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Review

Treatment costs of diarrheal disease and all-cause pneumonia among children under-5 years of age in Colombia

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ABSTRACT

**Objective:** We estimate treatment costs associated with diarrheal disease and all-cause pneumonia among children under-5 years of age in Colombia and assess similarities or differences with previous cost estimations in developing countries of the Americas.  
**Methods:** Macro-costing methods were used to carry out an analysis of diarrhea and all-cause pneumonia costs in Colombia in 2010. The perspective of the health care system was taken. Data were extracted from a health insurer database that includes information on health service utilization among 130,800 children from low-income households. Lengths of stay for hospital admissions and frequencies of cases at all levels of care registered in the database were estimated.  
**Results:** There were 1456 diarrheal disease cases among the 130,800 children (aged  $\geq 60$  months) included in the study. The median cost per case was \$27.10 (interquartile range [IQR]: \$15.60–77.40). A total of 1545 all-cause pneumonia cases were reported to the insurer in 2010, resulting in a frequency of 1181 cases per 100,000 children (95% confidence interval [CI] = 1122, 1240). The overall cost of all-cause pneumonia cases was \$858,791, and the median cost per case treated was \$263 (IQR: \$27–546). Comparisons by level of care showed that costs were significantly different for the two diseases ( $p < .05$ ). Costs for the diseases did not differ by age group ( $p > .05$ ).  
**Conclusions:** Diarrhea and all-cause pneumonia constitute a significant economic and health burden in Colombia. The relatively large size of our sample allowed us to provide reliable national estimates of the costs associated with these diseases. Our results for Colombia are similar to previous estimates from developing countries in the Americas. These data provide valid estimates that may be used decision makers in other countries to make appropriate recommendations on the introduction of rotavirus and pneumococcal vaccines.

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## 1. Introduction

Childhood pneumonia is the leading cause of mortality in children under 5 years old worldwide, causing 1.39 million deaths in 2010 [1]. The incidence in this age group is estimated to be 0.29 episodes per child-year in developing countries and 0.05 episodes per child-year in developed countries [2]. In addition, diarrheal disease is one of the most common childhood illnesses in both developing and developed countries [3]. In 2004, there were 10.4 million deaths reported among children under-5 years of age worldwide, and diarrhea caused an estimated 17% of these deaths (1.87 million; uncertainty range: 1.56–2.19) [4]. Rotavirus was estimated to have caused 453,000 deaths in 2008 [5]. Also, diarrheal disease was the third most common cause of death in children and the second most common cause of hospitalizations and outpatient visits [6–8].

Timely case management of diarrheal disease and pneumonia, including the use of oral rehydration therapy and prompt use of antibiotics, can substantially reduce the risk of fatal outcomes. However, the world's poorest populations often have limited access to these basic health services.

Treatment cost analyses of pneumonia and diarrheal disease among children under-5 are scarce in Latin American and Caribbean (LAC) countries. In the published literature on pneumonia treatment costs, data are available for only a limited number of countries [9–15]. In Colombia, for example, only two studies have described pneumonia costs among children [16,17]. These studies were hospital based and involved a relatively small, non-representative sampling of nationwide disease costs. Studies related to disease management costs of diarrhea among children >5 years are also scarce in LAC countries. In Colombia, only one hospital-based study has described the costs of diarrhea among children >2 years in inpatient and outpatient settings [18].

The purpose of the present study was to estimate treatment costs (direct medical costs) of diarrhea and all-cause pneumonia in a hospital-based population of children and to assess similarities with or differences from previous cost estimations in the Americas.

## 2. Methods

This descriptive cost study of diarrheal disease and all-cause pneumonia in children under 5 was carried out in Colombia. The study was based on a 2010 database of information on health service visits (*Registros Individuales de Prestación de Servicios* [RIPS]) among a hospital-based population of children from low-income households. The perspective of the health care system was taken.

We used a step-down, macro-costing approach, estimating costs for all patients and costs per treated case of all-cause pneumonia and diarrhea [19].

### 2.1. Population and data collection

All health providers (inpatient and outpatient) in Colombia are required to provide information for the RIPS database; each medical procedure administered to a patient is recorded, along with the total cost charged to the health insurer. The database reports diagnosis data (according to the *International Classification of Diseases* (10th revision; *ICD-10*)) and cost data (medication, diagnostics, personnel, and hospital bed-day costs) for each patient visit or admission. Information is provided by the attending physician in every consultation made within the Colombian health care system, and the database serves as an annex for disbursements made to any health facility within the system.

The Colombian health system covers 96% of the population through two regimes: contributive (covering those who can afford

to pay a premium rate) and subsidized (covering those who cannot afford to pay a premium rate and are entitled to subsidized services from the Colombian government) [20]. This study focuses on a database of health service visits from a health insurer in the subsidized regime. This insurer covers approximately 1.25 million people who cannot afford to pay a premium. These individuals are distributed across the country, in 12 states (of a total of 32 states) and 144 municipalities (of a total of 1108), and 130,800 (10.4%) of them are under-5 years of age. Overall, the health insurer covers 2.8% of the Colombian population and 3.1% of the under-5 population.

According to the national poverty line 37.2% of the country's population has an income falling below the national poverty line, and according to the international definition (power purchasing parity of \$2 a day) 6.8% of the population is does [21,22].

We used *ICD-10* diagnosis codes to identify all diarrheal disease cases (codes A00–A09) and pneumonia cases (codes J180, J181, J188, J189, J158, J159, P361, A408, and A409) reported to the database. In Colombia, all-cause pneumonia is diagnosed radiologically, usually according to the criteria of the World Health Organization [23]. In addition to costs, we estimated lengths of stay and frequencies of pneumonia health care visits.

The RIPS database reflects the clinical history of a disease in the Colombian health system. As such, several health care encounters may be registered for the same disease in different time periods. As a means of correcting this possible bias, different health care encounters labeled with the same *ICD-10* code were considered as the same pathology if they occurred within a day from the date of discharge to the subsequent admission day.

The data were categorized by age group and level of care. The Colombian health system divides care by level of complexity, depending on the health care service structure available to provide support to patients with severe illness.

### 2.2. Statistical analysis

Data were extracted and analyzed in Microsoft Excel. We report continuous data as means and medians, depending on the probability distribution of the variable in question. We report parametric variables as means and nonparametric variables as medians. Categorical variables are reported as percentages. We report costs as medians (as an aggregate measure) and interquartile ranges (IQRs; as a measure of dispersion). We converted costs to 2010 US dollars (\$) at an exchange rate of 1913.9 Colombian pesos to 1 US dollar. Nonparametric tests (Mann-Whitney) were used in performing cost comparisons. The level of statistical significance was set at  $p < .05$ .

## 3. Results

The sample included 130,800 children under-5. Cost comparisons showed no significant differences in median costs for all-cause pneumonia and diarrhea between different age groups ( $p > .05$ ). The results for each disease are outlined below.

### 3.1. All-cause pneumonia

A total of 1545 inpatient cases of pneumonia were reported in 2010, resulting in a rate of 1181 cases per 100,000 children (95% confidence interval [CI] = 1122, 1240). The overall cost of all cases combined was \$858,791, and the median cost per case was \$263 (IQR: \$27–546) (Table 1).

Case frequencies and costs by age groups and levels of care are shown in Tables 1 and 2. The median length of stay was 2 days (IQR: 1–5), and there were significant differences in lengths of stay

**Table 1**  
Frequency of all-cause pneumonia among children >5 years of age in Colombia.

Age group (months)	No. of children	No. of cases (%)	Total cost (US \$)	Median cost per case (US \$) (IQR) <sup>a</sup>	Frequency per 100,000 (95% CI)
0–11	17,250	281 (18.2)	184,466	331 (19–693)	1629 (1437–1821)
12–23	41,945	596 (38.6)	370,855	285.5 (29–555.5)	1421 (1306–1535)
24–35	22,099	308 (19.9)	142,267	244 (37.5–506.5)	1394 (1237–1551)
36–47	24,541	178 (11.5)	82,208	185 (29–524)	725 (617–834)
48–60	24,965	182 (11.8)	78,995	226.5 (23–478)	729 (621–837)
Total	130,800	1545 (100)	858,791	263 (27–546)	1181 (1122–1240)

<sup>a</sup> Comparisons of age groups did not show statistically significant differences ( $p > .05$ ).

**Table 2**  
Treatment costs for all-cause pneumonia and diarrhea, by level of care, among children >5 years of age in Colombia.

Level of care	All-cause pneumonia				Diarrhea			
	No. of cases (%)	Length of stay (days) (IQR)	Total cost (US \$)	Median cost (US \$) <sup>a</sup> (IQR)	No. of cases (%)	Length of stay (days) (IQR)	Total cost (US \$)	Median cost (US \$) <sup>a</sup> (IQR)
Primary	247 (16)	2 (1–2)	70,474	71 (20–268)	654 (44.9)	1 (1–1)	33,951.4	25.1 (17.8–45.9)
Secondary	1208 (78.2)	4 (1–5)	555,790	283.5 (25–533)	779 (53.5)	1 (1–2)	108,978.4	34.8 (13.3–169.7)
Tertiary	47 (3)	6 (3–9)	40,376	482 (306–1067)	19 (1.3)	1 (1–2)	6120.7	175.6 (55.7–357.8)
Critical care	43 (2.8)	13 (6–14)	192,151	3393 (1358–7164)	4 (0.3)	15 (7–29)	31,885.1	7184.2 (2270.6–13,672)

<sup>a</sup> Comparisons by level of care showed statistically significant differences ( $p < .001$ ).

according to level of care ( $p < .001$ ). Median costs were also significantly different according to level of care (Table 2).

### 3.2. Diarrhea

In 2010, 1456 children were treated for diarrhea in inpatient and outpatient settings. The total cost of these health services was \$180,936. The frequency of diarrhea was 904 cases per 100,000 population (95% CI = 760, 1049). Frequencies were greater in children aged >1 year and in children between 12 and 35 months of age (Table 3). Median costs did not differ according to age group.

The median cost per case was \$27.10 (IQR: \$15.60–77.40). Costs were significantly different according to level of care ( $p < .001$ ) (Table 2). The median duration of follow-up in primary (outpatient) care was 1 day. Median lengths of stay were 1 day (IQR: 1–2) in secondary and tertiary care hospitals and 15 days (IQR: 7–29) in critical care hospitals. Median costs ranged from \$25.10 (IQR: \$17.80–45.90) in primary care facilities to \$175.60 (IQR: \$55.70–357.80) in tertiary care facilities. Although critical care admissions occurred at a low frequency, these admissions involved the highest median cost per stay (\$7184.20; IQR: \$2270.60–13,672).

## 4. Discussion

To our knowledge, this is the largest population-based study to measure diarrhea and all-cause pneumonia management costs in a Latin American and Caribbean country. Our data provide reliable statistics on costs, frequencies of inpatient admissions, lengths of stay, and the economic burden of disease in Colombia, an upper-middle-income LAC country.

**Table 3**  
Frequency of diarrheal disease among children >5 years of age in Colombia.

Age (months)	No. of children	No. of cases (%)	Total cost (US \$)	Median cost (US \$) (IQR) <sup>a</sup>	Frequency per 100,000 (95% CI)
0–11	17,250	156 (10.7)	35,941.7	28 (14.1–131.3)	904 (760–1049)
12–23	41,945	644 (44.2)	83,016.6	27.9 (15.6–78)	1535 (1416–1654)
24–35	22,099	335 (23)	33,304.5	27.2 (17.2–76.2)	1516 (1353–1679)
36–47	24,541	141 (9.7)	11,219.4	22.3 (14.2–48.2)	575 (478–671)
48–60	24,965	180 (12.4)	17,453.4	30.5 (14.7–87.3)	721 (614–828)
Total	130,800	1456 (100)	180,935.6	27.1 (15.6–77.4)	904 (760–1049)

<sup>a</sup> Comparisons between different age groups showed that median costs were not significantly different ( $p > .05$ ).

introduced the monovalent rotavirus vaccine in 2008 and achieved 82.4% national coverage of the full schedule in 2009 [37].

To extrapolate results on diarrhea and all-cause pneumonia to rotavirus-specific diarrhea and pneumococcal pneumonia, there is a need to consider the possible differences between disease-specific costs and syndrome costs. In the United States, diarrhea costs and rotavirus-specific diarrhea costs are very similar (a median of \$3900 for both in 2001–2003), despite slightly longer lengths of stay for rotavirus disease [38]. In addition, a study conducted in eastern China showed that the direct costs of rotavirus diarrhea and non-rotavirus diarrhea were statistically similar ( $p = .462$ ) [39]. We were unable to locate data on the costs of pneumococcal pneumonia in the literature; in most cost-effectiveness analyses, pneumonia costs are used as a proxy for pneumococcal-specific disease costs.

There is a need to consider some limitations of our analysis. We used secondary data from a health insurer, and such information is potentially subject to selection and misclassification bias. Selection bias in this regard can lead to an underestimation of the true incidence of diarrhea, since a portion of the insured population may not have access to hospitalization or health care. However, it is unlikely that selection bias altered our cost results since our estimates were based on a large number of cases. Misclassification of diagnoses may result in both underestimation and overestimation of the incidence of diarrhea. However, for the same reason just described, it is unlikely that misclassification bias led to overestimations in our results. Underestimations are possible if a significant number of cases of diarrhea are classified as other diagnoses or are not classified at all. Another limitation of our study is related to the database we used, which did not allow for identification of specific cost components.

Among the strengths of this investigation is the fact that our sample was relatively large for a cost study, allowing us to make reliable national cost estimates for Colombia. Despite its overall low severity, diarrhea is a significant economic and health burden in Colombia as a result of the frequency of cases. Our findings are similar to previous diarrheal disease estimates from developing countries in the Americas.

Our study adds to the knowledge base regarding the frequency and costs of diarrhea and all-cause pneumonia in a developing country. Our data can assist decision makers in making appropriate recommendations on the introduction of vaccines with the aim of lowering the burden of disease in Colombia.

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