively [116, 117]. DMBA has been shown to upregulate expression of the proapoptotic protein, BAX, in cultured PND4 mouse ovarian primordial follicle oocytes [118]. These observations were supported by the observation that ovaries from BAX-deficient mice are resistant to DMBA-induced primordial follicle destruction [118]. Thus, it appears that the effects of DMBA are mediated by an intracellular pathway involving the proapoptotic branch of the BCL2 family of proto-oncogenes. Therefore, these studies support that DMBA-induced follicle loss is via apoptosis.

An involvement of the aryl hydrocarbon receptor (AHR) in DMBA-induced ovotoxicity has also been investigated. Treatment with the AHR antagonist α -naphthoflavone blocked DMBA-induced expression of BAX in PND4 cultured mouse ovaries. Additionally, AHR-deficient mice were resistant to DMBA-induced primordial follicle destruction [118]. One study that investigated the effects of PAH exposure on pregnant rat dams used a competitive inhibitor of AHR, resveratrol, along with a mixture of BaP and DMBA. Inhibition of AHR completely prevented PAH-induced depletion of primordial and primary follicles in ovaries of female offspring [119]. Further, in vitro exposure of isolated rat follicles with the AHR antagonists resveratrol or 3',4'-dimethoxy flavone attenuated the detrimental effects of BaP on follicle growth [120].

Occupational Chemicals

Butadiene diepoxide. 1,3-Butadiene (BD) and the related olefins isoprene and styrene are released during the manufacture of synthetic rubber and thermoplastic resins. An estimated 9.3 million tons of butadiene were produced worldwide in 2005 [121]. Although BD undergoes rapid destruction in the atmosphere, it is remains present at very low concentrations (0.1–1.0 parts per billion) in urban and suburban areas [122]. This is likely related to the fact that these chemicals have also FIG. 2. Initial ovotoxic index (OI) species comparison after 15 days in mice and rats. The dose of each chemical found to cause 50% loss of primordial follicles (A), primary follicles (B), or secondary follicles (ED50; C) in B6C3F1 mice (open bars) and Fischer 344 rats (closed bars) after 15 daily doses was used to calculate the initial OI. The initial OI is expressed as a reciprocal (1/OI) to illustrate the dramatic differences in ovotoxicity between chemicals. Thus, the higher the value, the more ovotoxic the chemical. Note: log scale. $OI = (ED_{50}) \times$ (15 days of dosing). ns, not significant (not susceptible at the experimental doses, P <0.05). Reproduced from Borman et al. [112] with permission from Elsevier.



been reported in cigarette smoke, automobile exhaust, and biomass burning [123–125]. Compounds known to contain epoxide moieties (or which are capable of bioactivation by epoxidation) have been shown to affect reproductive function in laboratory animals. Because of the ability of these compounds to become epoxidated, they have the potential to be ovotoxic and carcinogenic [126]. Animal data indicate that BD can cause ovarian atrophy. A 2-yr chronic BD exposure study by the National Toxicology Program observed ovarian atrophy to be a sensitive end point in female mice [127]. Further, convincing data were provided to support that the diepoxide of BD (BDE) is the most reactive metabolite for causing ovotoxicity, and subsequently ovarian atrophy in mice [128, 129]. In one study, the metabolite of BD, 1,3-butadiene monoepoxide (1.43 mmol/kg), depleted preantral follicles by 98% and growing follicles by 87% in female B6C3F1 mice dosed daily for 30 days compared with control animals [128]. At a much lower dose, 0.14 mmol/kg, BDE depleted preantral follicles by 85% and growing follicles by 63%. Thus, the results of this study support that a diepoxide formed in the

metabolism of BD is more potent than the monoepoxide at inducing follicle loss.

4-Vinylcyclohexene and its diepoxide metabolite. The dimerization of BD forms 4-vinvlcvclohexene (VCH). VCH and its diepoxide metabolite (VCD) are examples of chemicals in this group (reviewed in Hoyer and Sipes [126, 130]). VCH is an industrial chemical released at low concentrations during the manufacture of rubber tires, plasticizers, and pesticides [123]. Thus, exposures in humans are limited to the occupational setting, where proper protective equipment should ensure these exposures are at a minimum. In spite of the unlikelihood of environmental exposures, this is a good model ovotoxicant that may help elucidate mechanisms of action of other ovarian toxicants. Both VCH and VCD have been shown in mice and rats to 1) produce selective destruction of primordial and primary follicles [131, 132]; 2) cause premature ovarian failure [60, 130, 133]; and 3) increase the risk for development of ovarian tumors [126, 134, 135]. Initial studies in rats determined that VCD causes ovotoxicity by accelerating the natural process of atresia (apoptosis), and this requires 15 days of daily dosing [136, 137]. Mechanistic studies of the ovotoxic action have demonstrated that VCD activates proapoptotic signaling events in the BCL2 and mitogen-activated protein kinase families [138-140]. This effect was selective for preantral follicles isolated from rats dosed repeatedly with VCD. These findings demonstrated a molecular mechanism by which VCD causes follicular atresia via the proapoptotic branch of the Bcl-2 proto-oncogene family. Therefore, because VCD causes a physiological form of ovotoxicity, follicle loss is "silent" and mimics normal follicular atresia, and damage caused by VCD might go unnoticed in exposed individuals who are affected. As a result, because VCD only targets ovarian preantral follicles, chronic exposure in women to low levels of this chemical may represent a risk for early menopause without prior evidence of disrupted menstrual cycles [130].

Previous studies had used small preantral follicle fractions $(<100 \ \mu m)$ isolated from VCD-dosed rats (in vivo approach). In order to provide more mechanistic insight into molecular mechanisms by which VCD causes ovotoxicity, investigations of cellular and molecular pathways have used in vitro PND4 rat whole ovaries in culture. Because the PND4 ovary is highly enriched in primordial and small primary follicles (selectively targeted by VCD), this approach lends itself particularly well to these studies [31]. Oligoarray analysis comparing in vivo and in vitro exposure to VCD identified genes whose expression is affected in the target follicle population [141]. A key gene identified in that study was Kit, a tyrosine kinase receptor expressed on the oocyte and theca cells, involved in survival and activation/recruitment of primordial follicles [32]. Following binding of KITL to KIT, expressed in the granulosa cell [142], signaling cascades such as the phosphoinositol-3 kinase pathway are activated (reviewed in Liu et al. [143]). Using the in vitro system, it was shown that VCD induces a decrease in Kit mRNA expression on Day 4 of culture, which precedes both an increase in Kitl mRNA and follicle loss on Day 6 of exposure [141, 144]. Interestingly, VCD also decreased KIT protein by Day 4 of culture (Fig. 3) [145]. Therefore, the initial effect of VCD appears to involve posttranslational modifications as opposed to an impact on gene expression. Further, exogenous KITL in culture partially attenuated VCD-induced follicle loss, whereas there was no effect of exogenous BMP15 or GDF9 [141]. Collectively, these findings support the proposal that VCD directly targets the oocyte and VCDinduced inhibition of the KIT pathway is an early initiating event in its ovotoxic effects.

2-Bromopropane. In the United States, 2-bromopropane (2-BP) is a contaminant of 1-BP, which is used in spray adhesives and as a precision cleaner and degreaser. It may also be used as an intermediate in the synthesis of pharmaceutical dyes and other chemicals [146]. Because of the detrimental effects on the ozone layer caused by chlorofluorocarbons and the ban on their use, 1-BP and 2-BP were previously used in Asia as substitute propellants and cleaning solvents [146]. In the mid 1990s, an occupational health manager reported that a cluster of women performing small-sized tactile switch assembly in an electronics factory in South Korea were experiencing amenorrhea [147, 148]. 2-BP had been introduced into the electronics plant in early 1994 as a substitute solvent for chlorofluorocarbons. Because there were little or no toxicity data available at that time, the solvent was presumed to be nontoxic, and no personal protective equipment was worn. A total of 16 of 25 exposed women were found to have amenorrhea, as well as high levels of FSH and LH, and 10 women complained of hot flashes. Ovaries in six of these women were found to range from atrophic to almost normal upon follow-up laparoscopic examination [149]. This led to a diagnosis of ovarian failure in these women [148, 150, 151]. Later studies in rats demonstrated both neurological and reproductive effects [146, 152]. In female Wistar rats exposed for 8 wk to 2-BP via inhalation, estrous cyclicity was disrupted, and reduced ovarian and uterine weights were measured [153]. In an additional assessment of those animals, there were decreased ovarian follicles in multiple stages of development. but time course and morphological studies performed in rats suggested that 2-BP initially targets primordial follicles [154-156]. This finding substantiated the cause of amenorrhea, ovarian atrophy, and increased hormone levels in the female workers. Following a detailed evaluation of the available information, the National Toxicology Program panel concluded that reproductive effects observed in female rats are similar to those observed in occupationally exposed women. Because of the consistency and similarity of the animal and human data, they concluded that 2-BP is likely to be an ovarian toxicant in rats and humans [146].

Other ovotoxic agents. The alkylating agents triethylenemelamine (TEM) and isopropyl methanesulfonate (IMS) have been shown to destroy oocytes in small follicles in SECXC57BLF1 mice following a single i.p. injection [89]. This destruction was observed within 3 days of dosing with TEM and IMS. In addition to the chemicals discussed thus far, Dobson and Felton [157] reported a variety of other compounds that were capable of producing significant primordial follicle loss in mice. These chemicals included methyl and ethyl methanesulfonate, and urethane. Additionally, of a number of fungal toxins and antibiotics tested, procarbazine HCl and 4-nitroquinoline-1-oxide were ovotoxic. Finally, dibromochloropropane, N-ethyl-N-nitrosourea, and bleomycin demonstrated primordial follicle killing, with bleomycin being the most potent. In general, all of these ovotoxic chemicals are also known to possess mutageniccarcinogenic effects. Thus, these studies have further provided a correlation between ovotoxicity and subsequent development of tumorigenesis. How these two events are linked is not clearly understood at this time.

Endocrine Disruptors

Exposure of primordial and preantral follicles to estrogenic compounds can have effects on ovarian follicular development. Environmental awareness is growing about the reproductive consequences of exposure of the embryonic and neonatal ovary



FIG. 3. Effect of VCD on KIT protein staining. PND4 F344 rat ovaries were cultured with vehicle control or 30 μ M VCD for 2 or 4 days and processed for Western blotting or immunofluorescence staining with confocal microscopy. **A**) Western blotting for KIT or beta-actin (ACTB) protein on Day 2 and Day 4 of VCD exposure (c, control; v, VCD). **B**) Quantification of KIT protein staining with normalization to ACTB. **C**–**G**) Representative images for immunofluorescence staining of KIT protein on Day 4 are shown. Cy-5 red staining (anti-KIT antibody) for control-treated ovary (**C**) and VCD-treated ovary, and genomic DNA (green YOYO1 stain) overlay (**F**) for control-treated ovary (**D**), immunonegative control (**E**), and VCD-treated ovary (**G**) at 40× magnification. Thin arrows indicate primordial follicles; thick arrows indicate small primary follicles; bar = 20 μ m. **H**) Quantification of oocyte pericytoplasmic KIT protein staining on Day 4 of VCD exposure. Values are percentage of control; n = 3. **P* < 0.05. By either method, oocyte plasma membrane staining was reduced by VCD on Day 4 of incubation, relative to control. Reproduced from Keating et al. [145] with permission from Elsevier.

to endocrine disruptors [158]. These include both synthetic and natural compounds that mimic the mechanisms of endogenous hormones. The majority of studies that examine the role of endocrine disruptors that target primordial and preantral follicles have concentrated on genistein, bisphenol-A (BPA), and diethylstilbestrol (DES).

Genistein, an isoflavonoid phytoestrogen present in soy products, has been shown to have estrogenic activity and bind to the estrogen receptor (ER) in both in vitro and in vivo studies in mice and rats [158]. It has been proposed that genistein has benefits to human health, including inhibiting carcinogenesis, preventing apoptosis, and having antioxidant properties [159–161]. However, there are also adverse effects reported, depending on the timing of exposure, dose level, and end points examined. Animal experiments have demonstrated that fetal exposure to genistein alters the development of the female reproductive system, resulting in delayed estrous cycles and subfertility [162, 163]. Neonatal genistein treatment in rodents has been shown to inhibit breakdown of oocyte nests and increase oocyte survival, resulting in multioocyte follicles (MOFs) in the ovaries of adult mice [164, 165]. Because mice treated with lavendustin, a tyrosine kinase inhibitor, did not develop MOFs, that property of genistein was determined not be responsible for this effect [166]. Mice lacking ER α (ESR1) still developed MOFs when treated with genistein, but mice that lacked ER β (ESR2) did not, suggesting that ESR2 plays an important role in this process [166]. The percentage of primordial follicles in 4-mo-old rats was higher following genistein treatment, whereas the percentage of antral follicles was lower, suggesting that adult genistein exposure inhibits the transition of primordial to primary follicles [167].

Bisphenol-A is a high-production volume chemical used in the synthesis of polycarbonate plastics and epoxy resins, such as those used to line cans containing food and beverages and those found in dental sealants [168]. Because BPA is one of the most highly produced chemicals (more than 6.4 billion pounds in 2003) and has been shown to leach from containers of food and beverage products, it is considered a wide source of exposure in humans, and thus a potential health risk [169]. Bisphenol-A has been detected in the serum/plasma and follicular fluid of most women tested, as well as in amniotic fluid and fetal serum on the order of 0.2-20 ng/ml [170-172]. Bisphenol-A has been shown to be a selective ER modulator with tissue- and species-specific effects [173, 174]. Neonatal exposure to BPA resulted in a decrease in primordial follicle numbers and an increase in growing follicles at PND8, indicating a stimulatory effect on early follicular growth [175]. Similar to genistein, postnatal exposure to high doses of BPA has also been shown to increase MOFs [176]. Additionally, when BPA was accidentally released because of improperly washed animal cages and water bottles, the exposure in laboratory animals resulted in meiotic disturbances due to misalignment of the chromosomes on the first meiotic spindle. This exposure ultimately resulted in aneuploidy in the oocytes of the exposed mice, an effect that could be reproduced when mice were intentionally exposed to BPA at a similar dose (20 ng/g body weight; [177]). By exposing knockout mice of ESR1 or ESR2 in utero to BPA, it was determined that loss of ESR2 caused similar effects on aneuploidy and other meiotic disturbances to BPA in oocytes [178]. In contrast, loss of ESR1 did not cause such effects, nor did exposure of knockout mice to BPA cause further increases in meiotic abnormalities.

Diethylstilbestrol, a potent nonsteroidal estrogen, was once widely prescribed to women for the prevention of miscarriage (from the 1940s to the 1970s). However, DES use in pregnant women was banned because of increased frequency of vaginal carcinoma and uterine abnormalities found in the daughters of DES-treated mothers [179]. The potency of ER binding is similar to estradiol, but its lower binding to circulating steroidbinding proteins and its longer half-life in circulation make this drug more bioavailable than estradiol in both the mother and fetus during in utero exposures [180]. Abnormalities in the oviduct and ovary were found in rats and mice exposed to DES perinatally [181]. In addition, mice treated as neonates with DES had an increased occurrence of MOFs [182]. The MOF oocytes from DES-treated neonatal ovaries were also less likely to be fertilized using in vitro fertilization protocols, suggesting that DES detrimentally affects oocyte quality [183]. Diethylstilbestrol has since then been used as a model chemical for the study of estrogenic environmental endocrine disruptors.

CONCLUSION

Only a limited number of exposures are known to cause toxicity to preantral follicles, but those exposures can lead to significant health effects, including infertility, amenorrhea, and alterations in hormone levels. In most cases, effects observed involve decreases in the ovarian reserve of primordial follicles. Mechanisms underlying such ovarian toxicity are poorly understood. Further research is needed both in the basic biology of ovarian function and alterations induced by detrimental exposures in order to better identify what types of exposures pose a risk to women.

Future work that would add significantly to our understanding of ovarian toxicants includes determining what women are exposed to, what effects are detected through epidemiological monitoring, and what mechanisms of action are involved in those exposures that are known to impact ovarian function. Further and continued epidemiological assessments of reproductive effects of environmental, occupational, and medical exposures are needed to characterize ovotoxic effects of current exposures and ensure that new exposures do not negatively impact reproductive function. Studies examining alterations in age at menopause in women with known exposures versus unexposed women will continue to be needed, especially with chemicals identified to impact the ovary in animal studies. More measurements of chemicals in bodily fluids and tissues of humans, especially in relevant samples like follicular fluid, are needed to determine the relevant exposures and levels that need to be studied for reproductive toxicity. A better understanding of the effects of mixtures will be an important area of investigation. Finally, further validation of in vitro approaches to identifying ovotoxicants, including cell, follicle, and whole neonatal ovarian cultures, will be important for both screening of chemicals and examining their mechanism(s) of toxicity. Together, these directions should improve our understanding of causes of early ovarian failure and how to avoid or prevent chemical exposures that have a detrimental impact on reproductive function in women.

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