

JOURNAL OF THE AMERICAN HEART ASSOCIATION

Guillaume van Eys, Christian Grohé and Pieter A. Doevendans Fawzi A. Babiker, Daniel Lips, Rainer Meyer, Els Delvaux, Pieter Zandberg, Ben Janssen, **Estrogen Receptor** β **Protects the Murine Heart Against Left Ventricular Hypertrophy**

Print ISSN: 1079-5642. Online ISSN: 1524-4636 Copyright © 2006 American Heart Association, Inc. All rights reserved. Greenville Avenue, Dallas, TX 75231 *Arteriosclerosis, Thrombosis, and Vascular Biology* is published by the American Heart Association, 7272 doi: 10.1161/01.ATV.0000223344.11128.23 *Arterioscler Thromb Vasc Biol.* 2006;26:1524-1530; originally published online April 20, 2006;

<http://atvb.ahajournals.org/content/26/7/1524> World Wide Web at: The online version of this article, along with updated information and services, is located on the

<http://atvb.ahajournals.org/content/suppl/2006/04/24/01.ATV.0000223344.11128.23.DC1.html> Data Supplement (unedited) at:

[Question and Answer](http://www.ahajournals.org/site/rights/) document. page under Services. Further information about this process is available in the Permissions and Rights which permission is being requested is located, click Request Permissions in the middle column of the Web Copyright Clearance Center, not the Editorial Office. Once the online version of the published article for in *Arteriosclerosis, Thrombosis, and Vascular Biology* can be obtained via RightsLink, a service of the **Permissions:** Requests for permissions to reproduce figures, tables, or portions of articles originally published

<http://www.lww.com/reprints> **Reprints:** Information about reprints can be found online at:

<http://atvb.ahajournals.org//subscriptions/> at: **Subscriptions:** Information about subscribing to *Arteriosclerosis, Thrombosis, and Vascular Biology* is online

Estrogen Receptor β Protects the Murine Heart Against Left Ventricular Hypertrophy

Fawzi A. Babiker, Daniel Lips, Rainer Meyer, Els Delvaux, Pieter Zandberg, Ben Janssen, Guillaume van Eys, Christian Grohé, Pieter A. Doevendans

- *Background*—Left ventricular hypertrophy (LVH) displays significant gender-based differences. 17 β -estradiol (E2) plays an important role in this process because it can attenuate pressure overload hypertrophy via 2 distinct estrogen receptors (ERs): ER α and ER β . However, which ER is critically involved in the modulation of LVH is poorly understood. We therefore used ER α -deficient (ER α^{-}) and ER β -deficient (ER β^{-}) mice to analyze the respective ER-mediated effects.
- *Methods and Results*—Respective ER-deficient female mice were ovariectomized and were given E2 or placebo subcutaneously using 60-day release pellets. After 2 weeks, they underwent transverse aortic constriction (TAC) or sham operation. In $ER\alpha^-$ animals, TAC led to a significant increase in ventricular mass compared with sham operation. E2 treatment reduced TAC induced cardiac hypertrophy significantly in wild-type (WT) and $ER\alpha^{-}$ mice but not in $ER\beta^{-1}$ mice. Biochemical analysis showed that E2 blocked the increased phosphorylation of p38–mitogen-activated protein kinase observed in TAC-treated $ER\alpha^-$ mice. Moreover, E2 led to an increase of ventricular atrial natriuretic factor expression in WT and $ER\alpha^{-}$ mice.
- Conclusions—These findings demonstrate that E2, through ERß-mediated mechanisms, protects the murine heart against LVH. **(***Arterioscler Thromb Vasc Biol***. 2006;26:1524-1530.)**

Key Words: hypertrophy ■ hormones ■ myocardium ■ gender

The increase of left ventricular mass represents a structural
mechanism of compensation of the heart in response to pressure overload. The resulting left ventricular hypertrophy (LVH) is an important, independent negative predictor of cardiac morbidity and mortality.1 LVH displays significant gender-based differences. Premenopausal women have a lower prevalence of LVH than men.2 The Coronary Artery Risk Development In young Adults (CARDIA) study demonstrated a higher prevalence of LVH in men, even after correction for a large number of risk factors. It further demonstrated that the difference in left ventricular size begins early in life (ie, before menopause), suggesting that intrinsic factors are involved in the induction of LVH.2 Sex hormones such as estrogen have been attributed to play an important role in the pathogenesis of cardiovascular disease. The recent clinical trials with respect to the therapeutic role of 17β estradiol (E2) vascular disease are controversial.3 However, the potential of E2 as a therapeutic option in the modulation of cardiac disease remains poorly understood. It has been demonstrated that estrogens are able to attenuate hypertrophic responses.4,5 E2 appears to act as a cardioprotective steroid hormone. However, the underlying mechanisms of E2 protection of the myocardium are not fully understood. Myocytes and fibroblasts contain functional estrogen receptors (ERs) $ER\alpha$ and $ER\beta$. Via these receptors, E2 modulates the activity of the mitogen-activated protein kinase (MAPK) pathways in cardiac myocytes.6 The MAPK signaling pathways consist of a sequence of successively acting kinases that ultimately result in the dual phosphorylation and activation of effector kinases such as p38-MAPKs, c-Jun N-terminal kinases (JNKs), and extracellular signal-regulated kinases (ERKs), which subsequently phosphorylate a large array of targets, leading to altered gene expression patterns.⁷ These signaling cascades play an important role in the initiation of cardiac hypertrophy and in the development of heart failure.⁷⁻¹⁰ $E2$ can inhibit p38-MAPK phosphorylation and thus p38-MAPK activation.11 Furthermore, it is known that E2 can increase the expression of the atrial natriuretic factor (ANF), which recently has been shown to possess antihypertrophic effects.5,11–13 Significant increases in ANF mRNA are detected in the mouse ventricle that is challenged by aortic banding.¹¹ However, little is known about the respective role of the

Arterioscler Thromb Vasc Biol. **is available at http://www.atvbaha.org DOI: 10.1161/01.ATV.0000223344.11128.23**

Original received June 15, 2005; final version accepted April 11, 2006.

From the Department of Cardiology (F.A.B., D.L., E.D.), Cardiovascular Research Institute Maastricht, University Hospital Maastricht, the Netherlands; Physiologisches Institut II (R.M.), Bonn Germany; Department of Pharmacology (P.Z.), Organon NV, the Netherlands; Department of Pharmacology (B.J.), Cardiovascular Research Institute Maastricht, Maastricht University, the Netherlands; Department of Molecular Genetics (G.v.E.), Cardiovascular Research Institute Maastricht, Maastricht University, the Netherlands; Medizinische Universitätspoliklinik (C.G.), Bonn, Germany; Interuniversity Cardiology Institute of the Netherlands (P.A.D.) and Department of Cardiology (P.A.D.), Heart Lung Center Utrecht, the Netherlands. Correspondence to Dr C. Grohé, Medizinische Universitäts-Poliklinik, Wilhelmstr. 35-37, Universitätsklinikum Bonn, 53111 Bonn, Germany. E-mail

c.grohe@uni-bonn.de

^{© 2006} American Heart Association, Inc.

distinct ERs. We recently reported the effects of E2 on the development of pressure-overload hypertrophy and the activation of signaling pathways of MAPKs.¹¹ Furthermore, new studies suggest that $ER\beta$ plays an important role in cardiac disease.14 Here, we further define the role of ERs in this process. For this goal, we used $ER\alpha$ -deficient ($ER\alpha^{-/-}$) and $ER\beta$ -deficient ($ER\beta^{-/-}$) mice. We found that cardioprotective effects of E2 on LVH are mediated by $ER\beta$ and not $ER\alpha$. These effects are paralleled by an increase in the expression of ANF and a decrease in the phosphorylation of p38.

Materials and Methods

Animals

 $ER\alpha^{-}/$ transgenic mice were generated using C57BL/6 as background as described previously.15 These mice, which have been extensively studied, do not express $ER\alpha$ protein in any tissue.¹⁵⁻¹⁸ $ER\beta^{-/-}$ mice were generated and provided by Organon (Oss, the Netherlands). For details, see the online supplement, available at http://atvb.ahajournals.org. Mice showing germline transmission were again crossed with C57BL/6 mice (F2+ F3 generation). Subsequently, mice from the same litters were used for breeding. Wild-type (WT) littermates from the respective genotypes were used in the study. Only female mice of ≈ 10 weeks age were incorporated into this study.

Experimental Procedures

All animals (300 WT and knockout mice) were housed under standard conditions. Animals were anesthetized with ketamine (100 mg/kg body weight [BW] IP) and xylazine (10 mg/kg BW IP) for ovariectomy, pellet placement, and transverse aortic constriction (TAC). The study was approved by the animal ethics committee of the University of Maastricht.

Estrogen Replacement

Two weeks after ovariectomy, a 60-day-release pellet containing 0.18 mg E2 or placebo was implanted subcutaneously. All pellets were purchased from Innovative Research of America. E2 serum levels were measured with a radioimmunoassay (DPC Biermann) in a subset of animals.

Surgical Procedures and Hemodynamics

Ovariectomy was performed by a standard bilateral abdominal approach. The uterus was left remaining to study the responsiveness to hormone replacement therapy. Afterward, placebo or E2 containing pellets were implanted in the upper neck subcutaneously. Two weeks after the pharmacological intervention, TAC was performed, as described previously.11 Sham-operated animals underwent an identical operation without placement of the constricting suture. Assessment of left ventricular function was performed as described previously.19,20 Conductance and pressure input was digitized with a Conduct-PC data acquisition system (CDLeycom BV). Average values for mean arterial pressure, heart rate, systolic and diastolic LV pressure, and left ventricular end-diastolic pressure were determined. The mortality in all treatment groups during the surgery did not differ significantly between groups. In particular, no increased mortality was found in the estrogen treatment groups and the $ER\beta$ animal groups.

Tissue Preparation and Histology

Hearts were arrested in diastole with $CdCl₂$ (0.1 mol/L IV). For morphometric analysis, hearts were fixed in 10% formalin and embedded in paraffin as described previously.21 For protein extraction, hearts were excised and washed in ice-cold PBS. All external fluid was completely removed before the organs were weighed and frozen. Transverse sections of the heart were stained with hematoxylin and eosin, sirius red, or modified Azan. The analysis of the collagen content was performed with a computerized morphometry system as described previously.21

Immunoblot Analysis

Total heart lysates (40 μ g per lane) were analyzed by standard immunoblotting procedures as described previously.22 For details, see the online supplement.

Real-Time Polymerase Chain Reaction Analysis

Details of the real-time RT-PCR have been described previously.23 The primer sequences used for real time PCR are: ANF 5' primer (5'-CCT GTG TAC AGT GCG GTG TC), ANF 3' primer (5'-TCC TCC AGG TGG TCT AGC A), cyclophillin 5' primer (5'-CAA ATG CTG GAC CAA ACA CAA), cyclophillin 3' primer (5'-TTC ACC TTC CCA AAG ACC ACA T). The CT measurement is defined at the fractional cycle number at which the amount of amplified target reaches a fixed threshold above background Sybr Green fluorescence. The amount of target in the cDNA sample relative to cyclophiline was calculated.

Statistical Analysis

Data are shown as mean \pm SEM. Means were compared by ANOVA, followed by Bonferroni test for multiple comparisons. Differences were considered significant at $P<0.05.^{24}$

Results

In our study, we divided the cardiac analysis of the animals in a total of 16 different groups, as shown in the Table. The different groups underwent either sham or TAC surgical procedures and were ovariectomized after E2 substitution. A complete phenotypic analysis of both cardiac and endocrine parameters was performed to study the receptor-mediated effects in all animal groups studied (Table). E2 replacement led to a reconstitution of physiological E2 levels (122 pg/mL in E2-treated versus \leq 5 pg/mL in placebo-treated). Uterus weight (UW) was measured to demonstrate the effectiveness of ovariectomy and E2 substitution in all animals. In all groups (8 conditions with TAC or sham and placebo or E2 treatment for $ER\alpha^{-/-}$ as well as $ER\beta^{-/-}$), the UW/BW and UW/tibia length (TL) ratios showed a significant difference between placebo and E2-treated mice (Table). In E2-treated WT and $ER\beta^{-/-}$ mice, the UW/BW ratios are significantly higher than that of E2-treated $ER\alpha^{-/-}$ mice (Table). Together, we were able to demonstrate that ovariectomy leads to uterus atrophy on the basis of E2 withdrawal, and E2 replacement restored UW. There were no significant differences in BW between the groups and no significant changes in lung weight (Table).

In all animal groups, TAC led to a significant increase in ventricular mass 4 weeks after the intervention. E2 treatment led to a significant reduction of the increase of ventricular weight (VW) and the VW/TL ratio in WT and $ER\alpha^{-/-}$ mice (Figure 1). No differences were observed between shamoperated mice (Figure 1; data not shown). Also in $ER\beta^{-/-}$ mice and their WT littermates, TAC led to significant increase in ventricular mass 4 weeks after the intervention. In WT mice, TAC the degree of ventricular hypertrophy were significantly lower in E2-treated compared with placebotreated mice. Interestingly, E2 treatment in $ER\beta^{-/-}$ mice resulted in a higher level of hypertrophy compared with WT mice. Similar results were found when we used VW/BW (please see the online supplement; data not shown). No

	Sham		TAC	
	Placebo	E ₂	Placebo	E ₂
$WT(n=)$	$\overline{7}$	$\overline{7}$	10	10
BW, g	24.00 ± 0.61	24.25 ± 1.50	23.55 ± 1.14	23.25 ± 0.67
VW, mg	114.56 ± 4	119.88 ± 12	$161.91 \pm 26*$	131.75 ± 13 *†
WV/BW, mg/g	4.77 ± 0.19	4.94 ± 0.35	$6.89 \pm 1.16*$	5.68 ± 0.75 [*]
WV/TL, mg/mm	6.24 ± 0.24	6.93 ± 0.61	$9.21 \pm 1.59*$	7.63 ± 0.74 [*]
UW/BW, mg/g	$0.63 + 0.09$	14.38 ± 1.82	$1.39 + 0.21$	$11.89 + 2.1$
Lung weight, g	$0.18 + 0.06$	$0.18 + 0.02$	0.17 ± 0.01	$0.17 + 0.04$
$ER\alpha^{-/-}$ (n =)	7	7	10	10
BW, g	24.17 ± 1.56	$26 + 2.78$	22.71 ± 2	24.08 ± 0.78
VW, mg	112.83 ± 10	119.20 \pm 7	$164.57 \pm 29*$	135.92 ± 16 *†
WV/BW, mg/g	4.68 ± 0.46	4.61 ± 0.20	$7.34 \pm 1.70*$	5.65 ± 0.72 *†
VW/TL, mg/mm	6.55 ± 0.66	6.96 ± 0.42	$9.93 \pm 0.61^*$	7.99 ± 0.98 *†
UW/BW, mg/g	0.73 ± 0.15	3.26 ± 0.19 ‡	0.71 ± 0.13	3.42 ± 0.35 † ‡
Lung weight, g	0.16 ± 0.02	0.15 ± 0.01	0.20 ± 0.09	0.16 ± 0.02
$WT(n=1)$	$\overline{7}$	$\overline{7}$	10	10
BW, g	23.71 ± 2.33	24.00 ± 1	22.66 ± 1.88	25.25 ± 1.56
W, mg	119.14 ± 16	114.17 ± 7	170.71 ± 29 *	131.50 ± 12*†
WV/BW, mg/g	5.01 ± 0.28	4.75 ± 0.23	$7.66 \pm 1.95*$	5.29 ± 0.81 * †
VW/TL, mg/mm	6.81 ± 0.84	6.75 ± 0.42	9.79 ± 1.77 *	7.45 ± 0.89 *†
UW/BW, mg/g	1.33 ± 0.22	12.39 ± 1.22	$1.05 + 0.07$	14.85 ± 1.96
Lung weight, g	$0.17 + 0.02$	0.14 ± 0.02	$0.18 + 0.03$	0.16 ± 0.00
$ER\beta^{-/-}$ (n =)	7	7	10	10
BW, q	24.30 ± 1.90	25.86 ± 1.27	26.14 ± 1.06	24.71 ± 0.69
VW, mg	111.30 ± 6	122.29 ± 6	$157.43 \pm 13^*$	$169.29 \pm 32*$
WV/BW, mg/g	4.60 ± 0.28	4.73 ± 0.21	$6.03 \pm 0.53*$	$6.86 \pm 1.25*$
WV/TL, mg/mm	6.42 ± 0.33	7.14 ± 0.39	$8.78 \pm 0.79*$	$9.76 \pm 1.79*$
UW/BW, mg/g	1.16 ± 0.16	13.28 ± 3.19	0.93 ± 0.11	15.77 ± 1.77
Lung weight, g	0.16 ± 0.02	0.16 ± 00.01	0.18 ± 0.01	0.16 ± 0.01

Effects of TAC and E2 Treatment on BW and Organ Weight

BW indicates body weight; VW, ventricular weight; TL, tibial length; UW, uterus weight. All values are Mean \pm SEM. * P <0.05 for TAC vs sham, \uparrow P<0.05 for E2 vs placebo, \downarrow P<0.05 for KO vs WT.

significant differences were observed among the shamoperated mice (Figure 1). Weight analyses are in line with morphometric analyses (please see the online supplement).

The most surprising finding was the lack of inhibition of hypertrophy in the $ER\beta^{-/-}$ mice. Therefore, we performed invasive hemodynamic measurements to check whether the blunted response had an effect on left ventricular function.

Hemodynamic analysis showed that developed pressure, as an indication of the quantity of afterload, was significantly increased in TAC ER α ^{-/-} and ER β ^{-/-} instrumented mice compared with sham mice (please see the online supplement). E2 treatment had no influence on the degree of pressure overload compared with placebo-treated mice (please see the online supplement). There was no significant difference

Figure 1. Phenotypic analysis of VW/TL ratios in all animal models (A, $ER\alpha^{-}/^{-}$; B, $ER\beta^{-/-}$). VW/TL ratios from animals with TAC or SHAM that were treated with E2 or placebo for 4 weeks after intervention. The degree of ventricular hypertrophy was significantly lower in E2-treated than placebotreated WT and $ER\alpha^{-/-}$ mice with pressure overload. E2 treatment led to a significant reduction in the degree of hypertrophy in WT but not in $ER\beta^{-/-}$ mice. All values are $mean \pm SEM$; n=for 7 sham and 10 for TAC per group. * $P<0.05$ for TAC vs sham; $+P<0.05$ for E2 vs placebo.

Figure 2. Cardiac function measured in $ER\beta^{-/-}$ and WT mice. Representative analysis of cardiac output (CO; A), dP/dt_{max} (B), and dP/dt_{min} (C). D shows left ventricular in vivo pressure–volume loops in sham placebo-treated WT mice ($ER\beta^{-/-}$ littermates; black loops), TAC placebo-treated $ER\beta^{-/-}$ mice (blue loops), and TAC E2-treated $ER\beta^{-/-}$ (red loops). RVU indicates relative volume units. Pressure gradients of all groups are shown. All values are mean \pm SEM; n=7 for sham and 10 for TAC per group.

between $ER\alpha^{-/-}$ and $ER\beta^{-/-}$ mice. Cardiac performance remained at normal WT level because no significant differences in cardiac output and heart rate were detected between groups (please see the online supplement). Even in the $ER\beta^{-/-}$ mice, no deterioration of cardiac function was observed after 4 weeks of pressure overload. Hypertrophic growth is therefore not necessary to maintain cardiac performance in the situation of pressure overload. This is not in accordance with the general consensus that hypertrophy is an obligatory compensating mechanism to withstand augmented hemodynamic stress. In this study, ventricular contraction and relaxation did not alter between genotypes nor substitution therapies after TAC. Maximal derivative of left ventricular pressure (dP/dt_{max}) increased and minimal derivative (dP/dt_{min}) decreased, although no significant differences were found between groups (Figure 2). The pressure volume loops showed the absence of significant differences in cardiac performance between placebo- and E2-treated $ER\beta^{-/-}$ (Figure 2), except for the TAC-induced systolic pressure rises. Data in $ER\alpha^{-}$ mice are comparable (data not shown). E2 had no influence on the degree of pressure overload as determined by the pressure gradient or the prestenotic pressure (data not shown).

To analyze the mechanisms involved in the observed antihypertrophic effect of E2, we investigated critical target genes involved in development and progression of cardiac hypertrophy. In previous reports, these genes have been shown to be regulated by E2.4 Immunoblot analysis revealed that E2 blocked the increased phosphorylation of p38-MAPK in ovariectomized

WT and $ER\alpha^{-/-}$ mice with pressure overload hypertrophy, whereas it exerted no effect in sham-operated animals and $ER\beta^{-/-}$ mice (Figure 3). No differences could be observed between the study groups with regard to the phosphorylation level of ERK1/2 and JNK (data not shown).

Furthermore, TAC led to a significant increase in ANF expression in the hypertrophied ventricles of WT and $ER\alpha^{-}$ mice 4 weeks after intervention compared with placebo-treated and ER β ^{-/-} mice (P < ±0.05); however, in ER β ^{-/-} mice, no such effect was found (Figure 3). No significant difference was seen between placebo-treated animals in both groups. Also, E2-treated WT mice showed a nonsignificant difference between E2-treated WT of $ER\alpha^{-}$ and $ER\beta^{-}$ animals (Figure 3).

Discussion

ER-mediated effects in cardiovascular disease require a better understanding because of the controversial findings of previous clinical studies of hormone replacement therapy.25 These prospective studies focused on primary and secondary prevention of ischemic heart disease. Despite these recent observations, little is known about the role of ERs in cardiac disease such as cardiac hypertrophy. A better understanding of the function of specific ERs in different tissues is important in the development and selection of new agents that could be used for treatment. Currently, the biological roles of these 2 different ER subtypes are not clear. It may be related to the selective actions of E2 in various target tissues. Also, it is known that different E2 compounds have different

Figure 3. Ventricular expression and phosphorylation of p38 (shown as representative Western blot and mean densitometrical analysis) and ANF (real-time PCR). p38 expression and phosphorylation were evaluated in WT or $ER\alpha^{-/-}$ animals with TAC and treated with E2 or placebo (P) 4 weeks after intervention (A and B). B, Phosphorylation of p38 in $ER\alpha^{-/-}$ as percentage of total p38. C and D, p38 expression and phosphorylation in WT or $ER\beta^{-/-}$ animals with TAC and treated with E2 or placebo 4 weeks after TAC were evaluated. D, Phosphorylation of p38 in $ER\beta^{-/-}$ as percentage of total p38. A total of $n=7$ animals in the sham group and a total of $n=10$ animals in the TAC group were evaluated. E, ANF expression in TAC WT and $ER\alpha^{-/-}$ animals treated with E2 or placebo. F, ANF expression in TAC WT and $ER\beta^{-/-}$ animals treated with E2 or placebo. All values are mean \pm SEM. $*P<0.05$ for placebo vs E2; $\uparrow P < 0.05$ for ER α ^{-/-} vs $ER\beta^{-/-}$. The values are corrected by subtracting cyclophilin values and presented as relative values to sham animals.

relative binding affinities for $ER\alpha$ versus $ER\beta^{26,27}$ For instance, recent studies suggest that $ER\beta$ may inhibit the stimulatory effects of $ER\alpha$ on cellular proliferation.²⁸ In the case of E2 signaling, cellular selectivity for one or the other ER appears to be regulated by the cellular expression pattern of the ERs and interacting coactivator and corepressor proteins.²⁹ The ER α appears to be more involved in regulation of uterine growth than the $ER\beta$, as can be deduced from both the uterine wet weight and the uterine dry weight in $ER\alpha^{-/-}$ mice (Table). This is in line with previous studies regarding the importance of $ER\alpha$ for the uterine response.^{15,30} On the other hand, $ER\beta$, as we proved in this study, mediates the attenuation of pressure overload hypertrophy by E2. Because of the overall number required to study all treatment groups to reach statistical significance, we focused on the well-established time point of 4 weeks after TAC.

Whereas in $ER\alpha^{-/-}$ mice, VW is significantly reduced (comparable to WT) after addition of E2, no such effect is seen in $ER\beta^{-/-}$. Moreover, in $ER\beta^{-/-}$ mice, there was a nonsignificant tendency toward hypertrophy when E2 was present and a

tendency toward decreased hypertrophy in the absence of E2. Together, our study supports the hypothesis that E2 has direct, modulating effects on cardiac myocytes and the heart. Similar results were also obtained by Skavdahl et al³¹ in a model of hypertrophy that evaluated gender-based differences and added the important observation that gender determines the hypertrophic phenotype. Furthermore, Pelzer et al³² demonstrated that in $ER\beta^{-/-}$ animals of a different genetic background than the animals used in our study, an increase of mortality was shown. The findings of Pelzer et al underline the importance of $ER\beta$ for the cardiovascular system, in particular for cardiac dimensions and function. Although $ER\beta$ appears to be of major importance in the ER-dependent responses studied in this investigation, $ER\beta$ also plays a role in other physiological contexts such as the development of cardiac arrhythmias after myocardial infarction.¹⁴ There, $ER\beta$ was shown to play an important role in ventricular repolarization after myocardial infarction and the regulation of the potassium channel expression. Furthermore, it was demonstrated, using the same animal model, that $ER\beta$ is necessary for normal morphology in several regions of the

central nervous system.33 Studies on these animals also indicate that $ER\beta$ has an antiproliferative effect in the immature uterus and in the prostate, at least partially by balancing the proliferative activity of $ER\alpha$.³⁴ To further elucidate the mechanisms involved in the antihypertrophic effects of E2, it will be necessary to identify the additional signaling molecules involved in these protective effects, their time course of activation, and the cross-talk between them.

In a previous study, we showed that no differences occur in the expression levels of ERK1/2, JNK, angiotensin II type 1 receptor, or angiotensin-converting enzyme.11 To further elucidate possible mechanisms involved, we studied the activation of MAPK and ANF. These have been shown to play important roles in the development and progression of cardiac hypertrophy.9 It has been reported that the activation of p38-MAPK is important for the hypertrophic response and maintains the hypertrophic response over a longer period of time.35 E2 can inhibit p38-MAPK phosphorylation and thus p38-MAPK activation. Our results are in line with van Eickels et al,¹¹ who demonstrated that inhibition of p38-MAPK phosphorylation by E2 treatment may represent one of the mechanisms by which E2 exerts its antihypertrophic effect in the TAC model of pressure overload.

Antihypertrophic properties of ANF were shown in several studies.5,11,12,35 In line with these results, E2 led to a significant increase in ANF expression in the ventricles of WT and ER^{-} animals compared with placebo-treated WT and E2-treated $ER\beta^{-/-}$ mice with pressure overload. ANF expression was noticed early after hypertrophic stimulation; it occurs after 6 to 12 hours.36 These findings confirm that ANF is part of another pathway by which E2 exerts its antihypertrophic effects. Together, we provide new evidence for the role of cardiac ERs in the development of LVH.

However, the role of E2 in the development of LVH is poorly understood. Many observational studies suggest that estrogen replacement therapy has cardioprotective effects in postmenopausal women.37,38 However, recent clinical trials have failed to show a cardiovascular benefit of estrogen replacement therapy in women with established coronary artery disease.39 Our results show that the antihypertrophic effects of E2 are receptor specific. This may stimulate research for ligands that only bind $ER\beta$. Such a development may circumvent the negative effects reported in the Heart and Estrogen Replacement Study (HERS) and Women Health Initiative Study (WHI) studies and provide for a precisely targeted antihypertrophic approach.

Conclusion

Our results showed that $ER\beta$ plays a role in the control of LVH. Protective effects of E2 in murine heart via $ER\beta$ appear to increase expression of ANF and decreased p38 phosphorylation. The fact that cardiovascular action of E2 relies largely on $ER\beta$ provides opportunities to develop more specific interventional strategies to treat hypertrophy, avoiding side effects.

Acknowledgments

We thank Organon, Oss, the Netherlands for providing the animals.

Sources of Funding

This work was supported by grants from the Netherlands Heart Foundation (NHS 99-114 and NHS 2000-160) and the Interuniversity Cardiology Institute Netherlands, Bekalis Foundation and Wynand Pon foundation to P.A.D., and by the Deutsche Forschungsgemeinschaft and BONFOR to C.G. and R.M. Additional support from the RESCAR foundation was greatly appreciated.

Disclosures

None.

References

- 1. Liao Y, Cooper RS, Mensah GA, McGee DL. Left ventricular hypertrophy has a greater impact on survival in women than in men. *Circulation*. 1995;92:805– 810.
- 2. Gardin JM, Wagenknecht LE, Anton-Culver H, Flack J, Gidding S, Kurosaki T, Wong ND, Manolio TA. Relationship of cardiovascular risk factors to echocardiographic left ventricular mass in healthy young black and white adult men and women. The CARDIA Study. Coronary Artery Risk Development in Young Adults. *Circulation*. 1995;92:380 –387.
- 3. Rossouw JE, Anderson GL, Prentice RL, LaCroix AZ, Kooperberg C, Stefanick ML, Jackson RD, Beresford SA, Howard BV, Johnson KC, Kotchen JM, Ockene J; Writing Group for the Women's Health Initiative Investigators. Risks and benefits of estrogen plus progestin in healthy postmenopausal women: principal results from the Women's Health Initiative randomized controlled trial. Writing group for the Women's Health Initiative investigators. *J Am Med Assoc*. 2002;288:321–333.
- 4. van Eickels M, Grohé C, Cleutjens JP, Janssen BJ, Wellens HJ, Doevendans PA. 17 β -estradiol attenuates the development of pressure-overload hypertrophy. *Circulation*. 2001;104:1419 –1423.
- 5. Babiker FA, De Windt LJ, van Eickels M, Thijssen V, Bronsaer RJ, Grohe´ C, van Bilsen M, Doevendans PA. 17 β -estradiol antagonizes cardiomyocyte hypertrophy by autocrine/paracrine stimulation of a guanylyl cyclase A receptor-cyclic guanosine monophosphate-dependent protein kinase pathway. *Circulation*. 2004;109:269 –276.
- 6. Nuedling S, Kahlert S, Loebbert K, Meyer R, Vetter H, Grohe´ C. Differential effects of 17β -estradiol on mitogen-activated protein kinase pathways in rat cardiomyocytes. *FEBS Lett*. 1999;454:271–276.
- 7. Sugden PH, Clerk A. "Stress-responsive" mitogen-activated protein kinases (c-Jun N-terminal kinases and p38 mitogen-activated protein kinases) in the myocardium. *Circ Res*. 1998;83:345–352.
- 8. Bueno OF, De Windt LJ, Lim HW, Tymitz KM, Witt SA, Kimball TR, Molkentin JD. The dual-specificity phosphatase MKP-1 limits the cardiac hypertrophic response in vitro and in vivo. *Circ Res*. 2001;88:88 –96.
- 9. Bueno OF, De Windt LJ, Tymitz KM, Witt SA, Kimball TR, Klevitsky R, Hewett TE, Jones SP, Lefer DJ, Peng CF, Kitsis RN, Molkentin JD. The MEK1-ERK1/2 signaling pathway promotes compensated cardiac hypertrophy in transgenic mice. *EMBO J*. 2000;19:6341– 6350.
- 10. Haq S, Choukroun G, Lim H, Tymitz KM, del Monte F, Gwathmey J, Grazette L, Michael A, Hajjar R, Force T, Molkentin JD. Differential activation of signal transduction pathways in human hearts with hypertrophy versus advanced heart failure. *Circulation*. 2001;103:670-677.
- 11. van Eickels M, Patten RD, Aronovitz MJ, Alsheikh-Ali A, Gostyla K, Celestin F, Grohé C, Mendelsohn ME, Karas RH. 17 β -estradiol increases cardiac remodeling and mortality in mice with myocardial infarction. *J Am Coll Cardiol*. 2003;41:2084 –2092.
- 12. Horio T, Nishikimi T, Yoshihara F, Matsuo H, Takishita S, Kangawa K. Inhibitory regulation of hypertrophy by endogenous atrial natriuretic peptide in cultured cardiac myocytes. *Hypertension*. 2000;35:19 –24.
- 13. Deng Y, Kaufman S. The influence of reproductive hormones on ANF release by rat atria. *Life Sci*. 1993;53:689 – 696.
- 14. Korte T, Fuchs M, Arkudas A, Geertz S, Meyer R, Gardiwal A, Klein G, Niehaus M, Krust A, Chambon P, Drexler H, Fink K, Grohé C. Female mice lacking estrogen receptor beta display prolonged ventricular repolarization and reduced ventricular automaticity after myocardial infarction. *Circulation*. 2005;111:2282–2290.
- 15. Lubahn DB, Moyer JS, Golding TS, Couse JF, Korach KS, Smithies O. Alteration of reproductive function but not prenatal sexual development after insertional disruption of the mouse estrogen receptor gene. *Proc Natl Acad Sci U S A*. 1993;90:11162–11166.
- 16. Krege JH, Hodgin JB, Couse JF, Enmark E, Warner M, Mahler JF, Sar M, Korach KS, Gustafsson JA, Smithies O. Generation and reproductive phenotypes of mice lacking estrogen receptor beta. *Proc Natl Acad Sci U S A*. 1998;95:15677–15682.
- 17. Couse JF, Hewitt SC, Bunch DO, Sar M, Walker VR, Davis BJ, Korach KS. Postnatal sex reversal of the ovaries in mice lacking estrogen receptors α and . *Science*. 1999;286:2328 –2331.
- 18. Ogawa S, Chester AE, Hewitt SC, Walker VR, Gustafsson JA, Smithies O, Korach KS, Pfaff DW. Abolition of male sexual behaviors in mice lacking estrogen receptors α and β (α and β ERKO). *Proc Natl Acad Sci U S A*. 2000;97:14737–14741.
- 19. Lips DJ, van der Nagel T, De Windt LJ. Left ventricular pressure-volume measurements in mice: closed-chest versus open-chest approach. *Basic Res Cardiol*. 2004;99:351–359.
- 20. Lips DJ, Bueno OF, Wilkins BJ, Purcell NH, Kaiser RA, Lorenz JN, Voisin L, Saba-El-Leil MK, Meloche S, Pouyssegur J, Pages G, De Windt LJ, Doevendans PA, Molkentin JD. MEK1-ERK2 signaling pathway protects myocardium from ischemic injury in vivo. *Circulation*. 2004;109: 1938 –1941.
- 21. Lutgens E, Daemen MJ, de Muinck ED, Debets J, Leenders P, Smits JF. Chronic myocardial infarction in the mouse: cardiac structural and functional changes. *Cardiovasc Res*. 1999;41:586 –593.
- 22. Rubattu S, Lee-Kirsch MA, DePaolis P, Giliberti R, Gigante B, Lombardi A, Volpe M, Lindpaintner K. Altered structure, regulation, and function of the gene encoding the atrial natriuretic peptide in the stroke-prone spontaneously hypertensive rat. *Circ Res*. 1999;85:900 –905.
- 23. Monroe DG, Johnsen SA, Subramaniam M, Getz BJ, Khosla S, Riggs BL, Spelsberg TC. Mutual antagonism of estrogen receptors α and β and their preferred interactions with steroid receptor coactivators in human osteoblastic cell lines. *J Endocrinol*. 2003;176:349 –357.
- 24. Wallenstein S, Zucker CL, Fleiss JL. Some statistical methods useful in circulation research. *Circ Res*. 1980;47:1–9.
- 25. Daly E, Vessey MP, Hawkins MM, Carson JL, Gough P, Marsh S. Risk of venous thromboembolism in users of hormone replacement therapy. *Lancet*. 1996;348:977–980.
- 26. Kuiper GG, Carlsson B, Grandien K, Enmark E, Haggblad J, Nilsson S, Gustafsson JA. Comparison of the ligand binding specificity and transcript tissue distribution of estrogen receptors α and β . *Endocrinology*. 1997;138: 863– 870.
- 27. Katzenellenbogen JA, Katzenellenbogen BS. Nuclear hormone receptors: ligand-activated regulators of transcription and diverse cell responses. *Chem Biol*. 1996;3:529 –536.
- 28. Barkhem T, Nilsson S, Gustafsson JA. Molecular mechanisms, physiological consequences and pharmacological implications of estrogen receptor action. *Am J Pharmacogenomics*. 2004;4:19 –28.
- 29. Nilsson S, Makela S, Treuter E, Tujague M, Thomsen J, Andersson G, Enmark E, Pettersson K, Warner M, Gustafsson JA. Mechanisms of estrogen action. *Physiol Rev*. 2001;81:1535–1565.
- 30. Lindberg MK, Weihua Z, Andersson N, Moverare S, Gao H, Vidal O, Erlandsson M, Windahl S, Andersson G, Lubahn DB, Carlsten H, Dahlman-Wright K, Gustafsson JA, Ohlsson C. Estrogen receptor specificity for the effects of estrogen in ovariectomized mice. *J Endocrinol*. 2002;174:167–178.
- 31. Skavdahl M, Steenbergen C, Clark J, Myers P, Demianenko T, Mao L, Rockman HA, Korach KS, Murphy E. Estrogen receptor-beta mediates male-female differences in the development of pressure overload hypertrophy. *Am J Physiol Heart Circ Physiol*. 2005;288:H469 –H476.
- 32. Pelzer T, Loza PA, Hu K, Bayer B, Dienesch C, Calvillo L, Couse JF, Korach KS, Neyses L, Ertl G. Increased mortality and aggravation of heart failure in estrogen receptor- β knockout mice after myocardial infarction. *Circulation*. 2005;111:1492–1498.
- 33. Wang L, Andersson S, Warner M, Gustafsson JA. Estrogen receptor (ER) β knockout mice reveal a role for $ER\beta$ in migration of cortical neurons in the developing brain. *Proc Natl Acad Sci U S A*. 2003;100:703–708.
- 34. Weihua Z, Makela S, Andersson LC, Salmi S, Saji S, Webster JI, Jensen EV, Nilsson S, Warner M, Gustafsson JA. A role for estrogen receptor β in the regulation of growth of the ventral prostate. *Proc Natl Acad Sci U S A*. 2001;98:6330 – 6335.
- 35. Clerk A, Michael A, Sugden PH. Stimulation of the p38 mitogen-activated protein kinase pathway in neonatal rat ventricular myocytes by the G proteincoupled receptor agonists, endothelin-1 and phenylephrine: a role in cardiac myocyte hypertrophy? *J Cell Biol*. 1998;142:523–535.
- 36. Hefti MA, Harder BA, Eppenberger HM, Schaub MC. Signaling pathways in cardiac myocyte hypertrophy. *J Mol Cell Cardiol*. 1997;29:2873–2892.
- 37. Stampfer MJ, Colditz GA, Willett WC, Manson JE, Rosner B, Speizer FE, Hennekens CH. Postmenopausal estrogen therapy and cardiovascular disease. Ten-year follow-up from the nurses' health study. *N Engl J Med*. 1991;325:756 –762.
- 38. Grady D, Rubin SM, Petitti DB, Fox CS, Black D, Ettinger B, Ernster VL, Cummings SR. Hormone therapy to prevent disease and prolong life in postmenopausal women. *Ann Intern Med*. 1992;117:1016 –1037.
- 39. Mendelsohn ME, Karas RH. The time has come to stop letting the HERS tale wag the dogma. *Circulation*. 2001;104:2256 –2259.

On Line supplemental data ATVB/2005/099283R1

Material and Methods

Animals

The mouse ERβ gene was isolated from an 129 Sv genomic BAC library(Genome Systems) by screening with a full length human ERβ cDNA probe. Two BAC clones were obtained and restriction enzyme mapping was performed using a panel of restriction enzymes and degenerated probes deduced from exon 1-4. Two fragments were identified: a 2.7 kb HindIII-EcoRV fragment located 5' of exon 1 and a 1.6 kb HindIII fragment located 3' of exon 2. Both fragments were cloned into the pKO gene targeting vector (Lexicon Genetics, Woodlands, USA) containing the pgk-neo gene for positive selection and the CMV-Tk gene for negative selection. ES cells were transfected with NotI linearized targeting vector using a BioRad Gene Pulser(230V). Targeted ES cells were identified by nested PCR analysis. PCR conditions used were 100 ng each of primer 5'-GGAGTGGCAGACAAGGGCA-3' and primer 5'- GATTCGCAGCGCATCGCC-3', 10 ng genomic DNA, DNA Taq polymerase(1U, Gibco BRL), a dATP, dCTP, dGTP, dTTP mixture (10 mM), Taq buffer (Gibco BRL) for 20 cycles Nested PCR was performed using the nested primers 5'-ACCCAACACCCTCTCTGGCC-3 and 5'-GGGCTCTATGGCTTCTGAGG-3' for 24 cycles. PCR products were analyzed on an 1% agarose gel and visualized with ethidium bromide. Positive clones obtained were analyzed by Southern blot analysis. Targeted clones were expanded and injected into blastocysts from C57Bl/6 mothers (Genome Systems), and where returned to pseudopregnant C57Bl/6 hosts to complete their development. Germ line transmission of the mutant allele was tested by PCR analysis of genomic tail DNA.

Immunoblot Analysis

Equal loading was checked by stripping and reprobing the membrane with troponin C. The following primary antibodies were used: p38-mitogen-activated protein kinase (p38- MAPK), ERK1/2, JNK, phospho-JNK (Thr183/Tyr185) and troponin C (Santa Cruz Biotechnology Inc) and phospho-ERK1/2 (Thr202/Tyr204) and phospho-p-38 MAPK (Thr180/Tyr182) (New England Biolabs). Detection was performed with the enhanced chemiluminescence technique after incubation with a suitable secondary antibody coupled to horseradish peroxidase (ECL; Amersham Pharmacia Biotech). A computerized image acquisition system (Alpha Innotech Corp) was used for densitometric analysis.

Figure I. Transverse sections of hearts stained with hematoxylin-eosin from WT and ERα/. animals with TAC that where treated with either E2 or placebo 4 weeks after intervention (A). Transverse sections of hearts stained with hematoxylin-eosin from WT and $ER\beta$ / animals with TAC that where treated with either E2 or placebo 4 weeks after intervention (B). Left ventricular mass analysis for WT and $ER\alpha$ [']. (C). Left ventricular mass analysis for WT and ERβ⁻/. (D). Ventricular (LV) external circumference analysis for WT and ERα⁻/. (E). Ventricular external circumference analysis for WT and ER β . (F): All values are mean \pm SEM, $n = 7$ for sham and 10 for TAC per group. *Indicates P<0.05 for placebo vs. E2 treatments.

Figure II. Cardiac function measured in $ER\alpha$ [']/ and $ER\beta$ [']/ and wild type littermates. Figure A and B show measurements of developed pressure in sham versus TAC treated animals with and without E2 tretament. Figure C and D show heart rate monitoring in these animals. All values are mean \pm SEM, n = 7 for sham and 10 for TAC per group. †indicates $P < 0.05$ TAC vs. sham.

Cardiac histological analysisof $ER\alpha$ / and $ER\beta$ / mice

Left ventricular mass in TAC $ER\alpha$ ['] and $ER\beta$ KO models

Left ventricular circumference in TAC $ER\alpha$ ['] and $ER\beta$ KO mice

Developed pressure in $ER\alpha$ ^{-/} and $ER\beta$ ^{-/} mice

Heart Rate in $ER\alpha/$ and $ER\beta/$ mice

